

# LIFESOURCE

## CELEBRATING



We Answer to God in All We Do!



Call us today at (800) 567 - 8122 www.LifesourceVitamins.com







# LIFESOURCE

LifeSource Vitamins began when I lost my father, Al Brightman to pancreatic cancer, in 1990.



Bruce Brightman, Founder

After my Father's passing, I was selling one of my businesses and I had plans for a new endeavor, but God had His own plan. He told me what He wanted me to do, and it was crystal clear and absolute. God laid out the plan for Lifesource Vitamins and it was truly remarkable.

I am humbled by the fact that God chose me and with His guiding hand—a tiny company (that started out with one product) is now a thriving business with more than 700 supplements, that funds amazing Christian organizations that spread the gospel of Jesus Christ throughout the world. In essence, we work for God, and we know that there is no better job that we could have than the one we have at Lifesource Vitamins.

We have inspiring an fiercely loyal customers, and every day we have new customers tell us that God has led them to us, and how they were looking on-line for a vitamin company they could trust, and there we were. With all of the vitamin companies out there now, how could they find us? I think we all know the answer to that question. Our Lord works in amazing ways! We do not answer to a Board of Directors: we answer to God, we always have and we always will!

FDA Inspected Facilities & GMP Certified

3rd Party Tested on Every Ingredient & Made Right Here in the USA!

Vitamins For The Entire Family







### 5-HTP

### 60 Veg Caps - \$19.99



- · Enhances sleep
- Relieves symptoms of seasonal affective disorder
- · Relieves anxiety
- · Cognitive enhancement

#### SUPPLEMENT FACTS

Serving Size: 1 Veg Capsule

Servings per Container: 60

Amt/Serving

5-HTP (5-hydroxytryptophan) (Griffonia)

100 mg

- Percent Daily Values are based on 2,000 calorie diet.
- Daily Value not established

Other Ingredients: Rice Flour and Cellulose (capsule) Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

### 7-Keto / DHEA

90 Veg Caps - \$21.99



- · Weight management
- · DHEA metabolite
- · Safely promotes Thermogenesis
- · A better, safer form of DHEA
- Vegetarian formula

### SUPPLEMENT FACTS

Serving Size: 3 Veg Caps

Servings Per Container: 30 Amt/Serving 75 ma

7-KETO\* (DHEA Acetate 7-one)

\* Daily value based on a 2,000 calorie diet. \* Daily value not established.

Other Ingredients: Rice Flour, Vegetable Polysaccharide (capsule) and Magnesium Stearate (vegetable source).

Contains no: sugar, salt, yeast, wheat, gluten, soy, milk, egg, shellfish or preservatives. Vegetarian Formula.

Warning: Please keep out of the reach of children.

### 7-Keto Fitness

60 Veg Capsules - \$39.99



7-Keto is an improved non-androgenic form of DHEA. 7-Keto Fitness is a more potent form of DHEA (dehydroepiandrosterone) that may improve lean body mass and enhance thermogenesis.

- 7-Keto Fitness shown in clinical research studies to be safe and effective for weight and fat loss.
- Contains standardized green tea extract rich in EGCG.
- · ChromeMate\* brand Chromium Polynicotinate for its synergistic support

#### SUPPLEMENT FACTS

Serving Size: 1 Vegetarian Capsule Servings per Container: 60

Amt/Serving	DV%
100 mcg	2869
100 mg	
50% [50 mg]	
100 mg	
	100 mcg 100 mg 50% [50 mg]

- \* Percent Daily Values are based on 2,000 calorie diet.
- Daily Value not established.

Other Ingredients: Vegetarian capsule (cellulose, water), rice flour, cellulose, vegetable stearin, magnesium stearate and silica

Contains no sugar, dairy, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

### Ultra Acerola-C

90 Veg Capsules - \$17.99



Acerola is most well-known for being extremely rich in vitamin C. Because of this, it's often used to help with or prevent colds or flu. It's also used as an antioxidant nutrient. Together with vitamin C, acerola may be taken to boost immunity.

#### SUPPLEMENT FACTS

Serving Size: 2 Capsules Servings per Container: 45 Amt/Serving DV%\* Vitamin C (as Acerola, Ascorbic Acid) 500 mg 833% Proprietary Blend - Acerola Berry Powder, Ascorbic Acid 1,500 mg

- Percent Daily Values are based on 2,000 calorie diet.
- Daily Value not established.

Acetyl-L Carnitine

Other Ingredients: Vegetarian cellulose capsules, Microcrystalline cellulose, and Vegetable magnesium stearate

### Acetyl-L-Carnitine

100 Veg Caps - \$29.99



- · To enhance cognition
- · Supports the metabolism of food into energy.
- · May be effective in the treatment of dementia.

Common uses for supplemental Acetyl-L Carnitine:

Reduce severity of depressive symptoms in the elderly.

### SUPPLEMENT FACTS

Servings per Cont	ainer: 50
Amt/Serving	DV%*
1000 mg	
	Amt/Serving

Percent Daily Values are based on 2,000 calorie diet. 1 Daily Value not established

Other Ingredients: Cellulose (capsule), Magnesium Stearate (vegetable source) and Stearic Acid (vegetable source)

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

#### Acid Reducer with Enzymes 60 Chewables - \$17.99



Our Acid Reducer with Enzymes has a soothing influence on the smooth muscle, esophageal mucosa (mucus membranes) and blood vessels of the gastrointestinal system (GI) by buffering the hydrochloric acid secretions that cause the irritation experienced by those with GERD or acid reflux. LifeSource's Acid Reducer with Enzymes does not treat GERD or acid reflux disease, but does relieve the symptoms.

- Heartburn Acid Reducing Sour Stomach Indigestion
- · GERD Acid Reflux

#### SUPPLEMENT FACTS

Serving Size: 2 Chewable Tablets Servings per Container: 30

\* Daily values are based on 2,000 calorie diet. Daily value not established.

Ar	nt/Serving	DV%*		Amt/Serving	DI
Calories	<5				
Total Carbohydrate Sugars	1g < 0g	1%	(from Bacillus subtilis) Protease	1,500 PC	
Xylitol Calcium	1g		(from Aspergillus niger) Glucoamylase	100 SAPU	
(from Calcium Carbonate) Enzyme Blend Amylase	560 mg 204 mg	56%		10 AGU	
(from Aspergillus oryzae) Protease	7,000 DU		cerevisiae) Diastase	800 SU	
(from Aspergillus oryzae) 4 Protease	2,000 HUT		(from Aspergillus oryzae Lipase	e) 3,000 DP	
(from Aspergillus oryzae) Protease	8,000 PC		(from Candida rugosa, A and Rhizopus oryzae)	spergillus nige 1,000 FIP	r.

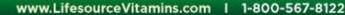
Other Ingredients: Natural Flavors, Cellulose, Maltodextrin, Citric Acid, Magnesium Stearate (vegetable source) and Beet Powder











### Adrenal Rx

### 90 Veg Caps - \$23.99



- · Increase Resistance to Physical, Mental, and Environmental Stress
- Defend against Diseases and Disorders Caused by Stress
- Allows the Body to Respond to Stress.
- · Prevent Adrenal Overstimulation
- Normalize Stress Hormone Levels

#### SHIDDI EMENT FACTS

Serving Size: 1 Veggie Capsule	Servings per Conta	iner: 90
	Amt/Serving	DV%*
Eleuthero Root (Organic)	158 mg	-
Ashwagandha Root (Organic)	158 mg	3
Schizandra Berry (Organic)	40 mg	
Cordyceps Mushroom (Organic)	50 mg	- 0
American Ginseng Root	25 mg	4
Rhodiola Root Extract (5% Rosavins)	25 mg	- 3
Red Chinese Ginseng Root	20 mg	

- \* Percent Daily Values are based on 2,000 calorie diet.
- Daily Value not established
- Other Ingredients: Modified Vegetable Cellulose (vegetarian capsule)

### Alfalfa

### 250 Tablets - \$9.99

Servings per Container: 30 & 60

25 mg



Alfalfa supplements are a natural source of protein, enzymes, vitamins, amino acids and minerals. Nutritional support for the digestive, skeletal, glandular and urinary systems.

#### SUPPLEMENT FACTS

Serving Size: 1 Tablet	Servings Per Container: 25
	Amt/Serving DV%
Alfalfa (8.5 Grains)	550 mg

\* Daily value based on a 2,000 calorie diet. \* Daily value no established

#### Allergy Support 90 Tabs - \$34.99 / 180 Tabs \$64.99



Feverfew (Tanacetum parthenium) leaf

Turmeric (Curcuma longa) rhizome

This is the ideal product for seasonal airborne allergens. Containing MSM for glutathione production, as well as a proprietary blend of botanical extracts and berries, this product supports normal respiratory function during allergy season and year round.

- · Reduce and/or prevent symptoms of seasonal allergies and hay fever
- · No side effects of traditional Antihistamines
- · Improve resistance to allergens
- · Support a healthy immune system

### SUPPLEMENT FACTS Serving Size: 3 Tablets

	Amt/Serving	DV%*
Vitamin C (as ascorbic acid)	100 mg	167%
Proprietary Herbal Blend (from Aller-7**)		
Phyllanthus emblica, Terminalia chebula, Terminalia bellerica,		
Albizia lebbeck, Zingiber officinale, Piper longum, and Piper nigrum	660 mg	*
Quercetin	500 mg	31
MSM (from OptiMSM**)	1,300 mg	*
Stinging nettles (Urtica dioica) freeze-dried leaf		
(standardized to contain 1% [2 mg] silicic acid)	200 mg	*
Bromelain (2400 GDUs/g) (pineapple [Ananas comosus stem] enzyme)	25 mg	*
Proprietary Berry Blend (from OptiBerry**)	0.000	
Wild blueberry, strawberry, cranberry, wild bilberry, elderberry		
and raspherry	25 ma	

\* Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established. Other Ingredients: Cellulose, stearic acid, cellulose gum, dicalcium phosphate, silica, magnesium stearate and pharmaceutical glaze.

Contains No sugar, salt, dairy, yeast, wheat, corn, soy, preservatives, artificial colors or flavors Ginger (Zingiber officinale) rhizome 35 mg

### All Natural Antibiotic

90 Capsules -180 Capsules -

(SAVESS)



Antibiotics, first used in the 1940's, are certainly one of the great advances in modern medicine. While antibiotics are appropriate and effective cures, they are also outrageously over-prescribed. Many types of bacteria have become antibiotic resistant due to over-prescription. Antibiotic are only effective against bacteria, they are useless against viruses, fungi, worms and parasites. Over use of antibiotics can depress your immune system, stimulate allergies and damage your kidneys and liver.

LifeSource's All Natural Antibiotic can assist in the treatment of: dental infections, eye infections, ear infections, intestinal infections, pneumonia, sinus infections, athlete's foot, candida/ yeast infections and many more. In a 2008 study, antibiotic side effects led to greater than 140,000 emergency room admissions per year in the United States. Roughly 50 percent of emergency visits were due to reactions to antibiotics in the penicillin class of drugs, and the other 50 percent were due to a wide variety of antibiotics used to treat many different types of infections.

- · Strengthens immune system. · Fight off infections before they take hold.
- · Eliminate tough infections after they have already set in.
- · Safe and effective while being mild on the system.
- Non-toxic, non-caustic, non-allergenic.
   No risky side-effects.
- No negative interactions with other medications.

#### SUPPLEMENT FACTS

Serving Size: 2 Capsules			Servings Per	Container: 45	8 90
Am	t/Serving	DV%*		Amt/Serving	DV%*
Echinacea extract Garlic extract (odor less) Burdock Root powder Red Clover Blossoms powder Turmeric extract Molkosan	300 mg 200 mg 150 mg 100 mg 100 mg 100 mg	2004	Barberry Astragalus Root Grapefruit seed oil extrac Neem Oil Pau D'Arco	50 mg 50 mg t 50 mg 50 mg 40 mg	
Ganoderm Mycelium Olive leaf extract	100 mg 75 mg	Į.	Golden Seal powder Caprylic Acid	25 mg 20 mg	

### Aloe Vera Juice

(Concentrate)

32 fl oz - \$10.99



For years we have known about the many benefits of using Aloe Vera on the skin - to treat rashes, cuts, bruises, sunburn and so on. But many are unaware of the incredible health benefits from drinking the nectar of the Aloe Vera Plant.

- Soothes symptoms of Irritable Bowel Syndrome
- Natural Anti-Inflammatory + Collagen and Elastic Repair of Skin
- Regulate Weight & Energy Levels

### SUPPLEMENT FACTS

Serving Size: 1 Ounce

Servings per Container: 32 Amt/Serving DV%\*

29.000 ma

Aloe Vera (from Aloe Vera 200:1 Concentrate, Aloe Vera 10:1 Concentrate

IASC Approved1)

\* Percent Daily Values are based on 2,000 calone diet.

Daily Value not established.

Other Ingredients: Aloe Vera Juice, Potassium sorbate, sodium benzoate Contains no sugar, starch, yeast, wheat, com, soy, artificial color or flavor Suggested usage: Drink one cunce 1-3 times daily

 International Aloe Science Council, Inc. Certified and Approved Raw Material

### Aloe Vera Gels

### 100 Softgels - \$14.99



Aloe Vera offers a variety of nutrients, including vitamins. minerals, enzymes and amino acids. Aloe Vera's constituent mucopolysaccharides are thought to be its active components. Scientific studies have indicated that Aloe can help to support the body's own healing processes. In addition, Aloe Vera has been shown to support a healthy digestive system.

### SUPPLEMENT FACTS

Serving Size: 2 Softgels	Servings per Container: 50
	Amt/Serving DV%*
Calories	5
Calories from Fat	5
Total Fat	0.5 <1%
Trans Fat	0 0%
Alce Vera Extract	
(Aloe barbadensis) (Inner Leaf)	
(200:1 Concentrate)	
(Equivalent to 20,000mg of pure Al-	be Vera Gel) 100 mg

Percent Daily Values are based on 2,000 calorie diet. 1 Daily Value not established Other Ingredients: Organic Extra Virgin Olive Oil, Softgel Capsule (bovine gelatin, water glycerin) and Silica Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg. fish or shellfish ingredients, NON-GMO



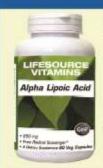






### Alpha Lipoic Acid

### 60 Softgels - \$26.99



Alpha Lipoic Acid is an extremely important antioxidant that destroys many of the free-radicals that are harmful to the human body. Alpha Lipoic Acid is both water & fat soluble.

- Aids is slowing Degenerative Diseases such as:
- Diabetes, Multiple Sclerosis, Parkinson's and Alzheimer's HIV/AIDS treatment • Fights Against Free Radicals
- Supports Healthy Liver
- · Reduces Skin Damage & Wrinkles
- Reduces Oxidative Stress

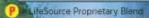
#### SUPPLEMENT FACTS

Serving Size: I Softgel Servings Per Container: 60 Amt/Serving DV%\* Alpha Lipoic Acid 300 ma

Daily Value Not Established

Other Ingredients: Rice Flour, Vegetable Polysaccharide (capsule), Magnesium Stearate (vegetable source) and Silica.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients



### Ultra Aminos

120 Capsules - \$16.99



People with limited diets or poor digestion may not get enough essential amino acids from their diet. In contrast to proteins or peptide-bound amino acids, our Ultra Amino blend at LifeSource Vitamins contains all 9 essential amino acids in their superior free-form state and in the proportions recommended by the National Academy of Sciences to optimize protein synthesis and tissue repair for adults age 19 and over. Amino acids are the building blocks of protein and make up 3/4 of the body's solid material. They are found in muscle tissue, organs, blood and skin. Amino acids also make hormones, enzymes, and vitamins and are essential for a healthy immune system and proper neurological functions.

#### SUPPLEMENT FACTS

Serving Size: 4 Capsules				Servings per Conta	siner. 30
Am	t/Serving	DV%*		Amt/Serving	DV%*
Calories	15		L-Phenylalanine	72 mg	
Protein	3 g	6%	L-Threonine	141 mg	
Vitamin	B-6		L-Tryptophan	37 mg	
(from Pyridoxine HCI)	13 mg	650%	L-Valine	141 mg	
Blend of peptide-bound		sources	Non-Essential Am	nino Acids	
(Whey Protein Isolate, So			L-Alanine	135 mg	
Sodium Caseinate, Gelati			L-Arginine	306 mg	
			L-Aspertic Acid	245 mg	
Amino Acids (L-Glutamine, L-Arginine, L-Ornithine) 3 g (3,000 mg) *			L-Cysteine	38 mg	
	The state of the s	medes	L-Glutamic Acid	454 mg	
TYPICAL AMINO ACID PI	KOPILE (exa	imple)	L-Glutamine	200 mg	
(per serving) **			Glycine	167 mg	
Essential Amino Acids			L-Histidine	37 mg	
Mg per 4 Capsule Serving	1		L-Hydroxyproline	44 mg	
L-Isoleucine	115 mg		L-Ornithine	24 mg	
L-Leucine	205 mg		L-Proline	179 mg	
L-Lysine	185 mg		L-Serine	106 mg	
L-Methionine	35 mg		L-Tyrosine	66 mg	

<sup>\*</sup>Percent Daily Values are based on 2,000 calorie diet, \*\*Subject to natural variability † Daily Value not established. Other ingredients: Gelatin (capsule). Cellulose. Stearic Acid (vegetable source), Magnesium Stearate (vegetable source), and Silica. Contains milk and soy. Not manufactured with wheat, gluten, egg, fish, shellfish or tree nut ingredients.

### Arthrigone Cream

4 oz. - \$11.99



LifeSource's Arthrigone Cream has been designed by health care professionals as a homeopathic formula for the relief of symptoms of pain in joints associated with minor arthritis symptoms. It may also be helpful for minor muscular pain associated with over-exertion, especially in back and neck. Working without contraindications or side effects, this cream stimulates your body's natural healing response to relieve symptoms.

- · Relief of arthritis related joint pain
- Muscle pain associated with over exertion

ALSO SEE OUR CBD BALM ON PAGE 13

### Antioxidant Supreme

90 Capsules - \$15.99



Every cell in our body produces tens of thousands of free radicals on a daily basis. From a long-term perspective, the oxidation that inevitably results can have a devastating effect on the integrity of our healthy cells. LifeSource's Antioxidant Supreme are comprised of the most powerful oxidation quenching nutrients available today.

Countering the effects of oxidation provides us with greater amounts of energy, increased stamina, and a better state of overall health. Our distinctive blend of these highly effective free radical fighters can play a substantial role in warding off some of life's most damaging toxins.

#### SUPPLEMENT FACTS

Serving Size: 3 Capsules		Servings Per Cont	tainer: 30
Amt/Serving	DV%"	Amt/Serving	DV%"
Superoxide Dismutase 1000 mg		Alpha Lipoic Acid 30 mg	1
Aloe Vera Extract 200:1 25 mg		L-Cysteine 15 mg	
Grape Seed Extract 95% 30 mg		Rosemary Leaf Extract 25 mg	1.9
Beta Carotene 5000 IÚ	9.	Selenium Chelate 100 mcg	

Daily value based on a 2,000 calorie diet. Daily value not established.

### Arthritis Relief & Joint Rebuilder

100 Tablets - \$26.9 200 Tablets - \$48.99



With 32 ingredients, including: Glucosamine, Chondroitin, Shark Cartilage, EPA fish oil and many others; this product will produce results! We have a two-part approach. First, we attack the pain. After the pain subsides, the rebuilding process begins. LifeSource's Proprietary Blend helps to rebuild your joints, tissues and tendons, while relieving the pain through proper joint lubrication. Complete, wellrounded nutrition including vitamins & minerals speeds up the healing process without robbing other areas of the body to meet nutritional needs. It is the synergy of the ingredients in this product that make it work so effectively!

#### SUPPLEMENT FACTS

	Serving S	ze. 4 Tab	lets. Serving:	s Per Container:	25 & 50
	Amt/Serving	DV%*		Amt/Serving	DV%*
Glucosamine	300 mg		Vitamin B-6	25 mg	1250%
Chondroitin	300 mg		Niacinamide	250 mg	1250%
Shark Cartilage	250 mg	190	Niacin	25 mg	120%
Cat's Claw	300 mg	3.6	Pantothenic Acid	100 mg	1000%
Boswellia	40 mg	- 3	Magnesium	100 mg	20%
Borage Oil	50 mg	19.	Selenium	100 mcg	100%
Prime Rose Oil	50 mg	1.0	Copper	300 mg	150%
Yucca	400 mg	1.0	Citrus Bio-	100 mg	1
Alfalfa	400 mg	1.0	Flavonoid Complex	100.00.000	
White Willow Bark	400 ma	14.	Bromelain	100 mg	-11
Horsetail	200 ma	. 1	Grape Seed Extract	2.000 mcg	
Ginger	200 ma	4.	Devils Claw	400 mg	
EPA (Fish Oil)	100 mg		Calcium Lactate	200 mg	20%
Vitamin A	5,000 IÜ	100%	Licorice	150 mg	77.7
Vitamin C	200 mg	333%	Zinc (Gluconate)	15 mg	100%
Vitamin D	200 10	50%	Boron	100 mog	
Vitamin E	75 IU	250%	Quercetin	25 mg	17

### All Natural Aspirin (20 All Natural Ingredients)

90 Capsules - \$15.99 180 Capsules - \$26.99



Get the benefits of Aspirin without the side effects! LifeSource's Proprietary Blend includes a wide array of all natural herbs and dietary enzymes that contain antiinflammatory properties. This product supports healthy blood circulation, and is effective for muscle aches, pain management & relieves tension headaches.

#### A Safer Alternative!

SUPPLEMENT FACTS

Serving Size: 2 Capsules Servings per Container: 45 & 90

Ar	nt/Serving	DV%*	Amt/	Serving	DV%*
White Willow Bark Ext. 159	450 mg.		Thymus Vulgaris	60 mg.	1000
Feverfew	120 mg.		Chamomile Flower Powder	60 mg.	1.0
Cherry Flex	100 mg.		Pau D'Arco	50 mg.	
Nettle Extract	100 mg.		Magnesium Oxide	50 mg.	13%
Codonopsis root	100 mg.	190	Alfalfa	10 mg.	. 20
Bonaset	100 mg.		Cramp Bark	10 mg.	10
Jamaican Dogwood	100 mg.		Fo-Ti	5 mg.	
Malic Acid	100 mg.		Capsicum	5 mg.	
Sambucus Nigra	85 mg.		Bromelain	5 mg.	
Quercetin	75 mg.		Papain	5 mg.	19









### Ashwagandha Extract

### 60 Veg Caps - \$19.99



Medical researchers have been studying Ashwagandha (Winter Cherry) for years, there have been more than 200 studies on the healing benefits of this botanical. Some key examples of the potential healing effects of Ashwagandha are:

- · Brain Health · Alzheimer's Support
- · Promotes Graceful Aging · Thyroid Benefits
- Menopausal Support Memory Support Protects & Strengthens the Immune System

### SUPPLEMENT FACTS

Serving Size: 1 Vegetarian Capsule Servings per Container: 90 Amt/Serving DV%\*

Ashwagandha Extract (Withania somnifera) (Root) (Standardized to min. 2.5% Total Withanolides-Timg)

\* Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established. Other Ingredients: Cellulose (capsule). Rice Flour and Magnesium Stearate (vegetable cource)

#### Ashwagandha Liquid Extract (Organic) 1 fl oz - \$13.99



Ashwagandha, an exotic Indian herb, has remarkable stress-relieving properties comparable to those drugs used to treat depression and anxiety. In addition to its excellent protective effects on the nervous system, Ashwagandha may be a promising alternative treatment for a variety of degenerative diseases. Ashwagandha has powerful antioxidant properties that seek and destroy the free radicals that have been implicated in aging and numerous disease states. LifeSource 100% USDA Organic Ashwagandha Powder helps keep you calm and relaxed by interacting with the stress hormone, cortisol, producing calming effects on nerves while supporting adrenal gland function.

#### SUPPLEMENT FACTS

Serving Size: 30 Drops (1 ml)

Servings per Container: 30

Fresh Organic Ashwagandha Root Herb Strength Ratio: 1:1.5

Amt/Serving 667 mg

- \* Percent Daily Values are based on 2,000 calorie diet.
- Daily Value not established.

Other Ingredients: Grain Alcohol, Deionized Water

### Astaxanthin 4mg

### 60 Softgels - \$19.99



Scientific studies have demonstrated that Astaxanthin can help to support a healthy inflammatory response, enhance immune function, and provide neurological support. Recent research indicates that Astaxanthin may even help to support the skin's structure during exposure to sunlight.

Eye problems such as age-related macular degeneration (AMD).
 Alzheimer's disease. • Parkinson's disease.
 Improving recovery after stroke. • Protecting against cancer.
 Reducing cholesterol levels.

Reducing skin damage from ultraviolet (UV) light.

#### SUPPLEMENT FACTS

Serving Size: 1 Softgel

Servings per Container: 60

Amt/Serving Zanthin® Natural Astaxanthin (from Haematococcus pluvialis extract):

\* Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not establishe. Other Ingredients: Vegetarian Softgel Capsule (modified com starch, carrageenan, glycerin, water), Extra Virgin Olive Oil, Mixed Tocopherols and Rosemary Leaf Extract, Mixed Tocopherols from soy. Not manufactured with wheat, gluten, milk, egg, fish, or shellfish ingredients.

### Astaxanthin Extra Strength 10mg 60 Softgels - \$36.99



Zanthin® Natural Astaxanthin Patented and Guaranteed Strength, Scientific studies have demonstrated that Astaxanthin can help to support a healthy inflammatory response, enhance immune function, and provide neurological support. Recent research indicates that Astaxanthin may even help to support the skin's structure during exposure to sunlight.

#### SUPPLEMENT FACTS

The state of the s			
Serving Size: 1 Softgel	Servings per Container: 60		
	Amt/Serving DV%*		
	200		

10mg

Natural Astaxanthin (from Haematococcus pluvialis extract) \* Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established. Other Ingredients: Saffiower Oil, Softgel Capsule (gelatin, water, glycerin) and Vitamin E (as natural d-alpha tocopherol). Vitamin E from Soy.

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients.

### Astragalus Root (Organic)

90 Veg Caps - \$15.99



Used for centuries to help keep immune function optimal by restoring, strengthening and increasing vitality. Stimulates deep immunity and is best for immune deficiency where one gets sick easily or is prone to viral and bacterial infections. Helps keep white blood cell counts in the normal range for those in chemotherapy.

#### Supplement Facts

Serving Size: 1 Veggie Capsule Servings per Container: 90 Amt/Serving Organic Astragalus Root 470 mg (Astragalus membranaceus)

\* Percent Daily Values are based on 2,000 calorie diet

Daily Value not established.

Other Ingredients: Modified Vegetable Cellulose

### Vitamin B-6

### 100 Tablets - \$8.99



Vitamin B6 is involved in the process of making serotonin and also norepinephrine, both of which are chemicals that transmit signals to your brain. Vitamin B6 is also involved in the formation of myelin, which is a protein layer that forms around your nerve cells.

- Cardiovascular Disease
- Cognitive Function
- · Helps reduce Premenstrual Syndrome
- Can help with Nausea and Vomiting in Pregnancy

#### SUPPLEMENT FACTS

Serving Size: 1 Tablet Servings per Container: 100 Amt/Serving DV%\* Vitamin B-6 (pyridoxine HCI) 100 mg 5882%

Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established Other Ingredients: Dicalcium phosphate, cellulose, vegetable stearin, cellulose gum. magnesium stearate and silica

Contains No sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors. or flavors Suggested usage: Take I tablet daily

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### B-12 Complex

### 2 fl oz - \$10.99



Vitamin B-12's primary functions are in the formation of red blood cells and the maintenance of a healthy nervous system. B12 is necessary for the rapid synthesis of DNA during cell division. This is especially important in tissues where cells are dividing rapidly, particularly the bone marrow tissues responsible for red blood cell formation. If B-12 deficiency occurs, DNA production is disrupted and abnormal cells called megaloblasts occur. This results in anemia. Symptoms include excessive tiredness, breathlessness, listlessness, pallor, and poor resistance to infection. Other symptoms can include a smooth, sore tongue and menstrual disorders.

Anemia may also be due to folic acid deficiency, folic acid also being necessary for DNA synthesis. Fortunately, oral supplementation with vitamin 8-12 is safe, efficient and inexpensive. LifeSource's B-12 provides the necessary amount of the vitamin to help from becoming B-12 deficient. Sublingual B-12 gives your body the vitamin B-12 nutrients it needs to naturally give you;

- Increased energy Reduced daily stress and irritability
- · Restored mental clarity · Help with memory loss

#### SUPPLEMENT FACTS

Serving Size: ¼ tsp (approx. 1 mL) 59 Servings	Servings per Container: 59	
	Amt/Serving	DV%*
Vitamin C (as Ascorbic Acid)	20 mg	22%
Thiamin (from Thiamin HCI) (Vitamin B1)	,6 mg	50%
Riboflavin (Vitamin B2)	1.7 mg	131%
Niacin (as Niacinamide) (Flush-Free)	20 mg	125%
Vitamin B6 (from Pyridoxine HCI)	2 mg	138%
Folate	333 mcg (200 mcg folate)	83%
Vitamin B12 (as Cyanocobalamin) Pantothenic	1 mg (1,000 mcg)	41667%
Acid (from Calcium Pantothenate) Stevia	30 mg	600%
Extract (Leaf)	2 mg	

Percent Daily Values are based on 2,000 calorie diet. 1 Daily Value not established. Other Ingredients: De-ionized Water, Glycerin, Xylltol, Malic Acid, Natural Flavors, Potassium Sorbate (as preservative), Ginger Root, Grapefruit Fibers and Cinnamon Bark Oil Not anufactured with wheat, gluten, soy, milk, egg, fish or shell fish ingredients









### Methyl-B-12 1000mca

### 100 Lozenges - \$18.99



Methylcobalamin is a form of bio-active Vitamin B12 that is well absorbed and crosses the blood brain barrier more effectively than other forms of B12. This makes it suitable for general/systemic wide B12 deficiency, and more uniquely for brain/nerve disorders. It is the form of vitamin B12 active in the central nervous system. It is essential for cell growth and replication. The body relies on the efficient conversion of carbohydrates and fatty acids to glucose, the body's fuel. Vitamin B12 plays a major role in that conversion.

#### SUPPLEMENT FACTS

	Amt/Serving	DV%
Vitamin 8-12	1,000 mcg	16,6679
Suggested usage: Take 1 Ingenge daily		

### Methyl-B-12 5000mcg

### 60 Lozenges - \$23.99



#### SUPPLEMENT FACTS

Serving Size: 1 Lozenge	Servings per Container: 60		
	Amt/Serving	DV%*	
Vitamin B-12 (as Methylcobalamin)	5,000 mcg	208,333%	

Other Ingredients: Xylitol, Cellulose, Modified Cellulose Gum, Silica, Natural Raspberry Flavor, Stearic Acid, Natural Strawberry Flavor, Citric Acid, Calcium Stearate, Grape Extract (Fruit), Grapeseed Extract, Wild Blueberry (Fruit), Wild Blueberry Extract, Raspberry Extract (Fruit), Raspberry Seed Extract, Cranberry (Fruit), Prune, Tart Cherry (Fruit), Wild Blueberry (Fruit), Wild Bilberry Extract, Strawberry (Fruit)

Contains No artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans

Suggested usage: Take 1 lozenge daily

### Liquid Methyl B-12 - 2,500 mcg 59 Servings

2 fl oz. - \$28.99



- · Maintaining normal energy levels
- Healthy neurological functioning, including mental alertness and clarity
- · Supporting normal homocysteine levels for healthy cardiac function
- Helping to ease occasional stress and sleeplessness
- Maintaining healthy cell growth and repair
   Promoting normal immune function
- Supporting normal metabolism of carbohydrates and fats

### SUPPLEMENT FACTS

Serving Size: 1 ml	Servings per Cor	tainer: 59
	Amt/Serving	DV%*
Calories	5	
Total Carbohydrates	0 g	
Sugars	0 g	
Vitamin B-12 (as Methylcobalamin)	2,500 IU	41,667%

Other Ingredients: Vegetable glycerin USP, Reverse Osmosis Purified Water, Montmorency whole cherry fruit concentrate, Organic cherry flavoring, citric acid. Rebaudioside A extract (Stevia), citrus extract Contains no Sugar, Starch, Salt, Wheat, Gluten, Yeast, Milk or

### **B-50 Complex**

### 100 Capsules - \$16.99



B-50 Caps provide a full compliment of B-Vitamins plus Choline and Inositol. These vitamins work to support energy production, maintain healthy homocysteine metabolism, and promote the health of the nervous system.

#### SUPPLEMENT FACTS

Serving Size: 1 Capsule	Servings Per Container: 100	
Vitamin B-1 (Thiamine)	Amt/Serving 50 mg	DV%*
Vitamin B-2 (Riboflavin)	50 mg	2941%
Vitamin B-6 (Pyridoxine HCI) Vitamin B-12 (Cyanocobalamin)	50 mg. 50 mcg.	2500%
Biotin Niacin (Vitamin B3) (as Niacinamide)	50 mcg. 50 mg.	17% 250%
Choline Bitartrate	25 mg.	
Pantothenic Acid (d-Cal Pant.) Folate	50 mg. 400 mcg.	500% 100%
Para Aminobenzoic Acid Inositol	25 mg 25 mg	

Daily value based on a 2,000 calorie diet. \* Daily value not established.

### **B-100 Complex**

100 Capsules - \$25.99

B-Vitamins are water soluble, and with the exception of B-12, have limited storage in the body and thus require daily replenishment. B-100 Caps provide a full compliment of B-Vitamins plus Choline and Insoitol.

### SUPPLEMENT FACTS



Serving Size: 1 Capsule	Servings Per Container: 100	
	Amt/Serving	DV%*
Thiamin (from Thiamin HCI) (Vitamin B-1	) 100 mg.	6.667%
Riboflavin (Vitamin B-2)	100 mg.	5.882%
Niacin (Vitamin B-3) (as Niacinamide)	100 mg.	500%
Vitamin B-6 (from Pyridoxine HCI)	100 mg.	5,000%
Folate	400 mcg.	100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg.	1.667%
Biotin	100 mcg.	33
Pantothenic Acid (from Calcium Pantoth	enate) 100 mg.	1,000%
Choline (from Choline Bitartrate)	10 mg.	
Inositol	10 mg.	
PABA	10 mg.	,

Daily value based on a 2,000 calorie diet. 1 Daily value not established.

### Superior Methyl B Complex 120 Capsules - \$29.99



Coenzyme B Complex contains vitamins in the superior. "active" form. These methyl forms of B vitamins are absorbed and utilized more efficiently by the body and are also most effective when taken together. For those that are seeking the most support from their B vitamins.

#### SUPPLEMENT FACTS

Serving Size 2 Capsules	Servings per Container
-------------------------	------------------------

	Amt/Serving	DV%*
Thiamin (vitamin B1) (as thiamine mononitrate,	thiamine hydrochloride,	
thiamin cocarboxylase chloride)	50 mg	4167%
Riboflavin (vitamin B2)		
(riboflavin, riboflavin 5'phosphate)	50 mg	3846%
Niacin (vitamin B3) (as inositol hexanicotinate)	100 mg	625%
Vitamin B6 (as pyridoxine hydrochloride, pyrido		
alpha-ketoglutarate)	80 mg	4706%
Folate (from Quartrefolic* 5-methyltetrahydrofo	olate	
glucosamine salt)	400 mgg DFE (240 mgg 5-MTHF)	100%
Vitamin B12 (as cobolamin, Methylcobalamin)	500 mcg	20833%
Biotin	200 mcg	667%
Pantothenic Acid (D-calcium pantothenate)	50 mg	1000%
Choline (bitartrate)	40 mg	7%
PABA (para-aminobenzoic acid)	50 mg	1
Inositol (from inositol hexanicontinate)	27 mg	1
Coenzyme Q10	1 mg	1
Alpha Lipoic Acid	200 mcg	to

### Barley Grass Powder (Organic)

1 lb. - \$19.99



Barley Grass contains very large amounts of vitamins, minerals, essential and non-essential amino acids, high amounts of antioxidants and enzymes and other beneficial nutrients. These beneficial nutrients include: Superoxide Dismutase (SOD), 89 (Folic Acid), 85 (Pantothenic Acid), Vitamin A (Carotenoids), including Beta Carotene, B1, B2, B6, B12, C. Calcium, Iron, Magnesium, Manganese, Potassium, Sodium and Zinc

LifeSource's USDA Organic Barley Grass Powder, certified and rich with the fiber, protein, minerals, chlorophyll and antioxidants that make up a complete nutritional supplement

### SUPPLEMENT FACTS

Serving Size: 5 g (1 Tablespoon) Servings per Container: 90

	Amt/Serving	DV%*		Amt/Serving	DV%*
Calories	17.5		Sodium	9.9 mg	.42%
Energy	73.2 KJ		Total Carbohydrates	2.81 g	94%
Total Fat	.18 g	.28%	Protein	1.11 g	2,21%

<sup>\*</sup> Percent Daily Values are based on 2,000 calorie diet.

Ingredients: 100% Organic Barley Grass Powder.

Suggested usage: Take 1 tablespoon daily









Daily Value not established.

### BCAA 5,000 Powder

11.65 oz - \$39.99



Our All-New BCAA Powder optimizes protein synthesis and tissue repair for adults 18 and over. Branched Chain Amino Acids stimulate the building of protein and muscle and reduces muscle breakdown, and also accounts for nearly 1/3rd of the amino acids in muscle protein.

LifeSource Vitamins BCAA Powder is packed with 5,000mg of L-Leucine, L-Isoleucine, and L-Valine. We're also added L-Glutamine to help build, repair, and maintain muscle tissue

- Train harder, longer, and stronger without fatigue
- Ideal for both high intensity training as well as endurance training.
- Increases testosterone in the post-training period, and also builds muscle by improving the body's testosterone to cortisol ratio.

#### SUPPLEMENT FACTS

Serving Size: 1 Scoop	Servings Per Containe	
Calories	Amt/Serving	DV%*
Potassium	34 g	1%
Vitamin B-1	1.5 mg	100%
Niacin	20 mg	
Pantothenic Acid	10 mg	
Branched Chain Amino Acids	5 grams	
Leucine	2,500 mg	
Isoleucine	1,250 mg	
Valine	1,250 mg	**
Glutamine	3 grams	**

### Bee Pollen 500ma

100 Capsules - \$7.99



- · Relieve allergies · Strengthen the immune system.
- Increase stamina, mental clarity and alertness
- · Provide antioxidants and work as an anti-microbial and anti-bacterial agent

#### SUPPLEMENT FACTS

Serving Size: 1 Capsule	Servings Per Container: 100		
	Amt/Serving	DV%*	
Bee Pollen	500 mg	1	

\* Daily value based on a 2,000 calorie diet. \* Daily value not established.

### Beet Root Powder (Organic-USA Beets) 10 oz. - \$27.99



- · Beneficial for purifying & strengthening the blood
- Improves blood circulation and regulates blood pressure levels
- · Effective in encouraging good digestion

### SUPPLEMENT FACTS

Serving Size: 1 Scoop (5g of Organic Beet Root Powder) Servings Per Container: 57

"Percent Daily Values are based on a 2,000 calorie diet. Ingredients: Raw Organic Beet Powder

Amt/Serving	DA 20.		Amt/Serving	DA.26
16		Other Carbohydrates	2 g	
0		Protein	0.7 g	2 %
100		Vitamin A	810	0%
	5985		4 mg	7%
140				196
				9%
	196		The Delivery	2%
		102100000000000000000000000000000000000	000000000	70170
		93.000000000000		2%
3 g		Potassium	124 mg	4%
	16	96 0 0 0% 0 mg 0% 27 mg 1% 5 g 0 g	0 Other Carbohydrates 0 Protein Vitamin A 0 O% Vitamin C 0 mg 0% Calcium 27 mg 1% Folate 5 g Magnesium 0 g Phosphorus	16

### Beta Carotene 25,000 IU

90 Softgels - \$9.99

the Committee of the State of t



- Antioxidant Support
- · Converts to Vitamin A as needed

#### SUPPLEMENT FACTS

Serving Size: 1 Softgel

Servings Per Container: 90

Amt/Serving DV%\*

Vitamin A (Beta Carotene) 15,000 mcg RAE / 25,000 IU

\* Daily value based on a 2,000 calorie diet. \* Daily value not established.

### Ultra Beta Glucan w/ Maitake 90 Veg Caps - \$19.99



Naturally boosts the immune system by optimizing its response to diseases and infections. But because the body doesn't produce beta glucans naturally, the only way to get the compound is through outside sources. Beta Glucan is a powerful immune stimulator, activating the macrophages in the immune system. Studies have found that this product. not only has a positive effect on the macrophages, but also on B lymphocytes, natural killer cells, and suppressor T cells. In addition, Beta Glucan is an effective antioxidant and free radical scavenger. Maitake mushroom has the active ingredient beta glucan. These mushrooms have been used in Japan for centuries to promote longevity and overall well-being.

#### SUPPLEMENT FACTS

Serving Size: 1 Veg Cap	Servings Per Cont	
	Amt/Serving	DV%*
Beta - 1,3/1,6 -D- Glucan Powder		
(from Saccharomyces cerevisiae)	100 mg*	
Maitake Mushrooms (Grifola frondosa)	160 mg*	109

Daily value based on a 2,000 calorie diet. Daily value not established.

### **Beta-Sitosterol**

### 90 Capsules - \$16.99



Beta-Sitosterol is a unique dietary supplement rich in plant sterols. Scientific studies have shown that plant sterols can help lower cholesteral levels. LifeSource's formula provides high potency botanicals to address the challenges of prostate health that can lead to an enlarged prostate

- Cardiovascular Health
- . Healthy Urinary Flow
- · Healthy Prostate Function
- · Provides Cholesterol Lowering Benefits

#### SUPPLEMENT FACTS

Serving Size: 1 Capsule

Servings per Container: 90 Amt/Serving

DV%\*

Beta-Sitosterol Complex (providing an average of

225mg of beta-sitosterol)

Other Ingredients: Gelatin (bovine), microcrystalline cellulose and vegetable magnesium stearate

### Bilberry Extract

### 60 Veg Capsules - \$23.99



- · Promotes healthy eye function and vision
- · Reduces free radical damage to the retina
- · Improves night vision
- · Soothes sore, tired eyes

#### SUPPLEMENT FACTS

Serving Size 1 Capsule Servings Per Container 60

Amt/Serving 100mg Bilberry Extract (berry) (25% anthocyanins)

\* Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established. Other Ingredients: Cellulose, Vegetarian capsule (Cellulose), silica, Magnesium Stearate (Vegetable Source) Contains No artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish Suitable

### Biotin 5,000 mca

60 Veg Caps - \$9.99



Biotin is a water-soluble vitamin necessary for normal growth and body function. Biotin promotes healthy immune system function and plays a critical role in skin health.

#### SUPPLEMENT FACTS

Serving Size: 1 Veg Cap Servings Per Container: 60 Amt/Serving DV%\* Biotin 5mg 16.667%

\* Daily value based on a 2,000 calorie diet. \* Daily value not established







### Bitter Melon

### 90 Veg Caps - \$16.99



Bitter Melon supports a healthy pancreas, balanced blood sugar levels in the normal range, and it helps to maintain normal blood glucose metabolism. Further, it has an affinity for the blood and brings these cleansing, purifying qualities into the entire circulatory system.

#### SUPPLEMENT FACTS

Serving Size: 1 Veggie Cap

Servings per Container: 90

DV%\*

Amt/Serving 500 ma

120 Capsules - \$12.99

Bitter Melon Fruit Extract (5% Charantin)

\* Percent Daily Values are based on 2,000 calorie diet.

Daily Value not established

Other Ingredients: Modified Vegetable Cellulose



Relief of many menopausal symptoms and menstrual dysfunctions

- · Hot flashes · Headaches
- · Mood · Cramps

Black Cohosh Extract Plus

#### SUPPLEMENT FACTS

Serving Size: 1 Capsule

Servings Per Container: 120

Amt/Serving

Black Cohosh (Cimicifuga racemosa) (root) (Standardized to contain 2.5% Triterpene glycosides 40 mg Chasteberry Fruit Powder 100 mg Dong Quai (Angelica sinensis) (root powder) 100 mg

\* Percent Daily Values are based on 2,000 calorie diet. + Daily Value

Suggested Use: As an herbal dietary supplement, take 2 Capsules daily, preferably at separate times (1 in the morning, 1 in the evening).

Free of: milk, wheat, corn, yeast, sugar, salt, soy

Other Ingredients: White Rice Powder, Magnesium Stearate

Warnings: If you are taking a birth control pill, are pregnant, lactating or are considering becoming pregnant, seek the advice of your physician prior to using this product.

### Black (Cumin) Seed Oil

90 Veg Caps - \$15.99



LifeSource Vitamins Black (Cumin) Seed Oil. Pure pressed without chemical extractions, and available in our new Liquid Vegetable Capsules for quick absorption in your system.

- · Relief of Allergies and Asthma
- . Boosting of Immune System
- Anti-inflammatory
- · Anti-microbial
- Digestive Aid

### SUPPLEMENT FACTS

Serving Size: 1 Vegetable Capsule Servings per Container: 90 Amt/Serving DV%\* Black Cumin Seed Oil (Nigella sativa) 500 mg

\* Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established. Other Ingredients: Vegetable cellulose and d-alpha tocopheryl acetate

### **Blood Pressure Support**

### 90 Veg Caps - \$29.99



Emerging evidence indicates the role of Grape Seed Extract (GSE) supporting cardiovascular health may extend beyond its important antioxidant functions. Scientific studies show the proprietary GSE found in LifeSource's Blood Pressure Support, MegaNatural'-BP\*\* contains flavonoids that can support healthy arterial function already within the healthy range through a number of mechanisms. In addition, we have included standardized Hawthorn Extract as a synergist. Hawthorn Extract provides powerful antioxidant flavonoids, including standardized Vitexin that, along with other components in Hawthorn, have also been found to support healthy range blood pressure and blood flow.

- · Cardiovascular support
- · Helps maintain blood pressure already within the healthy range

Amt/Serving

DV%\*

#### SUPPLEMENT FACTS

Serving Size: 1 Veg Cap Servings per Container: 90

MegaNatural\*-BP\* (Grape Seed Extract) (Vitis vinifera) 150 mg (Standardized to min. 90% Polyphenols) Hawthorn Extract (Leaf & Flower) (Crataegus laevigata) 300 mg (Standardized to min. 1,8% Vitexin)

Percent Daily Values are based

\* Percent Daily Values are based on 2,000 calorie diet. + Daily Value not established. Other Ingredients: Cellulose (capsule), Rice, Flour, Magnesium Stearate (vegetable source) and Silica.

Contains no: sugar, salt, yeast, wheat, gluten, soy, milk, egg, shellfish or preservatives. Vegetarian/Vegan Product.

### Blood Sugar Control



Helps balance and maintain healthy blood sugar levels. Chromium and Fenugreek improve glucose tolerance and balance blood-sugar levels. Gymnema to improves insulin production in the pancreas, (as well as insulin's ability to lower blood-sugar levels). Bitter melon improves the body's ability to use blood sugar and improves glucose tolerances. Vanadium mimics the actions of insulin, improving glucose tolerance by restoring receptor sensitivity to insulin.

### SUPPLEMENT FACTS

Serving Size: 2 Capsules Servings Per Container: 45 & 90

Vitamin C Buffered	/Serving 250 mg	DV%*	Am Glutamine (Crystalline Amin	t/Serving o	DV%*
Zinc (L-Monomethionine)	30 mg	200%	Acid)	100 mg	25
Gymnema Sylvestre	750 mg		Chromium Vanadium (vanadyl) sulfate	400 mcg 7 mg	- 6
Alamime (Crystalline Amino			Bitter Melon Extract	50 mg	19
Acid)	100 mg		Fenugreek	100 mg	

### **Bronchial Support**

8 oz - \$18.99



LifeSource's unique Bronchial Support formula is designed to loosen phlegm (mucus) & clear the bronchial tubes. It also temporarily relieves bronchial congestion and coughing associated with bronchitis and the common cold. Also great for increasing circulation and strengthening the immune system

### SUPPLEMENT FACTS

Serving Size: 1 Teaspoon

Servings per Container: 48 Amt/Serving DV%

Proprietary Blend Proprietary Blend: Bee Honey, Rosemary Extract,

Horseradish Extract, Union Extract, Watercr	ess,	
Menthol and Eucalyptus	1,000 mg	*
Vitamin A (as Acetate)	4,000 IU	80%
Vitamin D3 (as cholecalciferol)	400 IU	100%
Magnesium (as Magnesium Chloride)	6 mg	<1%
Zinc (as Zinc Lactate)	3 mg	20%

Other Ingredients: Corn Syrup, Methylparaben, Propylene Glycol, Glycerine, Sodium Benzoate, Potassium Sorbate, Citric Acid and Purified Wate Suggested usage: 2 to 4 teaspoons two times daily









### Vitamin C 1,000 mg

100 Tablets - \$11.99 200 Tablets - \$19.99





Essential for healthy teeth, gums & bones, helps heal wounds, scar tissue, & fractures, prevents scurvy, builds resistance to infection, aids in the prevention & treatment of the common cold, gives strength to blood vessels, aids in the absorption of iron

Vitamin C is required for the synthesis of collagen, the intercellular "cement" which holds tissues together. It is also one of the major antioxidant nutrients. It prevents the conversion of nitrates (from tobacco smoke, smog, bacon, lunchmeats, & some vegetables) into cancer-causing substances.

### Vitamin C 1,000 mg

100 Capsules - \$14.99 200 Capsules - \$24.99 (SAVE \$5)



#### SUPPLEMENT FACTS

Serving Size: 1 Capsule

Servings per Container: 100

Amt/Serving DV%\* 1.000 mg

Vitamin C (from Ascorbic Acid)

1.667%

- \* Percent Daily Values are based on 2,000 calorie diet.
- Daily Value not established

Other Ingredients: Vegetarian cellulose capsules, Microcrystalline cellulose, and Vegetable magnesium stearate

### Vitamin C w/Rose Hips 500 ma

100 Tablets - \$9.99 / 250 Tablets - \$19.99 500 Tablets - \$36.99



#### SUPPLEMENT FACTS

Serving Size: 1 Tablet Servings per Container: 100 /250 / 500

DV% Amt/Serving Vitamin C (as Ascorbic Acid with Rose Hips) 500 mg

Percent Daily Values are based on 2,000 calorie diet

Daily Value not established.

Other Ingredients: Cellulose, vegetable stearin, cellulose gum, magnesium stearate and silica.

Contains No sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors

### **Vitamin C Crystals**

4 oz - \$11.99

8 oz - \$25.99



### 100% Calcium Ascorbate - Non Acidic

LifeSource Vitamin C Crystals are a scientifically advanced form of vitamin C!

- Able to enhance the absorption and utilization of vitamin C\*
- Added calcium ascorbate to create non-acidic, "GI friendly" delivery system.

Vitamin C is a water-soluble vitamin that has many important functions in the body including antioxidant activity, support of normal, healthy collagen, synthesis of neurotransmitters such as serotonin, carnitine production and the support of normal, healthy immune function.

Our Vitamin C Crystals are a scientifically advanced form of vitamin C which binds ascorbic acid to lipid metabolites such as fatty acids, esters and fatty alcohols to enhance digestion, absorption, cellular uptake and retention as well as utilization of essential vitamin C in the body. This increased cellular uptake and retention of vitamin C results in enhanced vitamin C functions.

#### SUPPLEMENT FACTS

Serving Size: 1/4 teaspoon	Servings Per Container: 100		
	Amt/Serving	DV%*	
Vitamin C (as calcium ascorbate)	1,000 mg	1,111	

Daily values are based on 2,000 calorie diet

Calcium Ascorbate Crystals are a non-acidic form of powdered Vitamin C and are gentler on the stomach and teeth than non-buffered Vitamin C.

### Vitamin C Chewable

100 Tablets - \$17.99



- · Great Tasting & Great for you! Kids love them!
- Sweetened with Xylitol Natural Orange Juice Flavor

#### SUPPLEMENT FACTS

Serving Size: I Chewable Tablet	Servings Per Conta	iner: 100
	Amt/Serving	DV%*
Calories	5	
Total Carbohydrate	la	<1%*
Sugars	10	- 1
Sodium	40mg	2%
Vitamin C (from Sodium Ascorbate		
and as Ascorbic Acid)	500mg	833%
Acerola	5ma	2000
Citrus Bioflavonoid Complex	5mg	134
Orange Juice Powder	100mg	

### Superior C 500 mg

180 Veg Caps - \$31.99



This buffered, non-acidic Vitamin C supplement is superior as it also contains Alpha Lipoic Acid, an antioxidant known to help regenerate Vitamin C in the body. Studies suggest that Alpha Lipoic Acid may enhance the body's utilization of Vitamin C The addition of Bioflavonoids as synergists helps to create a wellabsorbed, highly effective Vitamin C supplement. The metabolics allows our Superior C 500 mg to work by:

- Increasing viability of Vitamin C
- · Increasing the activity twice that of conventional Vitamin C to utilize Vitamin C for health and healing
- Stores in cells and tissues twice as long giving the body more time to absorb Vitamin C for health and healing

4 times better than regular Vitamin C

#### SUPPLEMENT FACTS

Serving Size: 1 Veg Capsules	Servings Per Container:	180
Vitamin C (from Threonic Acid Enhanced Buffered Calcium Asco Calcium (from Buffered Calcium Ascorbate)	orbate) 500 mg 5. 60 mg	56% 6%
Transport C-Plus (Trademarked blend of Threonic Acid enhancer Calcium Ascorbate and Alpha Lipoic Acid Alpha Lipoic Acid	650 mg 40 mg	1
Citrus Bioflavonoids (37% total bioflavonoids as Hesperidin) Acerola Powder Rose Hips Powder (Rosa canina) (Seed) Rutin	100 mg 25 mg 25 mg 25 mg	Series.
POUGHT.	22109	_

Suggested Usage: As a dietary supplement, take 1 Vcap\* 1 to 3 times daily, preferably with meals.

Other Ingredients: Cellulose (capsule), Cellulose Powder, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silica, Vegetarian/Vegan Product.

### Vitamin C Complete

Our Buffered Vitamin C Complete formula provides a naturally uffered high potency vitamin c with a special blend of ioflavonoids. Bioflavonoids from citrus, rutin and hesperidin

#### to support the retention of vitamin c in the body. PLEMENT FACTS

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	Serv
VITAMINIC COMPLETE	Vitar rose Lemo Rutir Hesp Pect
Description (C)	* Pen † Dail Othe (vege Conta

ing Size: 2 Capsules Servings per Container: 50 Amt/Serving min C (from natural ascorbic acid, 1,000 mg 500 mg hips, acerola) ion Bioflavonoid Complex (fruit) 1,11136 100 mg 100 mg 30 mg n (aerial parts) peridin (fruit) tin (fruit)

cent Daily Values are based on 2,000 calorie diet.

ily Value riot established. er Ingredients: Capsule (vegetable source), magnesium stearate (vegetable source), buffering base (calcium carbonate, magnesium oxide)
Contains no artificial colors, flavors or preservatives, no wheat, gluten, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Non-GNO

### Vitamin C Gummies 250 mg

90 Gummies - \$17.99

100 Capsules - \$21.99



LifeSource Vitamins Vitamin C Gummies are perfect for those adults and children who want a different and fun way to take their vitamins. If you don't illies swallowing pills, these are for you. They taste great and are a great way to ensure you are getting an adequate intake of these key nutrients your body needs.

### SUPPLEMENT FACTS

Serving Size: 2 Gummies Servings pe		tainer: 45
Calories	Amt/Serving	DV%*
Total Carbohydrates	5g	2%
Sugars	3g	
Vitamin C (ascorbic acid)	250mg	417%
Sodium	20mg	1%

Percent Daily Values are based on 2,000 calorie diet. \* Daily

Value not estationated.

Other Ingredients: Glucose syrup, sugar, water, pectin, sodium citrate, natural flavors and natural colors (annatto)

Allergen Warning: May contain tree nuts







### Calcium Citrate Plus

### 240 Veg Caps - \$27.99

# o Citrate Di

Serving Size: 3 Veg Caps :	Servings Per Conf	tainer: 80
Vitamin D2	Amt/Serving	DV%
(as Ergocalciferol - a vegetarian source)	750 IU	188%
Calcium (from Calcium Citrate)	450 mg	45%
Magnesium (from Magnesium Oxide)	225 mg	56%
Zinc (from Zinc Amino Acid Chelate)	11 mg	73%
Copper (from Copper Amino Acid Chela Manganese (from Manganese Amino	ste) 0.75 mg	38%
Acid Chelate)	4 mg	200%

Daily values are based on a 2,000 Calorie Diet. Free of: sugar, salt, yeast, wheat, gluten, milk, egg, shellfish or

Other ingredients: Cellulose (capsule), Cellulose, Ascorbyl

### Ultra Bone Builder

120 Capsules - \$19.99 240 Capsules - \$34.99 (SAVE \$5)



Bone health continues to be a key concern for people of all ages. Building good bone density begins when you are young by providing the nutrients that will lay the foundation for good bone health later in life. Calcium is not only required for optimal bone health, it is also necessary for nerve impulse transmission. and normal muscle contractions. More recent research suggests that other benefits may include weight management, colon health and the maintenance of healthy blood pressure. Not all Calcium MCHA is created equal! Do not find the cheapest version of Calcium MCHA, in which you may be buying bone meal with low absorption potential. Bone meal is not the same as Calcium MCHA,

At LifeSource Vitamins our goal is results, nothing else matters with regards to supplements. This is a great dosage for long and steady usage to gradually help with your bone strength.

#### SUPPLEMENT FACTS

Serving Size: 4 Capsules	Servings per Cont	ainer: 30
Calories	Amt/Serving	DV%*
University (from MCHA and Amino Acid Chelates) Vitamin C (from Magnesium Ascorbate)	1 g 133 mg	2% 148%
Vitamin D3 (as Cholecalciferol) Vitamin K2 (as Menaguinone-4) MK-4	667 IÚ 67 ma	83% 56%
Thiamin (Vitamin BI) (from Thiamin HCI)	3 mg	250%
Calcium (from MCHA) Phosphorus (from MCHA)	567 mg 287 mg	23%
Magnesium (from Magnesium Oxide and Ascorbate) Zinc (from Zinc Amino Acid Chelate) Copper (from Copper Amino Acid Chelate)	400 mg 7 mg .7 mg	95% 64% 78%
Manganese (from Manganese Amino Acid Chelate) Horsetail Herb (Equisetum arvense) (Aerial Parts)	2 mg 67 mg	87%
Boron (from Boron Amino Acid Chelate)	467 mcg	

Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established. Other Ingredients: Bovine Gelatin (capsule), Magnesium Stearate (vegetable source), Silica, Glucosamine Potassium Sulfate Complex, Steanic Acid (vegetable source) and cellulose Contains shellfish (crab, shrimp, lobster, crayfish)

### Plant Calcium (Organic) 90 Tabs - \$29.99 / 180 Tabs - \$54.99



Aguamin\* mineralized red algae is collected in the pristine Arctic waters of Iceland. It is rich in calcium. magnesium and 72 trace minerals. Aquamin\* helps to mineralize bone cells, and supports bone density and strength. Bone mineralization is also enhanced when taken with Vitamins D-3 and K-2

### SUPPLEMENT FACTS

Serving Size: 3 Tablets	Servings per Container:	30
and the second second	Amt/Serving DV	1%*
Vitamin D3 (lichen)	25 mcg (1,000 IU) 1	25%
Vitamin K2 (MK-7 from natto)	100 mcg	+
Calcium (from Aquamin* Icelandia	red algae) 1,000 mg	77%
Magnesium (from Aquamin <sup>®</sup> Icela	ndic red algae) 70 mg	736
Strontium (from Aquamin* Icelan	dic red algae) 5 mg	+
Boron (from Aquamin* Icelandic	ed algae) 60 mcg	1
Unnadium Henry Anusmint Indian		-

Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established Other Ingredients: Cellulose, magnesium stearate, silica, vegetable stearin Contains no sugar, salt, dairy, wheat, gluten, yeast, corn, preservatives, artificial colors or flavors

### Liquid Cal/Mag

Orange/Vanilla Flavor

32 fl oz - \$28.99



- 500mg Calcium Citrate Blend
- 250mg Magnesium Citrate Blend
- 1,000 IU Vitamin D3
- 1,000 mg Natural Silica Blend
- · L-Lysine, Boron, Ionic Trace Minerals and much more
- 100% Vegetarian
- Natural Orange/Vanilla Flavor

#### SUPPLEMENT FACTS

Serving Size: 1 tbsp. (2 tablespoons = 1 fl oz) Servings per Container: 32

Amt/Serv	ing DV%
Calories	4
Total Carbohydrates	1
Sugars	0
Calcium (as Calcium lactate gluconate, Calcium citrate	
(Lithothamnium corallioides) (whole plant) 500	mg. 50%
Magnesium (as Magnesium citrate, Magnesium gluconate,	
(Lithothamnium corallioides) (whole plant) 250	mg 639
Manganese (as Manganese Bisglycinate chelate) 2	mg 1009
Boron (as bororganic glycine) 2	mg
L-Lysine 100	mg
Natural Silica Blend (providing 100 mg of natural silica) Aloe Vera juice,	11000
Bamboo extract (Bambusa vulgaris) (stem),	
Horsetail extract (Equisetum arvense) (leaf) 1,000	mg
Sea Vegetarian Derived Ionic Trace Minerals 3	mg

Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established. Other Ingredients: Triple filtered water, Citric acid, Xanthan gum, Natural flavoring, Reb. A (Stevia rebaudiana extract, Potassium sorbate, Potassium benzoate (to preserve

Contains No artificial colors, flavors or sweeteners. Gluten, Milk, Salt, Soy, Starch, Wheat and Yeast free

### Coral Calcium Advanced

100 Veg Caps - \$19.99



Coral Calcium is an alkalizing mineral power house that has been shown to help balance the Philevel of the body, creating an environment where the body can heal itself, the God given way, Our new formula contains higher levels of Coral Calcium and Magnesium. We've also added Vitamin D to help your body absorb the calcium.

#### SUPPLEMENT FACTS

Serving Size: 2 Veg Capsules	Servings per Cont	tainer: 50
	Amt/Serving	DV%*
Vitamin D (as Ergocalciferol) 10 mcg	(400 IU)	50%
Calcium (from fossifized Coral Calcium)	500g	38%
Magnesium (from Magnesium Oxide,		
Citrate and Aspartate)	250g	60%
Fossilized Coral Calcium	1:430 mg	Ť.

Percent Daily Values are based on 2,000 calorie diet.

Other Ingredients: Cellulose (capsule), Silica and Magnesium Stearate (vegetable source) Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients

### **Oyster Calcium**

(SAVE \$4)



Oyster Shell Calcium provides health benefits and can play an important role in the body by increasing the functionality of nerves, cells, muscle and bone.

### SUPPLEMENT FACTS

Serving Size: 2 Tablets Servings Per Container: 50 & 100 Amt/Serving DV%\* 1000 mg Calcium (from Oyster Shell and Calcium Carbonate) 500 mg Magnesium (from Magnesium Oxide) 200 IU Vitamin D (from Fish Oil) 5 mcg









### Candida Support

90 Veg Caps - \$19.99



Candida albicans is a yeast that normally resides in the body in the digestive tract and vagina. Candida levels are kept in check by the immune system and beneficial probiotic bacteria in the body. If probiotic bacteria are killed by antibiotics or if the immune system becomes weakened, Candida yeast may grow unchecked.

LifeSource's Candida Cleanse is a combination of herbal ingredients (Pau D'Arco, Black Walnut and Oregano Oil), Biotin (a B-complex vitamin) and Caprylic Acid (a naturally occurring fatty acid derived from plant oils). These synergistic ingredients help to support a healthy balance of intestinal bacteria. The beneficial bacteria that normally populate the gut assist in the digestion of food, produce certain vitamins and promote detoxification processes.

#### SUPPLEMENT FACTS

Serving Size: 2 Veg C	aps		Serv	ings Per Contai	iner: 45
	Amt/Serving	DV%*	0.0000000000000000000000000000000000000	Amt/Serving	DV%*
Calories	10		Caprylic Acid (from		
Calories from Fat	5		Magnesium Caprylate)	500 mg	
Total Fat	0.5 g	< 136*	Pau D'Arco (Tabebula		
Saturated Fat	0.5 g	3%	impetiginosa) (Bark) Black Walnut	300 mg	
Total Carbohydrate	1g <	136*	(Juglans nigra L.) (Hull	300 mg	9.
Biotin	2 mg	667%	Oregano Oil (Origanum		
Magnesium (from			(min. 1.75% Volatiles)	200 mg	
Magnesium Caprylate)	45 mg	1796		C-MODOCATA	

\* Percent Daily Values are based on 2,000 calorie diet. + Daily Value not established. Suggested Use: As a dietary supplement, take 2 Veg caps daily, preferably with meals. Free of: sugar, salt, yeast, wheat, gluten, corn, soy, milk, egg, preservatives or artificial colors Other Ingredients: Cellulose (capsule), Garlic (Allium sativum) (Bulb), Olive Leaf Extract (Olea europaea), Cat's Claw (Uncaria tomentosa)(bark), Wormwood (Artemisia absinthium) (Ariel Parts), Silica, Magnesium Stearate (vegetable source) and Cellulose Powder

### Cat's Claw

90 Veg Caps - \$10.99



- · Stimulates immune system · Reduces inflammation
- · Protects cells · Fights free radicals

### SUPPLEMENT FACTS

Total Carbohydrates

Serving Size: 2Veg Capsules Servings per Container: 45

> Amt/Serving DV%\* el g

Cat's Claw (Uncaria tomentosa) (Inner Bark)

Percent Daily Values are based on 2,000 calorie diet. Daily Value not established.

Other Ingredients: Cellulose (capsule) and Stearic Acid (vegetable source)

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish, or tree nut ingredients

### Cayenne 500 mg

100 Veg Caps - \$9.99



Capsicum, also known as red pepper or chili pepper, is an herb. Many countries have a history of using cayenne pepper therapeutically. This powerful compound has many uses such as cleansing and detoxifying, and can be used to stimulate circulation as well as neutralizing acidity.

#### SUPPLEMENT FACTS

Serving Size: 1 Capsule Servings Per Container: 100

Amt/Serving DV%\* Cavenne Pepper (capsicum frutescens) (Fruit) (40,000 heat units)

\* Percent Daily Values are based on 2,000 calorie diet. Daily Value not established.

Other Ingredients: Cellulose (capsule)

Not Manufactured with yeast, wheat, gluten, soy, milk, eggs, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens

Suggested usage: Take 1 capsule 2 to 4 times daily preferably after eating

### CBD Oil (Full Spectrum)

16.6 Mg -33.3 Mg -



Cannabidiol (CBD) is a compound found in the flowers and leaves of the hemp plant. This compound, alongside hemp's other abundant healing compounds, has become popularized for its natural therapeutic qualities. LifeSource Vitamins CBD Oil is Full Spectrum, meaning it contains all the plants natural Cannabinoids, Terpenes, and Flavonoids. Full Spectrum delivers the full synergistic effect! In other words, our Full Spectrum CBD is much more effective at any dose

#### SUPPLEMENT FACTS

Serving Size: U.5 ml	Servings per Cont.	amer. 60
	Amt/Serving	DV%*
Hemp Oil Extract (CBD)	8.3 mg	
Total Fat	.5 g	.8%
Saturated Fat	.5 g	*

Percent Daily Values are based on 2,000 calorie diet.

1 Daily Value not established.

Other Ingredients: Hemp Oil Extract, Medium-Chain Triglyceride (MCT) Oil, Organic Flavoring Contains Less Than .3% THC

### **CBD Capsules** (Full Spectrum) 10 mg

100 Veg Capsules - \$39.99



CBD CAPSULES 500MG are packed with premium, CBD-rich, full-spectrum industrial hemp. For those looking for convenience, capsules are the simplest way to get your daily dose of fiber and whole-plant nutrients. Compact, flavorless, and easy take on-the-go, our pre-measured capsules ensure consistency in your dosage. Each capsule is made with the highest quality CBD that nature has to offer: third party lab tested, CO2 extracted, GMP certified, and handcrafted.

### SUPPLEMENT FACTS

Serving Size: 1 Vegan Capsules	Servings per Contai	ner: 100
	Amt/Serving	DV%*
Raw Decarboxylated Hemp Complex	19	1
Aerial Plant Parts (CBD)	10 g	
Protein	.13 g	2%
Omega-3	6.2 mg	196
Omega-6	19.5 mg	3%
Omega-9	3.7 mg	<1%
Calcium	31.46 mg	3%
Magnesium	2.62 mg	1%
Potassium	13.6 mg	196

\* Percent Daily Values are based on 2,000 calorie diet.

Daily Value not established.

Other Ingredients: Raw hemp-full aerial parts & phytocannabinoid rich

**CBD Softgels** 

(Full Spectrum)

40mg 60 Softgels - \$49.99 125mg 60 Softgels - \$69.99



CBD SOFTGELS 1,500MG are packed with premium; CBDrich, full-spectrum industrial hemp, feature a potent 25 mg dose of CBD packed into one easy-to-swallow softgel. Created with the highest quality CBD that nature has to offer, this powerful softgel is intended for those with some CBD experience under their belt. Travel-friendly, flavorless, and easy to take on-the-go, our CBD extract is delivered in all-natural hemp seed oil and a 100% vegan softgel capsule for quick absorption - all you'll need is one for the whole day! Each softgel is created in a GMP certified facility with state of the art CO2 extraction, and third-party tested to offer you with the most pure CBD that nature has to offer

#### SUPPLEMENT FACTS

Serving Size: 1 Vegan Softgel	Servings per Container:	
Calories Per Softgel	Amt/Serving	DV%*
CBD Extract Total Fat	40 mg	16
Omega-3 Polyunsaturates	185 mg	+
Omega-6 Polyunsaturates	535 mg	1
Omega-9 Monounsaturates	105 mg	

Percent Daily Values are based on 2,000 calorie diet.

Daily Value not established. Ingredients: Full Spectrum CBD Oil, Hemp Seed Oil, Modified rch, Vegetable Glycerin, Purified Water







### CBD Balm Lavender (Full Spectrum)

1oz - \$24.99



This combination of natural ingredients harnesses the power of full-spectrum CBD for topical, all-natural pain relief and wellness. Enjoy daily as part of your self-care routine. Apply topically as needed, gently massage into the skin and relax.

- Can relieve discomfort in the neck, back, shoulders, wrists, hands and knees
- · Helps muscles recover from soreness, aches, cramps and nerve pain
- Moisturize the skin to treat chapped lips and dry skin

Ingredients: Full Spectrum CBD Oil extract (500 mg), Tocopherol Vitamin E, Beeswax, Avocado Oil, Lavender Essential Oil, Hemp Seed Oil, Jojoba Oil and Coconut Oil

### Charcoal

### 100 Capsules - \$9.99



- · Detoxification of the stomach and intestines
- Bloating Malodorous gas
- High Cholesterol

#### SUPPLEMENT FACTS

Serving Size: 2 Capsules

Servings Per Container: 50

Amt/Serving DV%\* 520 mg

Charcoal

- Daily value based on a 2,000 calorie diet.
- Daily value not established.

### Chlorella (Organic)

90 Veg Capsules - \$16.99



Chlorella is a green single-celled microalgae that has naturally occurring chlorophyll, plus beta-carotene, mixed carotenoids, vitamin C, iron, and protein. The cell wall in this high quality, USDA Organic Chlorelle has been broken down to aid digestibility.

#### SUPPLEMENT FACTS

Serving Size: 1 Capsule

Servings per Container: 90

DV%\*

Amt/Serving Organic Chlorella Thallus Broken Cell Wall

500 mg

\* Percent Daily Values are based on 2,000 calorie diet

Daily Value not established.

Other Ingredients: Modified Vegetable Cellulose

### Chlorophyll Liquid

16 fl oz - \$21.99



Chlorophyll is a unique substance found in all plant life. It is the pigment that gives plants their characteristic green color. Chlorophyll also absorbs light necessary for photosynthesis, which sustains plant life through the conversion of sunlight into chemical energy. Identified as sodium copper chlorophyllin, this water-soluble extract is derived exclusively from Alfalfa through a natural extraction process. LifeSource Vitamin's Triple Strength product delivers 94 servings offering you a tremendous value.

- Purify blood Assist in building red blood cells
- · Help wound healing and tissue repair · Internally deodorize

#### SUPPLEMENT FACTS

	Amt/Serving	DV%*
Calories	15	*
Total Carbohydrate	3.5 g	1%*
Copper ( from Sodium Copper Chlorophyllin )	4 mg	200%
Sodium ( from Sodium Copper Chlorophyllin )	6 mg	<1%
Chlorophyll	100 mg	1
[as Sodium Copper Chlorophyllin - a stanilized, water-solub	le from a Natural	
Chlorophyll extracted from Alfalfa (Medicago sativa) (Leave	s) (USP Grade)]	

\* Daily value based on a 2,000 calorie diet. \* Daily value not established.

Other Ingredients: Vegetable Glycerin, De-ionized Water, Peppermint (Menta piperita) Oil and Potassium Sorbate

### Cholesterol Support



Cholesterol Support™ 23 Ingredients specifically formulated to support your body's natural metabolism of cholesterol. In addition to this effective supplement, we recommend a diet low in saturated fats and regular aerobic exercise, walking, jogging, anything aerobic.

#### SUPPLEMENT FACTS

	Serving Si	ze: 3 Tabl	ets Servi	ngs Per Contai	ner: 30
A Company of the Comp	nt/Serving	DV%"	U Decree Annual Control of the Contr	Amt/Serving	DV%*
Vitamin B6	20 mg	250%	Cellulose		
Folic Acid	400 mcg	100%	(Micro Crystalline)	100 mg	7
Vitamin B12			Garlic Odorless Extract	100 ma	
(as cyanocobalamin)	25 mcg	417%	Inositol	100 mg	+
Pantothenic Acid	10 mg	100%	Psyllium Husk	1997.118	
Chromium			(Seed, Powdered)	100 mg	,
(as polynicotinate)	200 mcg	167%	Bromelain 600 GDU	50 mg	
Plant Sterols	800 mg	*		2000 00 00 00 00 00 00	
Commiphora Mukul			Paritethine 20%	50 mg	
(Gum Guggel 25% Extract)	400 mg	+	Quercetin	30 mg	
Soy Bean Extract	THE PROPERTY.		Artichoke Extract	25 mg	
(Glycine Max)	250 mg		Phosphatidylcholine	20 mg	
Inositol Hexanicotinate	200 mg	9	Policosanol	10 mg	
Oat Bran	200 mg	+	Grape Seed Extract	5 mg	
Phaseolamin	150 mg		Tocotrienols	5 mg	*

\* Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established. Suggested Usage: Take 2 to 3 Tablets Daily には一個を行う場合がよりの行列というとう

### **Choline Bitartrate**

100 Tablet - \$14.99



Crosses over the Blood-Brain Barrier. Helps Build Myelin and Increases Myelination. Improves memory, Alzheimer's, Dementia, also shown helpful for Liver & Nerve Development.

#### SUPPLEMENT FACTS

Serving Size: 1 Tablet Servings per Container: 100 Amt/Serving Choline Bitartrate 500 mg

- \* Percent Daily Values are based on 2,000 calorie diet.
- Daily Value not established

Other Ingredients: Gelatin, Microcrystalline Cellulose, Magnesium Stearate Suggested usage: Take 1 capsule daily

### Cider Vinegar Diet

180 Capsules - \$16.99



Apple Cider Vinegar Diet contains the ingredients your body needs to help control weight and achieve that healthy, fit body you've always dreamed about. Chromium helps to promote sugar and fat metabolism while Glucomannan contains soluble fiber that promotes a feeling of fullness. Vitamin B6 supports energy metabolism. When used with your diet and exercise plan, LifeSource's Applie Cider Vinegar Diet puts you on the right track in winning the weight loss challengel

- · Excellent, proven weight loss results.
- A powerful combination of time tested herbs.

#### SUPPLEMENT FACTS

Serving Size: 2 Capsules	Servings per Container: 90	
	Amt/Serving	DV%*
Vitamin B-6 (Pyridoxine HCI)	7 mg	412%
Chromium (from Chromium Nicotinate Glycinate) (TRAACS!*)	200 mcg	571%
Apple Cider Vinegar Powder	500 mg	+
Soy Lecithin	200 mg	*
Glucomannan (from Konjac Root) (Amorphophallus konjac)	100 mg	+
Organic Kelp (Laminaria spp.) (Whole Plant)	20 mg	+
Grapefruit Fiber	30 mg	

- Percent Daily Values are based on 2,000 calorie diet.
- Daily Value not established.
- Other Ingredients: Maltodextrin, Hypromellose (cellulose capsule), Silicon Dioxide and Stearic Acid (vegetable source). Contains Soy (lecithin)
- Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients









### Chromium Picolinate

### 100 Veg Caps - \$10.99



Chromium Picolinate may enhance insulin's effect in the body, improving the uptake of glucose, thereby causing bette blood circulation and maintenance of blood sugar levels.

#### SUPPLEMENT FACTS

Serving Size: 1 Veg Capsule

Servings per Container: 100 DV%\* 571%

Chromium (from Chromium Picolinate)

Amt/Serving 200 mcg

\* Percent Daily Values are based on 2,000 calorie diet.

Daily Value not established.

Other Ingredients: Rice Flour and Cellulose (capsule) Not manufactured with Yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients

### Cinnamon Bark

### 120 Capsules - \$14.99



- . Digestive aid . Support healthy serum lipid levels
- · Potent antioxidant to support cardiovascular function

#### SUPPLEMENT FACTS

Serving Size: 2 Capsules Servings Per Container: 60 Amt/Serving DV%\* Total Carbohydrate Cinnamon ( Cinnamonum verum ) (Bark) <196\* 1,200 mg (Ceylon) (True Cinnamon)

\* Daily value based on a 2,000 calone diet. I Daily value not established Other Ingredients; Gelatin (capsule), Silica, Steeric Acid and Magnesium Steerate.

### CLA Conjugated Linoleic Acid

90 Softgels - \$19.99



A natural source of conjugated linoleic acid, shown to reduce fat and increase lean muscle mass.

#### SUPPLEMENT FACTS

Serving Size: 3 Softgels	Servings Per Container. 3	
Calories	Amt/Serving	DV%
Calories from Fat Total Fat Saturated Fat Trans Fat	25 3 g 0 g	5%* 0%*
Polyunsaturated Fat Non-GMO Safflower Oil Conjugated Linoleic Acid (CLA)	3.0 g (3.000 mg) 2.4 g (2,400 mg)	+

Daily value based on a 2,000 calorie diet. \* Daily value not established Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility the processes other

ingredients containing these allergens.

Other Ingredients: Softget Capsule (gelatin, glycerin, water, natural color).

### Coconut Oil Softgels

### 60 Softgels - \$12.99



Coconut Oil is a source of lauric acid, a medium chain triglyceride. (MCT) that possesses health benefits. In the body, lauric acid is converted into monolaurin, a compound that supports the body's defenses. Coconut Oil Softgels are an easy and convenient means to consume this unique fatty acid. May support healthy triglyceride levels, brain health, and promote satiety.

### SUPPLEMENT FACTS

Serving Size: 1 Softgel Servings per Container: 60

Amt/Serving Organic Virgin Coconut Oil

\* Percent Daily Values are based on 2,000 calorie diet. 1 Daily Value not established. Other Ingredients: Capsule (modified comstanth, glycerin, Irish moss extract, water Contains No artificial colors, Savors, or preservatives; no wheat, gluten, milk, eggs, peanuts, soy, crustacean shellfish or fish. Vegetarian/Vegan Product.

### Coconut Oil (Organic)

16 oz. - \$14.99



Use it for cooking and beking in place of less healthy cooking oils or add it to your favorite smoothie. Use it as a spread on your favorite breads and muffins or add a subtle hint of tropical sweetness to your popcom.

Serving Size: 1 Tablespoon	Serving Size: 1 Tablespoon Servings per Conta	
E. C. C.	Amt/Serving	DV%*
Calories Total Fat Saturated Fat Trans Fat	14 g 12 g 0 g	18% 60%
Polyunsaturated Fat Monoursaturated Fat Cholesterol Sodium	0.5g 0.5g 0.mg 0.mg	0% 0%
Total Carbohydrate Medium Chain Triglycerides Lauric Acid Caprylic Acid Caprylic Acid	7,700 mg 5,670 mg 1,050 mg 980 mg	0%

Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established. Ingredients: Organic Virgin Coconut Oil

### Cod Liver Oil

### 100 Softgels - \$10.99



Cod Liver Oil is well-known for its naturally occurring Omega-3 Fatty Acids, EPA and DHA and has a long history or traditional use for the support of overall health and well-being. Our Cod Liver Oil is also rich in Vitamin A and D-3

#### SUPPLEMENT FACTS

Serving Size: 1 Softgel	Servings Per Container: 100		
	Amt/Serving	DV%*	
Calories	5		
Calories from Fat	5		
Total Fat	0.5 g	<1%	
Cholesterol	0 mg	0%	
Vitamin A (from Cod Liver Oil and			
Retinyl Palmitate)	2,500 IU	50%	
Vitamin D3 (from Cod Liver Oil and			
Cholecalciferol)	270 IU	68%	
Cod Liver Oil 650 mg †			
Typical Values of Omega-3 Fatty Acids	50		
Elcosapentaenoic Acid (EPA)	30 mg		
Docosahexaenoic Acid (DHA)	30 mg		

Percent Daily Values are based on 2,000 calorie diet. † Daily value not established. Other Ingredients: Softgel Cassule (gelatin, glycerin, water)
Not manufactured with wheat, gluten, soy, milk, egg or shellfish ingredients.
Contains fish (cod). Cod Liver Dil is a product of Norway

### Collagen Tablets

90 Tablets - \$19.99 180 Tablets - \$34.99



Contains Bromelain and Papain, Enzymes that break down amino acids and help stimulate growth of collagen in the body

#### SUPPLEMENT FACTS

Serving Size: 2 Tablets	Servings Per Container:	
	Amt/Serving	DV%*
Collagen	1000 mg.	
Silica Complex	100 mg.	
Papain	50 mg.	,
Bromelain	50 mg.	,

Daily value based on a 2,000 calorie diet.

Daily value not established.

Suggested usage: Take 2 tablets 3 times daily

### Collagen Liquid 8g Protein Enzyme Hydrolyzed Collagen)

16 fl oz / 30 Day Supply \$44.99 PER BOTTLE 3 Bottles for \$119.97 (SAVE \$15)



An incredible multi-function liquid that helps rejuvenate and maintains tendons, ligaments, skin, hair, nails, bones, teeth, energy, blood vessels, arteries and probably most widely known for weight/fat loss! Collagen is the primary connective tissue protein in your body. The word Collagen is derived from kolla, the Greek word for glue. As we age, every year we lose 1% of our collagen content, collagen we need to keep us looking young as well as keeping us healthy and strong. Collagen is the most abundant protein found in our body. LifeSource's Collagen does not contain aloe vera, as other brands do, due to the fact that ours is Enzymatically hydrolyzed. It does not need the acid to hydrolyze, as other brands do. Ours is all natural, and results driven

#### **NUTRITION FACTS**

Serving Size: 1 Tablespoon Servings per Container: 30

	Amt/Serving	DV%*		Amt/Serving	DV%*
Calories	36		L-Glutamic Acid	1727 mg	1.
Total Fat	0		Glycine	4167 mg	*
Cholesteral	0		L-Histidine	118 mg	*
Total Carbohydrate	3 g	1%	L-Hydroxylysine	181 mg	*
Protein	8.9	16%	L-Hydroxyproline	2197 mg	t
L-Citrulline	500 mg		L-Isoleucine	272 mg	+
Each Tablespoon (15)	ml) contains 8 gran	ns of	L-Lysine	697 mg	91
Enzyme Hydrolyzed I	Bovine Collagen Pro	otein	L-Methionine	136 mg	9.
Amino Acid Composi	tion of LifeSource		L-Phenylalanine	379 mg	*
Collagen":			L-Proline	2477 mg	*
L-Alanine	1667 mg		L-Serine	636 mg	+
L-Arginine	1333 mg	3.8	L-Threonine	300 mg	*
L-Aspartic Acid	1045 mg	1.7	L-Tyrosine	152 mg	+.
L-Cystine	10 mg		L-Valine	515 mg	9.

Percent Daily Values are based on 2,000 calorie diet. Daily Value not established. Ingredients: Enzyme Hydrolyzed Concentrated Pure Bovine Collagen Protein, Purified Water, Fructose, Citric Acid, Glycerin, Natural Orange Flavor, Phosphoric Acid, Sodium Benzoate and Potassium Sorbate (to preserve freshness), Stevia Rebaudiana Leaf Extract







### P Collagen Cream

4 oz. - \$12.99



- Boosting Natural Collagen Production
- · Delay Signs Of Aging
- + Rejuvenate Dull Lifeless Skin
- · Provides Soluble Collagen, Elastin Protein Hydrolysate and Vitamin E

#### Collagen 1 LB. - \$39.99 Peptides Powder 3 Pack Special for \$104.97 (SAVE \$15)

- · From Grass-Fed Beef
- · Helps support normal joint function, fights against arthritis.
- · Preserves lean body mass fo people trying to lose weight & build mass. Supports cartilage, tendons, musles, bones, teeth and joint health.
- Helps reduce the appearance & causes of wrinkles.
- Promotes better sleeping.
- · Provides protein energy, which is utilized and not stored as fat
- The highest bio availability of any collagen on the market.
- Overall toning for body builders and weight loss individuals.
- Promotes a greater sense of wellness.
- · Immediate improvements in skin, hair and nail texture and appearance.
- Helps lessen snack cravings.
- · Studies have shown to help slow the aging process.
- Provides increased stamina, and turns up your metabolism
- · Supports rapid muscle repair and muscle growth enhancement naturally for weight loss and building muscle. Crucial for body builders and anyone trying to lose weight.

#### SUPPLEMENT FACTS

COLLAGEN

PEPTIDES POWDER

Serving Size: 10 Grams (1 heaping scoop)	Servings per Container: a	Servings per Container: about 45	
	Amt/Serving	DV%*	
Calories	35		
Total Fat	Og	0%	
Total Carbohydrates	Og	0%	
Protein	9 g	18%	
Collagen Peptide Complex			
(from Hydrolyzed Collagen Type I & III)			
(bovine)	10 g	Ť	

Percent Daily Values are based on 2,000 calorie diet. 1 Daily Value not established. Suggested usage: I serving daily to supplement the diet with protein

### Colloidal Minerals (liquid)

32 oz. - \$21.99



Why are we eating more, yet consuming less? It's not a secret our soils have been depleted of essential, trace and rare minerals so vital to health and life. Eighty years ago in 1936 the United States Department of Agriculture issued U.S. Senate Document 264, stating "that virtually all soils in the United States were mineral deficient. Scientists at the 1992 Earth Summit in Brazil submitted documentation that soils world-wide were depleted of minerals. The United States soils rated as one of the most serious with 85% of essential minerals depleted. Minerals make up four percent of the body's total weight. They're found in body fluids and tissues working in conjunction with vitamins, enzymes, hormones, and other substances. Minerals play an important role in numerous biological functions.

#### SUPPLEMENT FACTS

Serving Size: 2 Tablespoons / 1 fl. oz.	Servings Per Container: 32		
Calories	Amt/Serving	DA%.	
Total Carbohydrate Sugars	2 g 2 g	<1%*	
Liquid Colloidal Minerals	30 ml*	,	

\* Daily values are based on 2,000 calorie diet. \* Daily value not established.

Other Ingredients: Purified Water, Fructose, Citric Acid, Natural Raspberry Flavors, Fulvic Acid, Natural Vegetable Extract, Potassium Sorbate ( as preservative), Potassium Benzoate (as preservative) and Stevia Extract (Leaf). Not manufactured with yeast, wheat, gluten, soy, milk, egg. fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens

### Colon Cleanse Psyllium w/ Apple Pectin 180 Caps - \$19.99



Cleansing, also called detoxification, is our body's normal process of elimination through our colon, liver, kidney, lungs, lymph and skin. An effective colon cleanse can often result in:

- · Increased energy level and a feeling of improved health
- · Healthier bowel movements (eliminates constipation problems, and prevents disease of the colon)
- · Improved look and strength of hair, skin, and nails
- · Elimination of fatty wastes, mucus, and other toxic buildups
- Decreased cholesterol

#### SUPPLEMENT FACTS

Serving Size: 2 Caps	ules		Ser	vings per Conta	iner: 90
	Amt/Serving	DV%*		Amt/Serving	DV%*
Calories	5		Insoluble Fiber	.1 g	*
Total Carbohydrates	1.2 g	< 1%	Psyllium Husk Powde	e .	
Dietary Fiber	1 g	4%	(Husk/Seed)	1,400 mg	+
Soluble Fiber	.9 g	+	Apple Pectin Powder	100 mg	+

Percent Daily Values are based on 2,000 calorie diet. 1 Daily Value not established. Other Ingredients: Gelatin (capsule), Magnesium Stearate (vegetable source), Stearic Acid (vegetable source) and Silica

Not manufactured with yeast, wheat, gluten, soy, milk, egg. fish, shellfish or tree nut ingredients.

### Congest-Eeze

### 60 Liquid Capsules - \$26.99



Congest Eeze is a great respiratory remedy for acute colds, flu, sinus infections, asthma, bronchitis, pneumonia, smokers' lung, Pneumocystis, and general lung congestion. It is very similar ourl fl. oz. liquid formula Respir-Ease butadds Oregano Oil to increase antimicrobial action. It is a powerful lung macrophage (white blood cell) stimulant to help the lung powerfully address viral and bacterial conditions. It helps clear the lungs of congestion in order to resolve lingering mucus that wants to be expelled.

#### SUPPLEMENT FACTS

Serving Size: 1 Liquid Capsule Servings per Container: 60

Amt/Serving Fresh Osha Root, Fresh Yerba Santa Leaf, Garlic Bulb (Organic), Mullein Leaf, Thyme Herb (Organic), Licorice Root (Organic), Oregon Grape Root, Echinacea purpurea Flowering Tops (Organic), Lomatium Root, Wild Cherry Bark, Ginger Root (Organic), Oregano Oil 700 ma

Daily Value not established.

Other Ingredients: Non-GMO Soy Lecithin, Modified Vegetable Cellulose, Medium Chain Triglycerides

### Cortisol Support

### 90 Veg Caps - \$29.99

Servings Per Container: 90



Cortisol is nicknamed the "stress hormone" for its role in the fight or flight response, a physiological mechanism that releases hormones like adrenalin and cortisol to prioritize important body functions under stressful circumstances. Combats Adrenal Fatigue - Allows Adrenals time to Rest and Reset.

### SUPPLEMENT FACTS Serving Size: 1 Capsule

Amt/Serving	DV%*
33 mg	37%
10 mg	200%
12 mg	1%
8 mg	2%
20 mcg	57%
200 mg	
90 mg	
20 mg	t
20 mg	
20 mg	1.0
20 mg	
4 mg	*
	33 mg 10 mg 12 mg 8 mg 20 mcg 20 mg 90 mg 20 mg 20 mg 20 mg 20 mg

Percent Daily Values are based on 2,000 calorie diet. 1 Daily Value not established. Other Ingredients: Cellulose (capsule), Magnesium Stearate (vegetable source) and silicia Not manufactured with wheat, gluten, milk, egg, fish. Shellfish or tree nut ingredients









Percent Daily Values are based on 2,000 calorie diet

CoQ10 50 mg

50 Softgels - \$17.99



Coenzyme Q10 (CoQ10) is a vitamin-like compound that plays a central role in cellular energy production. CoQ10 is found throughout the body, but is especially concentrated in the heart, liver and kidney and production has been found to decline with age. CoQ10 works with Vitamin E as a potent free radical scavenger in cell membranes, as well as within blood vessels. Years of scientific research have shown that CoQ10 helps to maintain a healthy heart and vascular system.

#### **NUTRITION FACTS**

Serving Size: 1 Softgel	Servings Per Container: 50		
Delication of the Association of the Section of the	Amt/Serving	DV%*	
Vitamin E (from d-alpha Tocopherol)	20 mg	133%	
Selenium (from L-Selenomethionine)	70 mcg	127%	
Coenzyme Q10	50 mg		

- \* Percent Daily Values are based on 2,000 calorie diet.
- Daily Value not established.

Other Ingredients: Rice Bran Cil, Softgel Capsule (bovine gelatin (BSE-free). glycerin, water, carob), Beeswax and Soy Lecithin

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients

### **Ubiquinol** 50 mg

60 Softgels - \$31.99



Ubiquinone is converted within our body into Ubiquinol, the potent anti-oxidant portion of CoQ10. However, as we age, our ability to make this conversion reduces significantly. Ubiquinol is already in its reduced form as a potent antioxidant. Ubiquinol inhibits protein and lipid oxidation in cell membranes, and helps to minimize oxidative injury to DNA. There is every indication that the Ubiquinone form has benefits other than those of Ubiquinol. To take full advantage of the benefits of CoQ10, the dosage should include both forms and then according to age as to which one you take the most. Also, as demonstrated, Ubiquinol does not require the high amount needed by Ubiquinone to gain the same therapeutic effect for certain conditions.

#### SUPPLEMENT FACTS

Serving Size: 1 Softgel

Servings Per Container: 60

Ubiquinol (Kaneka QH\*\*) (Reduced Form CoQ10)

Amt/Serving

60 Softgels - \$49.99

### CoQ10 100 mg

50 Softgels- \$31.99



#### SUPPLEMENT FACTS

Serving Size: 1 Softgel

Servings Per Container: 50

Amt/Serving Vitamin E (from Mixed Tocopherols) (soy free) 30 IU 100%

\* Percent Daily Values are based on 2,000 calorie diet. + Daily Value not established

Other Ingredients: Softgel capsule (bovine gelatin, water, glycerin, organic caramel color), Organic Extra Virgin Olive Oil, Sunflower Lecithin and Silica

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish or shellfish ingredients.

Non-GMO

CoQ10 200 mg

60 Softgels - \$49.99



#### SUPPLEMENT FACTS

Serving Size: 1 Softgel Servings Per Container: 60

Amt/Serving DV%\* Coenzyme Q10 (as ubiquinone). 200 ma

- \* Percent Daily Values are based on 2,000 calorie diet.
- + Daily Value not established.

Other Ingredients: Softgel (gelatin, glycerin, water and annatto), rice brain oil, lecithin, Vitamin E and beeswax. Contains soy, May contain traces of peanuts

No sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors

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### Ubiquinol 100 mg

Ubiquinol

CoQH 100 mg

HERE THE PARTY OF THE PARTY OF

Servings per Container: 60 Amt/Serving DV%\* Ubiquinol (Kaneka Ubiquinol\*\*) reduced form 100 mg

\* Percent Daily Values are based on 2,000 calorie diet

\* Daily Value not established.

Other Ingredients: MCT Oil (medium chain triglycerides), Softgel Capsule (gelatin, glycerin, water, carob) and Beeswax. Contains soy.

Contains no sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors

### Cranberry Concentrate

100 Capsules - \$18.99



Cranberries are packed with polyphenols, tannins, and other phytonutrients that have been researched for their role in urinary tract health. Our Cranberry Caps are also rich in Vitamin C.

#### SUPPLEMENT FACTS

SUPPLEMENT FACTS Serving Size: 1 Softgel

Serving Size: 2 Capsules	Servings Per Container: 50		
Calories	Amt/Serving	DV%*	
Total Carbohydrate	1.1 g	<1%*	
Dietary Fiber	560 mg	2%*	
Sugars	630 mg		
Vitamin C (as Ascorbic Acid)	20 mg	33%	
Cranberry Concentrate (fruit) (1400 mg of 8:1 Concentrate)	1.4 g	*	

\* Daily values are based on 2,000 calorie diet. \* Daily value not established. Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

### 30 Softgels - \$39.99

### CoQ10 400 mg

### SUPPLEMENT FACTS



Serving Size: 1 Softgel S	Servings Per Conta	iner: 30
	Amt/Serving	DV%*
Calories	5	286%
Total Fat	.5 g	<1%
Vitamin E (as d-alpha Tocopherol) (soy-	free) 20 mg	133%
Coenzyme Q10 (CoQ10)	400 mg	
Sunflower Lecithin	35 mg	,

Percent Daily Values are based on 2,000 calorie diet. Daily Value not established.

Other Ingredients: Softgel Capsule (bovine gelatin (BSE-free), glycerin, water, organic caramel color), Organic Extra Virgin Olive Oil and Silicon Dioxide

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish or shellfish ingredients

### Cranberry & D-Mannose

60 Veg Caps - \$21.99



For anyone who has had a UTI, you know how tough it is! Cranberries and D-Mannose are loaded with so many beneficial compounds directly related to Urinary Track and overall health. D-Mannose, a sugar known to maintain UT health and support urinary tract (UT) health altogether, and cranberry, an ingredient that supports the UT lining in your Urinary Tract.

#### SUPPLEMENT FACTS

Serving Size: 2 Veggie Caps		Servings per Container: 30		
alories		Amt/Serving	DV%*	
otal Carbohydrates		2 g 1 g		
itamin C (as Ascorbic A -Mannose	cid)	30 mg. 1000 mg	50%	
ranberry Fruit 37:1 (min	. 4% Proanthocyanidins)	400 mg	1/2	

<sup>\*</sup> Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established. Other Ingredients: Modified Vegetable Cellulose









Ca To Su Vit

### Creatine Monohydrate Powder

8.8 oz - \$16.99 17.6 oz - \$29.99

(save \$3)



100% Pure - Pharmaceutical Grade, 5 Grams of Creatine Per Serving! Overall, researchers have found that Creatine will provide the following benefits: Enhanced muscle mass/strength, promote greater gains in increasing FFM (Fat Free Mass, which includes muscle mass), increased muscle protein synthesis, increased muscle energy availability, increased power output (more sets/ reps), enhanced recovery after exercise, increases muscle fiber size, increases myosin, improves single-effort sprint performance and anything to do with performance for athletes.

### Curcumin Extract

60 Veg Capsules - \$27.99 120 Veg Capsules - \$49.99



LifeSource Vitamins Curcumin Extract is the major component of Turmeric, shown to help with arthritis, heartburn, stomach pain, diarrhea, intestinal gas, liver problems, and gallbladder disorders. It can also be used for headaches and colds. A potent yet safe anti-inflammatory

- · Inhibits Inflammation · Brain and Immune System Health
- · Digestive, Joint and Pancreatic Health
- Antioxidant Support

#### SUPPLEMENT FACTS

Serving Size: 1 Veg Capsule

Servings Per Container, 60

Amt/Serving DV%\*

(Curcuma longa) (Standardized to Min. 95.0% Curcuminoids (630 mg) (containing Curcumin, Demethoxycurcumin and Bisdemethoxycurcumin)) Demethoxycurcumin and Bisdemethoxycurcumin)

\* Percent Daily Values are based on 2,000 calorie diet. \* Daily value not established.

Free of: yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Other Ingredients: Cellulose (capsule), Silica and Magnesium Stearate (vegetable source)

### Vitamin D-3 1,000 IU

180 Softgels - \$11.99 360 Softgels - \$19.99 (save \$4)



Our Vitamin D-3 softgels supply this key vitamin in a highly absorbable liquid softgel form. Vitamin D is normally obtained from the diet or produced by the skin from the ultraviolet energy of the sun. However, it is not abundant in food. As more people avoid sun exposure, vitamin D supplementation becomes even more necessary to ensure that your body receives an adequate supply.

### SUPPLEMENT FACTS

Serving Size: I Softgel

Servings Per Container: 180/360

Vitamin D-3 (as Cholecalciferol)

Amt/Serving 1,000 IU

\* Daily values are based on 2,000 calorie diet. \* Daily value not established.

### Liquid Vitamin D-3 5,000 IU (3 flavors) 1 fl. oz. - \$14.99



- Citrus, Mint or Unflavored (each drop is 1,000 IU).
- Maintains bone health Enhances immunity
- · Decreases risk of breast, colon & colorectol cancer
- · 177 Servings Per Bottle

#### SUPPLEMENT FACTS

Serving Size: 1 Drop

Servings Per Container: 925

Amt/Serving DV%\*

Vitamin D3 (Cholecalciferol) 125 mcg

5,000 IU 250%

- \* Daily values are based on 2,000 calorie diet.
- 1 Daily value not established.

Other ingredients: glycerin, water, hydroxy lecithin,

### Vitamin D-3 5000 IU Softaels

120 Softgels - \$14.99 240 Softgels - \$24.99 (SAVE \$5)



Our Vitamin D-3 maintains healthy calcium and phosphorus levels in the body for strong bones; it increases muscle strength in older adults; and it also plays an active role in a healthy immune response. Vitamin D-3 (cholecalciferol) is the optimal form of vitamin D. It is the form of vitamin D that the body manufactures in sunlight, and the form most efficient for the body's needs.

- · Maintains Bone Health
- . Decreases risk of Colon & Colorectal Cancer
- · Enhances Immunity
- · Decreases pain associated with Fibromyalgia
- · Reduces risk of Breast Cancer

#### SUPPLEMENT FACTS

Serving Size: 1 Softgel Capsule

Servings Per Container: 120

DV%\*

1250%

Amt/Serving 5 000 IU

Vitamin D-3 (as Cholecalciferol)

\* Daily values are based on 2,000 calorie diet. \* Daily value not established. Other Ingredients: Softgel (gelatin, glycerin and water), virgin olive oil.

### Vitamin D-3 5000 IU

90 Capsules - \$12.99



#### SUPPLEMENT FACTS

Serving Size: 1 Capsule

Servings Per Container: 90

DV%\* Amt/Serving 5000 IU 1250%

Vitamin D3 (cholecalciferol)

- \* Percent Daily Values are based on 2,000 calorie diet
- \* Daily Value not established
- Other Ingredients: Vegetarian cellulose capsules

Vitamin D-3 10,000 IU

90 Softgels - \$19.99



### SUPPLEMENT FACTS

Serving Size: 1 Softgel

Servings Per Container: 90

Amt/Serving DV%\*

Vitamin D3 (as cholecalciferol)

1250% 250 mca

(10,000 IU)

3 9

500%

<1%

2,000 IU

10 mg

- \* Percent Daily Values are based on 2,000 calorie diet.
- Daily Value not established

SUPPLEMENT FACTS

Other Ingredients: Olive oil, gelatin (bovine),

vegetable glycerin and purified water

### Vitamin D-3 Gummies

Sugars

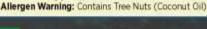
90 Gummies - \$16.99



#### Serving Size: 2 Gummies Servings per Container: 45 DV%\* Amt/Serving Calories Total Carbohydrate 4 g 1%

Vitamin D3 (as cholecalciferol) Sodium Percent Daily Values are based on 2,000 calorie diet.

Daily Value not established. Other Ingredients: Glucose syrup, sugar, water, pectin, citric acid, sodium citrate, natural flavors, natural color (annatto and elderberry juice), coconut oil and camauba wax







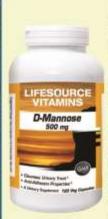






### **D-Mannose**

### 120 Veg Caps - \$29.99



UTI Support / Normal Urinary Tract Function:

Clinical studies have demonstrated that when taken regularity, Because insubstantial amounts of D-Mannose are used by the body, it does not interfere with healthy blood sugar regulation.

#### SUPPLEMENT FACTS

Serving Size: 3 Veg Capsules Servings per Container: 40 Amt/Serving DV%\* Calories Total Carbohydrates <1% 1.5 g 1.5 g Sugars D-Mannose 1,500 mg

\* Percent Daily Values are based on 2,000 calorie diet.

Daily Value not established.

Other Ingredients: Cellulose (capsule), Rice Flour, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silica, Non-GMO

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

### Dong Quai (Organic)

90 Veg Caps - \$14.99



Dong Qualis a famous Chinese herb used for many menstrual irregularities. It is used in menopause to lessen the negative symptoms of hot flashes, mood swings, and irritability. It is also used in premenstrual (PMS) disorders to decrease the discomfort of cramps, slow onset, dull ache, mood swings, bloating and irritability.

#### SUPPLEMENT FACTS

Serving Size: 2 Capsules

Servings per Container: 45

Amt/Serving

Organic Dong Quai Root (Angelica sinensis 1,000 mg

- \* Percent Daily Values are based on 2,000 calorie diet.
- Daily Value not established.

Other Ingredients: Modified Vegetable Cellulose

### Deer Antler Velvet Spray w/IGF-1

2 fl. oz - \$29.99 or 3 for \$74.97 (SAVE \$15)



LifeSource Vitamins Deer Antler IGF-1 is a safe and effective oral supplement for increasing the body's levels of IGF-1 naturally. For centuries, ancient Chinese medicine used the power of deer antier velvet to improve vitality and overall function. Unbeknownst to them, the deer antier velvet they were taking was loaded with IGF-1 and other important nutrients. In recent studies, deer antier velvet has been found to be a rich source of insulinlike growth factors (IGF-1). By taking our Deer Antier IGF- 1, you are increasing your body's levels of IGF-1 slowly and naturally, not bombarding your system, resulting in improved muscle repair, better joint health and overall well-being. As an athlete, this means quicker recovery from the intensive training sessions, less joint pain and a strengthened immune system and so much more. Several studies have shown when taken over time:

- Increase Lean Muscle Mass
- Reduce Body Fat % with Increased Metabolism
- · Improves Muscle Recovery after Intense Training
- Boost Endurance Threshold
- · Increase Energy, Vitality & Stamina Levels
- · Increase Protein Synthesis
- · Increases Athletic Performance and Strength
- Improves Aerobic Capacities
- Increases Immune System
- · Improves Tissue Regeneration for Healthier Joints
- · Enhances Sexual Drive and Function

#### SUPPLEMENT FACTS

pervirig pize: a sprays	Servings per Container, Ap	bloc oo
	Amt/Serving	DV%*
Niacin	20 mg	100%
Proprietary Blend	200 mg	
Deer Antler Velvet Extract, L-Arginine, Epimedium		
(Horney Goat Weed), Tribulus, Eurycoma Longifolia (Tong	gkat Ali)	

\* Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established. Other Ingredients: Purified Water, Natural & Artificial Flavors, Xylitol, Citric Acid, Stevia, Potassium Sorbate (as preservative)

Suggested usage: Spray three times under tongue twice daily 20 minutes before a meal

### P Diet & Energy

90 Capsules - \$16.99



IT CAN BE OVERWHELMING WE KNOW. CALL US, WE WILL WALK YOU THROUGH WHAT SUPPLEMENTS WILL TRULY HELP YOU AND WHICH ONES YOU REALLY DON'T NEED. IT'S WHAT WE DO!

800.567.8122



### Metabolic Diet and Adrenal Support

LifeSource's Diet & Energy is an all natural weight loss supplement that is safe to use with no long term side effects. LifeSource Vitamin's Diet / Energy combines a comprehensive array of nutrients and dietary ingredients that provide your body with a natural source of energy. This formula does not contain Ephedra (Ma Huang). Instead, we use ingredients such as Guarana and Green Tea to provide a natural source of caffeine and Bitter Orange to support thermogenic processes in the body.

### SUPPLEMENT FACTS

	Serving Size: 2 Capsules	Servings per Cont	ainer; 45
		Amt/Serving	DV%*
Vitamin E (d-alpha Toco	pherois Succinate)	15 10	50%
Vitamin Bl(from Thiamin	ne HCI)	10 mg	670%
Vitamin B2 (Riboflavin)		10 mg	590%
Vitamin B3 (Niacin)		25 mg	125%
Vitamin B5 (from Calciu	m Pantothenate)	10 mg	100%
Vitamin B6 (from Pyride	oxine HCI)	10 mg	500%
Vitamin B12 (from Cyan	ocobalamin)	100 mcg	1670%
lodine (from Kelp)		225 mcg	150%
Chromium (as Chromius	n Chelavite)	200 mcg	166%
Potassium (from Potass	ium Aspartate)	55 mg	2%
Guarana (seed extract)		280 mg	
Green Tea Extract (Leaf	Extract)	200 mg	3
Bitter Orange Extract		180 mg	
Eleuthero (Siberian Gins	eng Root)	150 mg	
Panax Ginseng (Root)		150 mg	
Gotu-Kola (Whole Plant	)	100 mg	
Licorice (Root)		100 mg	
Cayenne (Fruit)		50 mg	
Alpha Lipoic Acid		25 mg	
CoQ10		10 mg	3
Octacosanol (from Spin	ach)	30 mcg	- 2

Daily values are based on 2,000 calorie diet. 1 Daily value not established.







### Vitamin E-400

100 Softgels - \$14.99 200 Softgels - \$24.99



Vitamin E is key for strong immunity and healthy skin and eyes. Benefits include balancing cholesterol, fighting free radicals, preventing disease development, repairing damaged skin and much more

#### SUPPLEMENT FACTS

Serving Size: 1 Softgels	Servings Per Container: 10	
Vitamin E	Amt/Serving D' 400 IU 50	

(d-alpha tocophero), plus beta, delta, and gamma tocopherols)

### Echinacea 1,000 mg

100 Capsules - \$10.99



Echinacea herbal medicines are traditionally used for treatment of inflammatory and viral diseases such as cold, cough and upper respiratory infections. Recent studies show that they can also be used as antioxidants or free radical terminators to prevent cardiovascular disease, arthritis and aging,

#### SUPPLEMENT FACTS

Serving Size: 2 Capsules

Servings per Container: 50 Amt/Serving DV%\*

Echinacea (Echinacea angustifolia)

1,000 mg

- \* Percent Daily Values are based on 2,000 calorie diet.
- Daily Value not established

### Echinacea & **Goldenseal Root**

60 Liquid Capsules - \$26.99



Echinacea & Goldenseal is an acute formula, to be used when either one feels like they are about to come down with a cold/flu (take every couple of hours), or if cold/flu symptoms are already present (take at least 3 times per day until symptoms subside).

Echinacea stimulates innate immunity and excites phagocytosis of the white blood cells in general circulation while Goldenseal and Yerba Mansa stimulate immunity in the respiratory tract to act more vigorously. It will help keep control over undesirable microorganisms.

### SUPPLEMENT FACTS

Serving Size: 1 Liquid Capsules

Servings per Container: 60

Amt/Serving

Echinacea purpurea Herb (Organic), Goldenseal Root (Organic), Echinacea angustifolia Root (Organic), Oregon Grape Root, Fresh Yerba Mansa Root (Organic), Myrrh Gum, Fresh

Percent Daily Values are based on 2,000 calone diet. 1 Daily Value not established. Other Ingredients: Non-GMD Soy Lecithin, Medium Chain Triglycerides, Modified Vegetable Cellulose

### Elderberry Syrup (Organic)

4 fl oz. - \$19.99 8 fl oz. - \$34.99 (SAVE \$5)



Elderberry has been reported to have beneficial effects when used with antibiotics to treat sinus infection. The elder flowers are classically used for colds, flu, and to reduce high fever, as they contain strong diaphoretic and cooling activity.

#### SUPPLEMENT FACTS

Serving Size: 2 Teaspoons (10 ml)

Servings per Container: 12

	Amt/Serving	DV%*
Calories	30	
Total Carbohydrates	6 g	2%
Elderberry Fruit (Organic)	6,400 mg	t

Percent Daily Values are based on 2,000 calorie diet. Daily Value not established

Other Ingredients: Vegetable glycerin, deionized water Contains no sait, wheat, gluten, yeast, corn, soy, preservatives, artificial colors or flavors, glucose or fructose

Suggested usage: Adults: Take 2 Teaspoons once daily Children: Take 1 Teaspoon once daily

### Elderberry Plus

90 Veg Caps - \$18.99



Elderberry Plus is a unique formula that combines both Elderberry and Elderflower with Umckaloabo Root. It helps strengthen the immune system and provides immediate and effective immune support. Elderberry Plus can be used as a preventative to increase resistance to illness and help rebuild a strong immune response or it can be taken when already ill to reduce symptoms and shorten the duration of the illness.

#### SUPPLEMENT FACTS

Serving Size: 2 Capsules	Servings per Conta	iner: 45
	Amt/Serving	DV%*
Organic Elderberry Fruit	750 mg	5200055
Wildcrafted Elderberry Flower	100 mg	
Selectively Imported Pelargonium		
sidoides Root (Umckaloabo)	100 mg	1

Percent Daily Values are based on 2,000 calorie diet. Daily Value not established

Other Ingredients: Modified Vegetable Cellulose

### **Elderberry Plus** Gummies

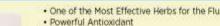
LIFESOURCE

VITANIINS

ELDERBERRY

GUMMIES

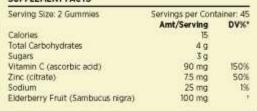
90 Gummies - \$19.99



- · Can Reduce Oxidation of LDL Cholesterol, a Contributing Factor of Heart Disease
- Includes Vitamin C & Zinc for Complete Immune Support.

#### SUPPLEMENT FACTS

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\* Percent Daily Values are based on 2,000 calorie diet.

Daily Value not established.

Other Ingredients: Organic tapioca syrup, raw cane sugar, water, pectin, sodium citrate, natural flavors, citric acid, coconut oil and carnauba wax

### Elderberry w/Zinc

30 Lozenges - \$10.99



LifeSource Vitamins lozenges are loaded with Elderberry Extract powder that is synergistically formulated with Zinc and Vitamin C for maximum effectiveness. HAVE A COLD; this homeopathic preparation will help you feel better while you are getting better and could shorten the life of your cold.

### SUPPLEMENT FACTS



Other Ingredients: Sorbitol, Fructose, Microcrystalline Cellulose, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source), Silicon Dioxide, Natural Raspberry Flavor and Hypromellose (cellulose)

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, or tree nut ingredients.

Percent Daily Values are based on 2,000 calorie diet.

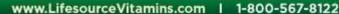
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Daily Value not established.

### Electrolyte Balance

100 Veg Capsules - \$13.99



LifeSource Vitamins Electrolyte Formula is loaded with nutrients designed for a perfect balance of 6 electrolytes plus support minerals and BioPerine" (black pepper fruit extract) that work together to provide complete hydration without worrying about having an upset stomach that you find with powders, so you can feel and perform your best in life.

#### SUPPLEMENT FACTS

Serving Size: I Vegetable Capsule	Servings per Contain	Servings per Container: 100	
	Amt/Serving	DV%*	
Vitamin D (cholecalciferol)	400 IU	100%	
Calcium (carbonate)	25 mg	3%	
Phosphorous (sodium phosphate)	37 mg	4%	
Magnesium (oxide)	50 mg	13%	
Chloride (sodium/potassium chloride)	271 mg	8%	
Sodium (sodium chloride/phosphate)	202 mg	8%	
Potassium (chloride)	99 mg	3%	
Boron (aminoate)	500 mcg	1	
BioPerrine' (black pepper fruit extract	) 5 mg		

Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established. Other Ingredients: Vegetable cellulose, vegetable magnesium stearate, and rice flour

### Super Digestive **Enzymes**

90 Capsules - \$21.99 180 Capsules - \$39.99



It is estimated that more than 100 million people in America are affected by some form of digestive disease. That's more than half of the U.S. population! LifeSource's Super Enzyme formula, based on its high potency and complete profile, has quickly become a favorite among our customers. Scientifically engineered with an extensive blend of essential enzymes, papain, pancreatin, bromelain and more, this is a highly effective product that can greatly assist in the digestion of foods.

#### SUPPLEMENT FACTS ina Cira: 1 Cancula

	Serving Size	: 1 Caps	sule S	ervings per Contai	ner: 90
An	nt/Serving I	DV%*		Amt/Serving	DV%*
Calcium (from Calcium Carl	bonate) 36 mg	3%	Protease.	37,000 USP Units	†
Betaine HCI	200 mg		Lipase	2,960 USP Units	+
Ox Bile Extract			Bromelain (from Pin	eapple) 120 GDU	+
(Min. 45% Total Choic Acids	i) 100 mg	- 31	Papain (from Papaya	100,000 PU	
Papaya Fruit Powder	45 mg		-2010		
Enzyme Blend	200 mg	- 78	Cellulase	10 CU	
Pancreatin 10X Supplying:			Acid Stable Protease		
Amylase 37,000	USP Units	7.9	(Aspergillopepsin)	50 SAPU	

Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established. Other Ingredients: Gelatin (capsule), Microcrystalline, Cellulose, Magnesium Stearate (vegetable source) and Silicon Dioxide. Contains sulfites.

Not manufactured with wheat, gluten, soy, milk, eggs, fish, shellfish or tree nut ingredients

### **NEED A PROMO CODE?** JOIN OUR EMAIL OR MAILING LIST.

You will receive advanced notifications of upcoming promotions and sales. We do not sell any customer information. you will not receive spam, iunk mail or robo-calls.

### Kids & Teens Chewable Enzymes

90 Chewables - \$19.99



- · Broad spectrum digestive enzyme formulation
- · Natural berry-flavored
- · Supports optimal digestion of meals
- · Shown to be active throughout the entire pH range of the digestive system
- . Not degraded by the acid in the stomach
- . Great for Kids, Teens, or Adults!

#### SUPPLEMENT FACTS

Serving Size: 2 Chewables Servings per Container: 45

	Amt/Serving	DV%*		Amt/Serving	DV%*
Total Carbohydrates	1g <	1%	Glucoamylase (from		
Sugars	<1g	16	Aspergillus niger)	5 AGU	¥.
BioCore Kids* Vegetarian			Protease (from Aspergill	us	
Enzymes	144 mg	9.	niger)	50-SAPU	+
Amylase (from	1100000000		Invertase (from Sacchard	omyces	
Aspergillus/Oryzae)	3,500 DU	1.0	cerevisiae)	400 SU	*
Protease (from			Lipase (from Canada rug	osa, Aspergillus	niger
Aspergillus Oryzae)	21,000 HUT		and Rhizopus Oryzae)	500 FIP	535 F
Protease (from	The second second		Diastase (from Asperoille	US	
Aspergillus Oryzae)	4.000 PC	190	Oryzae)	1,500 DP	9)
Lactase (from Aspergillus			Protease (from Aspergill	us	
Oryzae)	1,000 ALU	94	Oryzae)	2 AP	
12 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1			14236000000		

Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established Other Ingredients: Fructose, Natural Flavors, Rice Maltodextrin, Citric Acid, Magnesium Stearate (vegetable source) and Beet Powder

Not manufactured with wheat, soy, milk, egg, fish, shellfish or tree nut ingredients

### Papaya Enzymes 180 Chewable Lozenges - \$12.99



Healthy digestion allows our bodies to receive nutrients from food. Enzymes support the breakdown of food, making nutrients more bioavailable to our bodies. This product contains 100% natural plant enzymes, making it an ideal supplement for both vegetarians and non-vegetarians alike. By taking our Advanced Papaya Enzyme, you will support your body's natural ability to utilize carbohydrates and proteins from food.

### SUPPLEMENT FACTS

Serving Size: 2 Lozenges S	ervings per Container: 90		
	Amt/Serving	DV%*	
Calones	5		
Total Carbohydrates	19	<1%	
Sugars	19		
Papain (Fom Papaya) (2000 USP/mg)	100 mg		
Papaya Fruit Powder	80 mg	+	
Bromelain (from Pineapple) 2400 GDU/s	20 mg	±1	
Plant Enzyme Blend (supplying Alpha			
Amalase, amylase, protease, lipase)	24.6 mg	() +:	

Percent Daily Values are based on 2,000 calorie diet. Daily Value not established. Other Ingredients: Stearic Acid (vegetable source), Magnesium Stearate (vegetable source), Silicon Dioxide, Peppermint Leaf, Peppermint Oil, Sodium Copper Cholorphyll, Contains no artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish

### Esiak 750 mg

120 Capsules - \$18.99



· Cleanse the blood and normalize enzymes

进步行的 一世纪,至1966年发现代,对外,在1866年的

- · Nourishes and stimulates the brain and nervous system
- Expel mucus clearing the lungs
- Enhance immune system

#### SUPPLEMENT FACTS

Serving Size: 1 Capsule

Servings per Container: 120

Amt/Serving DV%\*

Proprietary Blend of

Burdock Root Extract 4:1, Sheep Sorrel Herb 4:1, Slippery Elm Bark Extract 4:1, Turkish Rhubarb Root Extract 4:1, Watercress Herb, Blessed Thistle Herb, Red Clover Blossom and Kelp

Daily value not established







### Evening Primrose Oil

### 100 Softgels - \$9.99



- Premenstrual tension Blood pressure
- · Cholesterol · Internal treatment of eczema and acne

#### SUPPLEMENT FACTS

Serving Size: 3 Softgels Servings Per Container: 33 Amt/Serving

1.5 g Evening Primrose Oil Gamma Linolenic Acid (GLA) 1355 mg Cis-Linoleic Acid (Omega 6) 1095 mg

### Fenugreek (Organic)

### 90 Veg Caps - \$11.99



Fenugreek has been shown to reduce blood glucose levels by slowing absorption of sugars in the stomach and stimulating insulin production.

Fenugreek helps stimulate milk production in lactating women. Research has shown it can increase milk production within 24 to 72 hours of consumption. It can also stimulate uterine contractions and induce labor therefore it is not recommended during pregnancy.

#### SUPPLEMENT FACTS

Servings per Container: 90 Serving Size: 1 Capsule

> Amt/Serving DV%\*

Organic Fenugreek Seed

(Trigonella foenum-graecum) Full Spectrum 575 mg

\* Percent Daily Values are based on 2,000 calorie diet.

Daily Value not established

Other Ingredients: Modified Vegetable Cellulose

### Feverfew

### 90 Capsules - \$12.99



- Migraines and headaches
- Rheumatoid arthritis (eases inflammation)
- . Eases Tinnitus (ringing in the ears)

#### SUPPLEMENT FACTS

Serving Size: 2 Capsules Servings Per Container: 45

Amt/Serving DV% 1000 mg Fever Few

\* Daily values are based on 2,000 calorie diet.

Daily value not established

### Ultra Fiber Gummies

### 60 Gummies- \$14.99



The average American consumes less than 1/3 the recommended dietary fiber intake. The American Dietetic Association and the American Cancer Society recommend 25-35 grams of total dietary fiber per day, which is more than double what the average American gets. Even for those individuals with a healthy diet, there are some days when it might be difficult to meet the recommended amount. Ultra Fiber Gummies provides 5 grams of dietary fiber per serving and is a convenient way to help you meet your daily intake for dietary fiber, "All Natural Orange & Mixed Berry Flavor \*Colors are derived from the fruit we use: No synthetic dyes! \*Gluten Free-Vegetarian Formula

#### SUPPLEMENT FACTS

Serving Size: 3 Gummies	Servings per Conta	ainer: 20
	Amt/Serving	DV%*
Calories	20	
Total Carbohydrates	8 g	3%
Dietary Fiber	5 g	20%
Sugars	3 g	1
Sodium	10 mg	<1%

\* Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established. Other Ingredients: Chicory root fiber, sugar, water, pectin, natural flavors, citric acid, sodium citrate, natural color (annatto and elderberry juice), coconut oil and camauba wax. Allergen Warning: Contains Tree Nuts (Coconut Oil)

### ClearFiber™ Powder

5 oz = \$16.99 / 10 oz = \$29.99 (save \$4)



- · Heart Cholesterol Blood Sugar IBS Diverticulitis
- No grit No flavor No thickening Mixes easily

Soluble fiber found in beans and fruits have many health benefits. Studies show soluble fiber helps support healthy cholesterol and triglyceride levels as well as normal, healthy blood sugar levels.\* ClearFiber'\* provides 3 grams of soluble fiber per serving and is a convenient way to ensure you meet your daily intake for dietary fiber. ClearFiber™ uses the paterited SunFiber\* derived from partially hydrolyzed guar gum. SunFiber\* has been used in numerous clinical studies demonstrating its many health benefits.

#### SUPPLEMENT FACTS

Serving Size: 1 Tablespoon	Servings Per Container: 35 & 70		
	Amt/Serving		
Calories	20		
Total Carbohydrates	4 g		
Dietary Fiber	3 g	12	
Soluble Fiber	3 g		
Sodium	20 mg		

Daily value based on a 2,000 calorie diet. Daily value not established

Ingredients: Partially Hydrolyzed Guar Gum (natural fiber). Contains no: sugar, salt, dairy, yeast, wheat, gluten, com, soy, preservatives, artificial colors or flavors.

### Fibroid Formula

### 90 Tablets - \$15.99



LifeSource's Fibroid Formula is uniquely designed for women to decrease the symptoms of menstruation, symptoms associated with endometriosis and other types of cystic fibroids associated with the uterus and ovaries.

#### SUPPLEMENT FACTS

Serving Size: 2 Tablets	Servings per Container: 45	
	Amt/Serving	DV%*
Shepherd's Purse	400 mg	
Cat's Claw	400 mg	
Pau D' Arco	400 mg	+
Dong Quai	100 mg	
Echinacea	100 mg	+
Astragalus Root	100 mg	9.
Anamu	100 mg	
Golden Seal	25 mg	+

Percent Daily Values are based on 2,000 calorie diet. 1 Daily Value not established.

### Flax Seed Oil

### 100 Softgels - \$12.99



Flax oil is a natural reservoir for the omega-3 fatty acid alpha-linolenic acid (ALA). ALA is considered an essential fatty acid because the body cannot make it from other fats and must obtain it from the diet. Flax oil has been shown to support cardiovascular health and to promote the maintenance of healthy skin.

#### SUPPLEMENT FACTS

Serving Size: 3 Softgels	Servings Per Container: 33	
	Amt/Serving	DV%*
Calories	25	
Calories from Fat	25	
Total Fat	3 g	5%*
Saturated Fat	<0.5 g	2%*
Trans Fat	0 g	
Polyunsaturated Fat	2.9	
Monourisaturated Fat	0.5 g	
Organic Flax Seed Oil	3 q (3,000 mg)	

\* Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established. Other Ingredients: Softgel Capsule (gelatin, water, glycenin, organic caramel color) Not manufactured with yeast, wheat, gluten, soy, corn, milk, eggs, fish or shellfish ingredients Each serving may also have the following naturally occurring amounts of polyunsaturated fats and monounsaturated fats: Linolenic Acid (Omega-3): 55%, Linoleic Acid (Omega-6): 14%, Oleic Acid (Omega-9): 19%, Other (Saturated): 12% NON-GMO









### Organic Flax Oil - Cold Pressed

16 fl oz - \$21.99



Our Organic product is cold-pressed and comes fresh to you in our heat, light, and oxygen-protected bottles to ensure the best quality product. Our Organic Flax is grown in North America.

- Omega 3: 7650 mg
- Omega 6: 2410 mg
- Omega 9: 2120 mg

#### SUPPLEMENT FACTS

Serving Size: 1 Tablespoon (15 mL)	Servings per Container: 31	
	Amt/Serving	DV%*
Calories	130	
Calories from Fat	130	
Total Fat	14 g	22%
Saturated Fat	1.5 g	8%
Polyunsaturated Fat	10 g	ŧ
Monounsaturated Fat	2.5 g	+

Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established. Ingredients: Organic Flax Oil, Antioxidant Blend (Organic, Rosemary, Mixed Tocopherols, Ascorbyl Palmitate, Citric Acid)

### Garlic (Odorless) 3,000 mg

Garlic

100 SOFTGELS

100 Softgels - \$11. 200 Softgels - \$19.99 (SAVE \$4)

- · Cholesterol-lowering Blood Thinning & Clots
- Anti-thrombotic- Cold & Flu Support Colon, Urinary, Bladder
- · Mild but broad-spectrum antibiotic Antifungal

### SUPPLEMENT FACTS

Serving Size: 2 Softgels

Servings Per Container: 50 / 100

DV%

Amt/Serving 3000 mg Garlic (Odorless) (Extract from the equivalent of 5 g. of whole clove garlic)

- Daily value based on a 2,000 calone diet.
- + Daily value not established.

#### Methyl Folate (Folic Acid) 90 Tablets - \$15.99



5-Methylfolate is the biologically active form of folate Methylfolate is required to support cardiovascular and cognitive health, as well as the production of new cells and maintain. healthy homocysteine levels.

#### SUPPLEMENT FACTS

Serving Size: 1 Tablet

Servings per Container: 90

Amt/Serving DV% Folate (from 800 mcg Quatrefolic\* 667 mcg 167% 5-methyl-tetrahydrofolate (400 mcg 5-MTHF)

glucosamine)

Percent Daily Values are based on 2,000 calorie diet. Daily Value not established Other Ingredients: Cellulose, Silica, Stearic Acid (vegetable source), Calcium Stearate (vegetable source)

Contains no Artificial colors, flavors, or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

### STATE OF THE PARTY Folic Acid with Vitamin B-12

250 Tablets - \$8.99



- · Helpful in preventing neural tube birth defects
- . Helps the body make healthy new cells
- · Important for production, repair and functioning of DNA

#### SUPPLEMENT FACTS

Serving Size: 1 Tablet	Servings Per Container: 250		
	Amt/Serving	DV%*	
Folic Acid	800 mcg	333%	
Vitamin 8-12 (as Cyanocobalamin)	25 mcg	1042%	

Daily values are based on 2,000 calorie diet. † Daily value not established.

Free of: yeast, wheat, soy, milk, gluten, sugar or salt. Other Ingredients: Cellulose, stearic acid, magnesium stearate

### GABA w/Vit B-6 500 mg

100 Capsules - \$13.99



GABA is a non-protein amino acid that functions as a neurotransmitter in the human brain. GABA is naturally produced in the body and its presence within the central nervous system may help promote relaxation and ease nervous tension.)

### SUPPLEMENT FACTS

Serving Size: 1 Capsule Servings Per Container: 100 Amt/Serving DV%\*

Vitamin B-6 2 mg 100% 500 mg GABA (Gamma Aminobutyric Acid)

- Daily value based on a 2,000 calorie diet.
- Daily value not established

NON-GMO



Garlic & Parsley (Odorless) 100 Softgels - \$12.99

LifeSource Garlic & Parsley is rich in flavonoid antioxidants, and parsley promotes and encourages good digestion, improves lipoprotein (the particles that transport cholesterol) levels, and aids in circulation.

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#### SUPPLEMENT FACTS

Serving Size: 1 Softgel

Servings per Container: 100

Amt/Serving Odorless Garlic (blub) (from 5 mg 100:1 extract, equivalent to 500 mg of fresh Garlic Bulb) 500 mg

Parsley (seed) (from .2 mg of a 500:1 concentrate, 100 mg equivalent to 100 mg of fresh Parsley seed) Chlorophyll (from Copper Chlorophyll Complex) 28 mca

Percent Daily Values are based on 2,000 calorie diet.

Daily Value not established

Other Ingredients: Soybean oil, gelatin, vegetable glycerin, Silica. Contains Soy. Non-GMO

### **Ginger Root**

### 90 Capsules - \$13.99



Ginger Root has been used since antiquity to support digestive function and Ginger's historical applications have been validated by modern research. Scientific studies have demonstrated that Ginger may help to maintain healthy GI flora, aid the digestion of dietary fats, and calm and sooth the digestive tract.

#### SUPPLEMENT FACTS

Serving Size: 2 Veggie Caps

Servings Per Container: 45

Amt/Serving DV%\* 1000 ma

Organic Ginger Root (Zingiber officinale)

\* Percent Daily Values are based on 2,000 calorie diet.

Daily Value not established.

Ginkgo Biloba (Leaf Extract 24%)

Ginkgo Biloba (Leaf Powder)

Other Ingredients: Vegetable Cellulose

### Ginkgo Biloba

60 Capsules - \$11.99



- · Support healthy brain and memory function
- Improve concentration Antioxidant properties

#### SUPPLEMENT FACTS

Serving Size: 1 Capsule

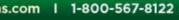
Servings Per Container: 60

Amt/Serving DV%\*

320 mg 30 mg







### P G.I. & Colon Support

### 90 Capsules - \$16.99



Proprietary Blend:

LifeSource's Gastro Intestinal and Colon Support takes care of your inner system so you'll stay healthier longer. With LifeSource's G.I. and Colon Support you've got what you need to maintain a well-functioning, efficient digestive system. LifeSource's G.I. and Colon Support has been carefully formulated by our panel of nutritional experts and is based on traditional techniques used by generations of naturopathic pioneers. G.I. Colon Support supports the naturopathic technique of colon cleansing.

#### SUPPLEMENT FACTS

Serving Size: 1 Capsule

Servings Per Container: 90

Amt/Serving

Bentonite Powder (organic clay a natural detoxifier), Concentrated Aloe Vera Powder, Psyllium Powder Seeds, Celery Powder, Prune Concentrate, Mint, Lactobacillus Acidophilus, Flax Seed Powder, Arise, Vitamin C. Magnesium, Papain (from tropical papaya fruit) and Bromelain Enzymes (from pineapple)

Daily value based on 2,000 calorie diet. Daily value not established.

### Panax Ginseng

### 100 Capsules - \$14.99



Ginseng is primarily promoted as an adaptogen, which means that it helps the body to cope with physical, mental and emotional stress.

- Stimulate nervous system
- Enhance oxygenation of cells and tissues
- · Reduce fatigue and stress
- Adaptogen to help the body cope with physical, mental & emotional stress

#### SUPPLEMENT FACTS

Serving Size: 1 Capsule

Servings Per Container: 100

Korean Panex Ginseng

Amt/Serving 650 mg

\* Daily value based on a 2,000 calorie diet. † Daily value not established.

### Glucosamine 1500 mg & Chondroitin 1200 mg

120 Tablets - \$26.99 240 Tablets - \$48.99 (SAVE \$5)



### Joint Support Factors

Glucosamine and chondroitin sulfate are substances found naturally in the body. Glucosamine is a form of amino sugar that is believed to play a role in cartilage formation and repair. Chondroitin sulfate is part of a large protein molecule (proteoglycans) that gives cartilage elasticity. Glucosamine and Chondroitin work together to replenish joint tissues and promote normal movement while protecting our healthy cartilage from potential future damage.

### SUPPLEMENT FACTS

Serving Size: 2 Tablets

Servings Per Container: 60

Glucosamine Sulfate Chondroitin Sodium Sulfate

Amt/Serving 1500 mg 1200 ma

Daily value based on 2,000 calorie diet. + Daily value not established.

### **BLESSED IS THE** NATION WHOSE GOD IS THE LORD. **PSALM 33:12**

#### Glucosamine, Chondroitin & MSM (Liquid) 32 Day Supply - \$21.99



With virtually every move we make, our joints are constantly being stressed. As the years pass, these countless movements can take a tremendous toll on the integrity of our cartilage. LifeSource Vitamins Glucosamine and Chondroitin liquid provides a fast and convenient way to replenish joint tissues and promote normal movement while protecting our healthy cartilage from potential future damage. To increase its absorption and functionality, we've added MSM, and essential

Serving Size: 1 Tablespoon (15 mL) Servings per Container: 32

### SUPPLEMENT FACTS

Calories	Amt/Serving	DV%*
Vitamin C (as Ascorbic Acid)	125 mg	10%
Manganese (from Manganese AAC*)	4 mg	200%
Sodium	95 mg	2%
Potassium	5 mg	<1%
Glucosamine HCI	750 mg	
Chondroitin Sodium Sulfate (from Bovine Cartilage)	600 mg	* 1
MSM (Methylsulphonylmethane)	150 mg	* 1

Daily values are based on 2,000 calorie diet. Daily value not established. Suggested Use: As a dietary supplement, take 1 tablespoon (15 mL) twice daily. Contains shellfish derivative.

Contains no starch, yeast, wheat, gluten, soy, milk, egg or artificial colors or flavors.

Other Ingredients: De-ionized Water, Vegetable Glycenn, Fructose, Malic Acid, Xanthan Gum, Citric Acid, Potassium Sorbate, Natural Beta-Carotene. Contains shellfish (crab, shrimp, lobster, crayfish) Not manufactured with wheat, gluten, milk, egg, fish, or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens,

### Glucosamine Chondroitin Plus

120 Veg Caps - \$24.99



- . Our Only Capsule with Glucosamine, Chondroitin, and MSM Together in One Product
- Provides Fast, Effective Pain Relief
- Nourishes Cartilage, Ligaments, and Tendons
- Enhances Joint Lubrication, Flexibility and Mobility

### SUPPLEMENT FACTS

Serving Size: 2 Capsules	Servings per Container: 60		
	Amt/Serving	DV%*	
Glucosamine Sulfate	750 mg	()	
Chondroitin Sulfate	600 mg		
MSM	250 mg		
Devil's Claw Root (5% Harpagosides)	50 mg		
* Percent Daily Values are based on 2	000 calorie diet		

Daily Value not established

Other Ingredients: Modified Vegetable Cellulose, Omega 3 (Flax Seed), Natural Silica

### Glucosamine Sulfate & MSM (Vegetarian)

120 Tablets - \$26.99



Relief for those who are allergic to shellfish or who keep Kosherl LifeSource Vitamin's unique and synergistic formula is suitable for vegetarians, because it contains only Glucosamine from a vegetarian source and not from shellfish. Joint pain and decreased mobility are common complaints among people with arthritis. Glucosamine has always been a popular and effective supplement for their relief. Unfortunately, the only way to get glucosamine was from a shellfish extract. This excluded many from its benefits including vegetarians, people with shellfish allergies or those with a kosher diet.

### SUPPLEMENT FACTS

Serving Size: 1 Tablet Se	Servings per Container: 120		
	Amt/Serving	DV%*	
Potassium (from glucosamine sulfate potassium chloride)	85 mg	+	
Glucosamine sulfate (from 667 mg of glucosamine sulfate potassium chloride)	500 mg	ý.	
MSM (methylsulfonylmethane)	500 mg		

Percent Daily Values are based on 2,000 calorie diet. 1 Daily Value not established.

Other ingredients: Cellulose, modified cellulose, vegetable stearin, cellulose gum, magnesium stearate, silica and food glaze Shellfish free, Vegetarian and Vegan









### L- Glutathione 250 mg

### 60 Veg Caps - \$26.99



It is called the Master Antioxidant, because it can regenerate itself after each fill-up of free radicals and go back to work. Free radicals are often the by-product of normal cellular metabolic oxidation and toxic overload, leading to autoimmune diseases, several cancers, or heart attacks.

- · Kills Free Radicals · Immune Function · Anti-Aging
- Anti-inflammation
- · Heavy Metal Chelator Environmental Dangers
- Detoxification of Free Radicals
- · Liver Health
- · Cognitive Health Brain Health

#### SUPPLEMENT FACTS

Serving Size: 1 Veg Capsule

Servings per Container: 60

Amt/Serving DV%\* 250 mg

Setrial\* Glutathione (Reduced Form)

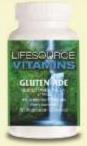
\* Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established.

Other Ingredients: Rice Flour, Vegetable Polysaccharide (capsule), Magnesium Stearate (vegetable source) and silica

Not manufactured with wheat, gluten, soy, milk, egg, fish, shelifish or tree nut ingredients.

### Gluten-ADE

### 60 Veg Capsules - \$25.99



Gluten-ADE is a comprehensive Gluten Digestive Enzyme formula with acidophilus, prebiotics and probiotics. This formula contains high potency DPP IV enzyme activity for optimal digestion of gluten peptides. Helps gluten intolerant and Celiac patients break down the protein in gluten that their bodies cannot process correctly.

#### SUPPLEMENT FACTS

Serving Size: 2 Vegetarian Capsules Servings per Container: 30

Amt/Serving
850 mg
75,000 HUT
120,000 HUT
20,000 PC
15,000 USP
10,695 DU
6,150 BAU
15.5 AGU
520 CU
3 mg
10 mg

\* Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established. Other Ingredients: Vegetarian capsule (cellulose, water), cellulose, magnesium stearate and silica

Contains No sugar, salt, yeast, wheat, gluten, soy, corn, preservatives, artificial colors or flavors Suggested usage: Take 2 capsules 10-15 minutes prior to meal

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### Gotu Kola (Organic)

90 Veg Caps - \$13.99



Gotu Kola has been traditionally used as an energizing, cognitive stimulating herb for use in fatigue, confusion and general lethargy. It seems to have a stimulating effect on the thyroid and is indicated for low functional thyroid activity.

#### SUPPLEMENT FACTS

Serving Size: 1 Veggie Capsule Servings per Container: 90 Amt/Serving DV%\* Organic Gotu Kola Herb (Centella asiatica) 400 mg

\* Percent Daily Values are based on 2,000 calorie diet.

\*Daily Value not established

Other Ingredients: Modified Vegetable Cellulose Suggested usage: Take 1 capsule, once or twice daily.

### Grape Seed Extract 250 mg

90 Veg Caps - \$29.99



High in Oligomeric Proanthocyanidins (OPC's or PCO's), a powerful antioxidant which can reduce the damage done by free radicals, strengthen and repair connective tissue, and promote enzyme activity.

#### SUPPLEMENT FACTS

Serving Size: 1 Veg Capsule Se	Servings per Container: 90	
	Amt/Serving	DV%*
Grape Seed Extract (vitis vinifera)	ACTION OF THE PARTY	
(min. 90% Total Polyphenols)	250 mg	,
Amla Extract (Fruit) (Phyllanthus emblica	60 mg	
Rutin Powder (Sophora japonica) (Flower	Bud) 50 mg	

\* Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established.

Other Ingredients: Rice Flour, Vegetable Polysaccharide (capsule), Magnesium Stearate (vegetable source) and silica

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

### **Green Coffee Bean** Extract with 200mg Svetol

120 Capsules - \$26.99



What took LifeSource Vitamins so long to make Green Coffee Bean Extract? That is easy, RESEARCH. What we found out was exactly why we took our time. There is a difference in absorption with Green Coffee Bean just like any other nutrient. After all of our research we found that Svetol was our unanimous choice and it is backed by science!

Why is Svetol so important and why do most Green Coffee Bean Extracts on the market not have Svetol in them? Cost. simply put. Svetol' is the only plant extract of decaffeinated green coffee that helps you simultaneously lose weight and improve your body's form. The slimming action of Svetol' refines your form. Scientifically proven, Svetol' is today's exclusive solution for weight loss.

#### SUPPLEMENT FACTS

DV%\*

Capsules Servings per Co	Servings per Container: 60	
Amt/Servin	DV%*	
ora Robust P., Standardized to henois and 45% Chlorogenic Acids) 200 m		
ean Extract		
ora, Standardized to 50% total chlorogenic acids) 900 m	Š	

Other Ingredients: Vegetable Cellulose (Veggie Capsule) Svetol\* is a registered trademark of Naturex Directions: Take 2 capsules twice daily 30 minutes before meal

WELL TO THE PROPERTY OF THE PR

### Green Tea Extract

100 Capsules - \$12.99



Green tea extract is one of nature's most powerful antioxidants. This all natural ingredient is recognized for its beneficial health properties, as well as being a natural fat inhibitor.

- · Green tea extract contains EGCG, a powerful antioxidant 200 times more potent than vitamin E
- Its rich in bioflavonoid, and protects against digestive and respiratory infections
- · It has thermogenic effects that aids in weight loss without causing jitters or other unwanted side effects
- Green tea extract helps decrease hormone activity and is an effective treatment for acne

#### SUPPLEMENT FACTS

erving Size:1 Veg Capsule	Servings Per Container; 100		
	Amt/Serving	DV%*	
tamin C (as Ascorbic Acid)	60 mg	67%	
reen Tea Extract	400 mg	10000000	

Extract (Leaf) (up to 32 mg of naturally occurring caffeine) (min. 40% Catechins)

Percent Daily Values are based on 2,000 calorie diet.+ Daily Value not established. Other Ingredients: Cellulose (capsule) and Magnesium Stearate (vegetable source) Not manufactured with wheat, gluten, soy, milk, egg, shellfish or tree nut ingredients









### Ultra Hair, Skin & Nails

60 Tablets - \$24.99



LifeSource Ultra Hair, Skin & Nails combines the most important vitamins and minerals for supporting healthy hair skin and nails. Most diets today are lack key nutrients that naturally support beauty through health. This amazing product includes optimum levels of Biotin, Beta Carotene, Vitamin C, Vitamin B Complex, Kelp and many others. These nutrients provide the primary component for supporting lustrous hair, glowing skin and flawless nails. Healthy hair, skin and nails are the outward appearance of a proper diet.

#### SUPPLEMENT FACTS

Serving Size: 1 Tablet

Servings Per Container: 60.

Serving	DV%*	Amt/S	erving	DV%*
		Magnesium		
		(from magnesium oxide)	50 mg	13%
2,500 JU	50%	Zinc (from zinc gluconate)	12.5 mg	83%
80 mg	133%	Selenium		
200 IU	50%	(from selenomethionine)	00 mcg	143%
		Copper (from copper gluconate)	1 mg	50%
) 15 IU	50%	Manganese (from manganous	17.	
5 mg	333%	gluconate)	0.5 mg	25%
5 mg	294%	Chromium	1835	
10 mg	50%	(from chromium chloride)	00 mca	83%
	250%	Molybdenum (from sodium		
Calar		molybdate)	25 mca	33%
7.5 mca	125%	Potassium (from potassium	25 mg	1%
000 mcg	333%	MSM (methylsulfonylmethane)	125 mg	,
		L-methionine	50 mg	
15 mg	150%	Citrus bioflavonoid complex	50 mg	
		Alpha lipoic acid	50 mg	, j
		Slica	40 mg	)
135 ma	13%	Choline		
5 mg	28%	Inesitol	25 mg	
	2300	The second contract of	CT CT SEE	
100 mg	10%	(Leucoselect ©)	15 ma	*
	80 mg 200 iU ) 15 IU ) 5 mg 10 mg 10 mg 7.5 mcg 000 mcg 15 mg	2,500 IU 50% 80 mg 133% 200 IU 50% ) 15 IU 50% ) 5 mg 333% 5 mg 294% 10 mg 50% 5 mg 250% 7.5 mcg 125% 000 mcg 333% 15 mg 150%	Magnesium (from magnesium oxide)   2,500 IIJ   50%   Zinc (from zinc gluconate)   80 mg   133%   Selenium   (from selenomethionine)   1   Copper (from copper gluconate)   1   Copper (from copper gluconate)   5 mg   333%   gluconate)   6 mg   294%   Chromium chloride)   7 mg   250%   Malybdenum (from sodium molybdate)   7 mg   250%   Malybdenum (from sodium molybdate)   7 mg   250%   Potassium (from potassium   15 mg   150%   Chrus bioflavenoid complex   Alpha lipoic acid   Silica   135 mg   13%   Choline   1 mgstol   Grape seed extract   1 mgstol   1 mg	Magnesium (from magnesium oxide)   50 mg   2,500 IIU   50%   Zinc (from zinc gluconate)   125 mg   80 mg   133%   Selenium   (from selenomethionine)   100 mcg   Copper (from copper gluconate)   1 mg   15 IIU   50%   Manganese (from manganous   0.5 mg   5 mg   294%   Chromium   10 mg   50%   Chromium chloride)   100 mcg   5 mg   250%   Malybdenum (from sodium molybdate)   25 mcg   75 mcg   125%   Potassium (from potassium   25 mg   250m   MSM (methylaulfonylmethane)   125 mg   15 mg   150%   Citrus bioflavonoid complex   50 mg   Alpha lipoic acid   50 mg   31%   Choline   25 mg   25 mg   28%   Inositol   25 mg   2

### **Ultra Hair Skin & Nails** Gummies W/Collagen

60 Gummies - \$16.99



LifeSource Vitamins Ultra Hair, Skin and Nails combines the most important vitamins and minerals for supporting healthy hair skin and nails. Most diets today lack key nutrients that naturally support beauty through health. This product contains vitamins A, C, D, E, B-6, B-12 as well as Biotin, Folic Acid, Pantothenic Acid, Iodine and Zinc. These nutrients provide the primary components for supporting lustrous hair, glowing skin and flawless nails.

#### SUPPLEMENT FACTS

ving Size: 2 Gummies Servings per Conta		tainer: 30
	Amt/Serving	DV%*
Calories	15	
Total Carbohydrates	4 g	1%
Total Sugars	4 0	
Includes 4 g Added sugar	Company (Company)	8%
Vitamin A (retinyl acetate)	1,200 IU	133%
Vitamin C (ascorbic acid)	30 mg	33%
Vitamin D (cholecalciferol)	10 mcg	50%
Vitamin E (dl-alpha-tocopheryl acetate)	18 mg	120%
Vitamin B6 (pyridoxine HCI)	2 mg	118%
Folate	670 mcg DFE (400 mcg folic acid)	167%
Vitamin B12 (cyanocobalamin)	8 mcg	333%
Biotin	6,000 mcg	20,000%
Pantothenic Acid (calcium d-pantothenate)	10 mg	200%
Iodine (potassium iodide)	80 mcg	53%
Zinc (citrate)	2.7 mg	33%
Sodium	10 mg	<1%
PABA (para-Aminobenzoic Acid)	25 mg	-
Collagen (Type I)	12 mg	
Silicon	2 mg	+

Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established. Other Ingredients: Glucose syrup, sugar, glucose, pectin, citric acid, sodium citrate, passion. fruit flavor, vegetable oil (contains camauba wax), and purple carrot juice concentrate Contains Tree Nuts (coconut)

Gluten & Gelatin Free. Non-GMO

### Hawthorn Berry (Organic)

90 Veg Caps - \$14.99



Hawthorn is an all-around heart tonic for long-term use in cardiac pathology and for general preventative heart health. The powerful actions of Hawthorn has been used for several heart and cardiovascular conditions such as:

- Treat angina
- · Lower high blood pressure
- Correct arrhythmia (irregular heartbeat)
- · Relieve symptoms of congestive heart failure
- · Heart attack recovery
- Heart disease prevention

#### SUPPLEMENT FACTS

Serving Size: 2 Capsules	Servings per Container: 45		
March April 2 or 12 or 1	Amt/Serving	DV%*	
Organic Hawthorn Berry (Crataegus laevigata or monogyna)	1,000 mg		

- Percent Daily Values are based on 2,000 calorie diet.
- Daily Value not established.

Other Ingredients: Modified Vegetable Cellulose

### Heart / Vascular Support

90 Capsules - \$24.99



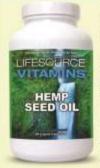
LifeSource's Heart and Vascular Support is augmented with vitamins and phytochemically-rich herbs to help maintain a healthy heart. Heart and Vascular Support contains a proprietary blend of nutrients and synergistic ingredients to promote cardiovascular health, circulatory function, and normal lipid levels. LifeSource's Heart and Vascular Support is for those who desire to improve all aspects of healthy cardiovascular function. Heart and Vascular Support is designed to help with cholesterol health, vascular strength, homo-cysteine maintenance, and cardiac function.

#### SUPPLEMENT FACTS

Serving Size: 3 Capsules			Servings	Per Conta	iner: 30
At	nt/Serving	DV%*	Amt,	Serving	DV%*
Vitamin E (as d-Alpha			Diosmin	100 mg	
Tocopheryl Acetate) 60	00 IU 200%		Grape Seed Powder Extract	100 mg	
Calcium EDTA	1000 mg	1	Bromelain (2,400 GDU)	100 mg	1.0
Ginkgo Biloba Leaf			Quercetin	100 mg	
Powdered Extract	100 mg		Odorless Super Garlic	100 ma	1.4
Gotu Kola	*****		Cayenne Pepper	100 mg	-
(Centella asiastica) Horse Chestnut	100 mg	7.	Citrus Flavonoids	50 mg	
(Aesculus hippocastanun	n) 100 mg		Witch Hazel		
Butcher's Broom	(4) (4) (4) (4) (4) (4) (4) (4) (4) (4)		(Hamamelis virginiana)	30 mg	1.9
(Ruscus aculeatus)	100 mg	4	Niacin (as Flush Free niacin	20 mg	
The state of the s					

### **Hemp Seed Oil**

60 Liquid Caps - \$10.99



Cold-pressed hemp seed oil has a dark green color and lends its nutty flavor to a wide variety of foods. Hemp seed oil has a very high content of polyunsaturated fats, perfect for a healthy lifestyle but also for the treatment of a variety of ailments as it helps boost the immune system with a very rich Omega 3 & 6 as well as Omega-9 essential fatty acid profile. Our hemp seed oil has not been genetically modified - Non GMO. The hemp seed oil we offer is cold-pressed from raw whole hemp seeds to deliver the best possible quality and freshness.

- · Great for Heart Health
- · Healthier Hair, Skin and Nails
- · Brain Health and Memory Support
- · Boosts a Healthier Immune System
- A Mercury Free Fatty Acid Supplement

#### SUPPLEMENT FACTS

Serving Size: 2 Liquid Capsules	Servings per Conta	siner: 30
Calories 10	Amt/Serving	DA%.
Calories from Fat Total fat Hemp Seed Oil Providing a Typical Profile of the following: Alpha-Linolenic acid (Omega-3) Linoleic Acid (Omega-6) Oteic Acid (Omega-9) Palmstc Acid Steans Acid	10 1 g 1,000 mg 14% Minimum 44% Minimum 8.5% Minimum 4.5% Minimum 2% Minimum	2%

<sup>\*</sup> Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established. Other Ingredients; Vegetable cellulose, organic orange oil, and silicon dioxide.









### **HGH Formula Tablets**

90 Tablets - \$19.99 180 Tablets - \$36.99

(SAVE \$3)



Human Growth Hormone (HGH) is a hormone produced by the anterior pituitary gland in the brain. HGH promotes tissue repair, cell regeneration in the bones, muscles and vital organs, and supports the immune system in combating infection and disease. As we age, our HGH levels decline to a fraction of the levels of our youth. Studies now indicate that as much as 90-95% of our HGH levels have dropped by the time a person reaches the age of 80. It has been discovered that as your pituitary gland produces less and less HGH, the symptoms of many of our age-related problems increase

#### Benefits Shown by LifeSource HGH Tablets

- Increases energy level
- Improves sleep
- Strengthens immune system
- Increase memory
   Improves cholesterol levels
- Lowers blood pressure
- · Improves kidney function
- Supports mental clarity

- · Increases muscle mass & tone
- · Improves skin and hair
- · Help create stronger bones
- · Increase strength, energy and endurance
- Reduces wrinkles, and creates
- · Improves sex drive and performance tighter, smoother skin

#### SUPPLEMENT FACTS

St	irving Siz	e: 3 Tablets					Servings F	er Contai	ner: 30
	Am	t/Serving	DV%*	Amt	/Serving	DV%*	Amt	Serving	DV%
GI	utamic A	cid 471 mg	*	Threonine	129 mg		Histidine	48 mg	7,100
Pr	oline	153 mg		Serine	120 mg	36	Glycine	47 mg	
Pi	tuitary Gr	owth		Phenylalani	ne 87 mg	30	Methionine	45 mg	
Ho	ormones	150 mg	30	Arginine HC	L 72 mg		Cystine	45 mg	
Al	anine	129 mg	*	Valine	72 mg		Soy Protein	27 mg	
iso	oleucine	129 mg		Tyronine	63 mg	*	Leucine	24 mg	

### Maximum HGH Powder

10.83 oz powder - \$54.99



LifeSource's Maximum HGH Formula is an amino acid complex specifically formulated to act as a secretagogue to stimulate the release of the body's own Human Growth Hormone (HGH) naturally.

### SUPPLEMENT FACTS

Serving Size: 1 Scoop	Servings Per Conta	iner: 30
	Amt/Serving	DV%*
L-Ornthine	1,000 mg	H-SCA COL
L-Arginine	1,000 mg	+
L-Lysine	1.250 mg	
Glycine	1,000 mg	
L-Glutamine	6,000 mg	*

Daily values are based on 2,000 calorie diet. Daily value not established.

### P Hoodia Complex

90 Capsules - \$21.99



In a nutshell, the best product on the market to help you lessen your caloric (calorie) intake without feeling hungry all of the time. A must for anyone who has tried every other weight loss program that never worked! Unlike any other formula available, this product has been developed to release hoodia into the system over a prolonged period of time. By taking 2 tablets daily, this helps maintain the benefits of hoodia around the clock, even while you sleep. LifeSource's Hoodia Caps are NOT detoxifying, amphetamine, diuretic, or Ephedra weight loss pills, what Hoodia does is suppress your appetite, stopping you from thinking about food, thereby reducing your caloric intake. How does it do this? LifeSource's Hoodia contains the extract of Hoodia Cactus. This is estimated to be up to 100,000 times as potent as glucose in sending a signal to the brain that the body is in a state of satiety, or in common terms: not hungry, and in clinical trials on obese subjects it has been proven to reduce calorific intake by as much as 40%.

### SUPPLEMENT FACTS

Serving Size: 2 Capsules			Servin	gs Per Conta	iner.45
Amt	/Serving	DV%*	Ai	nt/Serving	DV%*
Hoodia Cactus Extract 20:1	200 mg	*	Glucomannan	400 mg	
Green Tea 60%	250 mg	7	Guarana Extract 40%	200 mg	,
Colcus Forskohu Extract 10%	100 mg		Chromium Polynicotinate	1000 mcg	
Garcinia Cambogia	150 mg	+	Chick Weed	190 mg	

Daily values are based on 2,000 calorie diet. 1 Daily value not established.

### Holy Basil (Organic)

60 Veg Caps - \$17.99



Research shows that Holy Basil counteracts stress-induced changes in neurotransmitters and enzymes. It normalizes and brings balance to biochemicals in the body's stress center such as cortisol, epinephrine and dopamine. Holy Basil is helpful for individuals with stress-related conditions. such as anxiety, irritability, depression, irritable bowel, digestive disorders, hormonal fluctuations, adrenal fatigue, insomnia, and immune deficiency.

- · Used to Counteract Stress and Calm the Mind
- · Decreases the Stress Hormone "Cortisol"
- · Traditionally Used for Inflammation, Digestion, Asthma, Arthritis, and Skin Conditions
- Stimulates Insulin Secretion from the Pancreas

#### SUPPLEMENT FACTS

Serving Size: 1 Capsule Se	ervings per Conta	iner 60
SE CONSTRUMENT SECURISM	Amt/Serving	DV%*
Organic Holy Basil Herb	225 mg	
Holy Basil Leaf Extract (2% Ursolic Acid)	225 mg	

\* Percent Daily Values are based on 2,000 calorie diet.

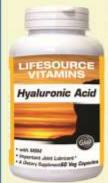
Daily Value not established.

Other Ingredients: Modified Vegetable Cellulose

### Hyaluronic Acid w/ MSM

60 Veg Caps - \$19.99

Servings Per Container: 30



Hyaluronic acid, a key component of collagen, makes up much of the material in between cells and provides structure to various organs, such as the eyes, joints and skin.

· Arthritis relief and healing · Tissue reconstruction

Contraction of the Contraction o

- Improved bone density \* Increased mental alertness.
- · Improved muscle strength

### SUPPLEMENT FACTS Serving Size: 2 Veg Caps

	Amt/Serving	DV%*
Sodium (from Sodium Hyaluronate)	10 mg	<1%
Hyaluronic Acid (from Sodium Hyaluronate	) 100 mg	+
Lignisul' MSM (Methylsulphonylmethane)	900 mg	

<sup>\*</sup> Daily values are based on 2,000 calone diet. \* Daily value not established.

### Immune Support

60 Softgels - \$21.99



Immune Support is an herbal combination formulated for the support of a healthy Immune system.

- Garlic Extract for Overall Wellness
- ImmunEnhancer<sup>18</sup> a non-digestible soluble fiber from Larch. used as a prebiotic supplement for the support of healthy. intestinal flora- a key component of normal immune function
- · Elderberry, Olive leaf Extract and Oregon Oil to complete this comprehensive formula
- · Ideal for Daily Maintenance of your Immune System!

### SUPPLEMENT FACTS

Serving Size: 1 Softgel

Amt/Se	rving	DV%*	Amt/Serving	DV%*
Calories 5			Oregano Oil (Origanum vulgare)	
Elderberry (Sambucus nigra) (Fruit/Berry) (50:1 Concentrate)			(min. 55% Carvacrol) 40 mg	- 4
(Equivalent to 2,500 mg)	50 mg	- 1	ImmunEnhancer**	
Olive Leaf Extract (Olea europaea)			[Arabinogalactan from Larch Tree	
(min. 18% Oleuropein)	40 mg		(Larix laricina)] 10 mg	
Garlic Extract (Allium sativum) (Bulb)	40 mg	9	Rosemary Oil (Rosemarinus officinalis) 5 mg	

<sup>\*</sup> Percent Daily Values are based on 2,000 calorie diet.

Other Ingredients: Softgel Capsule (gelatin, glycerin, enteric coating, water, carob), Rice Bran. Oil, Beeswax and Soy Lecithin

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients









Daily Value not established

### **Daily Immune Balance**

### 90 Capsules - \$16.99



A healthy immune system becomes ever more important as we age, quite possibly the most important single health concern we can address at a younger age. Creating the foundation when you are younger is critical.

- Immune Enhancement
- · Avoid Getting Sick or Push Your Illness Out of your Body
- Stimulate Immune Activity, Modulate the Immune System, Fight Bacteria and Viral Conditions

#### SUPPLEMENT FACTS

Serving Size: 1 Capsule

Servings Per Container: 90

Amt/Serving DV%\* Vitamin C (from proprietary blend listed below) 350 mg

Proprietary Blend (Acerola Berry Powder, Ascorbic Acid. Echinacea (Echinacea angustifolia), Pau d' Arco, Red Clover)

750 mg

Percent Daily Values are based on 2,000 calorie diet.

Daily Value not established.

Other Ingredients: Vegetarian cellulose capsules and Vegetable stearate

### Inflacalm

### 60 Veg Caps - \$22.99



Inflacalm helps calm inflammation, ease pain, and increase circulation to joints and tissues. It is indicated for those seeking safe, drug-free relief from any inflammatory ailment whether it be acute or chronic.

- · Calms Inflammation, Reduces Pain, and Increases Circulation to Joints and Tissues
- . Drug-Free Relief from Any Inflammatory Ailment, Acute
- · Alternative to Ibuprofen to Help Relieve Pain and Inflammation Without Gastrointestinal Side Effects
- · Ginger Root, Holy Basil Leaf, White Willow Bark, Turmeric Root, Green Tea, Rosemary, Boswellia Extract

#### SUPPLEMENT FACTS

Amt/Serving   Di   Ginger Root (5% Gingerol)   75 mg   Holy Basil Leaf (2% Ursolic Acid)   75 mg   White Willow Bark (25% Salacin)   75 mg   75 mg	Serving Size. I veggie Capstile Servings per Container; 60
Turmeric Root (95% Curcumanoids)         50 mg           Green Tea (95% Polyphenois, 50% EGCG)         50 mg           Rosemary Extract (5% Rosmarinic Acid)         50 mg           Boswellia Extract (65% Boswellic Acid)         25 mg	\$% Gingerol) 75 mg f (2% Ursolic Acid) 75 mg Bark (25% Salacin) 75 mg (95% Curcumanoids) 50 mg % Polyphenois, 50% EGCG) 50 mg ract (5% Rosmarinic Acid) 50 mg

Percent Daily Values are based on 2,000 calorie diet.

Value not established

Other Ingredients: Modified Vegetable Cellulose

### Iron Complex

### 100 Tablets - \$11.99



Normally, the body gets sufficient amounts of iron from the foods you eat. It manages to self-regulate itself, storing amounts you will need by automatically absorbing more iron when the need is high, and less when levels are adequate. Nonetheless, iron deficiency is still a significant public health problem. It can occur during periods of rapid growth--infancy, adolescence, and pregnancy--which increase the body's demand for this mineral. In addition, women who menstruate heavily tend to have lower iron levels.

#### SUPPLEMENT FACTS

Serving Size: 1 Tablet Se	rvings per Contai	ner: 100
	Amt/Serving	DV%*
Vitamin C (as Ascorbic Acid)	50 mg	56%
Folate	200 mcg	B3%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	2083%
Iron (as 158 mg Ferrochel Iron Bisglycina	te) 27 mg	150%
Dong Quai (Angelica sinensis) (root)	100 mg	+
Red Raspberry (Rubus idaeus) (leaf)	100 mg	

\* Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients

Other Ingredients: Cellulose, Stearic Acid (vegetable source), Croscarmellose Sodium, Silica and Magnesium Stearate (vegetable source) and Vegetarian coating.

### Vitamin K-2 w/D3

### 90 Chewable Tablets - \$14.99



Our Vitamin K2 w/ Vitamin D3 is now in the more bioavailable MK-7 form. This is a game-changer for heart health! Although Vitamin K is best known for its role in normal blood clotting function, recent research has revealed Vitamin K's beneficial effects on bone and cardiovascular health. In bone tissue, Vitamin K is critical for the formation of healthy, strong bone matrix. In fact, bone quality is dependent on the presence of adequate Vitamin K. Vitamin K's role in arterial health revolves. around its ability to support proper calcium metabolism in vascular structures. Vitamin K2 is the most biologically active form of vitamin K. It is also the most beneficial for bone integrity, as well as for the support of arterial health.

- · Supports Bone Health · Most Biologically Active Form
- Vegetarian Formula Supports a Healthy Cardiovascular System\*

#### SUPPLEMENT FACTS

Serving Size: I non-GMO Chewable Tablet	Servings per Cont.	ainer: 90
	Amt/Serving	DV%*
Vitamin K-2 (Mk7)	75 mcg	94%
Vitamin D-3 (cholecalciferol)	2,000 IU	500%

\* Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established.

Other Ingredients: Dextrose, natural cherry flavoring, vegetable steans acid, vegetable magnesium stearate, citric acid and silicon dioxide.

Suggested usage: Take 1 tablet 1 to 3 times daily with meals.

#### Kava

### 90 Veg Caps - \$19.99



Kava is simply the best anti-anxiety herb and is great in emotional stress and upheaval. It calms when one is in the middle of intense personal trauma. While relaxing, it does not dull the senses but rather tends to focus the mind and sensory capacity.

Kava is also used to help induce a deep restful sleep if used 30 minutes before bedtime. For those who sleep lightly, Kava helps bring one beyond the light sleep and beyond the active REM stage of dream stages that can be overactive and stressful. Kava does not usually make one sleepy if used in the daytime,

Kava also is a great muscle relaxer that does not sedate the mind. It helps body pain that is acute or chronic.

- · Anti-depressant that Elevates Moods and Sensory Perception
- . Can Diminish Pain and Decrease Adrenaline
- Sedative, Muscle Relaxant, and Promotes REM Sleep
- Calming Effect During Emotional Stress and Upheaval,
- · Has Been Used to Replace Pharmaceutical Drugs Such as Valium, Zanax, Librium and More

### SUPPLEMENT FACTS

Serving Size: 1 Veggie Cap

Servings per Container: 90

Vanuatu Kava Root (Piper Methysticum)

Amt/Serving 400 mg

\* Percent Daily Values are based on 2,000 calorie diet.

Daily Value not established.

Other Ingredients: Modified Vegetable Cellulose, Omega-3 (Flax Seed)

### Super Kelp (lodine)

250 Tablets - \$11.99



- · Healthy thyroid function
- Metabolism
- · Proper glandular function
- Nervous system function
- Supports natural PH levels

#### SUPPLEMENT FACTS

Serving Size: 1 Tablet / 125 mg Servings Per Container: 250 Amt/Serving DV%\* 125mg 225mca Iodine

- \* Daily values are based on 2,000 calorie diet.











### Kidney Support

### 60 Veg Caps - \$17.99



LifeSource Vitamins Kidney Support is a combination of 14 different ingredients designed to help optimize your kidney health.

Keeping your kidneys in good health is paramount. These body parts are often taken for granted or ignored unless there is a problem like kidney stones. Our kidneys function day in and day out without much fanfare, but they are so vitally important to our entire body and how our system functions.

- Kidney Stones
- Urination Support
- · Chronic Fatique
- · Skin Irritations
- · Healthy Uric Acid Levels

#### SUPPLEMENT FACTS

Serving Size Z Veg Caps			Servings p	ser Conta	iner 3
Amt,	Serving	DV%*	Amt/	Serving	DV%
Vitamin B5 (pyridoxine HCI)	5 mg	250%	Milk Thistie 80% Extract (seed)	100 mg	
Citric Acid	250 mg	+	Cranberry 4:1 Extract (fruit)	100 mg	
Chanca Piedra 41 Extract			Pomegranate 40% Extract (fruit)	100 mg	
(Phyllanthus nirun)			Amla 4:1 Extract (fruit)	25 mg	
(stem and leaf)	250 mg		Bromelain (2400 GDU/g)	25 mg	
Celery 10:1 Extract (seed)	200 mg		Yucca 4:1 Extract (root)	25 mg	
Tart Cherry 43 Extract (fruit)	200 mg		Devil's Claw 5% Extract (root)	25 mg	
Green Coffee Bean 50% Extract	100 mg	19	Turmeric 95% Extract (rhizome)	25 mg	

Percent Daily Values are based on 2,000 calorie diet. Daily Value not established

Other Ingredients: Hydroxypropyl methylcellulose, vegetable magnesium stearate and silicon dioxide

### L-Arginine

### 100 Capsules - \$12.99



L-Arginine is considered the most potent free form Amino Acid ever discovered, due to its powerful health properties, and is referred to by scientists as the "Miracle Molecule". L-Arginine is converted to nitric oxide which aids in the relaxation of blood vessels. The effect is better blood circulation in the body, especially in the extremities. L-Arginine is a component of collagen, enzymes, hormones, skin and connective tissues. It reduces accumulation of compounds such as ammonia and plasma lactate, which are by-products of physical exercise. It inhibits platelet aggregation and can also decrease blood pressure. L-Arginine has been found to play a supporting role in cardiovascular, immune and nervous systems and has been validated by hundreds of studies

- Build Muscle Mass . Enhance Immune Function
- Improve Blood Pressure Increase Memory
- Speed Wound Healing Increases Libido

#### SUPPLEMENT FACTS

Servino Size: 2 Capsules

Servings Per Container: 50

DV%\*

Amt/Serving 1.0 g (1,000 mg)

(-Arginine (Free-Form)

\* Daily value based on 2,000 calone diet. † Daily value not established.

Other ingredients: Gelatin (capsule), Magnesium Stearate (vegetable source) and Silica

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives. The L-Arginine used in this product is Pharmaceutical Grade (USP).

### L-Glutamine Powder 1,000 grams - 200 Servings - \$44.99

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28

LifeSource L-Glutamine is 100 percent pure pharmaceutical grade L-Glutamine. The highest quality glutamine available today! Glutamine is the most common free form amino acid in the body. Intense exercise dramatically increases the need for glutamine. While L-Glutamine builds, repairs, and maintains muscle tissue, it is also a major source of energy for the entire body in particular the brain!

- · Assisting Muscle Growth
- · Improves Athletic Performance
- Helps with Diabetes and Blood Sugar
- . Metabolism and Growth
- Brain Function
- \* Essential Neurotransmitter

### L-Carnitine Liquid

### 16 fl. oz. / 32 day supply \$22.99



LifeSource's L-Carnitine Liquid provides all of the extensive benefits of Carnitine in a highly absorbable liquid form. L-Carnitine Liquid is a non-essential amino acid that helps to maintain overall good health by facilitating the transfer of fatty acid groups. Our L-Carnitine 2X Liquid provides double (lg) the potency of some competing brands per serving size. Liquid L-Carnitine is a convenient way to get a potent dose of pure L-Carnitine. Clinical research reveals muscle levels of L-Carnitine are markedly increased after supplementation. L-Carnitine plays a critical metabolic role. It is essential for the transport of fat into the body's fat burning factories Clinical research has also shown L-Carnitine supports athletic performance in endurance athletes. So if you take L-Carnitine to maximize levels or to support athletic performance, you can be sure you are getting quality.

- · Studies shown to support athletic performance in endurance athletes
- · Essential for the transport of fat into the body's fat burning factories.
- 100% Pure L-Carnitine
- · L-Carnitine plays a crucial role in cardiovascular metabolism

#### SUPPLEMENT FACTS

Serving Size: 1 Tablespoon (15 mL)	Servings Per Cont	ainer: 32
Calories	Amt/Serving	DV%*
Total Carbohydrates Vitamin B-6 (as Pyridoxine HCI)	4 g 2 mg	1%*
Pantothenic Acid (from D-Calcium Pantothenate) L-Carnitine (Carnipure') (Free-Form Base)	10 mg 1.0 g (1.000 mg)	100%
Stevia Extract (Leaf)	16 mg	

\*Percent Daily Values are based on a 2,000 Calorie Diet. \* Values not established

Other ingredients: De-ionized Water, Vegetable Glycerin, Malic Acid, Citric Acid, Natural Flavors, Potassium Sorbate (as preservative), and Lemon (Citrus limon) oil.

#### Non-GMO

Not manufactured with wheat, gluten, soy, milk, egg, fish or shellfish ingredients.

### L-Lysine

### 100 Capsules - \$9.99



L-Lysine plays a particularly important role in the immune system. It is involved in the development of antibodies and has important antiviral properties.

- Immune System
- Increased Calcium Absorption
- · Treating Cold Sores
- · Helps with Shingles
- Fights Hair Loss

#### SUPPLEMENT FACTS

Serving Size: 1 Capsule

Servings per Container; 100

Amt/Serving 500 mg

Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established. Other Ingredients: Gelatin (capsule), Stearic Acid (vegetable source), Cellulose, Rice Flour and Magnesium Stearate (vegetable source).

Not manufactured with wheat, gluten, soy, milk, eggs, fish, shellfish or tree nut ingredients

L-Lysine (from L-Lysine Hydrochloride)

### L-Theanine

60 Veg Caps - \$20.99



L-Theanine is a powerful stress and anxiety reliever. It effectively reduces both mental and physical stress. L-Theanine has been shown to improve attention and concentration.

- · Alleviates depression
- · Increases GABA in the body
- · Supports concentration and mental performance
- · Helps focus attention on critical tasks.
- · Improves learning, memory and reaction times

### SUPPLEMENT FACTS

Serving Size: 1 Veg Capsule

Servings per Container: 60

L-Theanine

Amt/Serving 200 mg

\* Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established. Other Ingredients: Vegetable Polysaccharide (capsule), Magnesium Stearate (vegetable

Not Manufactured with wheat, gluten, soy, milk, eggs, fish, shellfish or tree nut ingredients







DV%\*

### L-Tryptophan

### 60 Veg Caps - \$21.99



Tryptophan possesses a remarkable array of applications for maintaining good health. This can be traced to the fact that Tryptophan is an essential amino acid that is necessary for life and growth, so it cannot be replaced by any vitamin, mineral, herb, or prescription chemical, and it cannot be made by your own body

- Mood Lifting Effects
- · Serotonin Levels The Happiness Hormone
- Insomnia Encourage a Healthy Sleep Pattern
- · Plays a Role in the Metabolism and Production of Energy

#### SUPPLEMENT FACTS

Serving Size: 2 Veg Capsules Servings per Container: 30 Amt/Serving L-Tryptophan (Free-Form) 1,000 mg

\* Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established.
Other Ingredients: Cellulose (capsule), Cellulose Powder and Stearic Acid (vegetable source).

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredient

### Lecithin 1200 ma

### 100 Softgels - \$10.99



Lecithin is the popular name for a compound mixture known as phosphatides. Our lecithin supplement provides three forms of phosphatides to support memory function and learning. In addition, lecithin promotes health of the liver and the reproductive system.

#### SUPPLEMENT FACTS

Serving Size: 1 Softgel	Servings per Container: 100		
Substitution and resident	Amt/Serving	DV%*	
Lecithin (from soy)	1,200 mg		
Typical Analysis			
Phosphatidyl Choline (from soy)	180 mg		
Phosphatidyl Inositol (from soy)	102 mg	+	
Phosphatidyl Ethanolamine (from soy)	144 mg		

Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established. Other Ingredients: Capsule (gelatin), Glycerin, Soybean Oil, Water

### Liver Health & Support

90 Capsules - \$23.99



LifeSource's Liver Health is a proprietary blend of herbs and nutrients designed to support healthy liver function. This formula contains Milk Thistle Extract, which has been shown in clinical and non-clinical studies to support the liver, as measured by standard liver enzyme laboratory tests. In addition, LifeSource's "Liver Health contains N-Acetyl Cysteine and Methionine, two amino acids known to enhance the production of glutathione in the liver. Glutathione, a major cellular antioxidant plays an essential role in liver detoxification mechanisms. Also included in this Liver Health are other herbs. (Schisandra, Bupleurum, and Scute) that have been developed by our team of doctors, pharmacists and nutritionists.

#### SUPPLEMENT FACTS

Serving Size: 3 Capsules	Servings per Container. 3	
	Amt/Serving	DV%*
Calories 10	HANNA MARKATAN	
Total Carbohydrate	1 g	<1%*
Dietary Fiber	<1g	3%*
Milk Thistle Extract (Silyburn marianum) (Fruit/Seeds)		
(Standardized to 240mg Silymarin Flavonoids-equivalent 80%)	300 mg	
Herbal-Enzyme Blend: Artichoke (Cynara scolymus) (Leaf),		
Beet (Beta vulgaris) (root), Raspberry (Rubus idaeus) (Leaf),		
Pancreatin (Pancreatic Enzymes)	90 mg	
Setria "L-Glutathione (Reduced)	100 mg	
N-Acetyl Cysteine (NAC) 100 mg <sup>+</sup>	5777077	
Grape Seed (Standardized Extract) (Vitis vinifera)		
(Standardized for Polyphenols)	100 mg	,
Dandelion Root (Taraxacum officinale)	100 mg	,
L-Carnitine (from L-Carnitine Tartrate)	50 mg	
Scute Root (Sculelfariae baicalersis)	50 mg	,
Schisandra (Fruit) (Schisandra chinensis)	100 mg	
Barberry (Root Bark) (Berberis vulgaris)	30 mg	
Turmeric (Root) (Curcuma longa)	30 mg	)
L-Methionine	20 mg	

\* Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established

Other Ingredients: Cellulose Powder, Cellulose (capsule), Silica, Stearic Acid (vegetable ource), and Magnesium Stearate (vegetable source)

Not Manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients

### **Lutein Esters**

60 Capsules - \$12.99 120 Capsules - \$21.99



Lutein and zeaxanthin are the main pigments in part of the eye called the macula. Lutein is strongly implicated in maintaining eye health, and as a preventative against macular degeneration. Lutein acts as an antioxidant, protecting cells against the damaging effects of free radicals. At one time researchers believed all antioxidants served the same purpose. Now there is growing evidence that individual antioxidants may be used by the body for specific purposes. Researchers believe that lutein is deposited into areas of the body most prone to free radical damage.

#### SUPPLEMENT FACTS

Serving Size: 1 Capsule	Servings Per Container: 60		
	Amt/Serving	DV%*	
Lutein Esters	20 mg		
Zeaxanthin	1.23 mg	*	
Cryptoxanthin	0.11 mg	Ť	

\* Daily value based on 2,000 calorie diet. † Daily value not established.

### Lycopene 15 mg (Naturai Tomato Extract) 60 Softgels - \$26.99



Some studies suggest that supplements containing lycopene may help prevent macular degeneration, cataracts, cardiovascular disease and cancer. Lycopene is a powerful antioxidant carotenoid and the pigment that gives tomatoes, watermelon, and pink grapefruit their characteristic red color. Clinical studies have indicated that Lycopene works through a number of mechanisms to support cardiovascular health and immune function. In addition, epidemiological studies have determined that Lycopene may be particularly important for the support of prostate health, as well as for the health of the digestive tract and support their liver health while traveling abroad. HELPFUL FOR:

SUPPLEMENT FACTS Serving Size: 1 Softgel

Macular degeneration • Cataracts • Cardiovascular disease

Servings Per Container: 60 DV%\* Amt/Serving

(LYCO-O-MATO") (From Natural Tomato Extract)

\* Daily value based on 2,000 calorie diet. \* Daily value not established.

Free of sugar salt starch, yeast wheat gluten corn soy milk egg preservatives Other Ingredients: Softgel (gelatin, Glycerin and water) Rice Bran Oil, medium chain triglycerides, beeswax and silica

Suggested Use: As a dietary supplement, take one softgel daily, preferably with meals.

### Maca (Organic)

### 90 Capsules - \$14.99



Maca has been traditionally employed, among other things, to improve sexuality and fertility. Recent scientific studies have demonstrated that Maca supports hormonal balance and both male and female reproductive health. Maca is also used to alleviate Post-Menopausal symptoms like hot flashes, low libido, depression, and problems with concentration and mood swings.

- Increase libido and sexual function in both men and women
- · Help decrease menopause symptoms · Increase energy and stamina in athletes . Promotes mental claritya

#### SUPPLEMENT FACTS

Serving Size: 1 Capsule	Servings Per Container: 90		
Maca (Lepidium Meyenil Walp)	Amt/Serving 625 mg	DV%*	
-0.1 1 1 0000 1		1-2-2	

\* Daily value based on 2,000 calorie diet. ! Daily value not established.

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### Maca Powder (Organic)

1 lb. - \$22.99



Maca is a powerful adaptogen that helps the body deal with biochemical, physiological, and psychological stressors. It has a revitalizing effect on those who are feeling low in energy and vitality. Used as a tonic it can help reduce stress, increase energy levels and mental focus, and restore strength and vigor, it can help improve athletic performance by improving stamina and helping the body recover faster

#### SUPPLEMENT FACTS

Serving Size: 1 Scoop (5g)

Servings per Container: 90 Amt/Serving DV%\*

Maca (Organic) (Powder)

Percent Daily Values are based on 2,000 calorie diet. Daily Value not established.

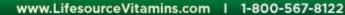
Other Ingredients: 100% Organic Maca Root Powder Suggested usage: Take I scoop daily











#### Magnesium Citrate 100 Tabs or 90 Softgels - \$15.99



While this macro-mineral is easily obtained from many foods, magnesium deficiencies are extremely common for many Americans. Magnesium is not only one of the key nutrients required in both calcium utilization and protein synthesis, but it also plays a tremendous role in virtually every enzymatic reaction in our body.

#### SUPPLEMENT FACTS

Serving Size: 2 Tablets

Servings Per Container: 50

Magnesium (as Magnesium Citrate)

Amt/Serving 400 mg

10.0%

Daily values are based on 2,000 calorie diet. Daily value not established Other Ingredients: Cellulose, Vegetarian Coating (cellulose, calcium carbonate, MCT Oil (medium chain triglycerides) (from coconut/palm kernel oil), xylitol, Stearic Acid (vegetable source), Croscarmellose Sodium and Magnesium Stearate (vegetable source). Non-GMO

### Magnesium Glycinate - Pure 90 Veg Caps - \$18.99



This form of magnesium (as well as Magnesium Citrate) is easily absorbable in your system. However, it is less likely to cause a laxative effect as found in most other forms of magnesium.

- Pre-Menstrual Syndrome Kidney Stones
- Depression Fatigue Migraine / Tension Headaches

#### SUPPLEMENT FACTS

Serving Size: 3 Capsules

Servings per Container: 30

Amt/Serving

Magnesium (as glycinate)

DV%\* 400 mg 100%

Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established.

Other Ingredients: Cellulose (vegetable source), Calcium Stearate (vegetable source), Silica Contains no artificial colors, flavors, or preservatives, no wheat, gluten, milk, eggs, peanuts, tree nuts, sov.

### Magnesium Complete 180 Veg Capsules - \$19.99



Magnesium is a mineral that is critical for energy production and metabolism, muscle contraction, nerve impulse transmission, and bone mineralization. It is a required cofactor for an estimated 300 enzymes. Among the reactions catalyzed by these enzymes are fatty acid synthesis, protein synthesis, and glucose metabolism. Magnesium status is also important for regulation of calcium balance through its effects on the parathyroid gland.

#### SUPPLEMENT FACTS

Serving Size: 1 Veg Capsule

Servings Per Container: 180

DV%\*

Amt/Serving

lagnesium (from Magnesium Oxide,

Magnesium Citrate, and Magnesium Aspartate) 400 mg 95%

Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established. Other Ingredients: Rice Flour, Cellulose (capsule), Silica and Stearic Acid (vegetable source) Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients

### Calming Magnesium Powder - Pure 16 oz - \$29.99



30

Support relaxation and nerve function with great tasting Calming, Magnesium is an essential mineral that supports relaxation, improved sleep, muscles, nerve function, bone health and more. When effervescent Calming powder is combined with water it forms Magnesium Citrate with an ionic bond, creating a highly absorbable magnesium supplement. Great tasting Natural Raspberry Lemonade Flavor!

#### SUPPLEMENT FACTS

Serving Size: 1/4 Teaspoon (4.5g) Servings per Container: 101 Amt/Serving DV%\* 81%

Magnesium 340 mg

\* Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established. Ingredients: Citric Acid and Magnesium Carbonate, Natural Raspberry Flavor, Organic Stevia Extract (leaf), Natural Lemon Flavor, Salt Citric Acid and Magnesium Carbonate will effervescence to form ionic Magnesium Citrate when combined with water. Contains No Artificial Colors, flavors or preservatives; no wheat, gluten, milk, eggs, peenuts, tree nuts, soy, shellfish, or fish, Suitable for Vegans.

### **Mellow Magnesium** (Magnesium Carbonate Powder)

8 oz - \$21.99



Magnesium Carbonate Powder, an easily absorbable form of Magnesium shown to help with Pre-menstrual tension, kidney stones, depression, hypertension, chronic fatigue syndrome (CFS), neuro-muscular/skeletal disorders, migraine, nausea in pregnancy.

#### SUPPLEMENT FACTS

Serving Size: 1 Scoop (4a)

Servings per Container: 57

Amt/Serving

Magnesium (as magnesium carbonate)

Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established

Other Ingredients: ionic magnesium (a blend of citric acid and magnesium carbonate), natural cherry

Theory, and organic sterial extract

Contains no sugar, self, derry, soy, yeast, wheet, gluten, preservatives, artificial colors, artificial flavors.

Suggested usage: Tale one (1) scoop daily. Add 1 scoop in a cup and add 2-3oz of hot water.

Let it fizz. Stir until dissolved. Fill cup with additional water or other liquid.

### MCT Oil

32 fl. oz. - \$24.99



Saturated Fat Trans Fat Polyunsaturated Fat

Monounsaturated Fat

MCT oil is a specially engineered fat which contains mediumchain fatty acids (MCFAs). It provides twice the energy of protein and carbohydrate (8.3 calories per gram versus four) and is absorbed into the bloodstream as rapidly as glucose. MCT oil is preferentially used as fuel for energy instead of being stored as body fat. As an added benefit, MCT oil has a thermogenic effect because it is converted to energy very rapidly. In short, it is an extremely concentrated source of calories that is rapidly absorbed and metabolized for energy by the body.

#### SUPPLEMENT FACTS

Serving Size: 1 Tablespoon (15mL) (14 g MCT Oil)

Servings per Container: 63

Amt/Serving	DV76*
100	2200
14 9	76%
0 9	-
0 g	10

Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established. MCT Oil has naturally occurring fatty acids Caprylic Acid (C8:0) and Capric Acid (C10:0).

### MCT OIL 3,000 mg

### 120 Liquid Softgels - \$12.99



Medium chain triglycerides (MCT's) are fats that are naturally found in coconut and palm kernel oils. They're more easily and rapidly digested than other types of fats. MCT's are readily absorbed from the GI tract and are metabolized very quickly by the liver, where they are reported to encourage the use of fat for energy rather than for storage.

### SUPPLEMENT FACTS

Serving Size: 4 Liquid Capsules	Servings per Conf	tainer: 30
Medium Chain Triglycerides	Amt/Serving 3,000 mg	DV%*
Typically Providing:		
Caprylic Acid Capric Acid	1,652 mg 1,052 mg	4

Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established. Other Ingredients: Palm Oil, gelatin (bovine) and Vitamin E (d-alpha tocopheryl acetate)

### MCT Oil Powder - Keto Power

10.3 oz - \$29.99



- 7 grams of MCT Oil per serving 100% sourced from coconuts.
- Unflavored, Unsweetened, and easy to mix Supports natural ketone and energy levels in the body
- Great for baking, shakes or smoothies.

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Perfect for Keto and low carb diets.

#### SUPPLEMENT FACTS

Serving Size: 1 scoop (9.7g) S	ervings per Conta	iner: 30
Calories	Amt/Serving	DV%*
Total Fat Saturated Fat	70	9% 35%
Total Carbohydrates	/ g 2 g	1%
Dietary Fiber Medium Chain Triglycerides (MCT) conta	2 g	7%
Caprylic Acid and Capric Acid Triglycerid		- 1

Percent Daily Values are based on 2,000 calorie diet. 1 Daily Value not established. Other Ingredients: Prebiotic Acadia Fiber Contains no dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors

Suggested Use: Add one (1) scoop to smoothies, food and shakes or mix with 8 oz. of water









### Melatonin 1 mg

### 60 Veg Lozenge - \$6.99



As a naturally-occurring hormone, Melatonin is involved in setting our body's natural physiologic cycles. It assists the body to normalize sleep disruption, thereby helping alleviate the fatigue that often accompanies chronic lack of sleep.

#### SUPPLEMENT FACTS

Serving Size: 1 Lozenge

Servings Per Container: 60

Melatonin

Amt/Serving

Percent Daily Values are based on 2,000 calorie diet. 'Daily Value not established

Other Ingredients: Sorbitol, xylitol, cellulose, modified cellulose gum, stearic acid (vegetable source), silicon dioxide, citric acid, natural peppermint flavor and magnesium stearate (vegetable source)

Contains no artificial colors, flavors, or preservatives, no wheat, gluten, milk, eggs, peanuts, ree nuts, soy, crustacean shellfish or fish. Suitable for vegans

### Melatonin 3 mg

### 120 Capsules - \$11.99



Melatonin is a naturally occurring hormone that plays a significant role in the regulation of the sleep-wake cycle. It is also a powerful antioxidant that supports immune system

#### SUPPLEMENT FACTS

Serving Size: 1 Capsule

Servings Per Container: 120

Amt/Serving 3 mg

Daily values are based on 2,000 calorie diet.

Daily value not established.

### **Memory Enhancer** & Brain Connector

90 Capsules - \$26.99 180 Capsules - \$48.99





All natural product that is completely safe and extremely effective for memory retainment and memory enhancement/ recall. Promotes overall mental well being with an exceptional blend of natural ingredients that works synergistically to provide optimum results, LifeSource Vitamin's Memory Enhancer & Brain Connector have had great results for: Alzheimer's patients, autistic children and also overall memory enhancement for adults all over the world.

- Contains Ginkgo Biloba which has demonstrated positive effects on memory enhancement and mental clarity
- · Promotes mental health and immune system function
- Exerts a positive impact on mood, attention, concentration. and the nervous system in general
- Promotes bio-modulation within the entire body to enhance overall performance
- Provides all essential amino acids which feed and enhance brain activity

#### NUTRITION FACTS

Serving Size: 4 Capsules			Servings	per Conta	siner. 22
An	nt/Serving	DV%*	Amt	Serving	DV%*
Beta Carotene	2000 IU	40%	Polygonum Multiflorum	150 mg	1
Vitamins B1	40 mg	2667%	Chlorella (Algae Chlorophyll)	120 mg	*
Vitamin B3 (Niacin)	40 mg	200%	Choline (Bitartrate)	100 mg	+
Vitamin B5 (Pantothenic			DMAE		
Acid)	160 mg	1600%	(Dimethylaminoethanol)	100 mg	*
Vitamin B6	80 mg	4000%	L-Tyrosine	80 mg	1
Vitamin B12			L-Phenylalanine	80 mg	
(Vegetarian Source)	400 mcg	6667%	Glycine	75 mg	*
Calcium	120 mg	12%	L-Alanine	75 mg	7.
Phosphorous	300000		L-Glutamic Acid	75 mg	**
(Di Calcium Phosphate)	40 mg	4%	Pygeum Africanum Extract	75 mg	+
Magnesium	80 mg	20%	Acetyl L- Carritine	50 mg	10
Zinc	10 mg	11496	Ginkgo Biloba Extract	40 mg	7
Selenium	80 mcg	114%	Grape Seed Extract	20 mg	9
Astragalus Root	400 mg	17.7	5-HTP		
Alpha Lipoic Acid	200 mg	+	(5-Hydroxy L-Trytophan)	10 mg	+
Vicia Faba-fava (Broad Bean)	200 mg	+	Pregnenolone	10 mg	+
Mucuna Pruriens (Velvet Bean)	200 mg	. +	CoQ-10	2 mg	+
L-Glutamine	200 mg		Melatonin	1 mg	Ψ.
Spirulina	160 mg	+	Huperzine-A	10 mcg	91

- Percent Daily Values are based on 2,000 calone diet.
- Daily Value not established

Suggested usage: Take 2 to 4 capsules daily or as otherwise recommended by your health care professional

### **Melatonin Plus**

### 50 Veg Tablets - \$8.99

### SUPPLEMENT FACTS



Serving Size: 1 Tablet Servings per Container: 50 Amt/Serving Vitamin B-6 (Pyridoxine HCI) 50% Calcium (Calcium phosphate) 50 mg 5% 5 mg

Percent Daily Values are based on 2,000 calorie diet.

Daily Value not established.

Other Ingredients: Cellulose (Vegetable Source), Calcium

Stearate (Vegetable Source), Silica.

Contains No artificial colors, flavors, or preservatives, no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

Suggested usage: Take I tablet 15 minutes before bedtime

Melatonin 10 mg

60 Capsules - \$11.99



### SUPPLEMENT FACTS

Serving Size: 1 Vegetarian Capsule Servings Per Container: 60 DV% Amt/Serving Vitamin B6 (as pyridoxine hydrochloride) to ma 588%

10 mg

- \* Percent Daily Values are based on 2,000 calorie diet.
- Daily Value not established

Other Ingredients: Cellulose, vegetarian capsule (modified cellulose, gellan gum) Contains no sugar, dairy, yeast, wheat, gluten, eggs, peanuts, soy, tree nuts, fish, shellfish, preservatives, artificial colors or flavors

### Liquid Memory Enhancer & Brain Connector

32 fl oz - \$44.99



LifeSource Vitamins Liquid Memory Enhancer & Brain Connector provides many of the essential vitamins, minerals, fruits, vegetables, and fatty acids necessary for proper brain function and development. This all-natural product is safe and effective for memory retainment, focus, mental clarity and the nervous system in general.

Rich in phospholipids, essential fatty acids, amino acids and trace minerals, this product can be used by children, adults or seniors to promote overall mental well-being with an exceptional blend of natural ingredients that work together synergistically to provide optimum results

For those dealing with neurodevelopmental disorders such as Attention-Deficit Disorder or Attention Deficit Hyperactivity Disorder, the carefully selected ingredients in this product can help to improve attention and focus in both children and adults.

#### SUPPLEMENT FACTS

Serving Size: 1 fl oz = 2 tablespoons Servings per Container: 32

Selferid Signer 111 66		
Amt/Serving	DV%*	
3.9	196	
00		
225 mg	375%	
	400%	
	882%	
	75%	
	750%	
	56%	
	1000%	
	300%	
	2%	
	1.5	
	- 2%	
10 1112		
258 mm	0.00	
230 110		
ol choline phos	nhahirful	
aric and nalout		
	Amt/Serving  3 g 0 g 225 mg 6 mg 15 mg 15 mg 15 mg 225 mcg 60 mcg 225 mg 250 mg 15 mg	

phosphatidyl serine) Proprietary Blend GABA 1,050 mg

(Gamma-Aminobutyric Acid), Taurine,

L-Tyrosine, Hi-Orac fruit and vegetable blend (banana extract, kiwi extract, mango extract, pineapple extract, cranberry extract, cherry extract, raspberry extract, red pepper extract, plum extract, apricot extract, ginger extract, broccoli extract, spinach extract, kale extract, cabbage extract, orange extract, grapefruit cabbage extract, orange extract, grapefruit extract, firme extract, green tea extract, bilberry extract, certified organic guava [Psidium guaeva] extract, certified organic senson [citrus limon] extract, certified organic sesbania grandiffora extract, certified organic amia [Phyllanthus emblic] berry extract, certified organic holy basil [colimum sanctum] extract, certified organic annatto [bixa Orellana] extract, green coffee extract, camu camu concentrate, quercetin, tornato concentrate, proccoli concentrate, acai concentrate. broccoli concentrate, acai concentrate, turmeric concentrate, garlic concentrate, basii concentrate, oregano concentrate, cinnamon concentrate, elderberry concentrate, carrot concentrate, Mangosteen concentrate, blackcurrant extract, blueberry extract, sweet cherry concentrate, blackberry concentrate, chokeberry concentrate, raspberry concentrate, spinach concentrate, kale concentrate, brussels sprout concentrate), DMAE, Red algae (athothamnion calcareum), Stevia (stevia rebaudiana) (leaf), Grape seed extract, L-Theanine Trace Mineral Blend 3 mg

Percent Daily Values are based on 2,000 calorie diet. Daily Value not established

Other Ingredients: Purified Water, 100% Pure aloe Vera juice, Vegetable glycerin, Xanthan gum, citric acid, Natural flavoring, Potassium sorbate (to preserve freshness), Potassium benzoate (to preserve freshness).

Contains no artificial colors, flavors or sweeteners; gluten, milk, salt, starch, wheat or yeast.









### Plant - Based Balanced Meal A Complete Nutritional Shake

1.82 LBS - \$39.99 CHOCOLATE OR VANILLA

Finding a quick, easy, but most importantly, complete meal replacement for the vegan and vegetarian can be difficult on the run, but not when you have the LifeSource Vitamins Vegan Wholefoods Meal Replacement Formula to help you out. We have created a great tasting, great mixing meal replacement formula to meet your vegan lifestyle, and yes it tastes great!

#### GLUTEN FREE I NO DAIRY I NO SOY I NON-GMO 25 Servings

One of the most distinguishable features of the vegetarian Meal Replacement Shake is its balanced blend of diverse plant proteins. The 20 grams of easily-to-digest protein support your body's ability to lower body fat and support muscle growth. 6 Grams of fiber Balanced Meal Complete Nutritional Shake is chock full of Whole-Food Fermented Vitamins & Minerals, Five Plant Proteins, Organic Fermented Sprouts, Herbs, Vegetables, Fruits, Spices, Fiber, Essential Fatty Acids, Antioxidants, Probiotics, Prebiotics and Digestive Enzymes.

- 21 Whole Super Foods Fermented Vitamins & Minerals is real nutrition from real foods. Organic fermented sprouts, herbs, vegetables, fruits and spices give you plenty of essential nutrients while also providing naturally occurring enzymes and unique phytonutrients.
- Multi-Source Plant Protein Matrix contains 18g of complete plant protein from Organic Sprouted Ameranth & Quinoa. Chlorella, Cranberries and Peas. BCAA's, Glutamine and Glycine help create the perfect balance of essential amino acids.
- Multi-Source Low-Glycemic Energy Matrix provides slow-release complex carbs from Organic Oats, Amaranth, Quinoa, Buckwheat, Millet and Chia.
- Multi-Source Fiber/Antioxidant Matrix is packed with 25 fruits, berries, vegetables and herbs which are some of the most. powerful plant sources of antioxidants that nature can provide. You'll also receive 6g of organic fiber in every serving.
- Multi-Source Plant EFA Matrix is four of nature's richest sources of essential fatty acids: Flax, Chia, Hemp and Sacha Inchi. They contain all three types of EFAs your body needs including, Omega 3, 6 & 9.
- Probiotic, Prebiotic and Digestive Enzyme Matrix jump starts digestion and nutrient absorption the moment you drink your shake and ensures that you get the most out of the proteins, complex carbohydrates and healthy fats in Balanced Meal.



#### SUPPLEMENT FACTS

Serving Size: 1 Scoops (approximately 33 g)	10 7697 00	560000	Serving	gs per Contair	ner: 25
	Amt/Serving	DV%*		Amt/Serving	DV%*
Calories	160		Multi-Source Vitamins & Minerals Matrix with	Amt/Serving	D436
Calories from Fat	30		Fermented Whole Foods:		
Total Fat	3 g	4%	Organic Fermented Herbal Blend: Reishi, Shiitake, Maitake,		
Saturated Fat	.5 g	3%	Organic Fermented Vegetable Blend: Tomato, Pea,		
Sodium	290 mg	13%	Carrot, Spinach, Pepper; Fermented Fruit Blend: Cherry, Banana, Apple, Strawberry, Blueberry;		
Potassium	290 mg	6%	Organic Fermented Sprout Blend: Amaranth, Quinoa, Millet;		
Total Carbohydrates	15 g	5%	Organic Cultured Spice Blend: Onnamon, Allspice, Cloves;		
Dietary Fiber	6 a	21%	Essential Glyconutrient Blend: Mannose, Glucose, Galactose,		
Sugars	<2.0	4	Xylose from (Coffee Arabica), Aloe barbadensis	850 mg	7
Protein	18 g	36%			
Vitamin A (as beta carotene)	353 mcg RAE	39%	Multi-Source Plant Protein Matrix: Pea Protein Isolate,		
Vitamin C (as ascorbic acid)	25 mg	28%	Organic Sprouted Amaranth, Organic Sprouted Quinoa; Chlorella protein, Cranberry Seed protein, and a proprietary		
Vitamin D-3 (as cholecalciferol)	4 mcg (160 IU)	20%	amino acid blend of Leucine, Isoleucine, Valine and Glutamine	20,295 mg	394
Vitamin E (as succinate, acetate)	7 mg	46%	armin sons brate of Essering sorestring value and ordinaring	20,235,1119	
Vitamin B-1 (as thiamine, hydrochloride, mononitrate)	590 mcg	49%	Multi-Source Low-Glycemic Energy Matrix: Organic Oat Bran,		
Vitamin B-2 (as riboflavin)	800 mcg	62%	Organic Amaranth, Organic Quinoa, Organic Buckwheat,		
Niacin (as niacinamide)	9 mg	56%	Organic Mullit, Organic Chia, Broccoli sprouts, Watercress sprouts,	2000	
Vitamin B-6 (as hydrochloride)	775 mcg	46%	Kale sprouts, Mustard sprouts, and Cabbage sprouts	6,075 mg	17
Folate 400	0 mcg DFE (240 mcg folic acid)	100%	Multi-Source Fiber/Antioxidant Matrix: Organic Acadia Gum Fiber.		
Vitamin B-12 (as cyanocobalamin)	2.5 mcg	104%	Organic Beet, Grape seed extract, Plum Fruit extract, Strawberry juice.		
Biotin	135 mcg	450%	Hawaiian Noni fruit, Pineapple juice, Guava juice, Organic apple,		
Pantothenic Acid (as d-calcium pantothenate)	4 mg	80%	Orange juice, Raspberry Juice, Mango juice, Acai juice, Cupuacu juice,		
Calcium (as carbonate)	240 mg	18%	Camu Camu fruit extract, Green tea extract, Watermelon juice,		
fodine (as potassium lodide)	67 mcg	45%	Organic Hawthorne berry extract, Grape skin extract, Elderberry fruit,		
Magnesium (as citrate, oxide)	8 mg	2%	Organic Goji extract, Bilberry extract, Protease, Amylase, Cellulase, Lactase, Lipase, and Wild Alaskan Aurora Blue Blueberry	3.950 mg	-
Zinc (as citrate, oxide)	6 mg	55%	Celulase, Lactase, Lipase, and Wild Alaskan Aurora Side Bideberry	3,950 mg	
Selenium (as methionine, selenite)	9 mcg	16%	Multi-Source Plant EFA Matrix: Flax Seed Oil Powder, Flax seed,		
Copper (as gluconate)	350 mcg	39%	Sacha inchi seed, Chia seed and Hemp seed	1,516 mg	
Manganese (as citrate, gluconate)	2.2 mg	96%	Problotic, Prebiotic, & Digestive Enzyme Matrix: Bacillus coagulars		
Chromium (as amino acid chelate, chloride)	40 mcg	11456	(1 Billion viable cells), Fructo-Oligosaccharides (Inulin),		
Molybdenum (as amino acid chelate, molybdate)	8 mcg	18%	Alpha-galactosidase and Bromelain	988 mg	.7
E/A					

\* Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established.

Other Ingredients: Cocca, natural chocolate flavors, inulin, stevia, guar gum, silica, natural vanilla flavor, natural caramal flavor, lo han guo, organic maltodextrin and organic com starch. Contains No sugar, salt, dairy, yeast, wheat, gluten, preservatives, artificial colors or flavors

Suggested usage: Add two (2) level scoops to 9-12oz of Chilled water or preferred beverage in a shaker cup

### LOOKING FOR A SPECIFIC PRODUCT? THERE IS AN INDEX LOCATED IN THE BACK. **IT STARTS ON PAGE 78.**







### Ultra Meal Replacement (Vanilla & Chocolate)

48 g of Clean Pure Protein per serving Double Chocolate Fudge or Creamy French Vanilla 3 lbs. - \$59.99

6 lbs. - \$104.99 Free Shipping Over \$99 (SAVE \$15)

48 g of Clean Pure Protein per Serving. In fact, they really are not supplements at all when you come to think of it. They should be complete meals, which most meal replacements are not. Many have no vitamins or minerals in them, therefore your body is being starved of these needed nutrients, which in turn causes your body not to lose weight or gain the muscle mass you are looking for. People are always looking for the magic solution to fat loss or building muscle, buying some drink or pill that promises miraculous results. We gain body fat by having poor eating habits, so the only way to undo the damage is to reverse the cycle by developing good eating habits. LifeSource's Meal Replacements can help make this possible.

- · Our Whey Protein in our Meal Replacements comes from grass fed cows that are disease-free, pesticidefree, chemical-free, hormone treatment-free and GMO-free.
- Loaded with 48 grams of protein per serving with a complete vitamin/ mineral complex
- Non Pasteurized!

### LIFESOURCE'S MEAL REPLACEMENTS DO NOT CONTAIN:

- Aspartame or Acesulfame K
- · Sucrose, Fructose, Corn Syrup Solids or Hydrogenated Oils
- · Any Cholesterol

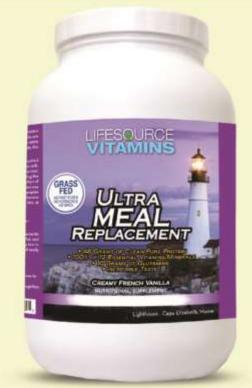
Our whey protein comes from grass fed cows who are disease free, pesticide free, chemical free, hormone-treatment free and GMO free

### **NUTRITION FACTS**

Servings Size: 2 Scoops (78 g)

	Amt/Serving	DV%*Typ	oical Amino Profile:	
Calories	282		Alanine	1,842 mg.
Calories from fat	8		Arginine	1,647 mg.
Total Fat	2 g	0%	Aspartic Acid	3,127 mg.
Saturated Fat	1.5 g	0%	Cystine	821 mg.
Cholesterol	0 g	0%	Glutamic Acid	10,225 mg.
Sodium	84 mg	5%	Glycine	1,339 mg.
Total Carbohydrate	e 20 g		10% Histidine	965 mg.
Dietary Fiber	4 g		Isoleucine	2,294 mg.
Sugars	4 g		Leucine	3,254 mg.
Protein	48 g		Lysine	3,560 mg.
Vitamin A		100%	Methionine	1,172 mg.
Vitamin C		100%	Phenylalanine	2,048 mg.
Vitamin D3		100%	Proline	2,021 mg.
Vitamin B1		100%	Serine	2,983 mg.
Vitamin B2		100%	Threonine	2,147 mg.
Vitamin B3		100%	Tryptophan	998 mg.
Vitamin B5		100%	Tyrosine	1,468 mg.
Vitamin B6		100%	Valine	2,145 mg.
Vitamin B12		100%		
Vitamin K1		100%		
Biotin		100%		
Zinc		100%		
Calcium		20%		

Ingredients: Cross Filtered Whey Protein Isolate, L-Glutamine, Vitamin Mineral Complex, Natural Cocoa and French Vanilla Flavoring and Stevia.













### Men's Potency

60 Tablets - \$19.99 120 Tablets - \$34.99



An inadequate amount of vitamins, minerals, amino acids, carbohydrates and enzymes have produced a reduction in intimate relations between couples. The combination of our 37 synergistic nutrients including Pantothenic Acid, which we can find in plant cells with Ginseng, Gotu Kola, Yohimbe, and Guarana, form a unique combination that helps against impotency & Erectile Dysfunction.

#### NUTRITION FACTS

Servings per Container: 20 / 40 Serving Size: 3 Tablets

Amt/Serving		DV%*		Amt/Serving	DV%*
Vitamin E			Orchic Extract	100 mg	
(as Alpha tocopheryl)	200 IU	667%	Prostate Extract	100 mg	+
Nacin	50 mg	250%	Sarsaparilla	100 mg	*
Vitamin B6 (Pyridoxine)	25 mg	1250%	Saw Palmetto	100 mg	
Vitamin B12			Wild Mexican Yam	100 mg	*
(cobalamin conc.)	100 mcg	1667%	Wild Oats	100 mg	*
Pantothenic Acid	100 mg	1000%	Horny Goat Weed	75 mg	*
Zinc (as gluconate)	22 mg	147%	Alanine	50 mg	7
Manganese (as gluconate)	10 mg	500%	Beta Sitosterol	50 mg	,
Octacosanol	500 mg		Capsicum (Cayenne)	50 mg	
Yohimbe	325 mg		Glutamic Acid	50 mg	+
Damiana	250 mg		Glycine	50 mg	
Ginseng	250 mg		Guarana	50 mg	Ť
Raw Testicular	250 mg		Histidine	50 mg	
Liver Extract	150 mg	19	Kola Nut	50 mg	*
Tongkat Ali	150 mg	- 2	Maca	50 mg	+
Bee Pollen	100 mg		Royal Jelly	50 mg	
Carnitine	100 mg	19	Avena Sativa	25 mg	+
Fo-Ti	100 mg		Gamma Oryzanol	25 mg	7
Gotu Kola	100 mg	. 4	Inosine	10 mg	+
Muira Puama	100 mg		DHEA	2 mg	*
Oat Straw	100 mg	119	Dimethyl Glycine	100 mcg	+

<sup>\*</sup> Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established.



### 60 Veg Caps - \$32.99



Men's Ultra Vitality - Libido

This unique formula is comprised of potent all natural concentrates that work synergistically. Together they stimulate sexual activity, maintain and enhance erections and increase sperm production in the testis. Our formula is an extra strength combination of natural herbal ingredients known to support a man's healthy sexual activity and overall vitality. With Tongkat Ali, Tribulus, Maca and Horny Goat Weed, our Men's Vitality is a targeted botanical formula that a man can use to maintain reproductive function, libido, and sexual performance.

- Supports Healthy Sexual Function & Activity
- · Strengthens & Enhances Libido (Sexual Desire)
- · Improves Energy Levels
- Boosts Your Sexual & Life Stamina
- · Supports overall Vitality
- Helps Refuel Your Sex Drivel

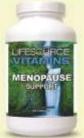
#### SUPPLEMENT FACTS

Serving Size: 2 Veggie Capsules S	Servings Per Container: 30		
	Amt/Serving	DV%*	
Tongkat Ali (Eurycoma longifolia Extract) (Root) (min. 10% Saponins	) 200 mg		
Maca Root (Lepidium meyenii) (4:1 Concentrate)	500 mg		
Epimedium Extract (Horny goat Weed) (Aerial Parts/Leaf)			
(Epimedium sagittatum) (min. 10% Icarin)	250 mg		
Tribulus terrestris Extract (Fruit) (min. 45% Saponins)	250 mg	,	
American Ginseng Root (Panax guinguefolium)	75 mg		
Panax Ginseng Root (Panax ginseng)	75 mg		
Muira Puama (Ptychopetalum olacoides) (Bark) (10:1 Concentrate)	50 mg		

Daily value based on a 2,000 calorie diet. \* Daily value not established.

### Menopause Support

120 Capsules-\$21.99



11 All Natural Ingredients: formulated to the exact specifications of our certified nutritionists, doctors and scientists. It contains recommended potencies of key ingredients that have been shown to support normal hormonal levels during menopause. This synergistic blend includes standardized herbal extracts and other nutrients, which form a truly well-balanced and effective product for women. LifeSource's Menopause Support contains a special blend of soy and other herbal extracts that provide a rich supply of isoflavones - a type of plant chemical that has been shown in clinical studies to promote bone and cardiovascular health and help relieve symptoms of menopause.

#### SUPPLEMENT FACTS

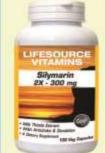
-	Serving Size: 2 Veg Capsules	Servings Per Cont	Servings Per Container: 6		
		Amt/Serving	DV%*		
Soy Isoflavones		30 mg	325000		
Black Cohosh (2.5% extra	ct) (root)	160 mg	7.5		
Dong Quai (1% extract) (r	oot)	150 mg			
Licorice (1% extract) (roo	t)	150 mg	1.0		
Red Clover (1% extract) (	aerial parts)	400 mg			
Sage (3% extract) (leaf )	- Contract Cont.	200 mg			
Chasteberry (0.5% extrac	t) (fruit)	50 mg			
Blessed Thistle (herb pov	vder)	50 mg	1.0		
Red Raspberry (20% extr		50 mg	7.9		
Mexican Wild Yam (16% e		15 mg	1.9		
trans-Resveratrol Powder		110000			
(from Polygonum cuspid-	atum extract) (root)	1 mg			

Daily values not established

Other ingredients: Microcrystalline cellulose, gelatin (bovine), vegetable magnesium stearate and silicon dioxide

### Milk Thistle (Silymarin)

### 100 Veg Capsules - \$25.99



Silymarin, the key active compound in milk thistle, is one of the most potent liver protective substances known. Silymarin has been shown to increase glutathione production in the liver by around 30%, thus increasing detoxification capabilities significantly. Silymarin also stimulates protein synthesis in the liver encouraging the growth of healthy liver cells.

- Vegetarian formula
- Silvmarin has antioxidant properties.
- Anti-inflammatory effects of silvmarin help keep liver cells from swelling in response to injury
- Silymarin seems to encourage the liver to grow new cells, while discouraging the formation of inactive fibrous tissue.
- May also keep certain harmful chemicals from getting into liver cells
- May help the immune system to be more active

### SUPPLEMENT FACTS

Serving Size; 1 Veg Capsule Servi	ervings Per Container: 100		
Sodium 5 mg <1%	mt/Serving	DV%*	
Milk Thistle Extract (Silyburn marianum) (Fruit and Seeds) (Standardized to 80% Silymann Flavonoids)	300 mg	4.2	
Dandelion Root Extract (Taraxacum officinale) (4:1)	100 mg	1	
Artichoke Extract (Cynara scolymus) (Leaf) (Standardized to 2% Cynarin)	50 mg		

Suggested Usage: As an herbal dietary supplement, take 1 Veg Capsules 1 to 3 times daily. Other Ingredients: Cellulose (capsule), Cellulose

### Moringa Leaf Extract

### 60 Veg Caps - \$10.99

TOTAL SECTION OF THE SECTION



Moringa Oleifera contains more than 92 nutrients and 46 types of antioxidants. Moringa is said to cure about three hundred diseases and almost have all the vitamins found in fruits and vegetables. With all the health benefits of this miracle herb, it can easily be termed as the most nutritious herb on Earth. It can be consumed by small children and adults. Today, millions world over have started using Moringa based products in porridge, pastas, bread and to reap the everlasting health benefits of the extraordinary 'Moringa' herb.

#### SUPPLEMENT FACTS

-	Serving Size: 1 Veggie Cap	Servings per Cont	ainer: 60
Moringa Leaf Extract 10:1		Amt/Serving	DV%*
Moringa oleifera	based on 2000 calorie diet 1 Daily	500 mg	

Suggested usage: Take 1 capsule with a meal daily or as otherwise recommended by your health care professional.









### Moringa Leaf Powder (Organic)

10 oz - \$22.99



- 36 Anti-Inflammatories
- 18 Amino Acids, 9 Essential Amino Acids
- · Nourishes the Immune System
- Promotes Healthy Circulation
- Supports Normal Glucose Levels
- · Provides Anti-Inflammatory Support
- · Promotes Healthy Digestion
- Promotes Heightened Mental Clarity

#### SUPPLEMENT FACTS

Serving Size: 1 Teaspoon

Servings per Container: 56

Amt/Serving

5,000 MG

\* Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established.

### **MSM Capsules**

"Moringa Leaf Powder (Moringa oleifera)

120 Capsules - \$14.99



MSM is an organic form of sulfur found in every cell.

- Alertness
- · Blood clotting
- · Joint pain
- Migraines
- Scleroderma
- · Athletic injuries/pain
- Depression
- · Enhances vitamin C
- Muscle pain
- · Rheumatoid arthritis

#### SUPPLEMENT FACTS

Serving Size: 2 Capsules / 1500 mg

Servings Per Container: 60 Amt/Serving DV%\* 2000 mg

MSM (Methylsulphonylmethane)

\* Daily values are based on 2,000 calorie diet.

1 Daily value not established

### MSM Powder

16 oz Powder - \$16.99

· Athletic injuries/pain

Enhances vitamin C

· Rheumatoid arthritis

Depression

· Muscle pain



- MSM is an organic form of sulfur found in every cell.
- Alertness · Blood clotting
- · Joint pain
- Migraines
- Scleroderma

### SUPPLEMENT FACTS

Serving Size: ½ Teaspoon (scoop not included) Servings per Container: 226

MSM (Methylsulphonylmethane)

Amt/Serving 2,000 mg

- \* Percent Daily Values are based on 2,000 calorie diet.
- Daily Value not established.

Suggested usage: Take one-half (1/2) to two (2) teaspoons with water or juice one to three times per day

### Mushroom Defense Mix

60 Veg Caps - \$26.99



immune-supportive nutrients are found in mushrooms. People who realize the critical importance of optimizing immune function should seriously consider adding our advanced mushroom complex to their daily regimen.

Scientific research is proving that some of the most powerful

- 8 Mushroom Complex: · Reishi
- · Turkey Tail
- · Lions Mane
- Cordyceps
- Himematsutakea
- · King Trumpet
- Maitake
- Antrodia Camphorata
- Benefits of Mushrooms
- · Promotes Normalized Cellular Growth\*
- Supports Immune Function\*
- · Supports the Body's Normal Detoxification Processes\*
- Promotes Optimal Digestion\*
- · Supports a Healthy Gut Flora\*
- · Protects your Body Against Environmental Stresses\*

#### SUPPLEMENT FACTS

Serving Size: 1 Veg Cap

Servings per Container: 60

DV36\*

Amt/Serving 700 mg

Organic Mushroom Mycelial Biomass Blend

King Trumpet (Pleurotus eryngii), Cordyceps (Cordyceps militarys),

Turkey Tail (Trametes versicolor).

Reishi (Ganoderma lucidum), Himematsutake (Agaricus blazei),

Lion's Mane (Hericium erinaceus), Maitake (Grifola frondosa),

Antrodia camphorata on myceliated organic oats.

Daily Value not established

Other Ingredients: Vegetable Capsule (cellulose).

Contains No artificial colors, flavors, or preservatives; no wheat, gluten, milk, eggs, peanuts. tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

Suggested usage: Take one capsule daily between meals.

### (1) A STATE OF THE STATE OF TH NAC 600mg w/ Selenium & Molybdenum 100 Veg Caps- \$24.99



NAC has been shown to increase levels of the antioxidant glutathione, which can reduce cell damage, speed recovery from injury and aid muscle growth.

#### SUPPLEMENT FACTS

Serving Size: 1 Veg Cap.

Servings Per Container: 100

Molybdenum (as Amino Acid Chelate) Selenium (as L-Selenomethionine) N-Acetyl Cysteine

Amt/Serving DV%\* 50 mcg 25 mcg 36% 600 mg

\*Daily values are based on 2,000 calorie diet.

The state of the s

Daily value not established

### **LifeSource Whey Protein** Niacin Flush Free

- ORGANIC GRASS FED
  - U.S. DAIRY COWS
  - PESTICIDE FREE
  - HORMONE FREE
    - NON-GMO

See Page 66

for our Whey Protein Products

100 Capsules - \$17.99



Help lower cholesterol and triglycerides.

- Support proper nervous system function.
- Help with lowering blood pressure
- Improve poor circulation, stress, leg cramps, headaches and poor immunity

### **NUTRITION FACTS**

Serving Size: 1 Capsules

Servings Per Container: 100 Amt/Serving

Niacin Flush Free (Inositol Hexanicotinate)

400 mg

\* Daily values are based on 2,000 calorie diet. \* Daily value not established.













### Multi Vitamins & Minerals Tabs 71 Whole Food Based Ingredients

90 Tablets - \$22.99 180 Tablets - \$34.99 (SAVE \$8) 360 Tablets - \$59.99 (SAVE \$7)

#### LifeSource Multi-Vitamins are made with:

- With 71 Whole Food Ingredients
- A Most Complete, Well Rounded Scientifically Advanced Multivitamin
- · Enzymes (Critical for Digesting these Vitamins
- . Chelated Minerals (The Most Absorbable)
- . Digestive Aids (To Ensure Absorption to the Blood Stream)
- · Probiotics (Essential for Digestive Tracts, Immune System, & Disease Fighting)
- . Great for any age Adult
- . Loaded with Live Food, not Synthetics!

With 71 Whole Live Food Ingredients, Our Most Complete, Scientifically Advanced Multivitamin, is loaded with Enzymes for Bioavailability, Chelated Minerals (The Most Absorbable), Digestive Aids for absorption, Probiotics for Disease Fighting, Great for any age Adult, No Synthetics, Non-GMO! Compare ours with any and all other multivitamins on the market. at any price!

This multivitamin is our most reordered product in the history of our company. We have customers that have been with us for over 29 years now and they still, to this day, take this product each and every day and have since 1992, when I began this company. Bruce Brightman - Founder

- Any adults who want to optimize their health today and in years to come. Busy adults that have extremely bustling, day-to-day lives with work and family obligations and can't afford to be sick all the time and feel sluggish throughout the day. No more catching every cold or flu that comes through town.
- Seniors who are both active and not so active. Seniors need vitamins more than any other age group as their bodies quit producing needed nutrients and antibodies the older they get, therefore getting arthritis, bursitis, pneumonia etc.
- Professional, Olympic & Intense Athletes, who break down their bodies and deplete nutrients through working and playing hard.

Developed by a team of Doctors, Pharmacists, & Nutritionists to ensure maximum absorption, optimum potency, and safety. Our 71 Whole Food Based Multi contains vitamins, minerals, fruits, vegetables, antioxidants, green superfoods, mushrooms and other natural nutrients to help nourish, protect and revitalize your body. And through this formulation, we are able to enhance proper pH and particle sizes in our liquid multi, which maximizes absorption, which in turn maximizes effectiveness, which means optimum health. By re-balancing, the body chemistry, toxins, and other wastes are eliminated easily and safely via the kidneys. Then the body goes to work and begins the healing processes through having optimum nutrition and no waste problems, which allows everything to function, as it should. When your wastes aren't eliminated properly & efficiently, your body is holding on to all of these toxins and basically, garbage, that it must try to keep away from the rest of your system, as a result, it sometimes neglects what it is really supposed to be doing, which is to be orchestrating your body's balances, and this is when problems arise in our health, skin, mental acuity, etc.\*

### Fact: Why do we need Whole Food Based

Multivitamins? There are numerous carefully controlled health and food studies have shown that by the time the food makes it to our tables we have lost sometimes as much as 50% of the nutrients of those particular foods, yes, 50%!



Here are just some of the reported, studied and known benefits of taking a quality Whole Food Based **Multivitamins**:

- . Delay of Pre-Mature Aging / Strengthening of Bones\*
- . Helps Your Body Fight Against Cancer
- Decrease Body Fat / Cardiovascular Health\*
- Lowering Cholesterol / Digestion Aid\*
- Anti-Depression / Helps with Diabetes\*
- Increases Energy Levels / Good Gut Bacteria\*
- . Heart Health / Hearing Support / Immune System.
- Kidney/Liver Functioning / Memory & Brain Health\*
- . Stress Level Balancing / Sleep Regulating\*
- . Better Hair, Skin, & Nails/ Better Vision Health\*
- . Prevent Arthritis and Strokes\*

Serving Size: 3 Tablets							Servings Per Cor	ntainer: 60
	Amt/Serving	DV%*		Amt/Serving	DV%*		Amt/Serving	DV%*
VITAMINS			Phosphorous (cal. phosphate)	125 mg	125	Alfalfa Concentrate	50 mg	***
Vitamin A (w/Beta Carotene)	10,000 I.U.	200	Vanadkim**	50 mcg		Aloe Vera	50 mg	***
Vitamin D (fish liver oil)	240 LU.	100	Molybdenum**	15 mcg		Ginkgo Biloba	25 mg	***
Vitamin E (d-alpha tocoph.)	120 I.U.	400				Dandelion	25.mg	***
Vitamin C (ascorbic acid)	300 mg	500	DIGESTIVE AIDS-ENZYMES***			Shiitake	25 mg	***
Vitamin B1 (thiamine)	30 mg	2000	Bromelain (pineapple)	50 mg	117	Golden Seal	25 mg	
Vitamin B2 (riboflavin)	30 mg	1765	Papain (papaya)	50 mg	***	Echinacea	25 mg	
Vitamin B3 (niacinamide/niacin)	90 mg	450	Citrus Pectin	50 mg	444	OTHER NUTRITIONAL FACTOR	Casa	
Vitamin B-5 (pantothenic acid)	90 mg	900	Acidophilus	50 mg	777	RNA	100 mg	***
Vitamin B6 (pyridoxine HCI)	30 mg	1500	Betaine HCL (beets)	50 mg	***	DNA	30 mg	***
Vitamin B12 (cobalamin)	150 mcg	2500	Amylase	5 mg	490	Royal Jelly	100 mg	***
Vitamin H (d-Biotin)	90 mca		Lipase	5 mg		L-Glutathione	3 mg	***
Vitamin M (Folic Acid)	240 mcg	100	Cellulase	5 mg	***	L-Phenylalaline	100 mg	***
Choline (bitartrate)	90 mg		Service Control of the Control of th	Amt/Serving	DV%*	L-Glutamine	100 mg	10.0
Inositol	60 mg		WHOLE FOODS ***		77.00	L-Tyrosine	100 mg	***
Para Amino Benzoic Acid	30 mg	**	Spirulina	150 mg	***	Coenzyme Q10	3 mg	***
Bioflavonoids	30 mg	99	Garlic	150 mg	444	Sprouted barley juice (dry)	150 mg	***
Rutin	18 mg	0.000	Bee Pollen	50 mg	444	Chlorella	150 mg	***
Hesperidin	9 mg	94	Siberian Ginseng	50 mg	***	Wheatgrass juice	150 mg	
MINERALS (elemental values)	2.114		Sova Leothin	50 mg	444	Flaxseed oil (dry)	150 mg	***
Calcium (chelate/ascorbate)	400 mg	40	Oat bran	50 mg	***	Cat's Claw	250 mg	
Magnesium (chleate/oxide)	250 mg	50		. A. A. A. A.		* U.S. Recommended Daily Allowance for adults.		
Potassium (amino acid complex)	150 mg	**	HERBS***					
lodine (Kelp)	225 mca	150	Kola Nut	50 mg	***	** No USRDA has been established.		
Zinc (protein chelate)	30 mg	200	Ginger root	50 mg	***	*** Need in human nutrition not established.		
Manganese (protein chelate)	15 mg		Cavenne	25 mg	499	Sugar Free • Starch Free • Salt Free • Yeast Free • Wheat Free		
Chromium (GTF/protein chelate)	150 mcg		Yellow Dock	50 mg	***	No Animal, Milk or Egg Produ		
Selenium (amino acid complex)	100 mcg	100	Fo-Ti	50 mg	***	or Preservatives	ent of the state o	en i ten sesse







# PUltra 174 Multi Vitamin & Immune Booster Liquid

32 oz - \$44.99 or 3 Bottles for \$119.97

# 174 Nutrients - 100% Plant Sourced - Whole Food Based

- 174 Nutrients Synergistically Blended Ultra Multivitamin & Immune Booster
- 100% Plant Sourced / Whole-Food Based / Non-GMO
- 74 Phyto Fruits, Veggies, Spices, Herbs, and Sea Vegetables (High-ORAC)
- Live & Cold Pressed Food Product for Maximum Effectiveness and Bioavailability
- 72 Plant-Derived Fulvic Acid Trace Mineral Complex
- 1,000 IU Vit D3
- Autoimmune Recovery
- · Cardiovascular Support & Liver Detox Blend
- Super Antioxidant Blend (Free Radical Damage Support)
- . Youth, Energy, & Circulatory Complex Energy, Stamina, and
- · Plant Based Omega 3, 6 & 9
- Prebiotic Multi-Fiber Complex & Digestive Support Blend
- Up to 98% Absorbed within 90 Seconds

This multi has been developed after years of research and testing, and we have finally reformulated this proprietary formula to provide exactly what your body truly needs. 156 Nutrients Synergistically blended & designed to provide maximum absorption at the cellular level of the body. And it tastes great!

## So what does 100% Plant Sourced mean?

It means that everything in our Ultra Multivitamin & Immune Booster is derived by our Fruits & Veggies. The way God intended it to be.

# No Soy - No Gluten - No Artificial Sweeteners No Sugar - No Yeast - No Salt - No GMO's No Milk Derivatives - No Preservatives

LifeSource Vitamins Ultra Multi Liquids were formulated to meet the needs of a wide range of individuals, no matter what their age. From Children to the Seniors, all of the known essential nutrients will be uploaded to the bloodstream in the correct balance, ratio, and potency. Our Ultra Multi contains vitamins, minerals, fruits, vegetables, antioxidants, green super foods, mushrooms, amino acids, herbs, EFAs and other natural nutrients to help nourish, protect and revitalize your body. And through this formulation, we are able to enhance proper pH and particle sizes in our liquid multi, which maximizes absorption, which in turn maximizes effectiveness, which means optimum health



5 370 mg

1.000 ma

360 ma

#### SUPPLEMENT FACTS

Serving Size: 1 fl. oz. (30 mL)

Destring State. The day (Stating)		
	Amt/Serving	DV%*
Calories	30	
Sodium	23 mg	2%
Total Carbohydrates	5 g	2%
Vitamin A (as Retinyl palmitate	900 mcg	100%
Vitamin C (as ascorbic acid and acerola cherry fruit extract)	120 mg	133%
Vitamin D3 (as Cholecalciferol) 25	mcg / 1,000 IU	125%
Vitamin E (as d-alpha tocopherol acetate) (non-GMO from su	nflower) 15 ma	100%
Thiamine Hydrochloride (Vitamin B-1)	3 mg	250%
Riboflavin-5 phosphate (Vitamin B-2)	3.5 mg	269%
Niacin (as niacinamide) (Vitamin B-3)	16 mg	100%
Pyridoxal-5 phosphate (Vitamin B-6)	4 mg	235%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as Methylcobalamin)	200 mcg	8333%
Biotin	300 mcg	1000%
Pantothenic Acid (as D-calcium pantothenate)	10 mg	200%
Magnesium (as mineralized red algae sea minerals	1135517575	
(lithothamnium corallioides/lithothamnium calcareum)	5 mg	196
Zinc (as zinc bisglycinate chelate)	6 mg	42%
Manganese (as manganese bisglycinate chelate)	1 mg	50%
Chromium (as chromium picolinate)	60 mcg	171%
Molybdenum (as sodium molybdate)	78 mcg	173%
Choline (from choline bitartrate)	100 mg	18%

Boron (as boron glycinate chelate) Ultra Immune Booster & Super Phyto Food Complex: Aloe Vera Juice (Aloe barbadensis)(inner leaf gel), Calcium (as mineralized red algae. sea minerals)(lithothamnium corallioides/lithothamnium calcareum) (whole plant): Antioxidant Fruit & Vegetable Fruits & Greens™ Blend (extractives of Banana, Kiwi, Mango, Pineapple, Cranberry, Cherry, Raspberry, Red Pepper, Plum, Apricot, Ginger, Broccoli, Spinach, Kale, Cabbage, Orange, Grapefruit, Lemon, Lime, Green Tea); Kelp Extract, Green Coffee Extract, Broccoli Sprout Concentrate, Green Tea Extract, Onion Extract, Apple Extract, Acerola Extract, Camu Camu Concentrate, Quercetin, Tomato Concentrate, Broccoli Concentrate, Acai Concentrate, Turmeric Concentrate, Garlic Concentrate, Basil Concentrate, Oregano Concentrate, Cinnamon Concentrate, Elderberry Concentrate, Carrot Concentrate, Mangosteen Concentrate, Blackcurrant Extract, Blueberry Extract, Sweet Cherry Concentrate, Blackberry Concentrate, Chokeberry Concentrate, Raspberry Concentrate, Spinach Concentrate, Kale Concentrate, Bilberry Extract, Brussels Sprout Concentrate, Organic Guava Fruit Extract (Psidium Guajava), Organic Lemon Extract (Citrus Limon)(peel), Organic Indian Gooseberry Extract (Emblic officinalis),

Servings per Container: 32 Organic Agatti Leaf and Flower Extract (Sesbania grandiflora), Holy

Basil Extract (ocimum sanctum), Grape Seed Extract (Vitis vinifera).

Pomegranate Extract (Punica granatum), Blueberry Fruit Extract

(Vaccinium corymbosum), Chokeberry Fruit Extract (Aronia arbutifolia), Mangosteen Pericarp Extract (Garcinia mangostana), Cranberry Fruit

Extract (Vaccinium macrocarpon), Goji Berry Fruit Extract (Lycium

barbarum), Apple Extract (Pyrus malus), and

Bilberry Fruit Extract (Vaccinium myrtillus)

Prebiotic Digestive Support Blend: Isomalto-oligosaccharides

(prebiotic fiber and Green Papaya Fruit Cardiovascular Support & Liver Detox Blend: Trymithylglycine

(TMG)(as Betaine anhydrous from sugar beets), Trans-Resveratrol (from yeast fermentation), Whole Grape Extract (Vitis vinifera)(seed,

skin & pulp), and Fenugreek Extract 10:1)

250 mg Trigonella-foenum graecum)(seed)

Super Antioxidant, Youth & Energy Complex: Beet Juice

(Beta vulgaris L.)(Organic), Pomegranate Juice (Punica granatum), Blueberry Juice (Vaccinium angustifolium), Acai Berry Extract

(Euterpe oleracea)(4:1), Maca Root Extract 10:1 (Lepidium meyenii),

and Spirulina (microalgae)(Organic) 72 Plant Derived Fulvic Trace Mineral Complex as mineralized red algae

sea minerals. (lithothamnium corallicides/lithothamnium calcareum) (whole plant), and Fulvic Acid (as fulvic mineral complex) 70 mg

Other Ingredients: Water (Reverse Osmosis), Vegetable Glycerin, Allulose, Erythritol, Natural Flavor, Citric Acid, Xanthan Gum, Potassium Sorbate (to preserve freshness), Citrus extract, Organic Stevia leaf extract (Rebabudioside A), Monk Fruit Extract, and Rosemary extract









<sup>\*</sup> Percent Daily Values are based on 2,000 calorie diet.

<sup>\*\*</sup> Naturally Occurring

Daily Value not established.

# Ultra Multi Vitamin & Mineral Powder

A Whole Food Based Multi Vitamin

14 oz - \$29.99

LifeSource Vitamin's Powdered Ultra Multivitamin provides a synergistic blend of vitamins & minerals as well as a vast array of Co-nutrients, Antioxidants, Bioflavonoids, Plant Enzymes, Digestive Enzymes, Herbal Extracts and Green Phyto Foods. Our whole food based Multivitamin will energize every cell in the body enabling those cells to produce more energy on their own and to function at peak efficiency. With optimum cell function you will feel more alive, more alert and more aware than you have in years! This is a great formula for those who struggle to swallow tablets and the added benefit of only needing to take one dose per day makes it a great choice for those who are on the go.

- · Whole Food Based & Super Enzymes
- Energizing Super Foods & Superior Tonic Herbs.
- Superior Antioxidant Formula.
- Suitable for Vegetarians
- Metabolic Efficiency
- · Bones & Joint Support
- · Electrolyte Balancing
- · Energy & Endurance
- · Immune Function Enhancing
- Vision & Eye Health Functions
- . Mixes Fast & Absorbed in the body Immediately



#### SUPPLEMENT FACTS

Serving Size: I Scor	op (13 grams)									Servings per Conti	liner: 30
a 190	Amt/Serving	DV%*		Amt/Serving	DV%*	000 000 /	Amt/Serving	DV%*		Amt/Serving	DV%*
Vitamin A	5,000 IU	100%	Manganese	2 mg	13%	Acidophilus	50 mg		DNA	30 mg	
Vitamin C	500 mg	883%	Selenium	100 mcg	143%	Advantra Z	50 mg	- 1	Rutin	30 mg	
Vitamin D3	400 IU	100%	Chromium	150 mcg	125%	Alfalfa Concentrate	50 mg	1.00	Ginkgo Biloba	25 mg	
Vitamin E	200 IU	667%	Molybdenum	15 mcg	20%	Aloe Vera	50 mg		Dandelion	25 mg	
Vitamin B1	50 mg	3333%	Cat's Claw	250 mg		Bee Pollen	50 mg	1.0	Echinacea	25 mg	
Vitamin B2	50 mg	2941%	Chlorella	150 mg		Betaine Hydrochloride	50 mg	1.0	Golden Seal	25 mg	
Niacinamide	40 mg	200%	Choline	150 mg	176	Bioflavanoids	50 mg	1.0	Shiitake	25 mg	1.6
Vitamin 86	50 mg	2500%	Flaxseed Oil	150 mg	339	Bromelain	50 mg	3.0	Hesperidin	15 mg	1.0
Folic Acid	400 mcg	100%	Spirulina	150 mg	3.8	Citrus Pectin	50 mg		Amylase	5 mg	
Vitamin B12	250 mcg	4166%	Sprouted Barley Juice			Fo-Ti	50 mg		Cellulose	5 mg	
Biotin	150 mcg	50%	Wheat Grass Juice	150 mg	1.0	Guarana	50 mg	1	Lipase	5 mg	
Pantothenic Acid	50 mg	500%	Camu Camu	100 mg		Kola Nut	50 mg		CoQ10	3 mg	
Calcium	400 mcg	40%	Inositol	100 mg	1.2	Oat Bran	50 mg	- +	L-Glutathione	3 mg	
Potassium	150 mg	4%	L-Glutamine	100 ma	1.0	Papain	50 mg	+	Cayenne	1 mg	. +
Phosphorous	125 mg	13%	L-Phenylalanine	100 mg	*	Para Amino Benzoic Ac			Garlic	1 mg	
lodine	225 mcg	150%	L-Tyrosine	100 mg	- 1	Siberian Ginseng	50 mg	Ot.	Ginger Root	1 mg	
Magnesium	250 mg	63%	RNA	100 mg		Soy Lecithin	50 mg	. +	Yohimbe Bark	1,000 mcg	19
Zinc	15 mg	100%	Royal Jelly	100 mg		Yellow Dock	50 mg		Vanadium	50 mcg	110

<sup>\*</sup> Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established.

# Ultra Multi Vitamin & Mineral Powder + Phytos Foods Loaded With Phyto Reds, Phyto Blues, Phyto Purples and Phyto Oranges

\$44.99 or buy a 3 pack for \$119.97 save \$15

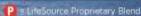
LifeSource Vitamins Proprietary Blended Powdered Ultra Multivitamin with Phyto Reds, Oranges, Purples & Blues provides a synergistic blend of vitamins & minerals as well as a vast array of Co-nutrients, Antioxidants, Bioflavonoids, Plant Enzymes, Digestive Enzymes, and Herbal Extracts. Our whole food based Multivitamin will energize every cell in the body enabling those cells to produce more energy on their own and to function at peak efficiency. With optimum cell function you will feel more alive, more alert and more aware than you have in years! This is a great formula for those who struggle to swallow tablets and the added benefit of only needing to take one dose per day makes it a great choice for those who are on the go. See the difference when you take this multi-vitamin and what your body can do to heal itself and become amazingly healthy!

Serving Size: TRounde	a scoop (in a	2				Servings Per Conta	iner: 30	
	Amt/Serving	DV%*	and the second second	Amt/Serving	DV%*	Amt	/Serving	DV%
Calories	17		Molybdenum	8 mcg	11%	Para Amino Benzoic Acid	25 mg	
Calories from Fat	0			0.17.6523		Bioflavanoids	25 mg	
Total Fat	0 g		WHOLE FOODS			Rutin	15 mg	
Saturated Fat	0.9		Cat's Claw	125 mg		DNA	15 mg	
Total Carbohydrates	4 g	156	Spirulina	75 mg		Hersperidin	8 mg	
Sugars	2.9	2%	Sprounted Barley Juice		- 1	L-Glutathione	2 mg	
Sodium	10 g	<1%	Chlorella	75 mg	1.6	Coenzyme Q-10	2 mg	
Fiber	4 q	16%	Wheat Grass Juice	75 mg			100.1110	
Protein	2 a	4%	Flaxseed Oil	75 mg		RED PHYTOS		
VITAMINS			Camu Camu	50 mg		Proprietary Fruit and		
Vitamin A	5.000 IU	100%	Bee Pollen	25 mg		Vegetable Blend	1113 mg	
Vitamin C	283 ma	314%	Siberian Ginseng	25 mg	114	Blackberries, Acerola, Blaci		s Blue
Vitamin D-3	400 IU	100%	Oat Bran	25 mg	- 4	berries, Cherries, Nectarine		
Vitamin E	100 IU	333%	Soya Lecithin	25 mg		Berries, Mangos, Pomegran		
Vitamin B-1	25 mg	2083%	Advantraz	25 mg		Black Currents, Blood Oran		
Vitamin B-2	27 mg	2077%	Kola Nut	25 mg	1.4	Red Plums, Strawberries an		
Vitamin B-3	20 mg	133%	Yellow Doc	25 mg	1/4	Carrot Powder	100 mg	WIII.
Vitamin B-5	25 mg	500%	FO-TI	25 mg	7.4	Apple Pectin	42 mg	
Vitamin B-6	25 mg	1923%	Alfalfa Concentrate			Flax Seed		
Vitamin B-12	251119	1923/1		25 mg	16		42 mg	
	999 mm22	20020	Aloe Vera	25 mg	97	Lycopene	42 mg	
as Cyanocobalamin)	125 mcg	2083%	Guarana	25 mg	0.5	Lutein	42 mg	
Vitamin H	75 mcg	250%	Ginkgo Biloba	13 mg	2.5	Oat Bran	29 mg	
Vitamin M	267 mcg	673%	Dandelion	13 mg		Lecithin	25 mg	
Choline	75 mg	14%	Shritake	13 mg	1.5	Rice Bran	17 mg	
Inositol	50 mg		Golden Seal	13 mg	- 77	Probiotic Blend	17 mg	
MINERALS (Elemental			Echinacea	13 mg		L. Acidophilus, L. Casei, L.		L
Calcium	202 mg	20%	Ginger Root	<1 mg		Plantarum, B. Breve and B.		
Magnesium	125 mg	31%	Cayenne	<1 mg		ORAC Blend	8 mg	
Potassium	75 mg	16%	Garlic	<1 mg	1.0	Japanese Knotweed	7 mg	
Zinc	8 mg	100%	Yohimbe Bark	<1 mg		Bilberry Std. Extract 25%	7 mg	
Manganese	1 mg	50%	OTHER NUTRITIONAL			Grape Seed Extract	5 mg	
Chromium	75 mcg	62%	Royal Jelly	50 mg	(+	Astaxanthin	3 mg	
Phosphorous	63 mcg	6%	RNA	50 mg	1.0	PURPLE PHYTOS		
Selenium	50 mcg	71%	L-Phenylalanine	50 mg		Proprietary Fruit Blend	817 mg	
Vanadium	25 mcg	100%	L-Glutamine	50 mg		Blueberries, Blackberries,		
lodine	113 mcg	75%	L-Tyrosine	50 mg		Black Cherries, Black Rasp	harrar	



	t/Serving	DV
Black Currants, Plums, Eld		
Bilberries, Figs and Raisns		
Proprietary Vegetable		
Powder Blend	208 mg	
Eggplant, Purple Carrots,		
Purple Cabbage and		
Beets Acai Fruit Powder	67 mg	
Camu Camu Powder	50 mg	
Mangosteen	50 mg	
Goli Berry	33 mg	
Proprietary "Brain" Blend		
(L-Carmosine and Alpha G		
P40p Pomegranate Extrac		
Stevia	6 mg	
Other Ingredients: Natural		
		272%
Strawberry, Cherry, Vanilla		nint
flavors, Banna powder, Cit	nc Acid	

ORANGE PHYTOS
Proprietary Fruit Blend 642 mg
Oranges, Peeches, Nectarines, Tangerines,
Cantaloupe, Pineapple, Clementines, Papaya,
Apricot, Mango, Kumquat, Persimmons
Proprietary Vegetable
Powder Blend 233 mg
Carrots, Yams, Pumpkin,
Butternut Squash, Rutabaga
Proprietary Energy Blend 133 mg
Taurine, Inositol, DMG, HCI and
White Panax Ginseng Green
CoffeeBean Extract 75 mg
Polyphenois 40mg,
Chloregenic Acid 38mg,
Caffeine 2g & Coenzyme Q-10 3mg
Stevia Leaf Extract 6 mg









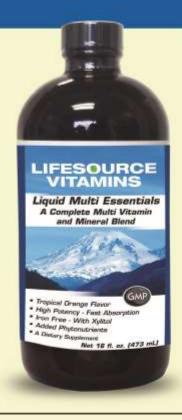
1%

# LifeSource Essential Liquid Multi Vitamin (Orange Flavor) 16 fl oz - \$29.99

LifeSource Vitamins Liquid Multi provides a solid nutritional base at a great price. It's easy to swallow, easy to digest and has a pleasant orange flavor. Like all of our products we've excluded the additives and impurities that you find in many leading brands of supplements. LifeSource Vitamin's Liquid Multi Vitamin starts working for you faster than any tablet, capsule, or soft-gel product. Because the digestive system becomes less effective with age, assimilation of nutrients becomes less than optimal. Research shows that after age 50, the utilization of essential nutrients is greatly reduced. So when nutrient absorption may be most critical, our bodies lack the ability to break down the tablets, gelatin capsules, and soft-gel caps. Highly absorbable liquid from LifeSource Vitamins is the perfect solution for all ages!

#### SUPPLEMENT FACTS

Serving Size: 1 Tablespoon (15 ml)				Servings Per C	Container: 32
An	nt/Serving	DV%*	WATER TO THE PARTY OF THE PARTY	Amt/Serving	DV%*
Vitamin A			Zinc (from Zinc AAC)	3 mg	20%
(from 60% Retinyl Palmitate & 40% Beta-	Carotene)		Selenium (from Selenopure T	15 mcg	21%
5,000 IU		100%	L-selenomethionine)	- 7	
Vitamin C (as Ascorbic Acid)	250 mg	417%	Manganese (from Manganese AAC)	2 mg	100%
Vitamin D (as Ergocalciferol)	400 IU	100%	Chromium	10 mcg	8%
Vitamin E	100 IU	333%	(from Chromium Chelavite® AAC)	15.1115-2	737
(from d-alpha Tocopheryl Acetate)			Potassium (from Potassium Chloride)	25 mg	<1%
Vitamin B-1	10 mg	667%	Orange Juice Powder	100 mg	1177
(from Thiamine Hydrochloride)			VitaBerry* HI-ORAC Fruit Blend	50 mg	4
Riboflavin (Vitamin B-2)	10 mg	590%	Aloe Vera Juice 50 mg †	50 mg	4
Vitamin B-3 (from Niacinamide)	25 mg	125%		FR	4
Vitamin 8-6	10 mg	500%	Colloidal Minerals (Fulvic Acid)	50 mg	Į.
(from Pyridoxine Hydrochloride)			Rice Protein Concentrate	30 mg	7
Folate (as Folic Acid)	400 mcg	100%	Choline (from Choline Bitartrate)	25 mg	1
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1667%	Inositol 25 mg !		
Biotin	100 mcg	33%	Kelp (Laminaria digitata)	15 mg	+
Vitamin B-5	25 mg	250%	Grapeseed Extract	10 mg	+
(from Calcium d-Pantothenate)	0.00000		(Vitis Vinifera) (90% Plyphenols)		
Calcium (from Calcium Carbonate)	25 mg	3%	Citrus Bioflavonoids	10 mg	1
lodine [from Kelp ( Laminaria digitata )]	75 mcg	50%	Lutein (from Marigold Extract)	100 mcg	+
Magnesium (from Magnesium Oxide)	10 mg	3%	Lycopene (from Natural Tomato Extrac	t) 100 mcg	,



# Adult Gummy Multivitamin

90 Gummies - \$18.99

LifeSource Vitamins Adult Gummies are perfect for those adults who want a different and fun way to take their vitamins. If you don't like swallowing pills, these are for you. They taste great and are a great way to ensure you are getting an adequate intake of the key nutrients your body needs.

Our Adult mixed fruit gummies (Orange, Cherry and Strawberry) have no artificial flavors or colors; we do this from the fruit we use. Not Synthetic Dyes!

#### SUPPLEMENT FACTS

Serving Size: 2 Gummies (Orange, Cherry	and Strawberry Fla		Servings per Conf	tainer: 45	
Calories	Amt/Serving	DV%*	Folic Acid	Amt/Serving 400 mcg	DV%*
Total Carbohydrates Sugars	4 g 3 g	116	Vitamin B-I2 (Cyanocobalamin)	8 mcg 1	33%
Vitamin A (Retinyl Acetate) Vitamin C (Ascorbic Acid)	4000 IU 60 mg	80% 30%	Biotin Pantothenic Acid (Calcium D-Pantothenate	150 mcg ) 10 mg	50% 100%
Vitamin D (Cholecalceferol)	400 IU	100%	lodine (Potassium lodine)	80 mcg	53%
Vitamin E (di-Alpha Tocopheryl Acetate) Vitamin B-6 (Pyridoxine Hydrochloride)	40 IU 2 mg	133%	Zinc (Zinc Sulfate) Sodium	5 mg 15 mg	33% 1%



\* Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established.

Other Ingredients: Glucose syrup, sugar, water, citric acid, pectin, sodium citrate, natural flavors, natural colors (annatto, elderberry Juice, grape Juice concentrate), coconut oil and carnauba wax. Suggested usage: Take 2 gummies daily. Do not exceed 3 gummies daily.

Contains No artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish. Lutemax 2020 trademark belongs to OmniActive Health Technologies Ltd. Lyc-O-Mato () is a registered trademark of LycoRed, Natural Product Industries, Ltd

# WE HAVE GUMMIES!

- GREAT TASTE
   NO ARTIFICIAL COLORS OR FLAVORS
  - VITAMIN C OMEGA FIBER PRO-BIOTICS







Daily values are based on 2,000 calorie diet. Daily value not established.

#### Mens Superior Multi Veg Capsules - Men Over 30 90 Veg Caps - \$27.99

LifeSource Vitamins Men's Superior Multi, 90 VCaps. Designed for men over 30 years of age, These contain vital nutrients for prostate, cardiovascular health, and cholesterol. Over 30 nutrients including Saw Palmetto. Lycopene, Lutein & CoQ10.\* Keeping men active and feeling alive in all areas of life.

- . Contains 10,000 IU beta carotene from a vegetarian source, with mixed carotenoids.
- . Inositol hexanicotinate for vitamin B-3 the superior form nutritionists recommend.
- . B-6 derived from P-5-P, a more bioavailable and efficient form.
- · B-12 as methylcobalamin, the most active co-enzyme form.
- 160 mg of Saw Palmetto important for every man over 30.
- 50 mg of the powerful metabolic antioxidant Alpha Lipoic Acid rarely found in other multiples.
- 15 mg of CoQ10 ideal for men of all ages.
- . High levels of Lycopene and Lutein, carotenoids critical for prostate and eye health.
- Iron-free formula offers the best value on the market for premium male multiples.
- Vegetarian Formula.
- . Keeping men active in all areas of life!

# **IDEAL FOR MEN OVER 30 YEARS OF AGE**

#### SUPPLEMENT FACTS

Serving Size: 3 Veg Capsules			Servin	gs Per Conta	iner 30
Am	t/Serving	DV%*	Ап	nt/Serving	DV%*
Vitamin A (75% as Beta-Carotene			Biotin	300 mcg	100%
and 25% as Retinyl Palmitate)	10,000 IU	200%	Pantothenic Acid (Vitamin B-5)		
Vitamin C (from Calcium Ascorbate)	250 mg	417%	(from D-Calcium Pantothenate)	50 mg	500%
Vitamin D (as Ergocalciferol)	1,000 IU	250%	Calcium (from Calcium Ascorbate and		
Vitamin E (as d-alpha Tocopheryl Succinate	) 150 IU	500%	Calcium Citrate)	50 mg	5%
Vitamin K (as Menaguinone K2 and			lodine (from Potassium Iodide)	150 mcg	100%
Phytonadione KI)	80 mcg	100%	Magnesium (from Magnesium Citrate	25 mg	6%
Thiamine (Vit. B-1) (from Thiamine HCI)	25 mg	1667%	Zinc (from Zinc Bisglycinate) (TRAACS)	15 mg	100%
Riboflavin (Vitamin B-2)	25 mg	1471%	Selenium (from L-Selenomethionine)	200 mcg	286%
Niacin (Vitamin B-3) (as Niacinamide	:CAR INTX		Copper (from Copper Bisglycinate)(TRAACS)	500 mcg	25%
and from Inositol Hexanicotinate)	35 mg	175%	Manganese (from Manganese Bisglycinate)		
Vitamin B-6 (from Pyridoxine HCl and			(TRAACS)	2 mg	100%
Pyridoxal-5-Phosphate (P-5-P)	25 mg	1250%	Chromium (from Chromium Picolinate)	200 mcg	167%
Folate (as Folic Acid)	400 mcg	100%	Molybdenum (from Sodium Molybdate)	75 mcg	100%
Vitamin B-12 (as Methylcobalamin)	250 mcg	4167%	Potassium (from Potassium Chloride)	25 mg	<1%
Folate (as Folic Acid)	400 mcg	100%	Molybdenum (from Sodium Molybdate)	75 mcg	100%



LIFESOURCE

Men's Superior

Multi

reich See Polosette, Lyc Pless Starole & Co010

4 Day Superior

**LIFESOURCE** 

/ITAMINS

Men's Superior

Multi

w Palmetta, Lycor

Other Ingredients; Cellulose Powder, Cellulose (capsule), Stearic Acid (vegetable source) and Silica.

Contains: Soy derivatives.

Contains no: sugar, salt, yeast, wheat, gluten, milk, egg, shellfish or preservatives.

# Men's Superior Multi Softgels

90 Softgels (45 Day Supply): \$32.99 180 Softgels (90 Day Supply) \$59.99

LifeSource Vitamins Men's Superior Multi, 90 & 180 Softgels are specifically designed for men over 40 years old. These contain vital nutrients for prostate, cardiovascular health, cholesterol, Over 30 nutrients including Saw Palmetto, Plant Sterois, Lycopene, Nettle Root & CoQ10 to keep you healthy and alive in all areas of life!

- With Saw Palmetto, Plant Sterols, Lycopene, Nettle Root & CoQ10
- Supports cardiovascular and prostate health and lower cholesterol

#### **IDEAL FOR MEN OVER 40**

## SUPPLEMENT FACTS Serving Size: 2 Softgels

A	mt/Serving	DV%*		Amt/Servin	g DV%*
Vitamin A (60% as Beta-Carotene (Betate	ine")		Pantothenic Acid (Vitamin B-5)		
and 40% Retinyl Palmitate)	10,000 IU	200%	(from D-Calcium Pantothenate)	50 mg	500%
Vitamin C (from Calcium Ascorbate)	250 mg	417%	Calcium (from Cal. Ascorbate,		
Vitamin D-3 (as Cholecalciferol)	1,000 IU	250%	Aquamin <sup>®</sup> F Seaweed Derived Minerals		
Vitamin E (as d-alpha Tocopherol)	150 IU	500%	and Calcium Pantothenate)	55 mg	6%
Vitamin K (as Menaguinone and	100.10	5000	lodine (from Potassium Iodide)	225 mcg	150%
Phytonadione)	80 mcg	100%	Magnesium (from Magnesium Citrate and		
	00 612 000 770	2000	Aquamin <sup>®</sup> F Seaweed Derived Minerals)	25 mg	6%
Thiamine (Vit. B-I) (from Thiamine HCI)	25 mg	1667%	Zinc (from Zinc Bisglycinate) (TRAACS*)	15 mg	100%
Riboflavin (Vitamin B-2)	25 mg	1471%	Selenium (from Selenium Amino Acid	11000000	
Niacin (Vitamin B-3) (as Niacinamide)	35 mg	175%	Complex) (TRAACS*)	200 mcg	286%:
Vitamin B-6 (from Pyridoxine HCl and			Copper (from Copper Bisglycinate)	as a second	200,0
Pyridoxal-5-Phosphate (P-5-P)	25 mg	1250%	(TRAACS*)	500 mca	25%
Folate (as Folic Acid)	400 mcg	100%	Manganese (from Manganese Bisglycinate)		
Vitamin B-12 (as Cyanocobalamin and	200.00000000000000000000000000000000000		(TRAACS*) 2 mg 100%		
Methylcobalamin)	120 mcg	2000%	Chromium (from Chromium Chelavite*)		
Biotin	300 mcg	100%	(TRAACS*)	120 mcg	100%

	Amt/Serving	DV%*
Molybdenum (from Molybdenum		
Bisglycinate)(TRAACS*)	75 mcg	100%
Potassium (from Potassium Chloride)	25 mg	< 1%
Saw Palmetto Extract (Berry)		
(Serenoa repens) (min. 85% Fatty Acids	) 160 mg	+
Phytosterols (Plant Sterols)		
(with Beta-Sitosterol)	50 mg	*
Alpha Lipoic Acid	25 mg	7
Choline (from Choline Bitartrate)	25 mg	*
Grape Seed Extract (Vitis vinifera)	25 mg	9
Inositol	10 mg	7
CoQ10 (as Ubiquinone)	10 mg	*
Lycopene (LYC-O-MATO*)		
(from Natural Tomato Extract)	3 mg	7
Lutein (FloraGLO*)		
(from Marigold Flowers)	500 mcg	Ť.

Other Ingredients: Pumpkin Seed Oil, Softgel Capsule (gelatin, glycerin, water, carob), Soy Lecithin, Beeswax and Cinnamon (Cinnamonnum cassia) bark oil Not manufactured with wheat, gluten, milk, eggs, fish or shellfish ingredients.









Servings Per Container: 45 / 90

Daily values are based on 2,000 calone diet. Daily value not established.

<sup>\*</sup> Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established.

# Men's Ultra Sport Multi

90 Softgels - \$26.99

Research has proven that strength & endurance athletes, due to their intensity and frequency of their training programs, have higher nutritional requirements than regular athletes. Over 90% of these athletes do not get enough nutrients to reach full potential. (Body Builders - Power Lifters - Cross Fitters - Runners - Bike Sports - Basketball, Volleyball, Swimmers, Softball, Baseball, Soccer, Tennis, Racquetball, Squash, Construction Workers & Tradesmen - The list goes on... If you are still getting after it at work, life, or basically any sport then this multi will help you reach maximum performance.

The nutrients in Men's Ultra Sport Multi's have been shown to be much more absorbable and utilizable by the body, meaning you get much more nutrition out of each serving. Men's Ultra Sport Multi's contain a full spectrum blend of vitamins and minerals and the timed-release functionality of the multivitamin which ensures that your body has a steady stream of vital nutrients throughout the day. So work hard, play hard, train hard and these multi's will keep up

#### **IDEAL FOR MEN OF ALL AGES**

#### SUPPLEMENT FACTS

Serving Size: 3 Softgels			Servings per 0	ontainer, 30	
An	nt/Serving	DV%*	Amt/Servi	ng DV%*	
Calories	25		Vitamin B-12 (as Methylcobalamin) 1,000 m	cg 16,667%	Amino
Calories from Fat 20			Biotin 300 m	cg 100%	L-Leux
Total Fat	2.5 g	4%	Pantothenic Acid		L-Glut
Saturated Fat	15 g	8%	(from Calcium Pantothenate) 50	ng 500%	(all fre
Trans Fat	0 g	- 4	Calcium (from Calcium Carbonate		Tribuk
Vitamin A (100% as Beta-Carotene)			(Aquamin* Seaweed		ZMA*
(Betatener)	5.000 IU	100%	Derived Minerals)] 50 i	The second second second	Magne
Vitamin C (as Ascorbic Acid)	120 mg	200%	lodine (from Potassium Iodide) 225 m	cg 150%	Pyndo
Vitamin D-3 (as Cholecalciferol)	1,000 IU	250%	Magnesium (from Magnesium Aspartate,		Cardio
Vitamin E	10000		Magnesium Citrate and Aquamin*		(with E
(from d-alpha Tocopheryl Acetate)	100 IU	333%	Seaweed Derived Minerals) 25 i	ng 6%	and St
Vitamin K	100 10	33370	Zinc [from Zinc Bisglycinate (TRAACS*),		Panax
	1991000000	1000	Zinc Mono L-methionine and Zinc Aspartate) 15	ng 100%	Maca (
(as Menaguinone and Phytonadione)	45 mcg	56%	Selenium (from Selenium Glycinate Complex) 200 m	cg 286%	Green
Thiamin (Vitamin B-I) (from Thiamin HCI)	50 mg	3333%	Copper (from Copper Bisglycinate)		Saw P
Riboflavin (Vitamin B-2)	50 mg	2941%	(TRAACS*) 2	ng 100%	Alpha
Niacin (Vitamin B-3) (as Niacinamide)	50 mg	250%	Chromium (from Chromium Picolinate) 200 m	cg 167%	Aloe V
Vitamin B-6 (from Pyridoxine HCI)	50 mg	2500%	Molybdenum (from Sodium Molybdate) 75 m	cg 100%	Lutein
Folate (as Folic Acid)	400 mcg	100%	MCT (Medium Chain Triglycerides) Oil 1,500	ng +	Lycope



Ar	mt/Serving	DV%*
Amino Acids, proprietary bland of.		
L-Leucine, L-Isoleucine, L-Valine,		
L-Glutamine, L-Arginine, Taurine		
(all free-form)	175mg	,
Tribulus terrestris Extract (Fruit)	100 mg	,
ZMA* (complex of Zinc Mono-L-methionin	ie,	
Magnesium/Zinc Aspartate and		
Pyridoxine HCI)	100 mg	1
CardioAid*-S Plant Sterol Esters		
(with Beta-Sitosterol, plus Campesterol		
and Stigmasterol)	100 mg	,
Panax Ginseng Extract (Root)	100 mg	1
Maca (Lepidium meyenii) (Root)	50 mg	1
Green Tea Extract (Leaf)	50 mg	+
Saw Palmetto Extract (Fruit)	50 mg	1
Alpha Lipoic Acid	50 mg	1
Aloe Vega (Leaf) (Concentrate)	50 mg	,
Lutein (from MariGold Extract)	500 mcg	1
Lycopene (from Natural Tomato Extract)	500 mcg	,

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Other Ingredients: Softgel Capsule (bovine gelatin, glycerin, water, carob), Beeswax and Soy Lecithin, Contains Soy, MCT Oil from coconut/palm kernel oil. Not Manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these aller- gens

# Men's Once Daily - Whole Food Multi

30 Tablets - \$16.99 90 Tablets - \$42.99 (SAVE \$8)

LifeSource Vitamins Men's Once Daily Multi, contains all of the basic array of vitamins / minerals in a once per day vegetarian tablet, but also key ingredients studied, and shown to support men's health, with a variety of Plant Foods, Herbs, Enzymes and Probiotics.

- · Green Foods, Herbs, Plant Foods and Enzymes for digestion and uploading
- · Probiotic Blend, Folic Acid and B Vitamins
- Support Cardiovascular and Prostate health and helps lower cholesterol

## **IDEAL FOR MEN OF ALL AGES**

#### SUPPLEMENT FACTS

Serving Size: 1 Tablet			Servin	igs per Cont	ainer: 30			
A	mt/Serving	DV%*	Ar	nt/Serving	DV%*		Amt/Serving	DV%*
Vitamin A (50% beta-carotene,			Calcium (from calcium carbonate,			Citrus Bioflavonoid Complex	25 mg	+
50% palmitate)	5,000 IU	100%	dibasic calcium phosphate, calcium citrate			Men's Health Blend	194757477	
Vitamin C (as ascorbic acid)	120 mg	200%	malate and calcium pantothenate)	50 ma	5%	Saw Palmetto (berry) 2:1 Extract	50 mg	+
Vitamin D3 (as cholecalciferol)	800 10	200%	Magnesium (from magnesium oxide)	25 mg	6%	Spirulina platensis	50 mg	- 2
Vitamin E (d-alpha tocopheryl succinate)	100 IU	333%		2000	500000		14 01 3 % TAY 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	
Vitamin K1 (as phytonadione)	100 mcg	125%	Zinc (OptiZinc*)	20 mg	133%	Lycopene (from Tomato, natural)	1,000 mcg	7
Thiamin (as thiamin hydrochloride)	25 mg	1,667%	Selenium (from selenomethionine,			Vegetable Juice Blend		
Riboflavin	25 mg	1,471%	amino acid complex)	200 mcg	167%	(Kale [leaf], Spinach [leaf],		
Niecin (as niacinamide)	25 mg	125%	Copper (amino acid chelate)	2 mg	100%	Dandelion Greens [leaf].		
Vitamin B6 (as pyridoxine hydrochloride)		200112000000	Manganese (from manganous gluconate)	2 mg	100%	Beet (beta vulgaris) [root])	10 mg	
Folic Acid	800 mcg	200%	Chromium (from chromium nicotinate)	200 mcg	167%	Digestive Support Blend	3757779	
Vitamin B12 (as cyanocobalamin)	25 mcg	417%		202011252	17773200			
Biotin	150 mcg	50%	Molybdenum (from sodium molybdate)	75 mcg	100%	Protease, Amylase, Lipase, Cellulase	36 mg	1
Pantothenic Acid (as d-calcium		11.00000	Choline (as choline bitartrate)	20 mg		Lactobacillus Sporogenes (Probiotic strai	in) 25 mg	1.
pantothenate)	25 mg	250%	Inositol	20 mg	+	Betaine HCI	10 mg	+

<sup>\*\*</sup> Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established.

Other Ingredients: Cellulose, Stearic Acid (vegetable source), Silicon Dioxide and Modified Cellulose. Contains no artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanufs, tree nuts, crustacean.









<sup>\*</sup> Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established.

# Men's Ultra Daily Pack (Whole Food Based) One Convenient Daily Pack

30 Packs - \$39.99

Each Pack contains 3 capsules / 1 softgel / 3 tablets. Men's Ultra Daily Pack provide an array of Men's nutritional needs in the convenience of a single pack. Easy to travel with, throw them in your pocket or suitcase.

A complete vitamin and mineral complex from A to Z and a 42 Fruit and Vegetable blend. Also loaded with what Men really need: Digestive Enzyme Complex, Spirulina, Wheatgrass, Green Tea, Psyllium Husks, Apple Pectin, Trace Mineral Complex, Kelp, CLA, Omega 3's - Essential Fatty Acids (GLA, ALA, EPA, DHA), Saw Palmetto, Pygeum Africanum, Pumpkin Seed and over 50 more nutrients all working together to make this to be the most complete Men's Daily pack available.

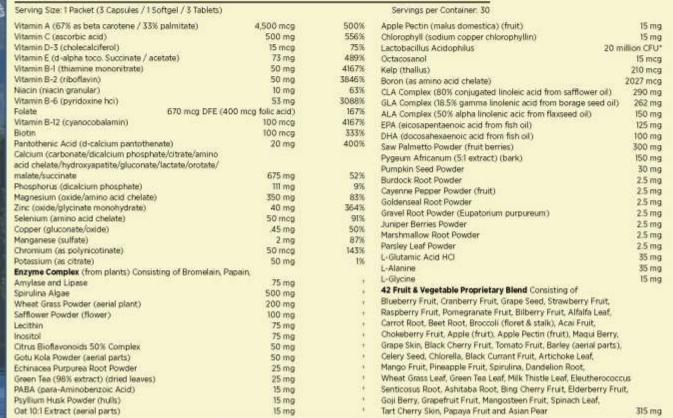
These Men's Ultra Packs are designed to help with: Aging, Immune Support, Prostate Health, Bone Strength, Muscle Growth, Cardiovascular Functioning, Digestion Improvement, Depression, Energy Metabolism, Memory & Cognitive Performance, Hearing, Vision, Sleep, Heart & Circulatory Health, Hair and Skin, Arthritis Support, Kidney & Liver Health and much more.

DID YOU KNOW: Over 75% or 3 out of 4 Americans do not meet the FDA Recommended Daily Allowance (RDI) for overall nutrition in their diets. For those over 55, the % is even higher. Our Men's Ultra Packs will help you fill the gaps in your diet, leading to healthier you!

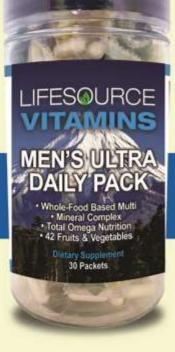
Vitamins work through consistent methodical use, just like we don't get overweight from one meal, it takes time to for vitamins to get your body to a complete & nutritional balance. But once your body gets to a complete balance your system will be better equipped to heal itself. Multivitamins quite simply fill in the gaps and help this process. Long term, lacking of these vitamins and minerals in your daily diet have been shown to cause deteriorating energy levels, poor immune system, weak bones, arthritic conditions, cognitive/brain decline, vision issues and a myriad of other health related problems. This is why you have to take matters into your own hands. Vitamins, taken properly over time will greatly help you age stronger and healthier.

It would be ideal to split these 7 Capsules/Softgel/Tablets throughout the day with breakfast and lunch. But if you take them all at one meal that is ok too. Just take them mid meal or at the end of your meal with 8 ounces of water.





<sup>\*</sup> Percent Daily Values are based on 2,000 calorie diet.











Daily Value not established

ALLERGN WARNING: Contains Soy (Lecithin) and Fish (Anchovy)

Other Ingredients: Gelatin (bovine), vegetable stearic acid, vegetable magnesium stearate, glycerin, rice flour, pharmaceutical glaze, microcrystalline cellulose, croscarmellose sodium, purified water and silicon dioxide

# Women's Ultra Daily Pack (Whole Food Based) One Convenient Daily Pack

30 Packs - \$39.99

WOMEN'S ULTRA DAILY PACK

Whole-Food Based Multi

• Mineral Complex • Total Omega Nutrition • 42 Fruits & Vegetables

30 Packets

Each Pack contains 3 capsules / 1 softgel / 3 tablets. Women's Ultra Daily Packs are overflowing with the nutrients women need each and every day! Providing a complete array of Women's nutritional needs in the convenience of a single pack. Easy to travel with, throw them in your gym bag, purse, pocket, on your desk at work or in your suitcase.

A complete vitamin and mineral women's formula from A to Z with a powerful 42 Fruit and Vegetable blend. Also loaded with what Women really need: Digestive Enzyme Complex, Calcium, Magnesium, Wheatgrass, Green Tea, Omega 3's - Essential Fatty Acids (GLA, ALA, EPA, DHA), Black Cohosh, Dong Quai, Licorice Extract, Vitex Berry (Chaste Berry), Red Clover, Sage, False Unicorn, Blessed Thistle, Red Raspberry, Mexican Wild Yam and over 50 more nutrients all working synergistically o make this the most complete Women's Daily pack available.

These packs contain Calcium/Magnesium tablets, providing dual support for bone health and strength. Stress can be a major issue for many active women, but Women's Ultra Packs address this by having a soothing herbal blend that helps balance emotions and encourage relaxation.

These Women's Ultra Packs are designed to support Aging, Immune Support, Hormone Levels, Bone Strength, Muscle Growth, Mood Balance, Cardiovascular Functioning, Digestion Improvement, Energy Metabolism, Depression, Stabilize Physical, Mental and Emotional Energy, Memory & Cognitive Performance, Hearing, Vision, Sleep, Heart & Circulatory Support, Hair and Skin, Arthritis Support, Kidney & Liver Health and much more.

DID YOU KNOW: Vitamins and minerals are called "Essential" because they are needed to sustain life and our bodies do not create them, they must be obtained from diet. The most common source are fruits and vegetables, but only 14% of U.S. adults and 9.5% of teens are eating the recommended servings. Our Women's Ultra Daily Packs can fill the gaps in your diet and make a difference in your long term health!

it would be ideal to split these 7 Capsules/Softgel/Tablets throughout the day with your breakfast and lunch. But if you take them all at one meal that is ok too. Just take them mid meal or at the end of your meal and 8 ounces of water



<sup>\*</sup> Percent Daily Values are based on 2,000 calorie diet.

ALLERGN WARNING: Contains Soy (Lecithin) and Fish (Anchovy)

Other Ingredients: Gelatin (bovine), vegetable stearic acid, vegetable magnesium stearate, glycerin, rice flour, pharmaceutical glaze, microcrystalline cellulose, croscamellose sodium, purified water and silicon dioxide









<sup>\*</sup> Daily Value not established

# Women's Superior Multi Tablets

90 Tablets - \$29.99

Our Women's Multi Vitamin & Mineral formula is designed for women who are in their child bearing years. This Multi will bridge the nutrient gap in your daily diet, while assisting in bringing your body back into a naturally balanced state. It's widely known & accepted that a body in proper balance can heal itself. What makes Women's Multi so effective?

- · Natural Beta-Carotene as the source of Vitamin A. (safe & effective)
- Recommended potencies of B-vitamins with B-3, B-5 & B-6.
- · High potency folate/folic acid important for women.
- . Buffered Vitamin C (calcium ascorbate) for reduced acidity.
- · Contains Albion Lab's patented Ferrochel® iron bisglycinate, which is gentle on the stomach.

## FOR WOMEN AGES 20'S, 30'S & 40'S

#### SUPPLEMENT FACTS

Serving Size: 3 Tablets			Serving	s Per Conti	einer: 30
Am	t/Serving	DV%*	Am	t/Serving	DV%*
Vitamin A (100% as Beta-Carotene)	10,000 IU	200%	Pantothenic Acid (Vitamin B-5)		
Vitamin C (from Calcium Ascorbate			(from D-Calcium Pantothenate)	50 mg	500%
and Ascorbyl Palmitate)	300 mg	500%	Calcium [from Calcium Carbonate		
Vitamin D (as Ergocalciferol)	1,000 IU	250%	(Aquamin* TG Red Algae		
Vitamin E (as d-alpha Tocopheryl Succinate	ALCOHOLOGICA SEC	667%	Sea Minerals) and Calcium Ascorbate]	250 mg	25%
Vitamin K (as Menaguinone K2 and			Iron (from Ferrochel® Ferrous Bisglycinate)		
Phytonadione KI)	80 mcg	100%	(TRAACS*)	18 mg	100%
Thiamin (Vitamin B-1) (from Thiamin HCI)	25 mg	1667%	fodine (from Potassium fodide)	150 mog	100%
Riboflavin (Vitamin B-2)	25 mg	1471%	Magnesium (from Magnesium Citrate	STATE OF	2000
Niacin (Vitamin B-3) (as Niacinamide	201103		and Aquamin® TG Red Algae Sea Minerals)	100 mg	25%
	70.000	150%	Zinc (from Zinc Bisglycinate) (TRAACS*)	15 mg	100%
and from Inositol Hexanicotinate) Vitamin B-6 (from Pyridoxine HCl and	30 mg	13-036	Selenium (from L-Selenomethionine)	200 mcg	286%
Pyridoxal-5-Phosphate (P-5-P))	25 mg	1250%	Copper (from Copper Bisglycinete) (TRAACS*)	1	50%
Folate (as Folic Acid)	800 mcg	200%	With Drift Colors	1 mg	30%
	15000	1000000	Manganese (from Manganese Bisglycinate)		44000
Vitamin B-12 (as Methylcobalamin)	200 mcg	3333%	(TRAACS*)	2 mg	100%
Biotin	300 mcg	100%	Chromium (from Chromium Picolinate)	120 mcg	100%



Women's Supe

Multi

Other Ingredients: Cellulose, Silica, Stearic Acid (vegetable source), Croscarmellose Sodium, Vegetarian Coating and Chlorophyll, Vitamin E from soy

# Women's Superior Multi Softgels

90 Softgels - \$26.99 180 Softgels - \$49.99

Servings Per Container: 30

In a perfect world women would get all their vitamins from the food they eat. Although it's not impossible for most of us it's improbable. The fact of the matter is that we live busy high-paced lives. We don't always eat the right foods and therefore don't always get the vitamins that we need. Women are especially susceptible to vitamin deficiency as many of us tend to put everyone and everything before ourselves. This means that we tend to our spouses, children, household chores, and work before we take the time out to take care of ourselves. Vitamin importance takes a backseat to these things as a result. What is the answer to the loss of vitamins in our busy life? Take a multivitamin.

- With Evening Primrose, Cranberry, Green Tea, Horsetail Silica, & CoQ10
- Gentler and easier to swallow and absorb

## FOR WOMEN AGE 30'S THROUGH 50'S

### SUPPLEMENT FACTS Serving Size: 3 Softgels

Serving State of Storagetta	100000000000000000000000000000000000000					
Am	t/Serving	DV%*	Amt	/Serving	DV%*	
Calories	25		Pantothenic Acid (Vitamin B-5)			M
Calories from Fat	20		(from D-Calcium Pantothenate)	50 mg	500%	Bi
Total Fat	2.9	3%	Calcium (from Aquamin* Seaweed			Pr
Protein	1 g	2%	Derived Minerals, Calcium Carbonate,			E
Beta-Carotene (100% as Beta-Carotene)			Ascorbate and Pantothenate)	140 mg	14%	(0)
(Betatene <sup>e</sup> )	5,000 IU	100%	Iron (from Ferrochel* Iron Bisglycinate)			0
Vitamin C (from Calcium Ascorbate)	200 mg	333%	(TRAACS*) 6 mg 33%			(V
Vitamin D-3 (as Cholecalciferol)	1,000 IU	250%	lodine (from Potassium lodide)	225 mag	150%	H
Vitamin E (as d-alpha Tocopherol)	150 IU	500%	Magnesium (from Magnesium Citrate,			
Vitamin K (as Menaguinone and Phytonadione)	80 mcg	100%	Magnesium Oxide			CA
Thiamine (Vit. B-I) (from Thiamine HCI)	25 mg	1667%	and Aquamin® Seaweed Derived Minerals	100 mg	25%	A
Riboflavin (Vitamin B-2)	25 mg	1471%	Zinc (from Zinc Bisglycinate) (TRAACS*)	15 mg	100%	0
Niacin (Vitamin B-3)			Selenium (from Selenium Amino Acid Comp	lex)		G
(from Niacinamide and Inositol Hexamicotinate)	25 mg	125%	(TRAACS*) (Albion*)	200 mcg	286%	G
Vitamin B-6 (from Pyridoxine HCl and			Copper (from Copper Bisglycinate) (TRAACS*)	1 mg	50%	0.
Pyridoxal-5-Phosphate (P-5-P))	25 mg	1250%	Manganese (from Manganese Bisglycinate)	7.50		In
Folate (as Folic Acid)	800 mcg	200%	(TRAACS*)	2 mg	100%	Q
Vitamin B-12 (as Methylcobalamin)	120 mcg	2000%	Chromium (from Chromium Chelavite*)			Ly
Biotin	300 mcg	100%	(TRAACS*)	120 mcg	100%	(fi

	Amt/Serving	DV%*
Molybdenum (from Molybdenum		
Bisglycinate) (TRAACS*)	75 mcg	100%
Potassium (from Potassium Chloride)	25 mg	< 1%
Evening Primrose Oil		
(Cenothera biennis) (Seed)	500 mg	
Cranberry Concentrate (20:1)		
(Vaccinium macrocarpon) (Fruit)	100 mg	9.1
Horsetail Extract (Equisteum arvense)	C RESIDEN	
(Aerial Parts) (min. 8% Silica)	50 mg	
Alpha Lipoic Acid	25 mg	
Choline (from Choline Bitartrate)	25 mg	
Grape Seed Extract (Vitis vinifera)	25 mg	9.5
Green Tea Extract (Camellia sinensis)	160-53020	
(Leaf)	25 mg	(8)
Inositol	25 mg	
CoQ10 (as Ubiquinone)	10 mg	
Lycopene (LYC-O-MATO*)		
(from Natural Tomato Extract)	500 mcg	

Suggested Usage: Take 3 Softgels daily with food.

Other Ingredients: Softgel Capsule (gelatin, glycerin, water, carob), Flax Seed Oil, Soy Lecithin and Beeswax

Contains no: wheat, gluten, milk, egg, fish or shellfish ingredients.



omen's Super

Multi

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Daily values are based on 2,000 calorie diet. \* Daily value not established.

<sup>\*</sup> Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established.

# Women's Once Daily - Whole Food Multi

30 Tablets - \$16.99 90 Tablets - \$42.99

Women's Once Daily multi contains not only basic nutritional support of vitamins and minerals in one vegetarian tablet, but also key ingredients observed in studies to support female health, including a variety of Herbs, Plant Foods, Enzymes and Probiotics.

- . Whole Food Based . Made with Green Foods Kale, Spinach and Dandelion . Enzymes and Probiotics for digestion and Absorption
- Contains Dong Quai 120mg of Vitamin C 800 IU Vitamin D3 All B Vitamins Folic Acid Magnesium, Zinc, Selenium

## SUPPLEMENT FACTS

Serving Size: 1 Tablet			Servings per	Container: 3	0/90
Ar	nt/Serving	DV%*	An	nt/Serving	DV%
Vitamin A (50% beta-carotene,			Selenium (from selenomethionine,		
50% palmitate)	5,000 IU	100%	amino acid complex)	200 mcg	167%
Vitamin € (as ascorbic acid)	120 mg	200%	Copper (amino acid chelate)	1 mg	50%
Vitamin D3 (as cholecalciferol)	800 IU	200%	Manganese (from manganous gluconate)	2 mg	100%
Vitamin E (d-alpha tocopheryl succinate)	100 IU	333%	Chromium (from chromium nicotinate)	200 mgg	167%
Vitamin KI (as phytonadione)	100 mcg	125%	Molybdenum (from sodium molybdate)	75 mcg	100%
Thiamin (as thiamin hydrochloride)	25 mg	1,667%	Choline (as choline bitartrate)	20 mg	
Riboflavin	25 mg	1,471%	Inositol	20 mg	
Niacin (as niacinamide)	25 mg	125%	Boron (amino acid complex)	1 mg	
Vitamin B6 (as pyridoxine hydrochloride)	25 mg	1,250%	Citrus Bioflavonoid Complex	25 mg	- 3
Folic Acid 800 mcg 200%			Women's Health Blend		
Vitamin BI2 (as cyanocobalamin)	25 mcg	417%	(Dong Quai [root] 4:1 Extract, Spirulina pla	tensis,	
Biotin 150 mcg 50%			Wild Yam Root Extract)	125 mg	9
Pantothenic Acid			Vegetable Juice Blend		
(as d-calcium pantothenate)	25 mg	250%	(Kale [leaf]. Spinach [leaf], Dandelion Gre	ens [leaf].	
Calcium (from calcium carbonate, dibasic	calcium		Beet (beta vulgaris) [root])	10 mg	- 0
phosphate,calcium citrate malate and			Digestive Support Blend		
calcium pantothenate)	200 mg	20%	Protease, Amylase, Lipase, Cellulase	36 mg	9
Magnesium (from magnesium oxide)	100 mg	25%	Lactobacillus sporogenes (Probiotic strain)	25 mg	- 0
Zinc (OptiZinc*)	10 mg	67%	Betaine HCI	10 mg	

<sup>\*</sup> Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established.

Other Ingredients: Cellulose, Stearic Acid (vegetable source), Modified Cellulose, Silicon Dioxide and Glycerin Contains no artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean.



# Pre-Natal Plus with DHA Multi Vitamin

180 Tablets - \$24.99

LIFESOURGE

Pre-Natal

**180 TABLETS** 

We at LifeSource Vitamins are proud to offer this ever so complete Prenatal Multi with DHA. There is no more important time for women to take multivitamins as when they are pregnant, and frankly a few months before they get pregnant as well. Our Prenatal is designed for women who are trying to conceive, are pregnant, or nursing, as we all have learned how important nursing is to the child's lifelong health. The perfect combination of 33 nutrients including DHA for a healthy Mom & Baby during this very special time.

Pregnant women depend on DHA to promote healthy fetal development. According to the Academy of Nutrition and Dietetics, the average woman only eats 2 ounces of the recommended 8 to 12 ounces of fish per week during pregnancy. This is exactly why we added DHA to these multi's.

## SUPPLEMENT FACTS

Serving Size: 3 Tablets				Servings per Conta	iner: 60
	Amt/Serving	DV%*		Amt/Serving	DV%*
Vitamin A	80001U	100%	Molybdenum	25mcg	33%
Vitamin C	180mg	300%	Potassium	25mg	<1%
Vitamin D-3	400IU	100%	DHA	100mg	1
Vitamin E	30IU	100%			
Vitamin BI	15mg	882%	L-Taurine	50mg	- 60
Vitamin B2	17.5mg	875%	Lemon Bioflavonoids	40mg	- 1
Vitamin B3 Niacin	20mg	100%	Inulin (FOS)	30mg	
Vitamin B6 (as Pyridoxine HCI)	10mg	400%	Choline	15mg	19
Folic Acid	800mcg	100%	DHEA	10mg	
Vitamin B12	12mcg	150%	inesitol	10mg	
Biotin	300mcg	100%	CONTRACT	7370170	- 9
Pantothenic Acid	30mg	300%	PABA	5mg	
Calcium	660mg	51%	Rutin	5mg	
Iron	18mg	100%	L-Histidine HCL	3 mg	- 1
lodine from kelp	150mcg	100%	Octacosanol	50mcg	
Magnesium	900mg	200%	Protease 50000HUT/GM	1800HUT	
Zinc	15mg	100%	Amylase 5000KB/GM	140 DU	
Selenium	30mcg	43%		**************************************	
Copper	100mcg	5%	Lipase 1000FIP/GM	1.5LU	
Manganese	3mg	150%	Cellulase 1000CU/GM	1.75CU	- 4
Chromium	25mcg	21%	Lactobacillus Sporogenes	15 Million	

Directions: Pregnant or Lactating women, take three tablets daily.









## Kids & Teens Chewable Multi Vitamins & Minerals

30 Chewables - \$12.99 / 90 Chewables - \$24.99 180 Chewables - \$39.99

Our Childrens Multi is a Phyto Nutrient Whole Food based multivitamin/mineral supplement enriched with Phyto Fruits and Phyto Veggies. Complete B-complex formula balanced for mental clarity and immune strength. LifeSource Vitamins Children's Multivitamin contains Beta Carotene Pro Vitamin A, Bioflavonoids, and 400 IU of Vitamin D3, as recommended by the American Academy of Pediatrics. Loaded with antioxidants provided from our Phyto Fruits and Veggies to protect kids from environmental pollutants and stress. And best of all, they are sugar FREE, not like most other major brands that are packed with unnatural sugar, sucrose, sucralose or other harmful sweeteners! Ours is sweetened simply by the Phyto Fruits inside these Kids' Multi's.

## We Consider This Kids Multi to be the Best in the World, Sold Anywhere at Any Price! Loaded with Phyto Fruits and Veggies and they will love the taste

#### SUPPLEMENT FACTS 4+ YEARS OLD

Serving Size: 1 Tablet

	Amt/Serving	DV%*	Ап	t/Serving	DV%*	Phyto-Nutrients Whole	Foods	
Beta Carotene	5000 IU	100%	PABA	.5 mg	*	Concentrate	225 mg	
Vitamin C			Biotin	150 mcg	50%	Whole Food Vegetable	Complex:	
(with Rose Hips, Buffe	ered with Minera	F	Folic Acid	200 mcg	50%	Carrots, Broccoli, Spinac	h, Celery, Beet	ts.
Ascorbates)	100 mg	166%	Vitamin ICI	10 mcg		Aı	mt/Serving	DV%*
Vitamin D3	400 IU	100%	Citrus Bioflavonoid Comp			Green Beans & Parsley.		134.5
Vitamin E			(Vitamin P)	30 mg		Whole Food Fruit Comp	elext	
(natural d-alpha)	4510	150%	Zinc, Elemental (Chelated)		35%	Orange Juice, Pineapple		erry.
Vitamin B1 (Thiamin)	3.4 mg	226%	Selenium (Yeast Free)	10 mcg	-	Juice Dried Apples, Drie	CANADA IN CONTRACTOR	10000
Vitamin B2 (Ribofiavi	n) 4.1 mg	239%	Calcium, Elemental	100 mg		Peaches, Dried Chernes.		
Nacinamide	24 mg	120%	Magnesium, Elemental	50 mg	12.50%	Super Protein Concentra		x riga
Vitamin B5								
(Pantothenic Acid)	.22 mg	220%	Iron, Elemental (Chelated	PRINCIPAL PRINCI	35%	Enzyme Blend: Amylase		
	Amt/Serving	DV%*	Chromium (as Picolinate)	10 mcg		Protease, Lipase	25 mg	
Vitamin B6	2 mg	100%	lodine (as kelp)	75 mcg	50%	Acerola Cherry Juice		
Vitamin B12	3 mcg	100%	Phosphorus	10mcg	1%	Concentrate	10 mg	- 6
Choline	Smg	1	Molybdenum	5 mcg		Hesperidin Complex	10 mg	2.0
inositol	2.5 mg		Copper	200 mcg	10%	Rutin	5 mg	- 0
TIPOS CONTINUES	100/1973/2020/00			/ 10 mm / 10 mm / 10 mm				



# Kids & Teens Multivitamin Gummies

90 Gummies - \$18.99

During this time of your child's life their brain is setting the foundation for all mental capacities for life, their health is formulating whether they will be a healthy child as well as all of their bodily functions are growing & processing to ensure efficiencies for the rest of their lives. No time is more critical to help with their nutritional intake than this time as kids can be picky eaters and not get what they truly need to grow and be healthy and reach their full potential."

Children need a sound nutritional basis upon which to grow and develop, so it's important to ensure that they eat a balanced diet. Of course, many children do not eat the right foods, opting instead for fast foods and foods containing more sugar than nutritional value. In order to ensure that your children get all the nutrients needed, you may choose to give them a daily vitamin. However, the last thing you want in that vitamin is a bunch of sugar. So what is a parent to do? Try LifeSource Vitamins Gummies for your kids, which is a multivitamin formulated specifically to ensure that children receive the nutrients they need to properly support their bodies during their years of growth and development.

#### LifeSource Vitamins All Natural Kids Gummies Contain Essential Vitamins and Minerals for your kids growing brains and bodies:

- Vitamin A: Healthy Eye Functioning and Immune System. More than one and a half cups of Broccoli.
- Vitamin C: Helps Support Immune System. More than 2 Tangerines
- Vitamin D: Supports Healthier Bones, Teeth, Muscle and Immune Support
- Vitamin E: Antioxidant and Essential Nutrient, Heart and Immune Health.
- B Vitamins: Niacin, Vitamin B6, Folic Acid, Vitamin B12, Biotin and Pantothenic Acid to help convert the food we eat into Energy.
- lodine: An Essential Mineral
- · Zinc: Immune Support

#### Other Highlights:

- · All Natural Fruit Flavors: No Synthetics!
- · Colors are derived from the fruit we use: No Synthetic Dyes!
- · Gluten Free
- · No Yeast
- No Preservatives
- 45 Day Supply

## SUPPLEMENT FACTS

Servings per Container: 45 Serving Size: 2 Gummies Amt/Serving DV%" Amt/Serving DV% Vitamin C (ascorbic acid) 20 ma 50/33% 60 mcg 40/20% Vitamin D (cholecalciferol) 400 IU 100% Pantothenic Acid (calcium pantothenate) 5.2 mg 104/52% Total Carbohydrates (Ages 2 to 4) 49 Vitamin E (dl-Alpha Tocopheryl ace 65/55% lodine (potassium lodine) 60/28% 30 16.5 IU 1 42 mcg Total Carbohydrates (Ages 4 & Up) 1% Vitamin B-6 (pyridoxine hydrochloride) 286/100% Zinc (citrate) 2.7 mg 49 2 mg 34/18% 260 mcg 40 mcg Folic Acid 130/65% Choline (bitartrate) 40 mcg Vitamin A (palmitate) 2100IU 42/84% Vitamin B-12 (cyanocobalamin) 6 mcg 200/100% Inositol



**IFESOURC** 

MULTIVITAMIN

GUMMIES





Daily values are based on 2,000 calorie diet. † Daily value not established

Daily values are based on 2.000 calorie diet. 1 Daily value not established.

# Ultra Teen Multi Vitamin & Minerals

60 Tablets - \$18.99

The LifeSource Vitamins Ultra Teen Multi provides older children, teens, and adults with a complete multivitamin containing 100% of the Daily Allowance of 29 vitamins, minerals & nutrients that are all too often inadequately supplied in our teens daily diet. Our Ultra Teen Multivitamins contain higher potencies than in typical children's supplements, in a combination that gives special attention to the balance and bioavailability of nutrients.

SUPPLEMENT FACTS				WILLIAM				
Serving Size: 1 Tablet			5	ervings Per Co	ntainer: 60	of grant and		
	mt/Serving	DV%*		mt/Serving	DV%*	NO VEGETAMIAN TARK	110	
Vitamin A			Biotin	300 mcg	100%			
(80% as palmitate,			Pantothenic Acid (as d-calcium					
20% as beta-carotene)	5,000 IU	100%	pantothenate)	10 mg	100%	A.	nt/Serving	DV%*
Vitamin C (as ascorbic acid)	120 mg	200%	Calcium (from calcium carbonate, dib-	asic calcium		Chromium (from chromium chloride)	120 mcg	100%
Vitamin D3 (as cholecalciferol)	400 IU	100%	phosphate and calcium pantothenate;	100 mg	10%	Molybdenum	100,11000	10.030
Vitamin E (as d-alpha tocopheryl			Iron (from ferrous furnarate)	9 mg	50%	(from molybdenum aminoacid chelate)	75 mcg	100%
succinate)	30 IU	100%	Phosphorus (from dibasic calcium phosph	ate) 7 mg	6%	Lemon Bioflavonoid Complex	75 mg	
Thiamin (as thiamin mononitrate	30 mg	2000%	lodine (from potassium iodide)	150 mcg	100%	Rutin (Saphora japonica)	45 mg	100
Riboflavin	30 mg	1760%	Magnesium (from magnesium oxide)	100 mg	25%	Choline (bitartrate)	30 mg	
Niacin (as niacinamide)	30 mg	150%	Zinc (from zinc oxide)	15 mg	100%	Inositol Organic Whole Food Blend (Organic sp.	30 mg	
Vitamin B6 (as pyridoxine hydrochlori	de) 30 mg	1500%	Selenium (from sodium selenate)	70 mcg	100%	organic blueberry, organic carrots)	30 mg	(180
Folic Acid	400 mcg	100%	Copper (from cupric oxide)	2 mg	100%	Spirulina	5 mg	
Vitamin B12 (as cyanocobalamin)	30 mcg	500%	Manganase (from manganous glucona	ate) 2 mg	100%	Chlorella	5 mg	

# Kids & Teens Liquid Multi Vitamin & Minerals - 174 Whole Food Nutrients

32 fl oz - \$44.99

LifeSource Vitamins Kid's & Teens Liquid Multivitamins & Minerals is a new, full spectrum blend of liquid vitamins designed to provide children with the important vitamins and minerals that their bodies need on a daily basis to grow healthy minds and bodies. Great tasting and a powerful full day of nutrients in one serving, Ideal for all children, and teenagers as well! If you want the most complete multivitamin available, or if your child will not take chewable multi's, these are what just you need. You can mix it right into their juice during the day.

Rora\* ScFOSPrebiotic Blend with Green Papaya and Bromelain gently strengthens the immune and digestive system. Hi ORAC Superior Phyto Food Fruit & Veggie Complex - Loaded with: Apricots, Bananas, Broccoli, Cabbage, Cherries, Cranberries, Ginger, Grapefruits, Green Tea, Kale, Kiwis, Lemons, Limes, Mangoes, Oranges, Pineapples, Plums, Raspberries, Red Peppers, Spinach, Sweetened with Xylitol not Sucralose, for its beneficial properties. No Crystalline Fructosel Whole Food Multi Specifically Formulated for our kids and yours.

- 100% of Vitamins: A, C, D3, E, B1, B2, B3, B6, Folate and B12
- A Full Spectrum of Vitamins, Minerals and Enzymes.
- 98 % Absorption within 90 seconds.
- Vitamin A (as natural beta carotene)

SUPPLEMENT FACTS

 Vitamin D3 - The American Academy of Pediatrics has doubled it's recommendation of Vitamin D intake. This multi has your kids covered.

25 ma

- · Organic Ingredients Non GMO Gluten Free · Sugar Free Soy Free -100% Vegetarian & Vegan
- No Artificial Flavors and No Artificial Sweeteners
- Vitamin C w/ Bioflavonoids -120mg. 300% Daily Allowance

- Trace Mineral Blend Aquamin\* Mineralized Red Algae
- Prebiotic Multi-Fiber Complex and Digestive Support NutraFlora® ScFOS Prebiotic Blend with Green Papaya and Bromelain gently strengthens the immune and digestive system
- Hi ORAC Superior Phyto Food Fruit & Veggie Complex Loaded with: Apricots, Bananas, Broccoli, Cabbage, Cherries, Cranberries, Ginger, Grapefruits, Green Tea, Kale, Kiwis, Lemons, Limes, Mangoes, Oranges, Pineapples, Plums, Raspberries, Red Peopers, Spinach,
- Sweetened with Xylitol not Sucralose, for its beneficial properties.
- · No Crystalline Fructose

Serving Size: Children 1-4 years old	1 1/2 Tablespoon	Children 5 at	nd older I Table	spoon	Serv	ings per Conta	niner: 64 / 32
	Amt/Serving	DV% (1-4)	DV% (4-12)		Amt/Serving	DV% (1-4)	DV% (4-12)
Calories	10	*	24	Zinc (as Zinc Picolinate)	5 mg	60%	30%
Sodium	<10mg			Selenium (as Selenium amino			
Carbohydrates	4 g		1.8	acid chelate)	10 mcg		14%
Dietary Fiber	1 g	5%	4%	Manganese	- 25		
Sugars	0 g	*		(as Manganese Bisglycinate Chelal	te) I mg		50%
Vitamin A (as Natural				Chromium (as Chromium Polynico	tinate) 10 mcg		8%
Beta-Carotene)	2,500 IU	100%	50%	Molybdenum (as Sodium Molybde	nate) 20 mcg	+	27%
Vitamin C (as Ascorbic Acid,				Potassium (as Potassium Citrate)	50 mg	9	7.4
Citrus Bioflavonoids)	120 mg	300%	200%	Choline (Bitartrate)	20 mg	*	- 34
Vitamin D3 (as Cholecalciferol)	400 IU	100%	100%	Inositol	15 mg		*
Vitamin E (as d-alpha-tocopherol				Aguamin*	1,755,754,1		
acetate)	20 IU	100%	65%	5 (as Mineralized Red Algae Sea M	inerals)		
Vitamin B1 (as Thiamine HCL)	2 mg	140%	135%	(Lithothamnium coralloides/			
Vitamin B2 (as Riboflavin-5-Phosphate)	0.0000000000000000000000000000000000000	140%	120%	Lithothamnium calcareum) (Whole	e Plant) 44 mg	190	1.4
Vitamin B3 (as Niacinamide)	10 mg	100%	50%	Wellberry'* (Vitamin C,			
Vitamin B6 (as Pyridoxine HCL)	2 mg	100%	100%	Indian Gooseberry Fruit Extract, C	itrus Bioflauonois	4e	
Folate (100% from certified organic				Vegetable Fatty Acids)	205 mg		14
Limon extract (peel) as Orgen-FA*)	400 mcg	200%	100%	Digestive Health Blend	200 119		
Vitamin B12 (as Methylcobalamin)	15 mcg	500%	250%	(Isomalto-oligosaccharides(prebio	No Sheet		
Biotin	65 mcg	45%	20%				
Pantothenic Acid	122111111	101010101	-10.000	NutraFlora* (ScFOS Prebiotic Blen	CON		
(as d-calcium pantothenate)	10 mg	200%	100%	Green Papaya juice, Bromelain 1	225 mg		- 27
Calcium (as Calcium Citrate and				Fruits & Greens Antioxidant Fruit a			
Aquamin* Sea Minerals)	25 mg	8%	5%	Vegetable Blend (extracts of Bana			
lodine (Potassium Iodine)	50 mcg	70%	30%	Pineapple, Cranberry, Cherry, Rasp	berry, Red Pepp	er, Plum,	

Other Ingredients: Cellulose, Silica, Modified Cellulose Gum, Stearic Acid (Vegetable Source), Magnesium Stearate (Vegetable Source), Glycerin, Natural Cinnamon Oil. Contains No artificial colors, flavors, or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish " Daily Value not established,





Aquamin\* sea minerals)



Magnesium (as Magnesium Citrate and



Apricot, Ginger, Broccoli, Spinach, Kale, Cabbage, Orange,

Grapefruit, Lemon, Lime, Green Tea)

## Men's Senior Multi Vitamin - 2 Month Supply

180 Tablets - \$44.99

LifeSource Vitamins advanced Ultra Senior Multi-Vitamin is a great vegetarian formula for Men ages 50 and older. Contains nutrients ideal for Bone Support, Eye Support, Healthy Digestion, Blood Pressure & Cholesterol Support, LifeSource Vitamins Men's Ultra Senior's also contains Co-Enzyme, or activated forms of B-vitamins, for ease and assurance of activation in the body. Enhanced chelated minerals for optimum bioavailability. Moderate and effective doses of essential nutrients for the entire body. Enzymes support nutrient digestion and assimilation, sparing the body's valuable supply of enzymes and saving energy in the digestive process.

This unique formula is designed to focus on what a man's body needs as he ages, and contains unique nutrients not found in other multivitamins, such as Lutien / Zeaxanthin, Lycopene, Bilberry, Grapeseed Extract, Saw Palmetto, Lemon bioflavonoid complex, Cinnamon Powder, Tomato Powder, Enzymes, Betaine HCI, Ginger and much more.



#### IDEAL FOR MEN OVER 50 YEARS OF AGE

#### SUPPLEMENT FACTS

Serving Size: 3 Tablets			Servings Per Container: 60						
A	mt/Serving	DV%*	An	nt/Serving	DV%*	Am	t/Serving	DV%*	
Vitamin A (as beta-carotene)	2,500 IU	50%	Iron (from ferrous fumarate)	4 mg	22%	Bilberry	50 mg	+	
Vitamin C (as ascorbic acid)	300 mg	500%	lodine (from potassium iodine)	150 mcg	100%	Grapeseed extract	20 mg	1.0	
Vitamin D3 (as cholecalciferol)	400 IU	100%	Magnesium (from magnesium oxide)	200 mg	50%			100	
Vitamin E (d-alpha tocopheryl			Zinc (from zinc oxide)	30 mg	200%	Saw palmetto (Serenoa repens) (berry)	100 mg	10	
succinate)	75 IU	250%	Selenium (from L-selenomethionine)	200 mcg	286%	Lemon bioflavonoid complex	10 mg		
Thiamin (as thiamin mononitrate)	60 mg	4000%	Copper (from cupric oxide)	2 mg	100%	Onnamon powder	100 mg		
Riboflavin	60 mg	3529%	Manganese (from manganous gluconat	e) 2 mg	100%	Tomato powder	10 mg		
Niacin (as nicotinic acid)	30 mg	150%	Chromium (from chromium chloride)	200 mcg	167%	Enzyme Blend (Papain, Bromelain, Lipas	e,		
Vitamin B6 (as pyridoxine HCI)	60 mg	3000%	Molybdenum (from sodium molybdate	45 mcg	60%	Protease, Amylase)	20 mg	9	
Folic Acid	800 mcg	200%	inositol	30 mg	+	[ - 1] ( [ 12] 2 [ 2]	000000	100	
Vitamin B12 (as cyanocobalamin)	400 mcg	6667%	Choline (bitartrate)	180 mg	7	Betaine HCI	25 mg	- 3	
Biotin	300 mcg	100%	Lutien/Zeaxanthin (from Lutien ™ 2020	0		Ginger	40 mg	7	
Pantothenic acid (as d-calciumpantothenat		1000%	(from Tagetes erecta)	3.75 mg	+	Boron	200 mgg		
Calcium (from calcium citrate)	240 mg	24%	Lycopene (Lyc-O-Mato (i))	2 mg	+	Vanadium	2 mcg		

Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established.

Other Ingredients: Cellulose, modified cellulose gum, stearic acid (vegetable source), silica, magnesium stearate (vegetable source), glycerin, natural cinnamon oil. Contains No artificial colors, flavors or preservatives, no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish. Lutemax \* 2020 trademark belongs to OmniActive Health Technologies Ltd.

Lyc-O-Mato © is a registered trademark of LycoRed, Natural Product Industries, Ltd.

# Women's Senior Multi Vitamin - 2 Month Supply

180 Tablets - \$44.99

LifeSource Vitamins has created a Superior Senior Multivitamin just for Women over 50. Our Ultra Senior Women's multiple vitamin and mineral will help to bridge the nutrient gap in your daily diet. These will truly help get your body back to a balance so it can start healing itself. We feel this is the best multi available, just compare labels! In today's world of processed foods and fastpaced lifestyles, most of us do not get the daily recommended allowance of vitamins, minerals and other nutrients. LifeSource's multivitamins & minerals are formulated to provide a broad range of nutrition in a synergistic manner.

Uniquely formulated for the female baby boomer with Alpha Lipoic Acid, Lutien & antioxidants for eye and cell health.

#### IDEAL FOR WOMEN OVER THE AGE OF 50

#### SUPPLEMENT FACTS

Serving Size: 3 Tablets					Servings	Per Container: 60		
	Amt/Serving	DV%*	An	nt/Serving	DV%*		Amt/Serving	DV%*
Vitamin A (as beta-carotene)	5,000 IU	100%	(from ferrous furnarate)	10 mg	56%	Pomegranate powder	15 mg	
Vitamin C (as ascorbic acid)	300 mg	500%	lodine (from potassium iodine)	150 mcg	100%	Alpha Lipoic Acid	50 mg	9.
Vitamin D3 (as cholecalciferol)	400 IU	100%	Magnesium (from magnesium oxide)	240 mg	60%	Grapeseed extract	20 mg	
Vitamin E (d-alpha tocopheryl succ	inate) 75 IU	250%	Zinc (from zinc oxide)	15 mg	100%	Soy (non-GMO)	30 mg	
Thiamin (as thiamin mononitrate)	60 mg	4000%	Selenium (from L-selenomethionine)	200 mcg	286%	Cranberry (CranMax ®)	25 mg	
Riboflavin	60 mg	3529%	Copper (from cupric oxide)	2 mg	100%	Lemon bioflavonoid complex	200 mg	+
Niacin (as nicotinic acid)	20 mg	100%	Manganese (from manganous gluconal	e) 2 mg	100%	Cinnamon powder	100 mg	*
Vitamin B6 (as pyridoxine HCI)	60 mg	3000%	Chromium (from chromium chloride)	200 mcg	167%	Tomato powder	10 mg	9
Folic Acid	800 mcg	200%	Molybdenum (from sodium molybdate	45 mcg	60%	Enzyme Blend (Papain, Bromelain,		
Vitamin B12 (as cyanocobalamin)	400 mcg	6667%	Inositol	30 mg	+	Lipase, Protease, Amylase)	30 mg	+
Biotin	600 mcg	200%	Choline (bitartrate)	120 mg		Betaine HCI	25 mg	
Pantothenic acid (as d-calcium			Lutien/Zeaxanthin (from Lutien * 2020	12		Ginger Root Extract	60 mg	¥
pantothenate)	50 mg	500%	(from Tagetes erecta)	3.75 mg		Boron	3,000 mcg	9
Calcium (from calcium citrate)	240 mg	24%	Bilberry	50 mg	+	Vanedium	2 mcg	,

Percent Daily Values are based on 2,000 calorie diet. Daily Value not established.

Other Ingredients: Cellulose, modified cellulose gum, steeric acid (vegetable source), magnesium stearate (vegetable source). Silica, cinnamon oil, glycerin.

Contains No artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish. Lutemax 2020 trademark belongs to OmniActive Health Technologies Ltd.

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# Seniors Ultra Multi Vitamin - 2 Month Supply

180 Tablets - \$44.99

LifeSource's advanced Ultra Senior Multi-Vitamin is a great formula for men or women ages 50 and older. This is designed to focus on what the body needs as we age and contains unique nutrients not found in other multi vitamins such as Coenzyme Q10, Ginkgo Biloba, Alpha Lipoic Acid, Phosphatidylserine, Lycopene, Bilberry Extract, Octacosanol, and more. This combination of 60 ingredients puts focus on cardiovascular, neurological and ocular health, as well as defensive antioxidant support.

# Ultra Senior Is All Addition of the American Inc. - All Additions of

#### IDEAL FOR ANYONE OVER 50 YEARS OF AGE - MEN & WOMEN

#### SUPPLEMENT FACTS

Serving Size: 3 Tablets					Servings p	er Container: 60		
Am	t/Serving	DV%*		Amt/Serving	DV%*		Amt/Serving	DV%*
Vitamin A (2000 IU as palmitate			Copper (as Cu AAC)	0.025 mg	1%	Gamma Linolenic Acid	2.5 mg	
and 7500 IU as beta-carotene)	9500 IU	190%	Manganese (as Mn Gluconate)	2.5 mg	125%	Alpha Lipoic Acid	15 mg	
Vitamin C (as Ascorbic Acid &	1	room	Chromium (as Cr Polynicotinate)	25 mcg	21%	Coenzyme Q10	5 mg	
Ca Ascorbate)	300 mg	500%	Molybdenum (as Mo AAC)		33%	Lycopene	2.5 mg	
Vitamin D3 (Cholecalciferol)	200 IU	50%	3. COMPANY OF COMPANY OF THE COMPANY	25 mcg	3376	Bioperine*	2.5 mg	
Vitamin E (as d-alpha tocopheryl succinate)	200 IU	667%	Boron (as B AAC)	0.5 mg		Ginkgo Biloba	5 mg	
Vitamin K (as Phytonadione)	2.5 mcg	3%	Potassium (as K citrate)	25 mg	1%			
Thiamin	25 mg	1667%	Silicon (Horsetail Rush)	3 mg		RNA (ribonucleic acid)	5 mg	
Riboflavin	25 mg	1471%	Vanadium (as V AAC)	10 mcg		Mixed Citrus Bioflavonoids	100 mg	- 5
Niacin (and as Niacinamide)	25 mg	125%	Choline (as Choline Bitartrate)	50 mg		Hesperidin	12.5 mg	•
Vitamin B 6	25 mg	12.376				Rutin	12.5 mg	
(Pyridoxine HCl 90%, P-5-P 10%)	25 mg	1250%	Inositol	25 mg	20	Pectin	12.5 mg	
Folic Acid	200 mcg	50%	PABA (para-aminobenzoic acid)	25 mg		Betaine HCI	15 mg	
Vitamin B12 (Methylcobalamin)	25 mcg	417%	L-Cysteine (enteric coated)	25 mg	*	Bromelain	2 mg	
Biotin	150 mcg	50%	Glutamic Acid	25 mg	**	Papain	2 mg	
Pantothenic Acid (as Ca Pantothenate)	25 mg	250%	DL-Methionine (enteric coated)	25 mg		Bilberry Extract 4:1	20 mg	
Calcium (as Ca Citrate)	300 mg	30%	L-Aspartic Acid	50 mg		The state of the s		
lodine (from kelp)	35 mcg	23%		NAME OF TAXABLE PARTY.		Lutein	1.5 mg	
Magnesium (as Mg Carbonate)	150 mg	38%	Phosphatidylserine	12.5 mg	33	A proprietary blend of vegeta		
Zinc (as Zn Gluconate)	10 mg	67%	Octacosanol	500 mcg	50	(amylase, protease, lipase, he	A DESCRIPTION OF STATE OF	
Selenium (as Se AAC)	25 mcg		Soy Lecithin	50 mg		and lactase)	10 mg	

<sup>\*</sup> Daily Value not established.

Other Ingredients: Stearic acid, cellulose, silicon dioxide, pharmaceutical glaze

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# Adult Multi Vitamin Chewable Multi

90 Chewable Tabs (45 Day Supply) - \$24.99 180 Chewable Tabs (90 Day Supply - 3 Months) - \$39.99 (Save \$10)

LifeSource Vitamins Adult Multi-Vitamin Chewable w/ Immune Boosting Fruits and Veggies provides a synergistic blend of vitamins & minerals as well as a vast array of Co-nutrients, Antioxidants, Bioflavonoids, Plant Enzymes, Digestive Enzymes, and Herbal Extracts. Our whole-food-based Multivitamin will energize every cell in the body enabling those cells to produce more energy on their own and to function at peak efficiency. With optimum cell function, you will feel more alive, more alert, and more aware than you have in years! This is a great formula for those who struggle to swellow tablets and they taste great. See the difference when you take this multivitamin and what your body can do to heal itself and become amazingly healthy!

- Non-GMO, Gluten-Free, Wheat Free, Lactose-Free
- Contains O grams of sugar (free of aspartame or high fructose corn syrup)
- Made in the USA with all USA ingredients
- · Made in accordance with current FDA guidelines

- . Starch Free, Milk Free, and Yeast Free
- Sugar-Free / Soy-Free 100% Vegetarian & Vegan
- No Artificial Flavors, No Artificial Sweeteners, No Waxes, No Solvents
- Sweetened with our Oranges, Pineapple, Citric Acid, & Acerola Cherry Juice only, not Sucralose.

# SUPPLEMENT FACTS

Serving Size: 2 Chewable Tablets

Servings per Container	90 Amt/Serving	DV%*	Amt/Serving D	V%*
Bete Carotene  other Watern & 20000 kg  Vitamin D3 (40080)  Vitamin C (with Tool light Buffeed with Menal Accordate)  Vitamin B1 (Theorem)  Vitamin B2 (theorem)  Vitamin B3 (Theorem)  Vitamin B5 (Scattline Acid)  Vitamin B6 (Systeme)  Vitamin B6 (Systeme)  Vitamin B1 (Systeme)  Vitamin B2 (Systeme)  Vitamin B3 (Systeme)  Vitamin B4 (Systeme)  Vitamin B6 (Systeme)	2.5 mg 5 mg 150 mog	100% Selenium (Yeart free) Colicium, Elemental Magnesium, Elemental Magnesium, Elemental Sols, Elemental Whole Foods Concentrate Whole Foods Concentrate Sols, Elemental Sols,	35 mg 25 mg 63 mg 10 mcg 75 mcg 10 mg 5 mcg 200 mg 225 mg	10% 2.50% 35% 50% 10%
Folio Acid (200 mog) Vitamin K1 Citrus Bioflavonoid Complex	333.3 mog DFE 10 mog 30 mg	50% Super Protein Concentrate Enzyme Blend: Amylase, Protease, Lipase	25 mg	
Zinc, Elemental consession	5.25 mg	35% Acerola Cherry Juice Concentrate	10 mg	2740
Mary Mary Control of the Control of		Hesperidin Complex	10 mg	- 41
		Rutin "Daily Value Not Established	5 mg	3



\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorio needs.

Other ingredients: Natural Fruit Rayoning from Changes (a natural source of bioffavonoids), Pineapple Citrix Acid, & Acerola Cherry Juice.

Whole Food Blend: Carrott, Broccoli, Spinach, Celery, Seats, Green Beans, Paralay Change, Juice, Pineapple Juice, Raybeberry Juice, Dried Applet,

Dried Apricots, Dried Peaches, Dried Cherries, Dried Plums, Figs & Rose Nips. Curcumin, Mixed Tocopherols, Organic Gum Arabic, Natural Microcrystalline Cellulose







## Olive Leaf Extract 750 mg

# 60 Veg Caps - \$14.99



#### SUPPLEMENT FACTS

Serving Size: 1 Veg Cap Servings per Container: 60

Amt/Serving DV%\*

Olive Leaf (20% extract) (standardized to contain 150mg of

750 ma

\* Percent Daily Values are based on 2,000 calorie diet

1 Daily Value not established

Other Ingredients: Cellulose, vegetable magnesium stearate and

Suggested usage: Take 1 capsule 1 to 2 times daily

# Oregano Oil

## 90 Softgels - \$17.99



Oregano Oil

## Clear congestion

- · Antibacterial & antifungal properties
- · Soothe digestive tract · Powerful Antioxidant

# SUPPLEMENT FACTS



\* Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established

Other Ingredients: Softgel Capsule (gelatin, glycerin, water, enteric coating, carob) and Extra Virgin Olive Oil.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish

# Krill Oil (Neptune Omega 3)

60 Softgels - \$33.99



There are many advantages to taking a Neptune Krill Oil supplement. Not only do you get the health benefits of omega 3 fatty acids, you also get a natural source of brain-nourishing phospholipids and a potent antioxidant

- Astaxanthin. This unique combination of Neptune Krill Oil ingredients is what separates it from other healthy oils. LifeSource Neptune Krill Oil is manufactured under strict quality control standards. It is tested to be free of potentially harmful levels of contaminants (i.e., mercury, heavy metals, PCB's, dioxins, and other contaminants).

- · Cardiovascular health
- · Healthy blood sugar levels
- · Promotes optimal reproductive cycles
- · Supports healthy joints
- · Supports mental health and immune system function
- Helps brain and nervous system function

Serving Size 2 Softgels	Servings per Co	ontainer 30
	Amt/Serving	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Neptune Krill Oil (NKOT)	1.0 g (1,000 mg)	- 1
Omega-3 Fatty Acids	230 mg	1
Eicosapentaenoic Acid (EPA)	120 mg	
Docosahexaenoic Acid (DHA)	70 mg	1
Phospholipids	390 mg	1
Esterified Astaxanthin	750 mcg	- +

# **Ultra Omega-3**

90 Softgels - \$25.99 180 Softgels - \$45.99 SAVE \$5)



The Natural Fish Oil Concentrate used in this softgel is manufactured under strict quality control standards. It is tested to be free of potentially harmful levels of contaminants (i.e. mercury, heavy metals, PCB's, dioxins, and other contaminants) and is Non-GMO.

Specifically, the omega-3 fatty acids found in fish oil have been shown to:

- · Reduce the risk of heart attack or stroke
- Lower blood triglyceride levels
- · Lower blood pressure
- · Decrease inflammation
- · Reduce joint stiffness
- Lower cholesterol levels

#### SUPPLEMENT FACTS

Serving Size: 1 Softgel	Servings Per Container: 180		
	Amt/Serving	DV%*	
Calories	10		
Calories from Fat	10		
Total Fat	1 g	2%*	
Saturated Fat	<0.5 g	<136*	
Trans Fat	0 g		
Polyunsaturated Fat	1 g		
Monounsaturated Fat	<0.5 g		
Cholesterol	0 mg	0%	
Natural Fish Oil Concentrate	1,000 mg		
Omega-3 Fatty Acids			
Eicosapentaenoic Acid (EPA)	500 mg		
Docosahexaenoic Acid (DHA)	250 mg		

Percent Daily Values are based on 2,000 calorie diet. Daily Value not established. Other Ingredients: Softgel Capsule (bovine gelatin, glycerin, enteric coating, water) and Vitamin E (as natural d-alpha tocopherol).

Contains: Fish (anchovies). Vitamin E from soy. Fish oil is a product of Penu and Chile. Not manufactured with yeast, wheat, gluten, milk, egg, or shellfish ingredients.

# Super Omega 3-6-9

90 Softgels - \$17.99 180 Softgels - \$29.99



Blend of Fish, Borage and Organic Flax Seed Oils. This combination of well-known nutritional oils provides a unique balance of Omega-3 and Omega-6 essential fatty acids plus Omega-9, a non-essential, but beneficial fatty acid.

- · Nerve transmission
- · Division of cells (growth and healing processes)
- · Response to pain, swelling and inflammation · Transporting of oxygen from cells to tissues
- · Supporting immune response
- · Providing energy to the heart muscle/heart health

#### SUPPLEMENT FACTS

Serving Size: 2 Softgels	Servings per Container: 45	
	Amt/Serving	DV%*
Calories	25	
Total Fat	2.5 g	3%
Saturated Fat	<.5 g	2%
Polyunsaturated Fat	1.5 g	
Monounsaturated Fat	,5 g	
Protein	<1 g	156
Borage Oil (seed)	800 mg	
Natural Fish Oil Concentrate	800 mg	
Organic Flax Seed Oil	800 mg	3
Naturally Occurring Fatty Acids		
(example) per serving		
Omega-3 Fatty Acids	604 mg (126mg EPA, 78mg DHA)	
Omega-6 Fatty Acids	539 mg (160 mg GLA)	
Omega-9 Fatty Acids	225 mg	

\* Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established

Other Ingredients: Softgel Capsule (bovine gelatin, glycerin, water) and Vitamin E (as natural d-alpha tocopherol with mixed tocopherols). Non-GMO

Contains Fish (sardines, anchovies). Vitamin E from sov







# Omega 3 Super EPA/DHA

100 Softgels - \$13.99 200 Softgels - \$23.99



Omega-3 fatty acids have earned a wide reputation for preventing heart disease. The Omega-3 fatty acids help lower LDL cholesterol and contribute to functions that help thin blood and decrease plague along the artery walls, improving blood circulation. Omega 3 has been shown to increase your overall health and energy level.

#### SUPPLEMENT FACTS

Serving Size: 1 Softgel / 300 mg	Servings Per Contai	ner: 100
Amt/Serving		DV%*
Eicosapentaenoic Acid (EPA)	180 mg	*
Docosahexamoic Acid (DHA)	120 mg	

Daily value not established

## Superior Omega-3 W/Vitamin D3 60 Softgels - \$24,99 / 120 Softgels \$44,99



Superior Omega-3 is our new lemon-flavored Omega-3 formula providing 900 mg EPA and 660 mg DHA, combined with 1,000 IU of Vitamin D3. The Omega-3 fish oil, in this product, is from wild caught anchovies, sardines, mackerel, and tuna. The oil is then molecularly distilled to ensure purity and stability. Superior Omega 3 supports:

- · Cardiovascular health · Immune system function
- · Joint comfort · Skin and hair health
- · Neurological performance

#### SUPPLEMENT FACTS

Serving Size: 2 Softgels	Servings Per Container: 30		
	Amt/Serving	DV%*	
Calories	25		
Total Fat	2.5 g	3%	
Cholesterol	4 mg	1%	
Vitamin D3 (as Cholecalciferol)	25 mcg (1,000 fU)	125%	
Marine Lipid Concentrate yielding EPA 900 mg & DHA 660 mg	2,520 mg	7	

- Percent Daily Values are based on 2,000 calorie diet.

Other Ingredients: gelatin, glycerin, water, rosemary leaf extract, d-alpha tocopherol (as a preservative), natural lemon flavor, Non-GMC

Contains: Fish (Anchovy, Sardine, Mackerel and Tuna)

#### Kids & Teens DHA 60 Chewables Softgels - \$14.99



Recent research shows the important role the essential fatty acid DHA plays in the developing brain. DHA is the first fatty acid used by the brain to form healthy cell membranes vital for cell signaling. Molecularly distilled and tested for mercury, PCB's. dioxins and heavy metals in every batch, our Kids DHA provides this essential fat from cold water fish in a chewable, natural orange creme-flavored softgel kids can enjoy.

#### SUPPLEMENT FACTS

A TABLE FOR CONTRACT OF THE PARTY OF THE PAR	
Serving Size: 2 Softgels	Servings Per Container: 30

	Amt/Serving	DA%.
Calories	4.5	
Calories from Fat	4.5	
Total Fat	0.5 g	
Vitamin A	OIU	0%
Vitamin D3	OIU	0% 0%
Vitamin E (as d-alpha tocopherol from soy)	210	7%
Fish Oil (from anchovy, salmon, sardine, and/or tuna)	500 mg	.64
Fatty Acid Composition: Total Omega-3 fatty acids	270mg	**
EPA (as eicosapentaenoic acid)	50 mg	**
DHA (as docosahexaenoic acid)	200 mg	

ercent Daily Values are based on 2,000 calorie diet. \*\* Daily Value not established Other Ingredients: Softgel (gelatin, glycerin, water, natural orange flavor), natural orange crême flavor, stevia extract powder

Contains No artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts or crustacean shellfish.

# Ultra High Potency Omega 3 Liquid

6.76 fl oz - \$36.99



Shown to Promote Memory, Learning, Concentration, and Mood / Helps Encourage a Healthy Immune Response / Unique & Excellent Support for Heart, Joints, Hair, Skin, and Nails / Delicious, High-Quality, Ultra Omega-3 Liquid

Lifesource Vitamins Ultra Omega 3 Liquid has a delightful cherry orange flavor. Sweetened with monk fruit, you can easily add it to food or drinks. It boasts high levels of DHA and EPA to support the brain, heart, and joints." Made from wild-caught fish, Ultra Omega 3 Liquid is 3rd party tested to ensure it's free from significant levels of heavy metals or contaminants.\* - GLUTEN FREE / DAIRY FREE

#### SUPPLEMENT FACTS

serving Size: 1 Teaspoon (5 mL) Servings per Con		tainer: 40	
	Amt/Serving	DV%*	
Calories	40		
Calories from Fat	40		
Total Fat	5 g	8%	
EPA (eicosapentaenoic acid)	537 mg	(1	
DHA (docosahexaenoic acid)	645 mg	1/4	

Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established. Other Ingredients: Natural Maple Flavor, Natural Lemon Oil Flavor, Non-GMO Sunflower Lecithin, D-Alpha Tocopherol (from sunflowers), Rosemary extract, Luo Han Guo, Ascorbyl Palmitate Contains no artificial colors, flavors, or preservatives, no wheat, cluten, milk, eggs, peanuts, tree nuts, soy, or crustacean shellfish.

# Omega w/DHA Gummies

60 Gummies -\$14.99

Servings Per Container: 20



Most people believe that fish are a rich source of DHA, when in fact fish get DHA from the algae in their food chain. LifeSource Vitamins goes straight to the source, producing DHA from the same microalgae sources fish get it from. Grown in a controlled environment, our Gummies are a vegetarian and sustainable source of Omega 3-6-9 & DHA.

This product is for those 2 years or older, meaning it's great for lods or adults. Also, it tastes great with natural Lemon and Orange flavors. Gluten-free and Vegetarian.

## SUPPLEMENT FACTS Serving Size: 3 Gummies

Calories Total Carbohydrate (Ages 2 to 4) Sugar 4 g *	Amt/Serving 30 7-9	DAM.
Total Carbohydrate (Ages 4 & up) Sugars 4 g *	7 g	2%
Vitamin C (ascorbic acid) Sodium	20 mg 20 mg	50/33% */1%
Omega-Oil (Chia & DHA)  - Omega-3 (Alpha Linolenic Acid)1  - Omega-6 (Linolenic Acid)  - Omega-9 (Oleic Acid)  DHA (life'sDHA" from algae)	30mg 65mg 30mg 275 mg 50 mg	3

\*Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established. Other ingredients: Softgel capsule (gelatin, glycerin, water, enteric coating) and Vitamin E (as natural d-alpha tocopherol) Contains fish (tuna). Fish oil is a product of India. NON-GMO

Have a prayer request? Email us, call us or send us a note. We have an active prayer wall at our main office, and we would love to add your request to it.







# Pancreas Health

## 90 Tablets - \$19.99



"I lost my father to pancreatic cancer, so this one was easy for me to get into production. I loved him and feel that he could be here today with all of the knowledge we have now on the pancreas, its functions and preventative supplements. "-Bruce Brightman, founder of LifeSource Vitamins LifeSource's Pancreas Formula is uniquely designed to give highly concentrated extracts to support pancreatic function and supplement pancreatic enzyme production.

#### **Key Benefits**

- All natural, herbal ingredients.
- Supports healthy pancreatic function.
- Rejuvenates digestive system.
- Naturally-occurring vitamins, minerals, and nutrients.

#### SUPPLEMENT FACTS

Serving Size: 3 lable/2			Serving	Servings Per Container, 30	
,	mt/Serving	DV%*	Ai	mt/Serving	DV%*
Chymotripsin	200 mcg		Vanadyl Sulfate (31.3%)	500 mcg	
Pancreatin (4 X )	100 mg	7	Nopal Cactus Leaves	300 mg	*
Biotin	300 mcg		Fenugreek Seed	200 mg	4
Chromium Picolinate	200	929	Blue Berry Fruit	200 mg	+
(12.5%) GTF Chromium (0.1%)	200 mcg 100 mcg		Bitter Melon	300 mg	+
Glucosol (1%)	100 mg		Zinc Gluconate	100 mcg	1
Amylase (10,000 RAU/s	The second secon	4	Huckdeberry Fruit	200 mg	
Protease (75 HUT/g)	100 mg	1	Spirulina	100 mg	.7
Lipase (1,000 LA/g)	100 mg	1	Trypsin (1:75)	30mg	*

<sup>\*</sup> Daily values are based on 2,000 calorie diet. \* Daily value not established

## Para-Cleanse



LifeSource's Para-Cleanse is designed to rid your body of a wide range of harmful human parasites. This vegetarian formula of plant extracts is designed to support the body in eliminating unwanted microorganisms; while at the same time helping to maintain proper immune system and G.I. tract functions.

Millions of people are infected by one or more of over 1000 known human parasites. Intestinal parasites are one of the more common types of parasites, but parasites can be found in all areas of our body. Let us help you rid them!

#### SUPPLEMENT FACTS

Serving Size: 2 Tablets	Servings Per Container: 60		
CONTRACTOR OF THE PARTY OF THE	Amt/Serving	DV%*	
Black Walnut (Juglans nigra) Green Hull	400 mg	100000	
Wormwood (Artemesia annua) (Stem & Leaf Powder)	200 mg		
Grapefruit Seed Extract	200 mg		
Olive (Olea europaea) Leaf Extract	200 mg	,	
yielding Oleuropein	30 mg	9	
Pau D'Arco (Bark)	200 mg	+	
Black Cumin (Nigella sativa) Seed	200 mg	9	
Garlic (odorless) Extract	200 mg	+	
	777.113		

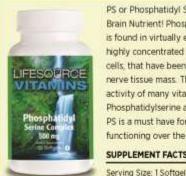
Daily values are based on 2,000 calorie diet. 1 Daily value not established

Other Ingredients: microcrystalline cellulose, stearic acid, croscarmellose sodium, vegetable

# **Phosphatidyl Serine** Complex 500 mg

30 Softgels - \$21.99

Servings per Container: 30



PS or Phosphatidyl Serine, is also referred to as the Essential Brain Nutrient! Phosphatidylserine is a phospholipid that is found in virtually every cell of our bodies, but is most highly concentrated in the walls or membranes of brain. cells, that have been shown to make up about 70% of its nerve tissue mass. There it aids in the storage, release and activity of many vital neurotransmitters and their receptors. Phosphatidylserine also aids in cell-to-cell communication. PS is a must have for the maintaining of healthy cognitive functioning over the course of our lives.

#### SUPPLEMENT FACTS

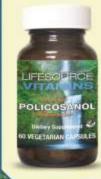
	Amt/Serving	DV%*	
Phosphorus	10 mg	1%	
Potassium	3 mg	<1%	
Phosphatidyl serine complex	500 mg	+	
Phosphatidylserine	100 mg		
Phosphatidylcholine	55 mg	7	
Phosphatidylinositol	10 mg	1	
Phosphatidylenthanolamine	20 mg	+	
Linolenic acid	10 mg		
Linoleic acid	85 mg	9	
Oleic acid	15 mg	+	
Palmitic acid	27 mg		
Stearic acid	6 mg	4	
Capric acid	51 mg	7	
Caprylic acid	120 mg	+	

<sup>\*</sup> Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established

Other Ingredients: Softgel (gelatin, glycerin, water), soybean oil, carob and Vitamin E. Contains No sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors. Suggested usage: Take I softgel capsule one (I) to three (3)times daily with meals.

## Policosanol 10 ma

60 Veg Caps - \$17.99



Policosanol is a blend of long-chain fatty alcohols (LCFA) derived from sugar cane. LCFA's are naturally occurring plant waxes. Studies indicate that these plant waxes may help to support cholesterol levels already within the normal range.

## SUPPLEMENT FACTS

Servings Per Container: 90		
/Serving	DV%*	
10 mg	4	

Daily value based on a 2,000 calorie diet. 1 Daily value not established. Other Ingredients: Rice Flour, Cellulose, Cellulose (capsule), Silica and Magnesium Stearate (vegetable source).

Contains no: salt, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

Vegetarian/Vegan Product.

# • FAITHFUL • HOPEFUL • RESILIENT • UNSHAKABLE

"I will live in them and walk among them. I will be their God and they will be My people." 2 CORINTHIANS 6:16









# Ultra Plant Protein - Chocolate or Vanilla - Amazing Taste

2.2 lbs. - \$52.99

Chocolate or Vanilla Just Raw, Vegan Whole Food Nutrition To Support Your Busy, Active Lifestyle! LifeSource Vitamins Ultra Plant Protein is a nutritionally complete plant protein supplement that is highly digestible & free of common food irritants. The combination of our exceptional plant proteins scores a perfect 1.0 on the Protein Digestibility Corrected Amino Acid Score (PDCAAS), PDCAAS is the gold standard for rating the quality of protein for human nutrition. LifeSource Vitamins Ultra Plant Protein also contains added BCAA's to make it unique among protein products. Most plant based products contain less than optimal amounts of these important compounds. BCAA's are important for preventing muscle breakdown and supporting muscle growth. Finally a deliciously great tasting Vegan Plant Protein that mixes perfectly

- Synergistic enzyme blend ensures easy digestion
- Blended with Omega 3 rich Chia Seed and Sacha Inchi Seed
- 21 grams of pure clean vegan protein
- Provides energy for working muscles and promotes muscle growth
- Great for all diets, sensitivities to whey and other protein sources
- Sweetened w/ Stevia NOT Sucralose!
- Contains a whopping 6,225mg of BCAA's, (BCAA's: leucine, isoleucine, and valine)
- Also contains 3,475mg of Glutamine to Support Lean Muscle Mass, Muscle Growth & Strength, Immune Function
- Boosts your pre-workout energy level and helps your muscles recover after exercising: BCAA's, Amino's & Glutamine.
- Our processing is earth friendly and no chemical processes.

## SUPPLEMENT FACTS

Serving Size: 1 Sc	оор		Servings	Per Contair	ner: 30
	Amt/Serving	DV%*	Ar	nt/Serving	DV%*
Calories	130		Iron	6 mg	33
Calories from Fat	20		Multi Source Plant Prote	in Blend	
Total Fat	2.5 g	4	(Pea protein isolate, Cra	nberry seed,	
Sodium	280 mg	12	Chia seed and Sacha Inc	:hi	
Potassium	50 mg	3	seed)	25,550 mg	**
Total Carbohydrate	4 g	1	Branch Chain Amino Ac	ids (L-Leucin	e,
Dietary Fiber	1 g	<1	L-Isoleucine and Valine)	6,225 mg	**
Sugars	<1 g	**	Glutamine	3,475 mg	**
Protein	21 g	42	Enzyme Blend Alpha-ga	alactosidase	
Calcium	50 mg	5	and Bromelain	110mg	**
Dietary Fiber Sugars Protein	1 g <1 g 21 g	42	L-Isoleucine and Valine) Glutamine Enzyme Blend Alpha-ga	6,225 mg 3,475 mg alactosidase	:

Other ingredients: Inulin, stevia, xanthan gum, glycine, natural flavor and silica.











<sup>\*</sup> Daily values are based on 2,000 calorie diet.

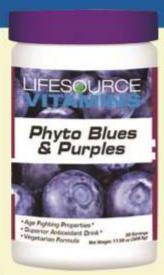
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#### Phyto Blues & Purples Age Fighter -23 Nutrients Per Serving 11.59 oz Powder - \$36.99

LifeSource Vitamins Phyto Blues & Purples combine 23 nutrients that are rich whole fruits, vegetables and extracts. This is a great way to get your blue fruits and purple fruits that are so very important in today's hectic lifestyle that we all have. Our goal was to create a delicious, Anti-Aging, drink mix that would change people's lives through better nutrition. These Blues & Purples are the sure to help your nutritional balance and effect your life. When your body gets: Blueberry, Blackberry, Black Cherries, Black Raspberries, Black Currants, Plums, Elderberries, Bilberries, Figs, Raisins, Eggplant, Purple Carrots, Purple Cabbage, Beets, Acai Fruit Powder, Camu Camu, Mangosteen, Gojii Berry, L-Carnosine, Alpha GPC & Pomegranate Extract your body will feel absolutely alive with energy, and it will give your body exactly what it needs for optimum health!

LifeSource Phyto Blues & Purples contain powerful color-rich phytonutrients that support:

- · Anti-Aging Healthy Aging
- · Circulation & Vascular Health
- Helps overall Memory
- · Radient Skin, Smooth and Healthy
- · Mental clarity & focus
- · Immune System Function
- · Complete Cell Health & Function
- · Supports Healthy Nerve and Brain Functions.



#### **NUTRITIONAL FACTS**

Serving Size: 1 Scoop (10.95g)					Servings	per Container: 30		
	Amt/Serving	DV%*	19	Amt/Serving	DV%*		Amt/Serving	DV%*
Calories	40		Proprietary Fruit Powder Blend			Camu camu Fruit Powder	300 mg	9
Calories from Fat	1		containing Blueberry, Blackberry,			Mangosteen (Garcinia mangostana	N	
Total Fat,	5 g	196	containing blueberry, blackberry,			mangosteen (darcinia mangostane	"	
Total Carbohydrates	99	3%	Black Cherries, Black Raspberries,			Fruit Rind Extract	300 mg	7.
Sugars	4 g	1	Black Currants, Plums, Elderberries,			Goji (Wolfberry/Lycium barbarum)	,	
Fiber	3 g	12%	Bilberries, Figs and Raisins	4,900 mg	4	Berry powder	200 mg	
Protein	19	2%	bilberries, Figs and Raisins	4,900 mg		berry powder	200 mg	
Vitamin A	31 IU	1%	Soluble Fiber (Fibersol® 2 brand)	2,000 mg		Proprietary "Brain Blend" containing	ng	
Vitamin C	2.95 mg	5%	Proprietary Vegetable Powder			Phosphatidylserine, Inositol, L-Carr	nosine	
Folic Acid	400 mcg	100%	Blend containing Eggplant, Purple C.	arrote Purola		and Alpha GPC	100 mg	
Calcium	14 mg	1%		A STATE OF THE PARTY OF THE PAR				
Iron	.687 mg	4%	Carrots, Purple Cabbage and Beets	1,250 mg	*	Pomegranate Extract	40 mg	
Sodium	50 mg	2%	Acai Fruit Powder	400 mg		Stevia Leaf Extract	35 mg	+

Daily values are based on 2,000 calorie diet. † Daily value not established.

Other Ingredients: Stevia Allergy Information: This product contains Lecithin (From Soy).

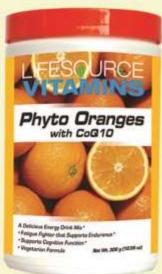
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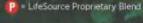
#### Phyto Oranges With CoQ10 25 Nutrients Per Serving 10.58 oz Powder - \$36.99

LifeSource Vitamins Fatigue Fighting Phyto Oranges is a great way to get your day started or a mid-day snack that will keep you energized the healthy way. This formula is a wonderful blend of fruits that will make your body run much more efficiently and will help fight off colds and flus, along with the general feeling of sluggishness that many of us experience. Combat the mid-day lull in a healthy way Have a great all natural fruit shake that is so very good for you and is loaded with Oranges, Peaches, Nectarine Tangerines, Cantaloupe, Pineapple, Clementines Papaya, Apricot, Mango, Kumquat, Persimmons, Yams, Pumpkin, Butternut Squash, Rutabaga and more. Your body will finally get the fruits that you need to run optimally. You will feel a difference after a just a few

Scoop /	10 g			Servings Per	Container: 30
	Amt/Serving	DV%*		Amt/Serving	DV%
Calories	40		/ restricts require seasons transcription	****	
Calories from Fat	<1		Soluble Fiber (Fibersol* brand)	1,500 mg	,
Total Fat	<5 g	<1%	Proprietary Vegetable Blend: Carro	its.	
Total Carbohydrates	8 g	3%		2015	
Sugars	4 g	***	Yams, Pumpkin, Butternut Squash,		
Fiber	2 g	8%	Rutabaga	1.400 mg	
Protein	1 g	2%	Nutanaga	1,400 mg	
iron	16 mg	1%	Proprietary Energy Blend: Taurine,		
Sodium	14.3 mg	<1%	Control MAN Province Colors and Color	Davids.	
Riboflavin	12 mg	706%	Inositol, N,N-Dimethylglycine HCI (	DMG),	
Vitamin C (ascorbic acid)	200 mg	333%	White Panax Ginseng	800 mg	
Proprietary Fruit Blend: Oranges	is a second		1 Maria Carlo Carl	100000000000000000000000000000000000000	
Peaches, Nectarines, Tangerines,			Green Coffee Bean Extract	450 mg	
Cantaloupe, Pineapple, Clement	ines,		CoQ10	15 mg	
Papaya, Apricot, Mango, Kumqu	at,		00010	lu ing	
Persimmons	3,850 mg		Stevia Leaf Extract	35 mg	4

Percent Daily Values are based on 2,000 calorie diet. 1 Daily value not established. Other Ingredients: Natural orange and vanilla flavors, banana powder, citric acid Product contains natural sources of iron and sodium













# @ Green Phyto Foods 2.5lbs of Veggies Servings (30 Whole Food Concentrates)

10 oz Powder / 31 Servings — \$36.99 PER CONTAINER

2 lbs. Powder /100 Servings - \$74.99 PER CONTAINER (SAVE 528)

120 Capsules / 20 Servings - \$17.99 PER BOTTLE

240 Capsules / 40 Servings - \$31.99 PER BOTTLE (SAVE \$4)

LifeSource's Proprietary Formula is a powerful Mega-Food formulation of certified organically grown grasses, sprouted grains, vegetables, blood purifying and immune enhancing herbs, with antioxidants. LifeSource's Green Phyto SuperFoods Formula is the most complete well-rounded SuperFoods green formula on the market today. Our Green Phyto Foods are the combination of the best of green SuperFoods available anywhere in the world. Our all-natural nutrients ensure that you will get 100% absorption, while synthetic and non-organic greens will provide 5-15% absorption. Phyto benefits: helps energy levels, cholesterol, fat, strengthens immune system and natural weight loss. Detoxifies the intestinal tracts and cleans/purifies the colon. Neutralizes acidity. Helps with digestion, heartburn, acid reflux, upset stomachs, bodily waste functions, aids in mental clarity, Oxygenates the cells, and helps the skin cells to regenerate more efficiently. Maximizes blood purification and aids in detoxification, dramatically slows the aging processes caused by over-acidification and helps hair and nails strengthen and become healthier. 2.5 lbs of veggies per serving.

# Green **PhytoFoods** Green **PhytoFoods** NET. WT. 2 LBS (907 6) MET. WIL 10 OZ (283 E)

#### NUTRITIONAL FACTS

Serving Size: 1 Rounded Scoop

The Control of the Co	Amt/Serving	DV%*	Am	t/Serving	DV%*		Amt/Serving
Calories	40		Chlorella Powder	300 mg	* 1	Magnesium	24 mg
Barley Grass Powder, Org.	500 mg	+	Protein	19	2%	Trace Mineral Concentrate	100 mg
Calories from Fat	15		Red Beet Powder	300 mg		Zinc	900 mog
Carrot Powder	500 mg	1.9	Vitamin A			Milk Thistle Extract (80% Silymerin)	80 mg
Total Fat	0.5 g	<1%	(as Beta-Carotene)	6250 IU	125%	Lecithin (Fine Powder)	2.0 g
Barley Malt Powder	400 mg	2.0	Panax Ginseng Root Powder (C.A. Mayer)			Kelp Powder	50 mg
Saturated Fat	0.0	0%	(min. 5% Ginsenosides)	250 mg	*	Spirulina (Hawaiian, Org.)	1.0 g
Broccoli Powder	350 mg	4	Vitamin K	160 mcg	200%	Ginkgo Biloba Extract (24%	
Cholesterol	0 mg	0%	Eleuthero (Eleutherococcus senticosus) (Root)	100 mg	+	Ginkgoflavonglycosides) (Leaves)	20 mg
Drown Dico Prop	TEO ma	110	Africania D.12	21 mca	20.60	Alfalfa, Irana Concontrato	700 ma

20 mg 30 mg Peppermint Powder 150 mg Grapeseed Extract (95% Polyphenols) Sodium Apple Fiber 40 mg Wheat Grass Powder, Org. 500 mg 350 mg 69 Total Carbohydrate 2% Green Tee Extract (40% Catechins) 100 mg Bilberry Extract (25% Anthocyanidins) 20 mg 300 mg Apple Pectin 10% Iron 1.8 ma Plant Based Enzymes 350 mg Coenzyme Q10 (CoQ10) Dietary Fiber 29 Royal Jelly Powder (min. 5% 10-HDA) 100 mg 10 mg Oat Bran 300 mg lodine (from Kelp) 150 mcg 100% Alpha Lipoic Acid 10 mg Fructooligosaccharides (NutraFloraTM FOS) 100 mg Stevia Extract (Leaves) 10 mg Sugars

# Phyto Reds Powder - 9 Organic Servings of Fruit w/ 5,000 ORAC per serving

10 oz Powder / 33 Servings - \$36.99 PER CONTAINER

2 lbs. Powder / 106 Servings - \$74.99 PER CONTAINER (SAVE \$27)

NEW CAPS: 120 Capsules / 30 Servings — \$17.99 PER BOTTLE

240 Capsules / 60 Servings — \$31.99 PER BOTTLE (SAVE \$4)

Phytonutrients appear to serve three major functions in the human body:

- They act as antioxidants protect our bodies from free-radical damage and support healthy cellular functions. (Free radical damage)
- They regulate hormone levels Phytonutrients provide nutrients required for optimum hormonal functions. 3. Preserve optimal health and longevity.
- Block testosterone and estrogen from promoting cancer cell growth
- Prevent tumors from spreading by choking off their blood supply.
   Detoxify environmental carcinogens.
- Reverse coronary artery disease + Reduce or eliminate the need for insulin injections for type II (adult-onset)
- Boost the effectiveness of conventional cancer treatments and reduce their toxic side effects.
- Replace lost bone minerals in people suffering from osteoporosis, \* Whole body support with vitamins, enzymes, fruits and

#### NUTRITIONAL FACTS

nsing Size: 1 Bounded Scoon (8.5 grams)

serving size, i repurioed scoop (o.	a demon							
	Amt/Serving	DV%*	Ami	t/Serving	DV%*		Amt/Serving	DV%*
*Calories	22		Peaches, Pears, Papayas, Mangos,			L. Casei, L. Rhamnosus, L. Plan	terum.	
Calories from Fat	0		Watermelon, Black Currents, Nectarines,			B. Breve and B. Longum	100 mg	
Total Fat	0.5 g	<1%	Blood Oranges, Pomegranates, Acerola,			Grape Seed Extract	30 mg	
Saturated Fat	0 g	0%	Blueberries, Stackberries and Red Plums	6.675 g		3300000000	10,000	
Total Carbohydrate	4 g	1.33%	Carrot Powder	600 mg	4	ORAC Blend	50 mg	
Fiber	2 g	8%	Apple Pectin	250 mg	+	Polygonum Cuspidatum	40 mg	
Sugars	0 g		Flax Seed	250 mg		Bilberry Std. Extract 25%	40 mg	
Protein	0 g		Oat Bran	175 mg	+	Line of the second seco	2.00	
Proprietary Blend			Lecithin	150 mg	+	Lycopene	5 mg	*
Goji berries, Cranberries, strawber	ries,		Rice Bran	100 mg	+	Lutein	5 mg	
Cherries, Black Raspberries,			Probiotic Blend (L. Acidophilus,	- 0		Astaxanthin	1 mg	+

Daily values are based on 2,000 calone diet. † Daily value not established

Other Ingredients: Stevia Allergy Information: This product contains Lecithin (From Soy).











MET. WT. 2 LBS (907 G

WT. 10 OZ (283 E)

DV% 6% 6%

Daily values are based on 2,000 calone diet. Daily value not established

Gluconate 100 Tabs - \$7.99 Potassium Gluconate or Citrate Citrate 100 Caps = \$9.99 / 250 Caps = \$21.99



This important mineral is a major component of the cells in our body and is required for muscle contraction, production of energy, synthesis of nucleic acids and proteins. Even the beating of the heart depends on potassium. Potassium benefits athletic performance, but is depleted from the body by excessive loss of fluid like that experienced during intense workouts. Many athletes take Potassium to prevent and fight off muscle cramps. Drink a glass of water with your Potassium Gluconate supplement, Also, increase your intake. of water when taking this product as it helps with overall performance.

- Prevent and fight muscle cramps.
- Important for healthy nervous system and regular heart rhythm.
- Helps in the overall lowering of blood pressure.

#### SUPPLEMENT FACTS

Serving Size: 1 Tablet Servings Per Container: 100

Potassium (from Potassium Gluconate)

Amt/Serving DV%\* 99 mg 3%

\* Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established. Other Ingredients: Cellulose, Modified Cellulose Gum, Silica, Steanic Acid (vegetable source), Calcium Stearate (vegetable source), Glycerin.

# 35 Billion **Probiotic**

30 Veg Caps - \$32.99 60 Veg Caps - \$59.99

(SAVE \$6)



Our 35 Billion Probiotic, also referred to as friendly or good bacteria, gut flora, intestinal flora, microflora, and direct fed microorganisms (DFM), probiotics help maintain the natural balance of organisms (microflora) in the intestines. They are live, microscopic living organisms - such as bacteria, viruses, and yeasts - that play a vital role in the fermentation and digestion of carbohydrates, and aid in the digestion of fats and proteins. Probiotics has shown to prevent bloating, gas, and yeast overgrowth because they help maintain intestinal acidity at a healthy pH level. These probiotic can also help generate certain vitamins and nutrients, support the immune system, and help prevent disease by depriving bad bacteria of nutrients, and secreting acids that harmful bacteria can't cope with.

#### SUPPLEMENT FACTS

Serving Size: 1 Vegetarian Capsule

Servings per Container: 30 DV%"

Amt/Serving 35 billion cells per capsule

Proprietary probiotic blend actobacilli acidophilus (La-14) Bifidobacterium lactis (BI-04) Lactobacilli salivarius (Ls-33) Lactobacilli plantarum (Lp-115) Bifidobacterium bifidum (Bb-02) Bifidobacterium longum (BI-05) Lactobacilli rhamnosus (Lr-32) Lactobacilli bulgaricus (Lb-64)

Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established. Other Ingredients: Vegetarian capsule (cellulose, water), cellulose, silica, magnesium stearate

Contains No salt, dairy, wheat, gluten, preservatives, artificial colors or flavors



VARIETY OF COLORS AND SIZES TO CHOOSE FROM. 28oz \$9.99

# **Probiotic Digestive Support**

60 Capsules - \$36.99



- · A prebiotic (fructo-oligosaccharide) acts as a food source to aid the growth, multiplication, and survival of efficacious probiotics in the gut.
- · Restores the Natural Balance of Good Bacteria in Your Digestive Tract\*
- Helps maintain a healthy, balanced immune system\*
- Helps Entire Digestive System Work Better\*
- Provides 10 efficacious bacterial species
- · Provides 9 enzymes to further support digestive health and balance

## SUPPLEMENT FACTS

Serving Size: 2 Capsules

Servings per Container: 30 Amt/Serving DV% 470 mg

20 billion x10 strain pre- and pro-blend (grown on milk) Fructo-oligosaccharides

Lactobacillus acidophilus (3.8 billion cfu) Lactobacillus rhamnosus (3.75 billion cfu) Lactococcus lactis (375 million cfu) Bifidobacterium longum (350 million cfu) Lactobacillus casei (350 million cfu). Bifidobacterium lactis (325 million cfu) Lactobacillus brevis (325 million cfu) Bifidobacterium bifidum (300 million cfu) Streptococcus thermophilus (300 million cfu) Lactobacillus bulgaricus (200 million cfu) BioCore\* Optimum Complete Digestion support

Amylase (3,500 DU) Protease (21,000 HUT/4,000 PC/50 SAPU)

Alpha-galactosidase (150 GalU) Glucoamylase (9 AGU) Lactase (1,000 ALU) Invertase (400 SU) Lipase (500 FIP) Acid maltase (14 MaltU) Peptidase (2 AP)

220 mg

\* Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established. Contains No Artificial colors, flavors, or preservatives; no wheat, gluten, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

# **Dophilus Plus Probiotic**

60 Veg Caps - \$18.99 120 Veg Caps - \$33.99 (SAVE \$4)



Dophilus Plus is a combination of 8 different species of beneficial bacteria designed to support gastrointestinal health and immune system function. FOS is also included in this product to assist healthy growth of acidophilus and bifidus organisms. Dophilus Plus exclusively utilizes the finest strains from Rhodia Incorporated, the world's leading supplier of high quality probiotic ingredients, and is enteric-coated to ensure that the bacteria in this product are not destroyed in stomach acid but reach the small and large intestines where they are most beneficial. After opening store is a cool, dry place, refrigeration is recommended.

#### SUPPLEMENT FACTS

Serving Size: 1 Capsule	Servings Per Co	ntainer: 60
	Amt/Serving	DV%*
Blend of 8 Strains of Probiotic		
Bacteria	4.0 Billion Organisms*	
Lactobacillus acidophilus	1.2 billion*	
Lactobacillus casei	600 million*	
Lactobacillus rhamnosus	600 million*	
Bifidobacterium		
longum	200 million*	
Bifidobacterium lactis	200 million*	
Streptococcus		
thermophilus	400 million*	
Billidobacterium billidum	200 million*	

Percent Daily Values are based on 2,000 calorie diet. + Daily Value not established. Free of: wheat, milk, egg, fish, shellfish or tree nut ingredients Other Ingredients: Cellulose (capsule), Ascorbic Acid, Magnesium Stearate (vegetable source), FOS (Fructooligosaccharides), Maltodextrin and Enteric Coating. Refrigeration after opening is suggested but not required.









## 100 Billion Probiotic

30 Veg Caps - \$56.99



100 Billion Probiotic is a combination of 12 different strains of beneficial bacteria designed to support gastrointestinal health and immune system function. 100 Billion, High Potency.

#### SUPPLEMENT FACTS

Serving Size: 1 Vegetarian Capsule Servings per Container: 30

Amt/:	Serving	DV%*	Amt/Serving	DV%*
Proprietary probiotic blend			Lactobacillus rhamnosus (Lr-32)	
(100 billion cells			Bifidobacterium longum (BI-05)	
per capsule)	421 mg	67	Bifidobacterium bifidum (Bb-06)	
Bifidobacterium lactis (BI-04 Lactobacilli acidophilus (La-1			Lactobacillus salivarius (Ls-33) Lactobacillus plantarum (Lp-115)	
Bifidobacterium infantis (Bi-			Lactobacillus bulgaricus (Lb-87) Larch Arabinogalactan	
Lactococcus lactis (LI-23)			(Fiber Aid) 25 mg	
Bifidobacterium breve (Bb-0	3)		Fructooligosaccharides	
Lactobacillius casei (Lc-II)			(FOS) 25 mg	3.

<sup>\*</sup> Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established. Other Ingredients: Vegetarian capsule (cellulose, water), cellulose, silica, magnesium stearate and calcium silicate

Contains No salt, dairy, wheat, gluten, preservatives, artificial colors or flavors

# **Probiotic Gummies**

60 Gummies - \$24.99



## SUPPLEMENT FACTS

Serving Size 1 Gummy	Servings per Cont.	ainer: 60
Charles and Charle	Amt/Serving [	
Calories	10	
Total Carbohydrates	3 g	.1%
Sugars	2 g	*
Sodium	5 mg	<1%
DETII® (Bacillus Subtilis)	2.5 Billion CFU	*

Percent Daily Values are based on 2,000 calorie diet.

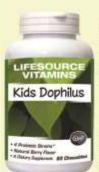
Daily Value not established.

Other Ingredients: Organic tapioca syrup, organic evaporated cane sugar, natural flavors, pectin, citric acid, sodium citrate, natural color (black carrot), organic sunflower oil (contains carnauba wax) and corn starch

Suggested usage: Adults/Children Over 4, one Gummy Daily

## Kids & Teens Dophilus Probiotics Chewables - We Have Powder too!

60 Chewables - \$12.99



- · All-natural berry flavor · Naturally aids digestion
- · Boosts immunity · No sugar
- · Shown to help Irritable Bowel Systems

#### SUPPLEMENT FACTS

Serving Size: 1 Chewable	e Servings Per Container: 6			
	Amt/Serving	% Daily Value*		
	FOR CHILDRE	N 4+ YRS OF AGE		
Calories	5	and the second second		
Total Carbohydrates	1.4 g	1%		
Sugar Alcohol	1.2 g			
Blend of 10 Strains of				
Probiotic Bacteria	2 Billion Organisms	15		

<sup>\*</sup> Daily values are based on 2,000 calone diet. \* Daily value not established

# Women's 50 Billion Probiotic - We have Men's too!

30 Capsules - \$39.99 60 Capsules - \$69.99 (save \$10)

# LifeSource Vitamins:

High Potency Probiotic w/ Prebiotics Specifically Formulated for Women and their exact needs to promote Balance and Harmony

Supports women's gut flora, intestinal flora, microflora, and direct fed microorganisms (DFM), probiotics help maintains the natural balance of organisms (microflora) in the intestines. They are live, microscopic living organisms - such as bacteria, viruses, and yeasts - that play a vital role in the fermentation and digestion of carbohydrates, and aid in the digestion of fats and proteins.

Serving Size: 1 Vegetarian Capsule Servings per Container: 30

#### SUPPLEMENT FACTS

Amt/Serving
(25 billion CFU)
Open activities and any
(25 billion CFU)
50 mg

- Percent Daily Values are based on 2,000 calorie diet.
- Daily Value not established

Other Ingredients: Vegetarian capsule (modified cellulose, water), cellulose, magnesium stearate, silica and calcium silicate

Contains No salt, dairy, wheat, gluten, soy, preservatives, artificial colors or flavors Suggested usage: Take I tablet daily with meals

# Kids & Teens Extra Strength

Probiotic Chewables - We Have Powder too

50 Chewables - \$24.99



LifeSource Vitamins Kids Dophilus Extra Strength with 10 Billion CFU is a combination of probiotic bacterial strains designed to support destrointestinal health and immune system function. In addition, healthy intestinal flora also helps to create a favorable environment for the absorption of nutrients. FOS is included in this product to assist healthy growth of acidophilus and bifidus organisms. Kids Dophilus can be used by both adults and children. Because it is sweetened with Xylitol, it won't harm teeth and it tastes great.

## SUPPLEMENT FACTS

Serving Size: 1 Chewable Servings per Container: 50

	Amt/Serving	DV%
Calories	5	
Total Carbohydrates	1.9	<19
Sugar Alcohols (Xylitol & Sorbitol)	1 g	
Blend of 10 Strains	10 Billion CFU	
Lactobacillus acidophilus (La-14)		
Lactobacillus plantarum (Lp-115)		
Lactobacillus rhamnosus (Lr-32)		
Lactobacillus paracasei (Lpc-37)		
Lactobacillus salivarius (Ls-33)		
Bifidobacterium lactis (BI-04)		
Bifidobacterium longum (BI-05)		
Streptococcus thermophiles (SI-21)		
Bifidobacterium breve (Bb-03)		
Lactobacillus casei (Lc-11)		

Percent Daily Values are based on 2,000 calorie diet. 1 Daily Value not established

Other Ingredients: Xylitol, Sorbitol, Cellulose, Stearic Acid (vegetable source); Silica, Natural Berry Flavors, Beet Powder and FOS (Fructooligosaccharides)

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or other tree nut ingredients

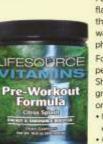






# Pre-Workout Formula

10.6 oz - \$24.99



Introducing our new scientifically formulated Pre-Workout Formula, Still all-natural with no artificial colors or flavors and loaded with proven synergistic ingredients that will provide maximum results for athletes, weekend warriors, or for those who participate in light to moderate physical activity

For use to enhance physical activity and athletic performance by increasing energy, stamina and endurance. Sharpens mental clarity and focus, promotes lean muscle growth and supports lactic acid clearance to reduce fatigue or post-workout soreness and discomfort.

- . Using Guarana Seed Extract and B12, provides pre-workout energy to get you ready to lift, run or compete physically
- CarnoSyn® Beta-Alanine supports an increase in muscle carnosine and athletic performance
- New Citrus Splash Flavor

#### SUPPLEMENT FACTS

Serving Size: 1 Scoop (Approximately 20 grams)	Servings per Cor	itainer: 15
	Amt/Serving	DV%*
Calories	60	
Sodium (as sodium chloride)	50 mg	2%
Total Carbohydrates	15 g	5%
Vitamin B-12	65 mcg	2,708%
Pantothenic Acid	5 mg	100%
Potassium (as potassium chloride)	50 mg	196
Pre-Workout Proprietary Blend	4,354 mg	- 4
Creatine Monohydrate, CarnoSyn* Beta-Alanine, Arginine /	Alpha Ketoglutarate,	
Guarana Seed Extract, Kreb Cycle Intermediates, Alpha Lip	ooic Acid and Citrulline Ma	ate

- \* Percent Daily Values are based on 2,000 calorie diet.
- Daily Value not established.

Other Ingredients: Maltodextrin, stevia and natural orange flavor. This product contains approximately 100 mg of caffeine per serving, which is equivalent to 1 ½ cups of coffee Contains no sugar, dairy, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors Suggested usage: Add I scoop to ten ounces of water

Take 1 scoop 30-35 minutes prior to exercise

# Progesterone (All Natural) Liposomal Skin Cream

3 oz - \$22.99



Studies have shown that progesterone may provide many benefits such as protection against fibrocystic breasts and breast cancer, protection against osteoporosis, maintaining the sex drive and normalizing blood sugar levels. Research has also indicated the importance of progesterone to the central nervous system (the brain and spinal chord) finding levels of progesterone to be 20 times higher in brain cells than in the blood. Therefore it has been studied in benefiting brain injuries and preventing migraine headaches. Progesterone has long been studied for its calming almost sedating effect. Proper levels have been linked to sleeping well and maintaining a sense of calm. All natural & plant based. Progesterone Cream can help with

- Depression and sadness
- Anxiety
- Uterine fibroids
- Endometriosis
- · Menopause hot flashes.
- · Urinary incontinence
- Weight gain
- Sleep difficulties
- + PMDD-Premenstrual
- +Low sex drive
- Dysphoric Disorder
- PCOS-Polycystic Ovary Syndrome
- · Breast pain
- Anovulation (lack of ovulation)

- · Skin conditions
- · Luteal Phase Defect/infertility
- · Vaginal dryness
- · Premenstrual & chronic headaches
- + Irregular bleeding
- · Depression, anxiety & sadnes
- Estrogen dominance
- · No artificial colors or fragrances
- · Liposomal skin cream with natural progesterone from wild vam and balancing herbs
- + Each pump contains 20 mg of natural progesteronel

# ProstaPlex

90 Tablets - \$26.99 180 Tablets - \$48.99



LifeSource's Signature ProstaPlex Formula containing 31 ingredients is 10 times more effective than saw palmetto by itself. Our ProstaPlex Formula helps prevent prostate growth and inflammation, and also restores urinary regularity. ProstaPlex is also fortified with anti-bacterial additives. Some degree of benign prostatic hyperplasia is present in 80% of all men over forty years in age. LifeSource's potent formula protects against urinary and sexual dysfunction associated with BPH. Scientific ratios of potent substrates help block di-hydrotestosterone, an identified cause of enlargement of the prostate, while anti-bacterial additives simultaneously protect against infection.

Hundreds of thousands of men die each year from prostate cancer. It can be prevented! ProstaPlex, the most comprehensive supplement for prostate health on the market today!

#### SUPPLEMENT FACTS

Serving Size: 2 Tablets			Servings pe	er Contai	ner: 45
A	nt/Serving	DV%*	Amt/	Serving	DV%*
Vitamin A (as Beta			African Cherry Extract	75 mg	1501001
Carotene)	10,000 IU	200%	Dong Quai Extract	75 mg	
Vitamin E (Acetate)	100 IU	333%	Glycine	75 mg	
Vitamin B6 (Pyridoxine)	25 mg	1250%	L-Alanine	75 mg	
Zinc Arginate	10 mg	67%	L-Glutamic Acid	75 mg	
Copper (Sulfate Anhydro	rus) 2 mg	100%	Turmeric Powder	50 mg	
Saw Palmetto Powder	200 mg	*	Cowherb Seed Extract	25 mg	
Stinging Nettle Root (Ex	tract) 175 mg		European Goldenrod Extract	25 mg	
Saw Palmetto Berry Extr.		2 1	Indian Frankincense Extract	25 mg	
Apis Mellifica (Honeybee	) 100 mg	+	Turmeric Extract	25 mg	
Dong Quai Powder	100 mg	+	Panax Ginseng Extract	15 mg	
Licorice Root	100 mg	31.	Salvia Root	15 mg	
Prostate Extract	100 mg		Hydrangea Root Extract	10 mg	

Percent Daily Values are based on 2,000 calone diet. 1 Daily Value not established. Suggested usage: Take 2 tablets daily

# Psyllium Husk Powder 12 oz.

12 oz. - \$10.99



Soluble fiber from foods such as psyllium seed husks, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of Psyllium Husk Powder supplies 6 grams of the 7 grams soluble fiber necessary per day to have this effect.

#### SUPPLEMENT FACTS

Serving Size: 1 Level Tablespoon (about 9g)

servings per contonner, so		
	Amt/Serving	DV%*
Calories	30	
Sodium	10 mg	<1%
Total Carbohydrates	8 g	3%"
Dietary Fiber	7 g	28%*
Soluble Fiber	69	
Insoluble Fiber	19	
Calcium		2%
Iron		8%

Percent Daily Values are based on 2,000 calone diet. b' Daily Value not established Suggested Use: As a dietary supplement, mix 1 level tablespoon into at least 12 oz of water or uice and consume immediately. Be sure to drink plenty of additional fluids throughout the day.

Other Ingredients: None Non-GMO Notice: This product should be taken with at least a full glass of liquid, Taking this product without enough liquid may cause choking. Do not take this product if you have difficulty in swallowing

# Pycnogenol

60 Veg Capsules - \$29.99



As a potent natural scavenger of free radicals, Pycnogenol helps to protect the body's tissue from oxidative stress and supports a healthy, balanced immune system response to normal metabolic stress.

## SUPPLEMENT FACTS

Serving Size: 2 Veg Capsules Servings per Container: 30 Amt/Serving DV%\* Pycnogenoi\* (French Maritime Pine Bark Extract) (Pinus pinaster) 60 ma Citrus Bioflavonoid Complex 600 mg

Percent Daily Values are based on 2,000 calorie diet. Daily Value not established. Other Ingredients: Cellulose (capsule). Rice Flour and Magnesium Stearate (vegetable source). Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients









## Quercetin Selections - see pricing below



Virus, Respiratory, Anti-Inflammatory, Blood Sugar, Heart Disease & Stimulates the Immune System.

Pictured: Quercetin Complex: 100 Caps - \$28.99

Quercetin w/ Bromelain: 120 Caps - \$34.99

Quercetin 500mg 100 Caps = \$21.99 1,000mg 100 Caps = \$36.99 Quercetin Plus 500mg 50 Tabs = \$28.99 / 100 Tabs = \$49.99

#### SUPPLEMENT FACTS Serving Size: 1 Capsule

	Amt/Serving	DV%*
Vitamin C (as ascorbic acid)	100 mg	167%
Magnesium (from magnesium carbonate)	15 mg	4%
Quercetin	250 mg	
Lemon Bioflavonoid Complex	50 mg	
Bromelain (from pineapple)	25 mg	

Percent Daily Values are based on 2,000 calorie diet. Daily Value not established. Other Ingredients: Cellulose, Vegetarian Capsule (Cellulose), Magnesium Stearate (vepetable source). Silica

Contains no artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

## Red Yeast Rice 1200 mg

60 Tablets - \$25.99

Servings per Container: 100



- · Great cholesterol-lowering agent
- Promotes blood circulation
- Aids in cardiovascular health

#### SUPPLEMENT FACTS

Serving Size: 1 Tablet

Servings Per Container: 60

Amt/Serving Calcium (from Calcium Carbonate) 150 mg 12% Red Yeast Rice (Monascus purpureus) 1.2 g (1,200 mg) Concentrated (10:1) Powder)

\* Daily values are based on 2,000 calorie diet. \* Daily value not

# **Organic Red Yeast** Rice With CoQ10

60 Veg caps - \$25.99 120 Veg caps - \$47.99



## 1200 mg with CoQ10 60 mg

Red Yeast Rice is a unique natural product that's been used in Asian traditional medical systems since approximately 800 A.D. It is produced by the fermentation of red yeast (Monascus purpureus) with white rice. LifeSource Vitamin Red Yeast Rice is carefully produced to avoid the presence of citrinin, a sometimes toxic by-product of the fermentation process. This product is further enhanced with the addition of CoQ10 to support healthy cardiovascular and immune system function, Milk Thistle Extract to support healthy liver function, and Alpha Lipoic Acid to provide antioxidant support.

- Cardiovascular support Lowers cholesterol
- · Milk thistle & alpha lipoic acid · Vegetarian formula

#### SUPPLEMENT FACTS

Serving Size: 2 Vcaps	Servings Per Container: 30	
	Amt/Serving	DV%*
Organic Red Yeast Rice (Monascus purpureus)	1200 mg	
Milk Thistle (Silybum marianum)	210 mg	1
Standardized Extract (min. 80% Silymarin) Alpha Lipoic Acid	100 mg	.9
CoQ10 (Coenzyme Q10) (as Ubiquinone)	60 mg	9

Daily values are based on 2,000 calorie diet. Daily value not established.

Other Ingredients: Cellulose (capsule), Silica, Stearic Acid (vegetable source) and Magnesium Stearate (vegetable source). Contains soy derivative.

Contains no sugar, sait, wheat, gluten, corn, milk, egg, shell fish or preservatives: Vegetarian/vegan product

## Resveratrol Plus

60 Veg Caps - \$21.99 120 Veg Caps - \$39.99



Scientific studies have shown that Resveratrol supports healthy cardiovascular function through various mechanisms. Resveratrol, especially when combined with other polyphenols, is known for it's anti-aging effects, as well as for its ability to support a healthy inflammatory response. LifeSource's Resveratrol Plus contains a comprehensive blend of polyphenois, including natural resveratrol and proanthocyanins (OPC's from grape seed), plus catechins (green tea extract) for powerful cardiovascular protection.\*

Benefit's of LifeSource's Resveratrol:

- · 100 mg of red wine extract
- Cardiovascular support\*
- · Rich in polyphenols!
- · Vegetarian formula
- · Natural Trans-Resveratrol I50 mg

#### SUPPLEMENT FACTS

Servings Per Container: 30/60 Serving Size: 2 Veg Caps Amt/Serving DV% Red Wine Extract (Alcohol-Free) ( Vitis vinifera ). (min. 30% Polyphenols) 200 mg 200 mg Polygonum Cuspidatum Extract (Root) (50% Natural Trans-Resveratrol - 100 mg) Green Tea Extract 200 mg (Camellia sinensis ) (Leaf) (min. 98% Total Polyphenols, 70% Total Catechins and 45% EGCg) (Contains up to 14 mg of Natural Caffeine)

ENAMED AND DESCRIPTION OF STREET

Grape Seed Extract ( Vitis vinifera ) (min. 95% Polyphenols)

# Royal Jelly

## 60 Capsules - \$21.99



Royal Jelly has a complex nutritional profile that includes nucleotides, polyphenols, and unique organic acids. It has been used traditionally since ancient times as a health tonic.

- Boost Immune System
- · Beneficial for short-term memory
- Reduce menopausal symptoms

## SUPPLEMENT FACTS

Serving Size 1 Veg Capsule

Servings Per Container: 60

Royal Jelly (min. 6% 10-HDA) (Freeze-dried concentrate

Amt/Serving DV% 500

equivalent to 1500 mg of fresh Royal Jelly

Daily Value Not Established.

Suggested Use: As a dietary supplement, take I capsule daily, preferably with meals

Other Ingredients: Cellulose (capsule), Rice Flour and Magnesium Stearate (vegetable source). Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut. ingredients

## SAM-E

## 30 Tablets - \$26.99



SAM-e is produced in small amounts by the human body, where it is an important physiological factor in the production of many compounds. However, the body does not always produce adequate amounts of SAM-e and supplementation is sometimes required.

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- · Helps fight depression
- · Can reduce symptoms of osteoarthritis

#### SUPPLEMENT FACTS

Serving Size: 1 Tablet

Servings Per Container, 30

DV%"

Amt/Serving SAMe (from 400 mg of s-adenosyl-l-methlonine tosylate)

200 mg

Other Ingredients: Cellulose, silica, magnesium steerate, ethyl cellulose, cleic acid, medium chain triglycerides, sodium alginate, modified cellulose, triacetin, calcium carbonate and riboflavin (for color).











<sup>\*</sup> Daily value based on a 2,000 calorie diet. † Daily value not established.

## Saw Palmetto

# 120 Softgels - \$21.99



Saw Palmetto berries have been found to support healthy urinary tract and prostate functions.

#### SUPPLEMENT FACTS

Serving Size: 1 Softgels / 160 mg	Servings Per Contr	siner: 120
	Amt/Serving	DV%
Saw Palmetto Extract	160 mg	

- Daily value based on a 2,000 calorie diet.
- Daily value not established.

# Selenium

## 90 Veg Caps - \$10.99



- May lower the risk of lung, prostate and colorectal cancers
- Antioxidant properties

#### SUPPLEMENT FACTS

Serving Size: 1 Veg Cap	Servings Per Container: 90		
	Amt/Serving	DV%*	
Selenium (as L-Selenomethionine)	200 mcg	286%	

\* Daily values are based on 2,000 calorie diet. Free of: sugar, yeast, salt, milk, com, wheat, gluten, soy, preservatives, colors

# **Shark Cartilage**

## 100 Capsules - \$16.99



LifeSource Vitamins Shark Cartilage is derived from 100% pure freeze dried backbone of sharks and is a natural source of chondroitin and glycosaminoglycans (GAG's). Our powder is thoroughly tested for important shark components and contains no solvents, bleaches or chemical processing agents. May help with Arthritis, Anti Inflammatory, Skin, Digestive & Eye Health.

#### SUPPLEMENT FACTS

Serving Size: 6 Capsules	Servings Per Con	Servings Per Container: 16	
	Amt/Serving	DV%*	
Calories	10		
Total Carbohydrate	1g	<1%	
Sodium	55 mg	2%	
Protein	2.9	4%	
Calcium	1.000 mg	77%	
Shark Cartilage (with natural	0.0000000000000000000000000000000000000		
mucopolysaccharides)	4.5 g		

Percent Daily Values are based on 2,000 calorie diet. Daily Value not established.

Other Ingredients: Gelatin (capsule), Cellulose, Magnesium Stearate (vegetable source), Stearic Acid (vegetable source) and Silica.

Contains fish (shark), Non-GMO

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, shellfish or tree nut ingredients. Section of the Section of Market Section (Section 1)

#### Sleep Formula Advanced 50 Capsules - \$16.99



60

Sleep Formula Advanced (Melatonin-Free) can help you get a good night sleep. This blend contains natural herbs such as Passion Flower, Chamomile, Hops and other proven nutrients to encourage natural, restful sleep.

#### SUPPLEMENT FACTS

Serving Size: 1 Capsule S	ervings per Conta	iner: 50
	Amt/Serving	DV%*
Vitamin B6 (as pyridoxine HCI)	1 mg	50%
Pantothenic Acid (as calcium pantothena	ste) 50 mg	500%
Magnesium (citrate)	40 mg	10%
GABA (gamma amino butyric acid)	180 mg	7
L-Theanine	120 mg	
Chamomile (flowers)	75 mg	7
Passion Flower Extract	20 mg	1
Hops Extract (Humulus Lupulus 4:1) Flow	er 20 mg	9
Lemon Balm (leaf)	10 mg	+

Percent Daily Values are based on 2,000 calonie diet. † Daily Value not established. Other Ingredients: Vegetable Capsule (Cellulose), Cellulose, Magnesium Stearate (Vegetable Source), Silica

Contains No artificial colors, flavors, or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

Suggested usage: Take I capsule: 30 minutes prior to bedtime

# Spirulina (USDA Organic)

## 250 Tablets - \$23.99



Spirulina is rich is Beta-Carotene and Vitamin B12 and has naturally occurring protein and GLA (Gamma Linolenic Acid), a popular fatty acid with numerous health benefits. In addition, Spirulina has naturally occurring minerals, trace elements, cell salts, amino acids and enzymes.

### CURRI EMENT EACTE

Serving Size: 6 Tablets	Servings Per Conf	tainer: 33
Calories Total Fat	Amt/Serving	DV%*
Spirulina Sodium	3,000 mg 40 mg	2%
Total Carbohydrate Protein	2.0 g	<1% 4%
Vitamin B-12 Vitamin A		140%
Iron 1 Calcium		2

Warnings: Please discard the inedible freshness packet enclosed.

# Spirulina Powder (Organic) 225 servings 7.9 oz - \$24.99



Spirulina is considered a complete protein because well over half of it consists of amino acids -- the building blocks of protein. It is also a rich source of other nutrients including B complex vitamins, beta-carotene, vitamin E, carotenoids, manganese, zinc, copper, iron, selenium, and gamma-linolenic acid (an essential fatty acid). LifeSource's USDA Organic Spirulina Powder helps support energy production and immune function at the cellular level.

#### SUPPLEMENT FACTS

Serving Size: 1/4 tsp (1 g)	Servings per Cont	niner: 225
	Amt/Serving	DV%*
Protein	<10	
Sodium	20 mg	-1%
Organic Spirulina	1.000 mg	
Typical Analysis-Each serving m following naturally occurring nu		
Vitamin A (as beta-carotene)	750 mcg RAE	83%
Vitamin K	9 mcg	33%
Riboflavin	.03 mg	2%
Niacin	.08 mg	196
Vitamin 812	3 mcg	125%
Chromium	1 mcg	3%
C-Phycocyanin	70 mg	- 1
Chlorophyll	5 mg	1.9
Gamma Linolenic Acid (GLA)	14 mg	
Zeaxanthin	1.2 mg	
Inositol	.6 mg	

Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established. Contains no artificial colors, flavors, or preservatives; no wheat, gluten, milk, eggs, peanuts, tree

outs, say, shellfish, or fish. Suitable for Vegans, Suggested usage: Add daily to food or beverage

# Squalene (Shark Liver Oil)

## 90 Softgels - \$28.99



LifeSource Vitamins active agent of Squalene from shark liver oil is Alkylglycerol (AKG). It is an ether lipid that has shown the ability to stimulate the human immune system. Also, AKG has scientifically proved antitumor activity.

- Naturally cleanses the body of toxins
- Pain relief in fibromyalgia and chronic fatigue syndrome
- · Strengthening our immune systems against sinusitis and hay fewer
- · Positive effects on treating fungal and bacterial infections as a natural bactericidal agent

## SUPPLEMENT FACTS

Serving Size: 2 Softgels	Servings per Contain	
0.0000000000000000000000000000000000000	Amt/Serving	DV%
Squalene (Shark Liver Oil)	2,000 mg	

Percent Daily Values are based on 2,000 calorie diet. Daily Value not established. Other Ingredients: Gelatin

## Stevia Extract Powder (Organic)

## 1 oz. - \$9.99



## **NUTRITIONAL FACTS**

Serving Size: 1 Level Scoop

Servings Per Container: 622

Amt/Serving Stevia Extract Powder (Stevia rebaudiana) (Leaf) (min. 80% Glucosvisteviosides)

\* Daily values are based on 2,000 calorie diet. \* Daily value not established







# Stevia Extract Liquid (Organic)

2 fl. oz - \$9.99



- · Pleasant tasting herb
- Non-bitter aftertaste
- All-natural herbal product
- Safe for diabetics
- · Safe, natural dietary supplement
- Vegetarian product
- Doesn't affect blood sugar
- . No tooth decay levels
- Low caloric value, zero carbs per serving.
- · Also available in caramel, chocolate, cinnamon, hazelnut, orange, peppermint and vanilla, \$12.99 Each

#### NUTRITIONAL FACTS

Serving Size: 4 drops (0.13 ml)	Servings Per Container: 461		
Stevia Liquid Extract	Amt/Serving	DV%*	
(Stevia rebaudiana) (Leaf)	0.13 ml		

- Daily values are based on 2,000 calorie diet.
- Daily value not established.

# Stress Relief & **Calming Formula**

100 Tablets - \$17.99

Servings per Container: 33



- Improves stress protection and defense
- · Strengthens the immune system
- Helps antioxidant levels.
- · Builds adaptive energy and vitality
- · Harmonizes all organ systems & revitalizes body balances

## SUPPLEMENT FACTS Serving Size: 3 Tablets

-	Amt/Serving	DV%*		Amt/Serving	DV%*
Vitamin E	100 IU.	333	L-Glutamic Ac.	50 mg.	+
Vitamin C	500 mg.	833	GABA	50 mg.	7
Vitamin B1	50 mg.	6,666	Tyrosine	50 mg.	
Vitamin B2	50 mg.	2,491	Ribonucleic Ac.	50 mg.	+
Vitamin B3	40 mg.	1,000	Chamomile	75 mg.	- 4
Vitamin B5	200 mg.	2.000	Hops	75 mg.	
Vitamin B6	100 mg.	2,058	Passion Flower	75 mg.	-+
Vitamin B12	50 mcg.	2,500	Skullcap	75 mg.	
Vitamin H	150 mcg.	50	Valerian	200 mg.	
Vitamin M	450 mcg.	100			
Calcium	250 mg.	25	St. John's Wort	100 mg.	10
Magnesium	250 mg.	83	Kava Kava Rt.	75 mg.	
Potassium	99 mg.		Choline	100 mg.	
Iron	25 mg.	136	Inositol	250 mg.	4
Zinc	25 mg.	186	PABA	50 mg.	at.
Manganese	mg.		Lemon Blo. Con.	250 mg.	+
Chromemate	10 mg.	:(+	Rice Bran Con.	100 mg.	
Selenium	10 mg	1	Melatonin	1000 mcg.	+

Daily values are based on 2,000 calorie diet. Daily value not established

In a natural base of acerola, capsicum, celery seed, fo-ti, ginseng, gotu-kola, lecithin, rose hips and wood betony.

# St. John's Wort

100 Capsules - \$12.99



- Depression Anxiety
- · PMS relief · Ear infections
- · Cold sores · Ulcerative colitis
- · Wound healing

#### **NUTRITIONAL FACTS**

Servings Per Container: 100 Serving Size: 1 Capsule

Amt/Serving DV%\* St. John's Wort Extract 300 ma

(Hypericum perforatum aerial part with flowers standardized to contain 0.3% hypericin)

- \* Daily values are based on 2,000 calorie diet.
- Daily value not established.

# **Tart Cherry** W/Turmeric

# 30 Veg Tablets - \$14.99



Tart Cherry, combined with Turmeric, are highly prized health-boosting substances because of their antioxidant. properties protecting cells from free radical damage. In addition, they help manage appropriate levels of COX enzymes, supporting healthy tissues and joints, and positive control of immune responses.

#### SUPPLEMENT FACTS

Serving Size: 1 Tablet	Servings per Cont.	ainer: 30
Section Fernance Section 5	Amt/Serving	DV%*
Tart Cherry (Prunus cerasus) [fruit]	6 8	
(8:1 fruit extract standardized to conta	in	
at least 0.8% anthocyanosides)	825 mg	
Turmeric (Curcuma longa) Extract [rox	it]	
(standardized to 95% curcuminoids)	50 mg	

\* Percent Daily Values are based on 2,000 calorie diet.

Daily Value not established.

Other Ingredients: Cellulose, Stearic Acid (Vegetable Source), Magnesium Stearate (Vegetable Source), Silica, Glycerin

Contains No artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish, or fish. Suitable for Vegans

# Taurine 500 mg - Free Form

100 Caps - \$8.99



Taurine is a conditionally essential amino acid that is not utilized for protein synthesis, but is mainly found free in most tissues, especially throughout the nervous system. It functions in tissues by stabilizing cell membranes and aiding the transport of potassium, sodium, calcium and magnesium in and out of cells. It is also used by the body in visual pathways, as well as in the brain and nervous system, where it works together with glycine and GABA as a neurotransmitter.

## SUPPLEMENT FACTS

Serving Size: 1 Capsule	Servings per Container; 100	
	Amt/Serving	DV%*
aurine (Free-Form)	500 mg	1

Other Ingredients: Rice Flour and Gelatin (capsule)

a Carlo Carl

## P Thermo Lean

90 Tablets - \$16.99



LifeSource's Thermo Lean delivers a unique combination of 17 different synergistic nutrients that work with your body to turn up your thermogenesis, in essence increasing the rate at which fat is released from the body and increasing your resting metabolic rate.

## SUPPLEMENT FACTS

Serving Size: 3 Tablets Servings Per Container: 30

Amt/Serving DV% 150 mcg Chromium Picolinate 2100 mg Proprietary Blend Hawthorne Berry, Licorice Root, Bladderwrack, Choline, Ginger Root, Ginkgo Biloba, Ginseng, Gotu Kola, Guarana seed extract), L-Carnitine, Uva Ursi,

Burdock Root, Cornsilk, Bromelain, Boron.









P = LifeSource Proprietary Blend





<sup>\*</sup> Daily values are based on 2,000 calorie diet. 1 Daily value not established.

# Thyroid Energy

# 90 Veg Caps - \$21.99



Hypothyroidism is a condition that occurs when the thyroid gland produces insufficient amounts of thyroid hormones in the body Life- Source's Thyroid Energy is a complete nutritional support for the thyroid gland. Unlike Thyodine, it contains no glandulars and is suitable for vegans. LifeSource has combined lodine (from Kelp) and Tyrosine, the two integral constituents of thyroid hormone, with the minerals Selenium, Zinc and Copper to assist in production. In addition, LifeSource's Thyroid Energy contains Guggul Extract, an Ayurvedic herb known for its ability to support a healthy metabolism.

Note: If you are taking prescription thyroid medication, we strongly recommend that you consult with your doctor before taking Thyroid Energy.

#### SUPPLEMENT FACTS

Serving Size: 2 Veg Caps	Servings Per Conf	Servings Per Container: 45	
	Amt/Serving	DV%*	
Vitamin B-6 (from Pyridoxine HCI)	2 mg	100%	
Folate (as Folic Acid)	400 mcg	100%	
Vitamin 8-12 (as Methylcobalamin)	60 mcg	1000%	
lodine (from Kelp and Irish Moss)	175 mcg	150%	
Zinc (from L-OptiZinc*- Zinc L-Methionine Complex)	25 mg	170%	
Selenium (from L-Selenomethionine) (Yeast-Free)	50 mcg	70%	
Copper (from Copper Amino Acid Chelate)	1 mg	50%	
L-Tyrosine (Free-Form)	1.0 g 1,000 mg	0.000	
Irish Moss (Chondrus crispus) (Thallus)	200 mg		
Guggul (Commiphora mukul) (Resinous Sap) Standardized Extract (min. 10% Guggulsterones)	75 mg		
Kelp (Laminaria digitata) (Whole Plant) Ashwagandha (Withania somnifera) (Root)	60 mg	9	
Standardized Extract (min. 4.5% Withanolides) Concentrace* Trace Minerals	50 mg 5 mg		

Daily value based on a 2,000 calorie diet, 1 Daily value not established.

## Tribulus

## 100 Caps - \$19.99



Tribulus has been used for centuries in ancient Greece, India and Africa to enhance vitality and virility. Recent research indicates that Tribulus can support the body's free radical defense systems and preliminary studies suggest that Tribulus may help to promote healthy endocrine function and male reproductive health.

#### SUPPLEMENT FACTS

Serving Size: 2 Caps Servings per Container: 50 Tablets

> Amt/Serving DV%

> > 1,000 mg

Tribulus terrestris (Standardized extract) (min. 45% Saponins)

(Fruit/Aerial Parts)

Percent Daily Values are based on 2,000 calorie diet. Daily Value not established. Other Ingredients: Cellulose, Stearic Acid (vegetable source), Silica and Vegetarian Coating Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients Suggested usage: Take I tablet daily with meal

# Triphala

# 90 Veg Caps - \$14.99



Triphala restores digestive function, encourages beneficial intestinal bacteria, enhances enzyme production, helps draw stagnated wastes out of the intestines, and encourages healthy and complete elimination. The formula is non-irritating, non-habit forming, can be used on a daily basis, and is gentle enough for those more sensitive to cleansing, and is suitable for vegetarians. Studies have shown Triphala to have a wide-range of medicinal properties including antioxidant, antibiotic, anti-inflammatory, adaptogenic, hypoglycemic, analgesic, antipyretic, antimutagenic. and anticancer. Triphala contains polyphenols and flavonoids, including gallic acid, chebulagic acid, and chebulinic acid, which are believed to contribute to its many health benefits.

#### SLIPPLEMENT FACTS

	Serving Size: 1 Vegetarian Capsule	Servings per Conta	ner. 90
	entra de la constanta de la companya	Amt/Serving	DV%*
Organic Triphala Fruit Bl	end (Chebulic myrobalan Fruit,		
Belleric myrobalan Fruit,	Amalaki-Amla Fruit)	500 mg	1.

Percent Daily Values are based on 2,000 calorie diet.

Daily Value not established.
 Other Ingredients: Modified Vegetable Cellulose

# Turmeric Advanced Powder

1.6 oz - \$22.99



Turmeric has a long history of use in Ayurvedic medicine. Curcumin is the active ingredient in turmeric and has been consumed for medicinal purposes for thousands of years. Several of the healthful inflammation response effects of curcumin are mediated through suppression of the expression of mediators produced by cells, all of which come from genes regulated by nuclear factor kappa B (NF-kB). Black pepper and its principle component, piperine, aid in the absorption and bioavailability of curcumin. Finally, our organic turmeric is fermented using Lactobacillus acidophilus. Fermented foods provide beneficial probiotics and offer enhanced nutrient bioavailability.

USDA Organic • Fermented • Non-GMO

#### SUPPLEMENT FACTS

Serving Size: 1/2 Teaspoon (1.01g)

Organic Black Pepper (fruit)

Servings per Container: 45

Amt/Serving DV95\* 1,000 mg 5 mg

Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established. Other Ingredients: Organic Acadia Gum, Lactobacillus Acidophilus Suggested usage: Add one serving daily to food or drink

## Turmeric Root (Organic)

Organic Fermented Turmeric (rhizome/root) Booster

## 60 Liquid Capsules - \$24.99



Turmeric is one of the most potent anti-inflammatory herbs. It works by keeping naturally occurring levels of cortisone at higher blood levels, thus producing a systemic anti-inflammatory effect. This can help conditions ranging from all auto-immune disorders (MS, lupus, psoriasis, asthma, arthritis) to any condition where cortico-steroid drug use is indicated. This includes Crohn's disease, colitis and bursitis. Turmeric is a liver cooler that prevents the liver from breaking down. It can arrest cirrhosis and stop necrosis of the liver. It helps alcoholics and drug abusers save their liver. It increases bile and as a result helps in fat digestion. It is indicated for those with elevated liver enzymes including Hepatitis C.

#### SUPPLEMENT FACTS

Serving Size: 1 Veggie Capsule

Servings per Container: 60

Amt/Serving DV% Organic Turmeric Root (Curcuma longa) Extract 400 mg Turmenic Root Extract (95% Curcuminoids, 95 mg)
Turmenic Root CO2 Supercritical Extract (40% Turmerones, 20mg) 100 mg 50 mg Black Peoper Fruit Extract

\* Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established. Other Ingredients: Non-GMO Soy Lecithin, Vegetable Cellulose, Medium Chain Triglycerides, Chlorophyll

# Turmeric Advanced

w/Bioperine 750mg

60 Veg Caps - \$26.99



Turmeric (Curcuma longa), the bright yellow of the spice rainbow, is a powerful medicine that has long been used in the Chinese and Indian systems of medicine as an antiinflammatory agent to treat a wide variety of conditions, including flatulence, jaundice, menstrual difficulties, bloody urine, hemorrhage, toothache, bruises, chest pain, and colic.

- · BioPerine supports proper assimilation of turmeric curcuminoid compounds and other nutrients
- · A Potent, Yet Safe Anti-Inflammatory

#### SUPPLEMENT FACTS

Serving Size: 1 Vegetarian Capsule

Servings Per Container: 60

Amt/Serving DV%\* Turmeric root extract (Curcuma longa) 750 mg

(rhizome)(Standardized to 95% [712.5 mg] curcuminoids) BioPerine (black peoper fruit extract)

Percent Daily Values are based on 2,000 calorie diet. + Daily Value not established. Other Ingredients: Hydroxypropyl methylcellulose, vegetable magnesium stearate and silicon dioxide









<sup>5</sup> mg

# **Ultra Dairy Digest**

# 60 Veg Capsules - \$13.99



- . Digestive Aid for Those Lactose Intolerant
- · Promotes Digestion of Lactose, Milk Proteins & Fats
- Contains Enzymes Needed to Break Down Nutrients

#### SUPPLEMENT FACTS

Serving Size: 1 Vegetarian Capsule Servings per Container: 60 Amt/Serving Proprietary Dairy enzyme blend 200 mg Lactase 1,000 ALU 630 BLGU/25,000 HUT Proteases Linasa 250 FCC FIR

Percent Daily Values are based on 2,000 calorie diet. \* Daily Value not established Other Ingredients: Vegetable capsule (cellulose, water), cellulose, magnesium stearate and silica Contains No sugar, salt, daily, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors Suggested usage: Take 1 tablet 1 to 3 times daily

# Ultra Weight Management

60 Capsules - \$19.99



We have combined 7 different weight loss, fat burning and metabolism enhancing supplements in one amazing product. Our Ultra Weight Loss Liquid has helped thousands of people control their weight. Now reformulated in convenient capsule form, this product (along with a healthy, well-balanced diet) can help you support a healthy body weight

- Weight Loss
- · Burns Fat
- Curbs Appetite
- · Helps Reduce Caloric Intake
- · Boost Metabolism

#### SUPPLEMENT FACTS

Serving Size: 2 Capsules	Servings per Container: 30		
	Amt/Serving	DV%*	
Raspberry Ketones	600 mg	*	
Green Tea Extract	100 mg		
Resveratrol	100 mg	Ť	
African Mango (Irvingia Gabonensis)	100 mg	+	
Acai Fruit Extract	100 mg		
Apple Cider Vinegar Powder	100 mg	+	
Kelp	100 mg	+	

Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established.

Other Ingredients: Vegetable Capsule, Microcrystalline Cellulose Suggested usage: Take 1 capsule twice daily

# Valerian Root 500 mg

100 Capsules - \$9.99



A calming and relaxing herb to relieve stress and calm the body. An effective sedative and sleen aid

Serving Size: 1 Capsule Servings Per Container: 100 Amt/Serving

\* Percent Daily Values are based on 2,000 calorie diet.

Daily Value not established

"I have told you these things, so that in Me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

John 16:33

# Vision Formula

120 Capsules - \$21.99 240 Capsules - \$37.99



31 Synergistic Ingredients: Our proprietary blend is a full range of antioxidant nutrients which may aid in maintaining visual functions and complete eve health. Lutein, is a carotenoid found in dark green leafy vegetables, & shown to be a dominant pigment in the macular region of the eye. Bilberry extract contains biologically active flavonoids. which support healthy vision. A must for people who have a history of eye problems in their family's tree.

## SUPPLEMENT FACTS

Servings Per Container: 30 & 60 DV96\* DV961 Amt/Serving Amt/Serving Vitamin B6 (Pyridoxine HCI 15 mg Pantothenic Acid (d-Calcium Folic Acid 400 mcg 100% Panthotenate) 500% 50 mg Manganese (Manganese Citrate) 5 mg 250% Calcium (as Calcium Citrate) lodine (from Potassium Iodide) 50 mg Chromium 100 mcg 83.5% 6.5% 10 mog 60 mcg Molybdenum Magnesium (as Magnesium Citrate) 125 mg 31.5% 1.5% Potassium 49.5 mg Zinc (Zinc Citrate) 25 mg 83 25% L-Taurine 250 mg Selenium (I-Selenomethionine) 100 mg 150 mg Quercetin Соррен NAC (N-Acetyl Cysteine) 125 mg (Copper Amino Acid Chelate) 1.5 mg L-Methionine 100 mg 16250 IU Gickgo Bitcha Leaf Extract 30 mg Vitamin C (Ascorbic Acid) 416.5% 250 mg 25 mg Glutamic Acid Vitamin E (d-Alpha Tocopheryl L-Glycine 25 mg 100 IU 333.5% Acetate) Bilberry 25 mg Thiamine (Thiamine HCI) 10 mg 735.5% Lutein 20 mg Riboflavin Slica (from Horsetal Herb) 5 mg Nacin (83% Macinamide & 17% Macin) Boron (as Boron Citrate) 300 mca

Daily values are based on 2.000 calorie diet. Daily value not established.

## Water Gone Herbal Diuretic

100 Veg Caps -\$15.99



The term diuretic refers to any substance that helps to rid the body of excess body fluids and salts through urination. These can take the form of prescription or over-the-counter drugs, homeopathic and herbal remedies or certain foods with diuretic qualities that promote urine formation. Whatever the source, diuretics help to prevent or treat a number of conditions including Edema, High-Blood Pressure, Kidney Stones and Glaucoma.

### SUPPLEMENT FACTS Serving Size 2 Veg Capr

THE RESERVE THE PROPERTY OF TH	200000000000000000000000000000000000000	Sent (sent) sent sent
	Amt/Serving	DV%*
Vitamin B-6 (from Pyridoxine HCI)	25 mg	1471%
Potassium (from Potassium Chloride)	99 mg	2%
Uva Ursi Extract (Arctostaphylos uva-ursi) (Leaf)		
(Standardized to min. 20% Arbutin)	250 mg	*
Dandelion (Taraxacum officinale) (Leaf)	200 mg	
Juniper (Juniperus communis) (Berries)	120 mg	7
Buchu (Agathosma spp.) (Berries)	120 mg	

"Percent Daily Values are based on 2,000 calorie diet." Daily Value not established Other Ingredients: Cellulose (capsule), Rice Flour, Stearic Acid (vegetable source) and Magnesium Stearate (vegetable source) Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Non-GMO

# Wheatgrass Powder (Organic)

Servings Per Container 50



Organic Wheatgrass is a nutrient-rich grass containing 17 amino acids. Wheatgrass retains 92 of the 102 minerals found in the soil including Calcium, Phosphorus, Iron, Magnesium and Potassium. It is a rich natural source of Vitamins A and C. It is exceptionally rich in Vitamins E. K and B-Complex

LifeSource's USDA Organic Wheatgrass, designed to help support a normal inflammatory response, proper digestion and weight loss.

## SUPPLEMENT FACTS

Serving Size: 5 g (1 Tablespoors)	Servings per Container: 90		
	Amt/Serving	DV%*	
Calories	15.74	143%	
Energy	6.54 KJ	W. 1994	
Total Fat	.12 g	18%	
Sodium	71 mg	30%	
Total Carbohydrates	2.64 g	.88%	
Protein	.96 g	1.92%	

Percent Daily Values are based on 2,000 calorie diet.

Daily Value not established.

Ingredients: 100% Organic Wheatgrass Powder Suggested usage: Take 1 tablespoon daily











# Women's Balance PMS Support

## 90 Capsules - \$19.99



This product is a unique herbal support formula for women. We have combined standardized herbal extracts of Wild Yam and Vitex with nutritional support from Dong Quai, GLA, Vitamin B6 and Folic Acid to promote a healthy feminine balance.

#### SUPPLEMENT FACTS

Servings Size: 1 Veg Capsule Servings Per Container: 90

	Amt/Serving	DA%.
Vitamin B-6 (as Pyridoxine HCI)	17 mg	850%
Folate (as Folic Acid)	133 mcg	33%
Borage Oil Powder (15 mg GLA)	100 mg	3.
Wild Yam Extract (Dioscorea villosa) (root) (6% Diosgenin)	75 mg	7
Dong Quai (Angelica sinensis) (root)	100 mg	+
Cheste Berry Tree (Vitex) Extract (agnus castus) (fruit) (0.5% Agnusid	es) 50 mg	7

Percent Daily Values are based on 2,000 calorie diet. Daily Value not established. Other Ingredients: Cellulose (capsule), Rice Flour, Magnesium Stearate (vegetable source), Silica and Black Cohosh (Rhizome/Root) Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients Directions; Take I capsule three times daily

# Ultra Women's Vitality

60 Capsules - \$14.99



Synergistic blend to help with Aging, Energy and Virility. The hormonal imbalances derived from menopause have been shown to lead most women to experience some form of sexual dysfunction, whether it be lack of desire and or arousal. This unique blend promotes hormonal balance, with improved circulation, antioxidants and adaptations that have been shown to support energy levels and libido

#### SLIDDI EMENT FACTS

Serving Size: 2 Capsules	Servings Per Cont	Servings Per Container: 30		
	Amt/Serving	DV%*		
Horney Goat Weed Extract	-0100000000000000000000000000000000000			
(providing 10mg of icariins)	1,000 mg	1		
Proprietary Blend	560 mg			
Maca Root Powder, Tongkat All Ro	ot Powder, Saw Palmett	o Berry		
Powder, Tribulus Terrestris 40% ex				
Puama Root Powder 1-Aminine a				

Percent Daily Values are based on 2,000 calone diet. † Daily Value not established. Other Ingredients: Rice Flour, gelatin (bovine), and vegetable magnesium stearate

# Zinc Chelated

100 Tablets - \$12.99 200 Tablets - \$22.99



Zinc is an essential mineral that plays an important role in many enzymatic functions. Found primarily in the kidneys liver, pancreas, and brain. Zinc also helps support healthy immune system functions and is an important component of bodily antioxidant systems. The chelated form of zinc in this formulation helps to promote optimal absorption.

SOLLETHING LIVERS		
Serving Size: 1 Tablet	Servings Per Container: 100	
	Amt/Serving	DV%*
Zinc (as amino acid chelated)	50 mg	333%

Percent Daily Values are based on 2,000 calorie diet.

 Daily Value not established.

Other Ingredients: Cellulose, vegetable stearin, cellulose. gum, modified cellulose, dicalcium phosphate, silica and

magnesium stearate Contains no sugar, salt, dairy, yeast, soy, wheat, gluten, preservatives, artificial colors or flavors

# Zinc Picolinate 50 mg

# 60 Capsules - \$9.99



- Helps kidneys maintain acid base balance & detoxify
- Brain development. The senses of appetite, taste & smell
- Participates in antioxidant enzyme systems in your eyes, helping to prevent & slow the progression of macular degeneration.

#### SUPPLEMENT FACTS

Servings Per Container: 60	
Amt/Serving 50 mg	DV%* 333%
	Amt/Serving

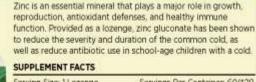
Percent Daily Values are based on 2,000 calorie diet. Daily Value not established.

Other Ingredients: Rice Flour, Cellulose (capsule) and Magnesium Stearate (vegetable source)

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients

# Zinc Lozenges w/ Vit C, Slippery Elm & B Propolis

60 Lozenges - \$10.99 120 Lozenges - \$17.99 (SAVE \$4)



# Lozendes

Serving Size: 1 Lozenge	Servings Per Container: 60/120		
	Amt/Serving	DV%*	
Vitamin C (as calcium ascorbate, as	corbic acid) 60 mg	100%	
Zinc (as citrate, gluconate)	15 mg	100%	
Slippery Elm Bark Powder	25 mg		
Bee Propolis	5 mg	- 1	

Percent Daily Values are based on 2,000 calone diet Daily Value not established.

Other Ingredients: Fructose, sorbitol, natural lemon flavor, stearic acid, silica, citric acid, magnesium stearate

Contains no salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors

# Zinc Chelated Liquid W/Elderberry

4 fl oz - \$14.99



One of our most complete liquids for cold and flu season. This powerful combination of Zinc, Organic Elderberry, Organic Echinacea, and Umckaloabo Root helps your immune system and metabolism function. Also, powerful antioxidants and vitamins can help tame inflammation. This highly absorbable liquid is just what the doctor ordered!

#### SUPPLEMENT FACTS

Serving Size: 1 Lozenge	Servings Per Container: 30	
Calories	Amt/Serving	DV%*
Total Carbohydrate Total Sugars	3 g < 1 a	1%*
Includes <1 g Added Sugars Sorbitol	2 g	1%
Vitamin C (as Ascorbic Acid and from Sodium Ascorbate)	150 mg	167%
Zinc (from Zinc Gluconate) Elderberry Concentrate (Sambucus nigra)	12 mg	109%
Echinacea purpurea (Root) Bee Propolis	25 mg 25 mg	
Slippery Elm Bark (Ulmus rubra) (Bark)		

Other Ingredients: Sorbitol, Fructose, Microcrystalline Cellulose, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source), Silicon Dioxide, Natural Raspberry Flavor and Hyprometlose (cellulose)

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Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, or tree nut ingredients.

- \* Percent Daily Values are based on 2,000 calorie diet.
- Daily Value not established.

# ZMA Sports Recovery 800 mg

90 Capsules - \$21.99



ZMA is a natural boosting testosterone supplement. Preferred by athletes in all sports who want to improve performance and accelerate healing and tissue repair,

#### Benefits of ZMA:

- · Faster & More Efficient Recovery · Better Sleep
- Increased Endurance Increased Strength / Gains
- Increased Testosterone Levels

#### SUPPLEMENT FACTS

Serving Size: 3 Capsules Men / 2 Capsules Women Servings per Container: 30/45

	Amt/Serving	DA%.
Vitamin B-6 (from Pyridoxine HCI)	15 mg	882%
Magnesium (from Magnesium Aspartate) Zinc (from Zinc Mono-L-methionine and	450 mg	107%
Zinc Aspartate)	30 mg	273%

Percent Daily Values are based on 2,000 calorie diet. | Daily Value not established. Other Ingredients: Gelatin (capsule). Rice Flour and Magnesium Stearate (vegetable source) Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Non-GMO









# Whey Plus Phyto Greens and Phyto Reds

2 lbs. - \$44.99

4 lbs. - \$79.99

(SAVE \$10)

We started with our "Tried & True" formula of Grass-Fed, Cold Processed, Cross Filtered Whey Isolate. Then we packed it full of nutrition with our award winning Phyto Nutrient Powders. Our Green Phyto Foods are the combination of the best of green SuperFoods available anywhere in the world. LifeSource's Green Phyto SuperFoods contain high concentrations of natural chlorophyll. Green SuperFoods are a category of Phytonutrient-rich nutritional products derived from green plants, algae and cereal grasses. They are harvested seasonally to take advantage of high potencies of naturally occurring vitamins, minerals, amino acids, enzymes, plant sterols and other nutritional constituents. Phyto Reds from LifeSource are an ideal nutritional boost for every individual who wants to ensure that in one's diet that one has the nutrients and phytonutrients needed for optimum health especially from natural superfoods. Our Phyto Red's are fortified with key nutrients to enable the body to boost the immune system and protect the body against free radical damages, all which have been associated with degenerative diseases. Our Phyto Reds are idea for weight loss and overall great bealth.

Hands down - this is one the greatest products we have ever produced!

- Easily Digestible for any age group and exercise levels.
- Superior Amino Acid Profile, crucial for growth and retention of muscles.
- Superior Protein for Lean Muscle Growth, which helps with loss of body fat.
- Whole body support with vitamins, enzymes, fruits, and fiber.
- · High in natural anti-oxidants for healthy aging, vascular and immune support.
- · Probiotic Super Blend to support digestion

#### NUTRITIONAL FACTS - DOUBLE CHOCOLATE FUDGE

Serving Size: 1	Heaping Sco	op = 39 g
	Amt/Serving	DV%*
Calories	133	
Calories from fat	12	
Total Fat	1.0	2%
Saturated Fat	0.9	
Cholesterol	0 g	
Sodium	45 mg	2%
Total Carbohydrate	7 g	2%
Dietary Fiber	3 g	12%
Sugars	2 9	<2%
Protein	23 g	46%
Vitamin A	3256 iu	65%
Vitamin B12	1 mcg	17%
Vitamin C	2 mg	3%
Vitamin K	80 mcg	100%
Calcium	98 mg	10%
Iron	1 mg	5%
lodine ( from Kelp)	75 mcg	50%
Magnesium	12 mg	3%
Zinc	450 mcg	<1%
Green Phyto Foods Lecithin (Fine Powder)	1000 mg	
Spiruline (Hawaiian, Org.)	1000 mg	
Alfalfa Juice Concentrate	350 mg	
Wheat Grass Powder, Org.	250 mg	
Plant Based Engymes	175 mg	
Barley Grass Powder, Org.	250 mg	- 1
Carrot Powder	250 mg	
Barley Malt Powder	200 mg	
Broccoli Powder	175 mg	
Brown Rice Bran	175 mg	
Apple Fiber	175 mg	
Apple Pectin	150 mg	
Oat Bran	150 mg	- 1
Chlorella Powder	150 mg	
Red Beet Powder	150 mg	1
Panax Ginseng Root Powder	125 mg	- 1
(C.A. Mayer) (min. 5% Ginsenosides) Eleuthero	50 mg	
(Eleutherococcus senticosus Root) Peppermint Powder	75 mg	+
Green Tea Extract (40% Catechins)	50 mg	9
Royal Jelly Powder (min. 5% 10-HDA)	50 mg	
Fructooligosaccharides	50 mg	,
Trace Mineral Concentrate	50 mg	
Milk Thistle Extract (80% Silymarin)	40 mg	+
Kelp Powder	25 mg	
Ginkgo Biloba Extract	10 mg	
(24% Ginkgoflavonglycosides Leaves)	is any	
Grapeseed Extract (95% Polyphenols)	10 mg	
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Top Rated by Customers! Not 1, not 2 but 3 of our best-selling products combined to create the World's most nutritious and best tasting Whey Protein. This powerhouse product will give you energy and stamina to tackle anything during your day.

## Available in Double Chocolate Fudge

	Amt/Serving	DV%*
Whey Plus Greens & Reds		
Bilberry Extract (25% Anthocyanidins)	10 mg	
Alpha Lipoic Acid	5 mg	*
Coenzyme Q10 (CoQ10)	5 mg	*
Red Phyto Foods Probiotic Blend	50 mg	1
L. Acidophilus, L. Casel, L. Rhamnosus, L. Plantarum, B. Breve,		
and B. Longum Carrot Powder	300 MG	+
Apple Pectin	125 MG	t
Flax Seed	125 MG	+
Oat Bran	88 MG	+
Lecithin	75 MG	7
Rice Bran	50 MG	+
ORAC Blend	25 MG	7
Japanese Knotweed	20 MG	*
Bilberry Std. Extract	25% 20 MG	*
Grape Seed Extract	15 MG	*
Lycopene	125 MCG	
Lutein	125 MCG	+
Astaxanthin	10 MCG	
Proprietary Blend	3338 MG	+
Cherries, Nectarines, Peaches, Pears,		
Gogi Berries, Mangos, Pomegranates,		
Papayas, Black Currents, and Watermelon.		

<sup>\* \*</sup> Daily values are based on 2,000 calorie diet. \* Daily value not established.

Ingredients: Cross Filtered Whey Protein Isolate, L-Glutamine (not in unflavored), All Natural Cocca and Vanilla extracts and Stevia









<sup>+</sup>Naturally occurring

# Whey Protein Isolate Double Chocolate Fudge, Creamy French Vanilla, & Unflavored

NO PESTICIDES

NO HORMONES NO GMOS

1.1 lbs. — \$24.99 (Chocolate & Vanilla)

3 lbs. — \$59.99 (Chocolate, Vanilla, Unflavored)

6 lbs. — \$104.99 (Chocolate, Vanilla, Unflavored)

Free Shipping Over \$99

(SAVE \$15)

OUR WHEY PROTEIN COMES FROM CERTIFIED GRASS FED MIDWEST DAIRY COWS THAT ARE:

- CERTIFIED DISEASE-FREE
- PESTICIDE-FREE
- CHEMICAL-FREE
- HORMONE TREATMENT-FREE
- RBGH FREE
- GMO-FREE
- SWEETENED WITH STEVIA, NOT SUCRALOSE

#### Why Whey Isolate?

Our whey protein comes from grass fed U.S. raised dairy cows that are:

- · Disease free
- Pesticide-free
- · Chemical-free
- · Hormone treatment free
- · GMO free

Whey Protein Isolate is one of the greatest ways to supplement your nutrition today. Unlike regular protein powders, whey isolate contains more protein by weight than anything else and is considered one of the best new forms of superfood that is out there on the market today. The reason for it's growing success is really the fact that whey protein isolate is a new scientific break through gaining tremendous recognition and notoriety in the natural healthy industry. Now some of you might be asking the question, "What is the difference between an isolate and a concentrate?" For those of you who are lactose intolerant, isolates contain only 1% lactose while concentrates contain 5-6%. Really both are such incredibly small percentages that unless you had an extremely super delicate case of lactose intolerance, your body won't even be susceptible at all to this. This is why whey itself is incredibly beneficial. Additionally, whey protein isolate has a higher BV, or biological value, because it contains more protein with less lactose. Whey isolate contains 90-98% protein while concentrates contain anywhere from 70-85% protein. But to be completely honest, both isolates as well as concentrates help in such tremendous ways that I recommend this for anybody to take. Not only does it reduce body fat, reduce food cravings, but it increases your immune system, reduces aging signs, lowers cholesterol levels and also helps fight the risk of getting cancer.

## DO NOT BE FOOLED BY LOW COST PROTEIN POWDERS. IF IT IS A LOW COST PROTEIN YOU CAN BET THAT THEY USE HEAT TO PROCESS OR THEY USE DEAD PROTEINS!

- 25 Grams of our Pure Clean Proprietary Blend Protein 100% Whey Protein Isolate Per Serving (Chocolate, Vanilla & Un-flavored).
- It comes from Raw, unpasteurized milk.
- · Our protein powder is effective, period!
- · Contains BCAAs, which are metabolized directly and absorbed quickly into muscle tissue, therefore providing the desired results quicker! Guaranteed.
- Easily uploaded to the bloodstream, unlike most Whey Protein.
- Microfiltration Technology is used in processing our Whey Protein Isolate.
- Dried at Cold Temperatures because heat kills protein!
- · Fat Free, Lactose Free & Carbohydrate Free.
- · Mixes easily and tastes amazing, our Double Chocolate Fudge actually tastes as good
- Nature's Highest Quality Protein from grass fed cows that are disease-free, pesticide-free, chemical-free, hormone treatment-free and GMO-free.
- Contains Undenatured Whey Microfractions



## WE HAVE THE MOST ADVANCED WHEY PROTEIN ISOLATE AVAILABLE ANYWHERE!

## 25 GRAMS OF PROTEIN

**CHOOSE FROM 3 VARIETIES** 

## DOUBLE CHOCOLATE FUDGE, CREAMY FRENCH **VANILLA & UNFLAVORED**

## NUTRITIONAL FACTS - DOUBLE CHOCOLATE FUDGE

Serving Size: 1 Heaping Scoop (39g)	Servings per Container: 36		
	Amt/Serving	DV%*	
Calories	120		
Calories from Fat	4		
Total Fat	19	196	
Saturated Fat	0 g	9	
Cholesterol	0.9		
Sodium	34 mg	1%	
Total Carbohydrates	2 g	5%	
Dietary Fiber	1g	2%	
Sugars	1g	9	
Protein	25 g		
Vitamin A		3%	
Vitamin C		3%	
Calcium		9%	
Iron		136	

<sup>\*</sup> Percent Daily Values are based on 2,000 calorie diet.

Ingredients: Cross-Filtered Whey Protein Isolate, L-Glutamine (not found in Unflavored), Natural Cocoa and French Vanilla Flavoring, and Stevia









<sup>\*</sup> Daily Value not established.

# Whey Protein Concentrate (Vanilla, Chocolate, Unflavored)

3lb. — \$59.99 (Chocolate, Vanilla, Unflavored) 6lb. - \$104.99 (Chocolate & Vanilla Only)

Free Shipping Over \$99

(SAVE \$15)

# OUR WHEY PROTEIN COMES FROM CERTIFIED GRASS FED MIDWEST DAIRY COWS THAT ARE:

- CERTIFIED DISEASE-FREE
- PESTICIDE-FREE
- CHEMICAL-FREE
- HORMONE TREATMENT-FREE
- RBGH FREE
- GMO-FREE
- SWEETENED WITH STEVIA, NOT SUCRALOSE

Easily Digestible for any age group and exercise levels.

- · Perfect for Senior's who can't consume enough protein
- Provides Maximum Nitrogen Retention, which enhances growth of muscles.
- Superior Protein for Lean Muscle Growth, which helps with loss of body fat."
- . Supports Muscle Repair and Recovery, in turn speeds up mass and building."
- · Boosts Immune System, which keeps us healthy and active."
- . Our protein powder is bio absorbable and effective, period!
- · Contains BCAAs, which are metabolized directly and absorbed quickly into muscle tissue. Therefore providing the desired results quicker! Guaranteed.
- · Easily uploaded to the bloodstream, unlike most Whey Protein.
- Micro-filtration Technology used in processing our Whey Protein Concentrate.
- · Dried at Cold Temperatures, heat kills protein, we will never use heat!

WE DO NOT MASS-PRODUCE OUR PROTEIN AS MOST OTHER COMPANIES DO, WE MAKE SMALL BATCHES EVERY COUPLE OF WEEKS TO ENSURE THAT YOUR BODY RECEIVES THE FRESHEST PROTEIN WELL AND UTILIZES THE PROTEIN AS IT IS INTENDED TO THROUGH A FRESH PROTEIN BASE.

## What's the big deal with Grass Fed Whey Protein?

We have a very select few ranchers that we deal with that raise the cattle the way we feel they should be raised. They raise them with Compassion and Humanely. So we have had a tight knit group of ranchers that we have always bought from that do not use any hormones, chemicals or GMO's (Genetically Modified Organisms). We also mandate the cows be grass fed which is what they should be ingesting for their long term health. With this process comes the most nutritiously rich, nutrient packed milk which in turn means the best possible whey protein is produced from this milk. Over 95% of all ranchers in the United States cannot qualify for us to work with them for our Whey Protein due to what they feed these animals, the hormones and antibiotics they feed them. They also add GMO Corn or food to cut their expenses: this is simply not acceptable for LifeSource, so this really limits who we can work with. I guess that commercial really is right, Happy Cows Make Happy Milk, Cheese and Whey Protein!



# AVAILABLE IN DOUBLE CHOCOLATE FUDGE, CREAMY FRENCH VANILLA, AND UNFLAVORED

#### NUTRITIONAL FACTS - DOUBLE CHOCOLATE FUDGE

Serving Size: 1 Heaping Scoop (39g)	Servings per Container: 36	
	Amt/Serving	DV%*
Calories	120	
Calories from Fat	4	
Total Fat	19	196
Saturated Fat	0 g	
Cholesterol	0 g	
Sodium	34 mg	1%
Total Carbohydrates	2 g	5%
Dietary Fiber	19	2%
Sugars	1g	
Protein	23 g	
Vitamin A	3%	
Vitamin C	3%	
Calcium	9%	
Iron	136	

- \* Percent Daily Values are based on 2,000 calorie diet.
- \* Daily Value not established.

ingredients: Cross-Filtered Whey Protein Concentrate, L-Glutamine (not found in Unflavored). Natural Cocoa and French Vanilla Flavoring, and Stevia









# ORGANIC & WILD HARVESTED LIQUID HERBAL EXTRACTS

# Acai Super Berry Antioxidant Liquid Extract 1 fl. oz. - \$14.99



- . Each Serving Delivers the Extract from 5,000 mg of Fresh Fruit
- · Acai Berry, Mangosteen Fruit Extract, Goji Berry, Pomegranate Fruit
- . Powerful Combination of Nature's Most Potent Plant Protectors

# **Aller-Calm Liquid Extract**

1 fl. oz. - \$12.99



- · Allergies, Hay Fever, Asthma, Sinus, Infections
- . Works as Anti-Histamine & Decongestant
- . Can Prevent Allergies and Help with Allergy Symptoms

# Ashwagandha Liquid Extract (Organic) 1 fl. oz. - \$12.99



- . Can Help the Body Manage Stress
- Auto-Immune Disorders
- · Supports a Healthy Immune System

# Black Cumin Seed Oil (Organic)

4 fl. oz. - \$21.99



- . Used for Conditions Related to Respiratory Health
- . Stomach & Intestinal Issues
- · Anti-Inflammatory with Immune **Boosting Properties**

# **Bronchial Syrup Liquid Extract**



- · Nasal Congestion or Discharge
- · Bronchitis, Emphysema, Whooping Cough, Smoker's Cough

# Colloidal Silver Plus Oral Drops

1 II. oz. - \$12.99



- . Capable of Destroying Hundreds of Bacteria and Viruses
- · Colloidal and Ionic Particles at
- . Contains Olive Leaf and Oregano Oil for Added Immune Power

# **Colloidal Silver Plus Topical Spray**

· Homeopathic Medicine



- · Reduces Topical Pain
- · Calms Skin Inflammation

# Dandelion Liquid Extract (Organic)

1 fl. oz. - \$12.99



- . Liver Cooler for Elevated Liver Enzymes
- . Calms the Liver to Prevent Liver Breakdown
- . Cleansing Herb for Skin Conditions Such as Acne and Eczema

# **Detoxify Liquid Extract**

1 fl. oz. - \$12.99

4 fl. oz. - \$13.99

1 fl. oz. - \$12.99

# **Digest-Ease Liquid Extract**

1 fl. oz. - \$12.99



- . Facilitates a Full Body Cleansing
- . Blood & Tissue Cleansing
- · Liver, Urinary Tract, Skin and Lymph



- . Stimulate the Body's Ability to Secrete More Digestive Enzymes
- . Can be Used for Chronic Indigestion
- · Contains Fennel and Peppermint to Sooth Digestive System

# Echinacea-Goldenseal Liquid Extract

1 II. oz. - \$12.99



- · Use as a Preventative for Colds or the Flu
- . Take at the First Sign of Immune Breakdown
- . Immune Booster for Those with Immune Deficiency

# Elderberry Liquid Extract (Organic)

1 fl. oz. - \$12.99



- · One of the Most Effective Herbs for the Flu
- Power Antioxidant
- . Can Reduce Oxidation of LDL Chalesterol











# DRIVEN BY FAITH • POWERED BY GOD

# LIFES@URCE VITAMINS

# Fem Silver Liquid Extract

## 1 fl. oz. - \$12.99

#### Ginger Fresh Liquid Extract (Organic) 1 II. oz. - \$12.99



- · Menopausal Formula for Long-Term Use
- · Minimize Hot Flashes, Mood Swings and Swelling
- · Maximize the Use of Residual Estrogen and Progesterone



- Can Alleviate Nausea Due to Motion Sickness or Chemotherapy
- . Useful Aid to Increase Digestive
- . Helps You Digest Foods and Move Them Through the Digestive Tract

# Ginseng Master/Energy Liquid Extract 1 fl. oz. - \$13.99



- . Combines Red Chinese and American Ginseng Along with Other Herbs
- · Combined to Help with Stress, Fatigue and Immune Deficiency
- · May Enhance Adrenal Function

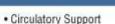
# **Gum Tonic Liquid Extract**

1 fl. oz. - \$12.99



- · Preventative for Gum Disease
- . Helps to Kill Bacteria in the Mouth and Gums
- . Tightens Gums that are Puffy and Bleeding

# Hawthorn Liquid Extract (Organic)



- · Supports Heart Health
- · Antioxidant Properties

# **Head-Aid Liquid Extract**





- · Natural Way to Address Headaches of All Kinds
- · Pain Reliever, Decrease Inflammation & Throbbing
- · Migraines, Sinus, Allergy and Tension Headaches

# Immuno Well Rx Liquid Extract

1 fl. oz. - \$13.99

1 fl. oz. - \$12.99

# lodine (W/ Kelp) Liquid Extract

2 fl. oz. - \$9.99

1 fl. oz. - \$12.99



- Immune Enhancement
- · Avoid Getting Sick or Push Your Illness Out of your Body
- . Stimulate Immune Activity and Fight Bacteria and Viral Conditions



- . For Hypothyroidism and Goiter Caused by Iodine Deficiencies
- · Increase Energy Levels
- · Reduce Fatigue, Mental Sluggishness and Weight Gain

# **Kava Root Liquid Extract**





- · Can Diminish Pain and Decrease Adrenaline
- . Sedative, Muscle Relaxant and Promotes REM Sleep

# Kid's Aller-Calm Alcohol-Free Liquid Extract



- . Ideal for Hay Fever, Asthma or Other Environmental Allergies
- . Use as a Preventative or when Acute with Allergy Symptoms
- . For Ages 1 and Up. Ideal for Children, Teens and Adults

# Kid's Attention Plus Alcohol-Free Liquid Extract 1 fl. oz. - \$12.99



- · Effective for Increasing Cognitive Ability
- · Helping with Attention, Memory and Focus
- . For Ages 2 and Up. Ideal for Children, Teens and Adults

#### Kid's Biotic Alcohol-Free Liquid Extract 1 II. oz. - \$12.99



- Echinacea-Goldenseal Formula with Other Child-Friendly Herbs
- . For Use when Your Little One Feels a Cold/Flu Coming On
- . For Ages 2 and Up. Ideal for Children, Teens and Adults











# DRIVEN BY FAITH • POWERED BY GOD

# LIFES@URCE VITAMINS

#### Kid's Bronchial Alcohol-Free Liquid Extract 1 fl. oz. - \$12.99



- Acute Formula to Help Kids Resolve their Respiratory Congestion
- · Makes a Cough More Productive to Clear Out the Lungs
- . For Ages 2 and Up. Ideal for Children, Teens and Adults

# Kid's Ear Clear Oil Alcohol-Free Liquid Extract 1 fl. oz. - \$12.99



- . For Acute and Chronic Ear Infections
- . Gently Drop Oil into Ear to Reduce Pain and Discomfort Due to Infection
- · Removes Extra Fluid Buildup

#### Kid's Echinacea Plus Alcohol-Free Liquid Extract 1 fl. oz. - \$12.99



- Boost Immune Function When Low or Deficient
- Added Elderberry Increases Efficacy for Use for Symptoms of a Cold/Flu
- . For Ages 2 and Up. Ideal for Children, Teens and Adults

# Kid's Mellow Plus Alcohol-Free Liquid Extract 1 fl. oz. - \$12.99



- . Can be Used During the Day to Help Calm Down an Excitable Child
- . Use 10-30 Minutes Before Bedtime to Bring on Sleep
- . For Ages 2 and Up. Ideal for Children, Teens and Adults

#### Kid's Potty Helper Alcohol-Free Liquid Extract 1 fl. oz. - \$12.99



- · Mild Laxative Formula
- · For Occasional Constipation or Sluggish Bowels
- . Safe for Children, the Elderly and Anyone with a Sensitive System
- For Ages 2 and Up. Great for Kids. Teens and Adults

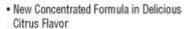
# Kid's Vitamin D3 400 IU Grape Flavor Alcohol-Free 1 fl. oz. - \$9.99



- Kids Need D3 to Build Strong Bones and to Heal After Injury
- . Promotes the Absorption of Calcium and Phosphorus
- . Strengthens the Immune System and Regulates Cell Growth

# Liquid Vitamin C 500mg





- · Rose Hips and Bioflavonoids to Ensure Absorption and Efficacy
- · Vitamin C Plays an Essential Role in Strengthening Blood Vessels and Bones

# **Lustrous Hair Liquid Extract**

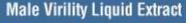
2 fl. oz. - \$19.99



- . For Female Hair Loss, Cracked or Brittle Hair or Premature Graying
- . Beneficial for Cracked or Weak Nails and Dry Skin
- . Helpful for Weakened Thyroid Function

# Lymph Tonic Liquid Extract

1 II. oz. - \$12.99



1 fl. oz. - \$12.99



- · For Stagnant Lymph Conditions that Result in Swollen Lymph
- · Can Address Viral Problems Such as Mono, Chronic Tonsillitis, and Recurring Respiratory Virus



- . Supports Healthy Sexual Function & Activity
- . Strengthens & Enhances Libido
- · L-Arginine, Maca, Yohimbe, Tribulus, Saw Palmetto & More

# Men's Silver (Prostate Formula) Liquid Extract 1 fl. oz. - \$12.99



- Male Prostate Tonic to Help Prevent Benign Prostatic Hyperplasia
- . Helps to Reduce Prostate Swelling
- . Keeps Testosterone Healthy and Maintain a Healthy Libido

# Oak & Ivy Topical Spray

2 fl. oz. - \$12.99



- . Topical Formula to Treat Skin Irritations (Poison Oak & Poison Ivy)
- . Also Can be Used on Bug Bites, Bee Stings, Hives and Minor Burns
- · Reduce Redness and Swelling, Relieve Itching and Reduce Pain







# Olive Leaf Liquid Extract (Organic)

## 1 II. oz. - \$14.99

# Oregano Oil (Wild)

1 II. oz. - \$26.99



- · Virus Protection
- · Blood Pressure Support
- · Brain Neuroprotection
- · Arterial Health



- . Strengthening the Immune System
- . Improving Respiratory Health
- Standardized to >70% Carvacrol

# Peppermint Breath Spray-Peppermint Plus 1 fl. oz. - \$7.99



- . Herbal Remedy to Quickly Combat Bad Breath
- Peppermint is Known to have Antiviral and Antibacterial Properties
- Contains Chlorophyll Which Cleanses and Detoxifies the Digestive Tract

# **Relax Liquid Extract**

1 fl. oz. - \$12.99



- · Valerian Formula, Helps with Insomnia, Anxiety, Headaches and Pain
- . Helps Reduce Emotional and Mental Drama
- Addiction Recovery from Alcohol, Drugs, Cigarettes or other Addictions

# Respir-Ease Liquid Extract





- Saw Palmetto Liquid Extract (Organic) 1 fl. oz. - \$12.99
  - Treats Benign Prostatic Hypertrophy (BPH)
  - Supports Urological System
  - Helps Retain Testosterone Levels



- · Respiratory Remedy for Acute Colds, Flu, Sinus Infections
- · Ideal for Asthma, Bronchitis, Pneumonia, and General Lung Infections
- · Clear the Lungs of Congestion in Order to Resolve Lingering Mucus

# Sinus Blaster Spray

1 II. oz. - \$16.99



**Throat Spray Relief** 

1 fl. oz. - \$12.99



- . Throat Spray for Sore and Irritated Throats Due to Illness or Overuse
- . Warms the Lungs and Sooths the Throat
- · Respiratory Remedy for Acute Colds, Flu, Sinus Infections, Asthma, Bronchitis, Pneumonia, Smoker's Cough



· Can Helps Smokers Decongest

. Use for Sinus Infections, Colds and Flus, Congestion from Allergies

· Has an Immediate. Dramatic and

. Helps to Deepen Breathing and Helps

Direct Impact on the Sinus

to Kill Microbial Inundation

#### Turmeric Liquid Extract (Organic) 1 fl. oz. - \$12.99



- . One of the Most Potent Anti-Inflammatory Herbs
- . Keeps Naturally Occurring Levels of Cortisone at Higher Blood Levels
- · Can Help Auto-Immune Disorders Such as Asthma, Arthritis, MS and Lupus

# **UT Balance Liquid Extract**

1 fl. oz. - \$12.99



- . Formula for Urinary Tract Infections
- . Can Assist in the Passing of Kidney Stones
- · Uva Ursi Leaf, Nettle Leaf, Dandelion Root & More

# Valerian Liquid Extract (Organic)

1 fl. oz. - \$12.99

- . Long History of Use as a Sedative and Sleep Aid
- Will Quite a Busy Mind
- Promotes Sleep for Those Who Cannot Fall or Stay Asleep

#### Woman's Energy Balance Liquid Extract 1 fl. oz. - \$12.99



- . General Female Tonic that Helps Balance Hormones and Increase Energy
- Protects the Body Against the Negative Impacts of Stress
- . Can Assist with Mood Swings, Irritability, Fatigue, PMS, Stress and Depression











# PLiquid Multi Vitamin & Minerals (Dogs & Puppies)

32 fl. oz. - \$34.99 Per Bottle

What sets LifeSource Vitamins Dog & Puppy Vitamins apart from other multivitamins on the market is our ingredients. Our ingredients are the best we can find anywhere. They contain 35 synergistic nutrients including a perfect balance of fat and water soluble vitamins to maintain the physical well-being of your dog, digestive enzymes to improve absorption, Omega 3 for healthy skin and coat, and antioxidants for immune system support.

#### SUPPLEMENT FACTS

Under 30 lbs: 2 Teaspoons		Pantothenic Acid	8 mg
31 - 50 lbs: 1 Tablespoon		Niacin	10 mg
51 - 70 lbs: 1 1/2 Tablespoons		Pyridaxine (B6)	.8 mg
Over 70 lbs: 2 Tablespoons		Folic Acid	.2 mg
Amo	unt per Serving:	Vitamin B12	.02 mg
Moisture (Max)	89%	Choline	40 mg
L-Arginine (.56%)	80 mg		100000000000000000000000000000000000000
Taurine (.92%)	150 mg	Glucosamine HCL (shellfish source)	300 mg
Methionine (.9%)	30 mg	Chondroitin Sulfate (Bovine source)	125 mg
Linoleic Acid (Omega-6) (.25%)	75 mg	MSM	250 mg
Calcium (.55%) (max .7%)	155 mg	Biotin	.02 mg
Phosphorus (.24%) (max .38%)	70 mg	Vitamin C (Calcium Ascorbate)	50 mg
Potassium (12%)	40 mg	Oleic Acid (Omega-9)	1,155 mg
Magnesium (.06%)	18 mg	Inositol	4 mg
Iron (857 ppm)	6 mg	EPA (Omega-3 from Wild Alaskan	
Copper (258 ppm)	.9 mg	Salmon Oil)	90 mg
Manganese (572 ppm)	2 mg	DHA (Omega-3 from Wild Alaskan	77 1112
Zinc (857 ppm)	6 mg	Salmon Oil)	80 mg
lodine (29 ppm)	.1 mg		1000000
Selenium (6 ppm)	.02 mg	Vitamin K2	.01 mg
Vitamin A	2,000 IU	CoQ 10	25 mg
Vitamin D3	200 IU	Astaxanthin	1 mg
Vitamin E	30 IU	Baccillus Coagulans	1 billion CFU
Thiamine (BI)	.48 mg	Fructooligosaccharides	300 mg
Riboflavin (B2)	2 mg	Lutein	2.5 mg

LIFESOURCE VUUAMIN & MINERALS DOGS & PUPPLES O SELDENDES POEMBLATURE POEM VOOR 18000 O BOLZETURED EMBLAT VELTAMES & EMEZIESON, PRESENTA PET SUPPLEMENT



# PDog & Puppy Multi Vitamin Chewable

Product contains natural sources of iron and sodium

60 Chewables - \$15.99 Per Bottle

Dogs benefit from a multi-vitamin much the same way people do

\* Percent Daily Values are based on 2,000 calorie diet. † Daily value not established. Other Ingredients: Natural orange and vanilla flavors, banana powder, citric acid

- Features a wide range of nutrients to complement today's diets
- Delicious vegetable flavor perfect for dogs with protein sensitivities

Guaran	iteed Analysis		Guaranteed Analysis
Moisture (Max)	8%	Vitamin A	1000 IU
Methionine	10 mg	Vitamin D3	100 IU
Calcium (3.2%) (max 3.52%)	112 mg	Vitamin E	15 10
Phosphorus (1.6%) (max 1.76%)	56 mg	Thiamine (Vitamin B1)	.2 mg
Potassium (.43%)	15 mg	Riboflavin (Vitamin B2)	1 mg
Magnesium (.14%)	5 mg	Pantothenic Acid	4 mg
Iron (857 ppm)	3 mg	Niacin	5 mg
Copper (86 ppm)	.3 mg	Pyridoxine (Vitamin B6)	.4 mg
Manganese (286 ppm)	1 mg	Folic Acid	.08 mg
Zinc (857 ppm)	3 mg	Vitamin B12	.008 mg
lodine (14.3 ppm)	.05 mg	Ascorbic Acid (Vitamin C)	25 mg









在交叉的人们的模型的特殊的一个大型。

# Liquid Glucosamine For Dogs

32 fl. oz. - \$29.99 Per Bottle

With virtually every move that we make, our joints are being stressed. The same is true for your dog.LifeSource Vitamins Glucosamine for Dogs provides a fast and convenient way to replenishjoint tissues and promote normal movement while protecting their healthy cartilage frompotential future damage. To increase absorption and functionality, we've added ultrapurified MSMto provide the purest form of sulfur needed for structural integrity of joint cartilage.

Pets are family members too, and we know how important it is for everyone in your family to behealthy. Young or old, big or small, this dog supplement is shown to absorb more quickly andefficiently than pills or tablets, offering faster results. Just mix in their food, water or undilutedfor the long-term mobility and health of your dog.

#### PRODUCT FACTS

Active Ingredients Per Fluid Ounce

Glucosamine HCL (shellfish) Chondroitin Sulfate (beef and/or porcine) MSM (Methyl-sulfonylmethane 99.9%) Manganese Chelate

Hyaluronic Acid (as Sodium Hyaluronate)

Amount per Serving: DV% 1,600 mg 1,200 mg 1,000 mg

7 mg 10 ma

\* Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established. Inactive Ingredients: 100% Pure Aloe Vera Juice, Citric Acid, Potassium Sorbate, Purified Water, Sodium Benzoate, Stevia, Vegetable Glycerin Contains no sugar, starch, salt, wheat, gluten, yeast, corn, milk or soy derivatives Suggested usage: Take directly before or after a meal



PLiquid Stress Relief For Pets (Dogs & Cats)

2 fl. oz. - \$19.99 Per Bottle

LifeSource Vitamins cares about our pets and the quality of life they are living. Dogs and Cats cansuffer greatly when traveling, going to the vet, or even experiencing loud noises in your home. Wehave developed a natural way to help your pet maintain calm behavior during stressfulsituations without reducing alertness. Designed for dogs, cats, or other small companion animals. This product contains 100% human grade ingredients, and is a natural blend of herbs, vitamins and amino acids in a delicious organic beef flavor.



Active Ingredients Per 1 ml

Amount per Serving:

#### Proprietary Blend: L-Theanine, GABA, Valerian Root, Chamomile,

Lemon Balm, Passionflower, Hops, Lithothammion, Ashwagandha root and leaf extract, Maltake fruit body extract 250 mg 50 mg Thiamine HCL Ascorbic Acid (Vitamin C) 10 mg Inactive Ingredients: Beef Liver Powder, Citric Acid, Organic Beef Flavor, Potassium Sorbate, Purified Water, Vegetable Glycerin USP, Xanthan Gum

Contains no sugar, wheat, gluten, yeast, milk or sov derivatives

Suggested usage: Take during times of increased stress

# **CBD Dog Chews** (Full Spectrum)

30 Chews - \$29.99



LifeSource Vitamins CBD Dog Chews feature 20mg of CBD per chew to promote the wellness of your pet, naturally. Each chew is a delicious snack designed to support their physical & mental well-being through human-grade ingredients like peanut butter, coconut oil, and non-GMO hemp. With just 7-ingredients, this wholesome vegan goodie will surely be essential in your pet care arsenal!

#### SUPPLEMENT FACTS

Serving Size: 1 Chew

Servings Per Container: 30

Full-Spectrum Hemp Oil

Amt/Serving

20 mg

Other Ingredients: Organic Almond Butter, Organic Apple Sauce, Organic Coconut Oil, Organic Oat Flour, Potassium Sorbate, Sodium Propionate, Water











# **ESSENTIAL OILS**

# SINGLE OILS:

#### Cinnamon Leaf Oil

.5 fl oz - \$6.99



Ingredients: Cinnamon Leaf

Aroma: Spicy

Benefits: Immunostimulant, Antibacterial,

of the second second second

Anti-inflammatoey



#### Lemon Oil

1 fl oz - \$8.99



Benefits: Refreshing, Cheerful, Uplifting

## Clary Sage Oil

.5 fl oz - \$22.99



Ingredients: Clary Sage Aroma: Herbaceous

Benefits: Antidepressant, Antibacterial,

Anti-inflammatory, Analgesic

## **Orange Oil**

1 fl oz - \$8.99



Ingredients: 100% Pure Orange Oil

Aroma: Fresh, Sweet

Orange Peel

Benefits: Refreshing, Uplifting, Invigorating

#### Clove Oil

1 fl oz - \$13.99



Ingredients: 100% Pure Clove Oil

Aroma: Warm, Pungent Benefits: Warming, Soothing,

Comforting

#### Oregano Oil

1 fl oz - \$26.99



Ingredients: 100% Pure Oregano Oil

STATE OF STREET

Aroma: Spicy, Camphoraceous

Benefits: Purifying, Comforting, Invigorating

#### **Eucalyptus Oil**

1 fl oz - \$6.99



Ingredients: 100% Pure Eucalyptus Oil Aroma: Strong Aromatic, Camphoraceous

在2万里的1000mm 中国的100mm 100mm 100mm

Benefits: Revitalizing, Invigorating,

Clarifying

#### Peppermint Oil

1 fl oz - \$8.99



Ingredients: 100% Pure

Peppermint Oil

Aroma: Fresh, Strong Mint

Benefits: Revitalizing, Invigorating, Cooling

The state of the s

#### Frankincense & Myrrh Oil

.5 fl oz - \$24.99



Ingredients: Omani Frankencense &

Dark Kenyan Myrrh

Benefits: Antifungal, Analgesic, Cicatisant

(skin healing)

## Tea Tree Oil

1 fl oz - \$9.99



Ingredients: 100% Pure Tea Tree Oil Aroma: Potent, Warm, Spicy

Benefits: Cleansing, Purifying,

Renewing

#### Lavender Oil

1 fl oz - \$11.99

#### **Turmeric Oil**

.5 fl oz - \$14.99



Ingredients: 100% Pure Lavender Oil

Aroma: Floral

Benefits: Soothing, Normalizing,

Balancing



Ingredients: 100% Pure Turmeric Oil

ESE MANUEL AND ASSESSMENT

Aroma: Warm, Spicey, Earthy

Benefits: Potent Immunostimulant and Has Analgesic and Anti-Inflammatory Properties









# LIFES@URCE VITAMINS

#### ESSENTIAL OIL BLENDS

#### Allergy Assist Blend

.5 fl oz - \$14.99



Ingredients: Fir Balsam, Peppermint, Eucalyptus, Cedarwood Blood

Benefits: Diffuse or Inhale to Prevent Nasal

Allergies

#### **Breath Deep Blend**

.5 fl oz - \$10.99



Ingredients: Camphor, Eucalyptus, Peppermint,

Thyme, Pine

Benefits: Helps to Open up the Bronchial

Airways

#### Cheerful Mind Blend

.5 fl oz - \$11.99



Ingredients: Citrus Oils, Floral Extracts, Peppermint & a Hint of Melissa Oil Benefits: Lifts Your Spirits and Makes

You Smile

#### **Endless Energy Blend**

.5 fl oz - \$11.99



Ingredients: Rosemary, Eucalyptus,

Peppermint, Ravensara Benefits: Energy Booster

#### Headache Relief Blend

.5 fl oz - \$9.99



Ingredients: Peppermint, Lavender, & Birch Benefits: Helps Relieve the Pain Associated

with Headaches

#### **Healthy Home Blend**

.5 fl oz - \$19.99



Ingredients: Clove, Lemon, Cinnamon Bark,

Eucalyptus & Rosemary

Benefits: Antiviral, Immunosuppressant

#### All-Natural Hand Sanitizer

2 fl oz - \$3.99



Mat 2 ff. oz (60mL)

· Convenient Pump Bottle

- 60% Alcohol Content. (as recommended by the CDC)
- · Moisturizing w/Pure Aloe Juice
- · Essential Oils such as Lemon Eucalyptus, Oregano, Clove, Thyme, and Rosemary make this the best smelling hand sanitizer you will ever use!!!

#### Peaceful Heart Blend

.5 fl oz - \$12.99



Ingredients: Mandarin Red, Bergamot,

& Lavender

Benefits: Helps to Calm the Mind

#### **Quiet Tummy Blend**

.5 fl oz - \$11.99



Ingredients: Ginger, Lavender, Peppermint,

& Spearmint

Benefits: Helps to Calm the Stomach

#### Sharp Mind Blend

.5 fl oz - \$10.99



Ingredients: Peppermint, Lemon,

& Rosemary

Benefits: Mental Clarity

#### **Sleepy Time Blend**

.5 fl oz - \$13.99



Ingredients: Marjoram, Cedarwood

Blood, & Lavender Benefits: Sleep Aid









# **ESSENTIAL OIL ROLL-ON'S:**

#### **Breathe Deep**

.3 fl oz - \$9.99



#### Ingredients:

Camphor, Eucalyptus, Peppermint, Thyme & Pine (Coconut Base) Uses: Roll Onto Chest to Ease Breathing

#### **Muscle Soother**

.3 fl oz - \$9.99



#### Ingredients:

Eucalyptus, Peppermint & Camphor (Coconut Base)

Uses: Roll onto Affected Area & Massage Gently

# **CARRIER OILS:** Carrier Oils are used in aromatherapy to dilute essential oils

# Fractionated Coconut Oil

4 oz - \$8.99



#### **Bug Free**

.3 fl oz - \$11.99



#### Ingredients:

Lemongrass, Eucalyptus, Lavender, Citronella & Palmarosa (Coconut Base)

Uses: Apply to Pulse Points and Skin that is Exposed and Prone to Insect Bites

Ingredients: Lavender

Uses: Apply to Insect

Bites, Cuts, or Scrapes

(Coconut Base)

## Skin Healer

.3 fl oz - \$8.99



Ingredients: Lavender, Peppermint, Palmarosa & Patchouli

(Coconut Base)

Uses: Apply to Insect Bites, Skin Rashes, or Itchy Dry Skin

# Grapeseed

4 oz - \$6.99



#### Lavender

.3 fl oz - \$12.99



# **Stress Detox**

.3 fl oz - \$11.99



Ingredients: Wild Crafted Lavender, Peppermint, Rosemary, Eucalyptus, Fir, Niaouliu & Tea Tree (Cocount Base)

Use: To Relieve Tension, which the Body Usually Stores in the Neck, Shoulders, or Near the Jawline

# Golden Jojoba

4 oz - \$16.99



Migraine Rescue

.3 fl oz - \$13.99

#### Ingredients: Bergamot,

Frankincense, Peppermint, Lavender & Calamus (Coconut Base)



Uses: Roll onto Fingertips to Apply to Temples, Jawline, and Back of Neck

# Women's Best Friend

Ingredients:

.3 fl. oz. \$12.99



Bergamot, Lavender, Cypress and Marjoram

Uses: Apply directly to the abdomen for the relief of menstrual cramping

# Sweet Almond

4 oz - \$8.99













New Clinical Skin Care Line

#### Serums:

#### 24K Anti-Wrinkle Serum

Gold Standard: Our serum was developed specifically to smooth out Fine Lines and Wrinkles, create Smoother and Tighter Skin, Even Skin Tanes for a Brighter and More Radiant Complexion, Enhance Skin Elasticity, Improve Skin Texture by Reducing Skin Problems brought on by age.

#### Clinically Tested and Proven Ingredients:

Hyaluronic Acid - Argireline Peptide - Alpha Hydroxy Acid - Aloe Leaf - Cucumber & 24k Gold Flakes

Size Ifl oz | Price: \$34





#### Green Tea Cell Renewal Serum

Fights free radicals offering protection against Sun and Environmental Damage. Green Tea and Hyaluronic HA combine for Deep-Cleaning, Firming, and Super-Hydration. Provides protection from Oxidization caused by environmental factors - Smoking, Pollution, Chemicals, and Cosmetics. Smooths Wrinkles, Fights Free Radicals, Provides Long Term Healthy Cell Renewal, Fights Inflammation.

#### Clinically Tested and Proven Ingredients:

Green Tea - Hyaluronic Acid - L-Arginine - Aloe Leaf

Size Ifl oz | Price: \$28

# Hyaluronic Acid Hydration Serum

Reduce the visibility of fine lines and wrinkles, redness, dermatitis, while retaining moisture to the skin, creating a plumping effect. When your skin is protected and hydrated, increased skin cell production can take place, as the skin isn't busy fighting for hydration. Hydrate - Elasticity - Texture & Brighten.

#### Clinically Tested and Proven Ingredients:

Hyaluronic Acid - Arginine - Aloe Juice & Cucumber Extract

Size Ifl oz | Price: \$28





# Instant Firming Serum

Lifesource Vitamins Instant Firming Serum tightens the skin immediately while providing positive long-term effects by strengthening the connective tissue of the skin. It is also a great eye tightening serum and lasts at least 4 hours and up to 8 hours. Fast, instant skin firming gives you smooth, wrinkle-free face skin fast and effectively.

#### Clinically Tested and Proven Ingredients:

PEPHA®-TIGHT - Hyaluronic Acid (HA) - Alpha Hydroxy Acid (AHA) - Aloe Arginine - Cucumber - Fruit Extract & Micro Algae Extract/Pullulan.

Size If oz | Price: \$28





#### Creams:

# Advanced Peptide Face & Eye Cream

GOLD STANDARD: w/ Patented Matrixyl 3000\* along with numerous anti-aging and skin health all working to reduce wrinkle density, increase elasticity, and super-hydration for your skin. Restores your skin's metabolism, softens skin, smooths roughness, and infuses elasticity! Our Best Facial Peptide Cream to Reduce Fine Lines & Wrinkles!

Clinically Tested and Proven Ingredients:

Patented Matrixyl 3000\* - Hyaluronic Acid - Green Tea Extract Black Willow Bark - Aloe Juice & Aloe Butter - Panthenol Emu Oil - Sunflower - Jojoba Oil - Vitamin E

Size 1.7fl oz | Price: \$34





# **Alpha Hydroxy Brightening Cream**

Age well with the refining power of Alpha Hydroxy Acids! This lightweight & emollient night and day cream is formulated for mature skin. Synergistic ingredients all working in harmony to gently exfoliate, brighten, and soothe, to reveal a younger looking skin.

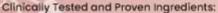
#### Clinically Tested and Proven Ingredients:

Alpha Hydroxy Acid – Hyaluronic Acid – Green Tea – Glycolic Acid – Emu Oil – Black Willow Leaf – Aloe Leaf – Sunflower – Jojoba – Coconut Panthenol – Vit E – Shea Butter – Bladderwrack

Size 1.7fl oz | Price: \$28

# Dark & Age Spot Corrector

Synergistic ingredients improve the tane and texture of your facial skin by erasing the dark, telltale signs of aging. Safely and powerfully delivers a potent combination of clinically proven trademarked, patented active ingredients to even out and brighten dull and blemished skin. This gream visibly evens complexion, lightens dark circles and spots, reduces hyperpigmentation, fades discoloration, and reverses photo-aging damage. Luminous, smoother, and younger looking skin that truly glows.



Vitamin C - Hyaluronic Acid - Emu Oil - Green Tea - Aloe - Sunflower Jojoba - Mallow - Peppermint - Black Willow Bark - Lemon Balm - Lady's Mantle - Speedwell - Cowslip

Size 1.7fl oz | Price: \$28





# Green Tea Face & Eye Renewal Cream

Antioxidant Protection and Repair, Maximum Moisture and Hydration, Firming for Reduction in Wrinkles & Fine Lines, Protects Skin from Discoloration, Sunspots, Age & Dark Spots, and Evens Out Skin Tone. Reduces Skin Irritations, Fights Free Radicals, Heals Skin Cells, & is Great for Dry or Damaged Skin.

#### Clinically Tested and Proven Ingredients:

Green Tea – Argireline - Hyaluronic Acid - Emu Oli – Aloe - Coconut Oil - Shea Butter - Black Willow Bark - Sunflower - Jojoba - Vitamin E

Size Iff oz | Price: \$28

# Pore Refining Complexion Cream

Minimizes, Cleans Deeply Embedded Dirt, Oil Plugs, & Bacteria of Enlarged Pores that lead to infection and inflammation – that further increase your pore size. This product Soothes inflammation and Irritation and Clears Blackheads. Anti-Bacterial and Anti-Microbial Nutrients that Kill Fungus trapped in pores. Antioxidants that help protect from Free Radical Damage that Destroy Cell Membranes.

#### Clinically Tested and Proven Ingredients:

Vitamin C - Alpha Hydroxy Acid - Hyaluronic Acid - Green Tea - Jojoba - Black Willow Bark - Emu Oil - Vitamin E - Aloe - Bliberry - Sunflower - Orange - Lemon - Cranberry - Coconut

Size 1.7fl oz | Price: \$28









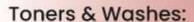
#### Sensitive & Acne Moisturizer

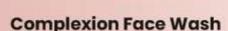
Fortified with clinically proven healing ingredients for Acne & Sensitive Skin. Zinc PCA & Vitamin C rank at the top when it comes to Sensitive and Acne-Prone skin. Very few ingredients offer gentle effects on sensitive & oily skin while still being very effective in skin conditions such as acne and rosacea.

Clinically Tested and Proven Ingredients:

Zinc PCA - Vitamin C - Hyaluronic Acid - Green Tea - Aloe Leaf - Sunflower - Jojoba - Emu Oil - Coconut Oil - Vitamin E - Black Willow Bark

Size Ifl oz | Price: \$28





Enriched with nutrients that are for highly effective and all work synergistically to support Oily Skin, Pore Shrinking, Breakouts, Blemishes, & Blackheads. Leaves your skin smoother, softer, and healthier. The anti-microbial and anti-inflammatory properties help calm your complexion.

#### Clinically Tested and Proven Effective Ingredients:

Zinc PCA - NaturePep\*Pea - PhytoVie\*Defense Botanical - Witch Hazel Melaleuca Tea Tree Oil - Coconut Oil - Aloe Leaf

Size 8fl oz | Price: \$18



# **Complexion Facial Toner**

Alcohol-free and deep cleans and tones skin of all ages with effective all Natural Botanicals & Herbal Extracts. This advanced-formula skin care is formulated to regulate and control all production for the reduction of pimples and blemishes. Rich in nutrients to best control the flow of blemish-causing all, infusing moisture and hydration deep into sensitive and irritated tissue to avoid drying and flaking.

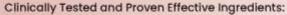
#### Clinically Tested and Proven Ingredients:

Zinc PCA - NaturePep\*Pea - Hyaluronic Acid - Witch Hazel - Black Willow Bark - Hydrolyzed Oats

Size 8fl oz | Price: \$24

# pH Balance Face Wash

Neutralizes alkaline-based aggressors, inhibits the growth of bacteria, and restores and maintains the optimal acid environment in which skin's natural flora can thrive. pH balanced formula made to Protect and Preserve your skin's Delicate Balance, effectively targets 100% of pore-clogging dirt while respecting skin's moisture barrier. Non-Comedogenic ingredients that won't contribute to Acne or Clogged Pores. Hypoallergenic, paraben, soap, sulfate, phthalate, alcohol, and dye-free.



Hyaluronic Acid - NaturePep\*Pea - Melaleuca Tee Tree Oil - Panthenol - Aloe Leaf

Size 8fl oz | Price: \$18



# pH Balance Facial Toner

A concentrated blend of botanical extracts and humectants refine texture and give the skin a surge of moisture. Formulated to help balance the pH level in your skin. Refreshes tired skin, firms pores, reduces blackheads, delivers hydration, plumps skin, creates natural glow and primes skin for next skin care products.

Clinically Tested and Proven Effective Ingredients:

Hyaluronic Acid - Witch Hazel - Panthenol - Black Willow Bark - Aloe Leaf - Hydrolyzed Oats

Size 8fl oz | Price: \$20



LIFESOURCE



LIFESCUPICE VITAMINES







# Ultra Hydrating Dry Skin Face Wash

Enriched with nutrients that deliver immediate and long term moisturization for your skin. Designed to remove impurities, germs, dirt and makeup that can irritate the skin. Hydrates skin, softer & smoother skin, soothes inflammation and irritation, and removes impurities, dirt, germs, and makeup.

Clinically Tested and Proven Effective Ingredients:

Hydraric Acid - Fision\* Hydrate: Water, Sodium PCA - Collagen - Panthenol - Aloe Leaf - Hydrolyzed Oats

Size 8fl oz | Price: \$19





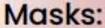
# **Ultra Hydrating Dry Skin Facial Toner**

This formula is perfect for thirsty skin. Formulated with a combination of powerful antioxidants & batanicals to relieve dry and irritated skin while leaving your complexion feeling saft and smooth. Our Dry Skin Taner is also effective in maintaining skin's pH level, which plays an essential role in protecting the skin from bacteria and environmental damage. Using a toner, post-cleanse, helps set the stage for the rest of your skincare routine. Toners can also calm your skin, visibly reduce pores, and keep your skin refreshed and hydrated.

Clinically Tested and Proven Effective Ingredients:

Hyaluronic Acid - Green Tea - White Tea - Black Willow Bark Extract - Witch Hazel -Antioxidant Complex - Panthenol - Allantoin - Ginkgo Biloba - Olive - Hydrolyzed Oats.

Size 8fl oz | Price: \$24



# Pore Purifying Mask - Oily & Acne

A great solution for brightening, hydrating, and protecting your skin from blemishes and breaking out. Shown to help restore your skins overall balance. Having anti-microbial properties, this helps combat facial skin issues by oxygenating your skin cells and regulating seburn production.

Clinically Tested and Proven Effective Ingredients:

Bentonite French Green Clay - Zinc PCA - Hyaluronic Acid - Witch Hazel - Emu oll - Joloba Oil - Vitamin E - DMAE - Honey - Sugar

Size 2.2fi oz | Price: \$24





# Ultra Hydrating Mask - Sensitive to Normal

A natural based facial mask that provides natural moisture to skin that is chronically dry from the environmental elements we face every day - wind, cold, sun, pollution, and low humidity. An excellent mask to keep thin facial tissue from drying out, flaking, cracking, or getting excess sagging, dark spots, fine lines, or wrinkles.

#### Clinically Tested and Proven Effective Ingredients:

French Green & Pink Clay (Montmorillonite-Bentonite) - Hydronic Acid Organic Alae - Organic Honey - Organic Jojoba - Hydrolyzed Oats - Rosemary -Vitamin E

Size 2.2ff oz | Price: \$24









# Antibacterial & Antifungal Shampoo

Lifesource Vitamins Antibacterial & Antifungal Shampoo is specially developed for Mild to Moderate Fungal Scalp Infection Treatment, Healing & soothing antimicrobial & anti-inflammatory formula. Inhibits bacteria and infection - Reduces itching, irritation, redness and flaking. Excellent for men, women, and kids.

- · Helps kill problematic hair fungus
- Soothes and helps heal scalp tissue
- Shown to Reduces inflammation
- Adds moisture to hair and scalp
- Helps kill and inhibit bacteria and infection
- Infuses natural hydration, vitamins, and minerals
- Natural anti-itch, antiseptic properties
- Leaves hair and scalp fresh, clean & feeling great!

Size 12fl oz | Price: \$22

# Antibacterial & Antifungal Conditioner

Lifesource Vitamins Antibacterial & Antifungal Conditioner contains Emu Oil which helps heal the scalp and kill fungus and bacteria at the same time. Because it is a natural antiseptic it cleans the scalp and stops itching and sores from occurring. Also contains Jojoba Oil, which helps dry, flaky scalp conditions. (Dandruff) Paraben-free preservative reduces irritation and allergy-related reactions. Excellent shampoo for addressing common scalp problems such as psoriasis, acne dermatitis, and fungal infections.

- · Paraben-Free
- Helps Fight Fungus & Infections
- Reduces Dry, Frizzy & Damaged Hair
- · Helps with Fly-Away Hair
- Adds Moisture
- Delays Grey Hair

Size 12fl oz | Price: \$22





# Clinical DHT Shampoo

Lifesource Vitamins Clinical DHT Shampoo contains proteins for hair health, Vitamin E, Pro-Vitamin B5, Keratin, Jojoba Oil, and Collagen Amino Acids that blocks enzymes that turn testosterone into DHT. Our Shampoo helps inhibit the conversion of 5-alpha reductase enzymes to DHT - a leading cause of hair loss and thinning for both men & women. Our DHT shampoo is designed to improve your overall scalp while helping encourage new hair growth in the process.

- Zinc PCA is shown to regulate sebaceous glands & block DHT
- Green Tea reduces DHT & Cholesterol and blocks DHT
- Kapilarine\* stimulates hair regrowth and maintains its strength
- Fortifying & Effective DHT blocker for men and women

Size 12fl oz | Price: \$22

# Psoriasis, Dandruff & Dermatitis Shampoo

Lifesource Vitamins Advanced is Formulated to relieve symptoms of scalp Psoriasis, itchy, oily scalp, and the reduction of Dandruff / Dermatitis. Our shampoo cleanser invigorates the senses while soothing and nourishing the scalp making it a highly effective psoriasis hair treatment.

#### Clinically Tested & Proven Ingredients:

- Peppermint Emu Oil Fenugreek Hydrolyzed Keratin
- Hydrolyzed Rice Protein Ivy Collagen Amino Acids Menthol
- Jojoba Wheat Germ Linoleic Acid Vitamin E
- · Thyme Sage

Size 8fl oz | Price: \$20













# Daily Rejuvenation Omega-3 Shampoo

Sulfate Free and Paraben free Tested & Proven Trichogen!

An armazing stimulating shampoo that is tested and proved to get hair healthy and growing. Great for thinning hair, hair loss and problem hair. Blocks DHT hormone that causes hair loss. All hair types. Daily Rejuvenation Shampoo is scientifically designed to help men & women retain and regrow their hair.

Ingredients: Water, Disodium Laureth Sulfosuccinate (and) Disodium Cocoamphodiacete, Cocomidyl Propyl Betaine, Cocomide DEA, DL Panthenol, Acetamide MEA, Hydrolyzed Keratin, Sorbitol, Sodium Cocoyl Collagen Amino Acid, Cocoyl Sarcosine, Wheat Germ Acid, Wheat Germ Oil, Linolenic Acid, Linoleic Acid, Sulfur, Polysorbate 80, Oleth-10, Jojoba Oil, Tocopheryl Acetate, Hydrolyzed Glycosaminoglycans, Glycerin, Glycal Stearate, Panax Ginseng Root Extract (and) Arginine (and) Acetyl Tyrosine (and) Articum Majus Root Extract (and) Hydrolyzed Soy Protein (and) Polyquaternium-11 (and) PEG 12 Dimethicone (and) Calcium Pantothenate (and) Zinc Gluconate (and) Niacinamide (and) Ornithine HCL (and) Citrulline (and) Glucosamine HCl (and) Biotin, Hydrolyzed Silk Protein, Jojoba Oil, Emu Oil, Fragrance Oil, Essential Oil, Tetrasodium EDTA, Citric Acid, PEG-150, PEG-6 Capric/Caprylic Glycerides, Germall Plus (Paraben-Free Preservative)unflavored), All Natural Cocoa and Vanilla extracts and

12 fl oz / 354 ml - \$15.99

# Daily Rejuvenation Omega-3 Conditioner

This is a light, everyday conditioner that will not weigh your hair down. Great for thin and/or fine hair. Makes combing easier and gives your hair a healthy shine.

Ingredients: Water, Behentrimonium Methosulfate, Cetearyl Alcohol, Panthenol, Emu Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Panax Ginseng Root Extract (and) Arginine (and) Acetyl Tyrosine (and) Articum Majus Root Extract (and) Hydrolyzed Soy Protein (and) Polyquaternium-11 (and) PEG 12 Dimethicone (and) Calcium Pantothenate (and) Zinc Gluconate (and) Niacinamide (and) Ornithine HCL (and) Citrulline (and) Glucosamine HCI (and) Biotin Fragrance Oil Derivative, Germall Plus (Paraben-Free Preservative)

EVERYDAY USE FOR MEN & WOMEN. THE WAY IT SHOULD BE!

12 fl oz / 354 ml - \$15.99

Veralens

WHITE BOX



#### Soaps

# **Heavenly Scented Gourmet Soaps**

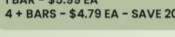
LifeSource makes all of our old-fashioned high quality soaps by hand using only the finest ingredients. We blend alive, palm and coconut oils with extra emallients such as avocado oil, cocoa butter, shea butter and jojoba oil to create gentle bars which give a silky feeling to your skin. You'll definitely notice the difference! Great for men, women and children, the entire family! Experience a simple pleasure from a simpler time. LifeSource's Gourmet Soap is truly skin nutrition!

Our Gourmet Soaps use organically-grown herbs from the garden and pure essential oils to provide color, special healing qualities and fragrance. LifeSource's Gourmet Soaps are created using the highest quality cosmeceutical grade fragrance oils providing unique soaps that would generally only be found in high end boutiques. Each hand-out bar is unique in shape, color and texture, making our soaps a delight to all of the senses.

- No harmful chemicals or detergents
- · Last longer than other store bought brands
- Actually nutritious for the skin
- Clears up itchy spots, sores and skin irritations
- Safe for Rosacea
- No Sodium Lauryl Sulfates
- No sodium of any kind
- Soaps that are beneficial to you and your families health, not harmful!

1BAR - \$5.99 EA 4 + BARS - \$4.79 EA - SAVE 20%

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PRODUCT TOTAL	SHIPPING
\$0 - \$34.99	\$5.99
\$35 - \$59.99	\$7.99
\$60 - \$98.99	\$9.99

#### Mailing address:

LifeSource Vitamins 6869 Stapoint Ct., Suite 114 Winter Park, FL 32792

Toll Free: (800) 567-8122

A Company that Answers to God in all We Do!

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